

1984 Arroyan

Kim,
Hi. I am really glad that we became friends in 8th grade. We had lots of fun in history in 8th grade and I am sure we will have even more fun this year. You are a real sweet girl and good luck in the future and in school. Especially in U.S. History! Get to jam.

Love
- n -
Friendship
Sohini Deo,
'86

Kim,
I'm glad that I got to know you this year in 8th. We're going to have fun talking to each other in Spanish. YAH! Please me sign next years yearbook lol - cause then I'll have a picture, and I won't be an unknown! HA! HA! please fun this year.

Love,
Love Strongrey

Kim,
Even though we've had our troubles you're still a good friend to have. At least we have one class tog-ether this year. You have to let me know when you get your Drivers license. Or? Have a good year.
Love,
Tina
P.S. Call me sometime

Kim,
I'm glad we're friends. Hope you had a nice summer. Good luck with your boyfriend.

Love/Friendship

Diana English

Kim,

Stay cool and nice and I hope for the best in what ever you do. You deserve the best

Love
Margaret

M.
s been a long
me, since I left
2040, AND NOW I'm
writing to you these
few words. I'm glad
I met you. I'm glad
you deserve the best. Cause
Luck in everything in your future, life.
I wish for you the best in this life.
I Hope you get what you want out of Life.
ABBA Eddie Boy
"El bonito"

Kim,
I'm glad we got
to be friends. It
has been nice knowing
you. I hope you have
a nice school year.
I'll be seeing ya.
Love
"Menudo".

¡Hola mi amor!

¿Como estas?

~~~~~  
Kim  
Y  
BETO  
~~~~~

Kim I'm finally going to get to sign
your year book, It took me more then a
month because I want you to tell you
how much I love you, and how much you
mean to me. I love you because you are
the girl of my dreams and the girl with a pretty
face that I always want it to see day after
day and every minute of my life.

Kim I hope you dont think that I'm crazy,
but you know some ~~th~~ something? I'm crazy and
madly in love with you. Well Kim I hope you dont
get boring reading this paragraph. Be good and think a lot
about me like I do. I'm over the moon and will always be yours
Alberto



Photo by Fashinell

An aerial view of Arroyo gives the school a whole different look while it enters the second year after the merger with Marina High.

Dear Kim,
 I hope you had a good
 Time at summer school
 I didn't, and I think I
 have to go next year
 to summer ha. Have
 a good year. Love
 Paul

1984 Arroyan
Arroyo High School
 15701 Lorenzo Avenue
 San Lorenzo, CA 94580
Volume 29



'40s idol views Arroyo High School

by Rick Blaine as recorded by Dean Gurr

It's been a long time since 1942 and my return from Casablanca. I find that my arrival in the States has revealed to me just how much America has changed in 42 years.

In my childhood, I had had a limited education and felt that I had missed out on a lot. That's why one of the first things I decided to do was find out what a typical American high school was like. As it turned out, out of all the schools and institutions in this land, I walked into this one; Arroyo High, in a place called San Lorenzo, a suburb of the Bay Area.

Here I learned that San Lorenzo started out as a small farm-

ing community with acres of crops and orchards. In 1944, when I was saying goodbye to Ilsa in Casablanca, the first step towards urbanization was made in the village. Three housing tracks were built containing 1,600 homes. From then on, the housing developments flourished and brought in many families to live in this village.

Built in 1950, San Lorenzo High was the first high school built in the community. With the growing number of children attending school, Arroyo High was constructed in 1954 with an opening enrollment of Freshmen, sophomores, and juniors.

Students here were known as the Arroyo Dons, representing themselves with a matador and a bull for a mascot and red and black for colors.

For years, San Lorenzo, as well as people from parts of San Leandro, attended Arroyo until Marina High was built and gave students in San Leandro a school closer to home. But with time and changing situations with the San Lorenzo Unified School District, various revisions had to be made.

In 1979, with the closure of junior high schools in the district, Arroyo had added the eighth grade level to the teaching curriculum, as seventh graders moved down into the elementary schools.

In 1982, another decision was made to close Marina High and students were dispersed between Arroyo High and San Lorenzo. Over 90 percent of the student body joined with the Dons to create a feeling of togetherness in the second year, 1984.

Thirty years have passed since Arroyo first opened and many traditions still flourish.



Photo by Fashinell



Photo by Fashinell

Taking interest in the surroundings, Senior Song-girl Paula Neto sits behind dozens of roses to be presented during the football banquet.

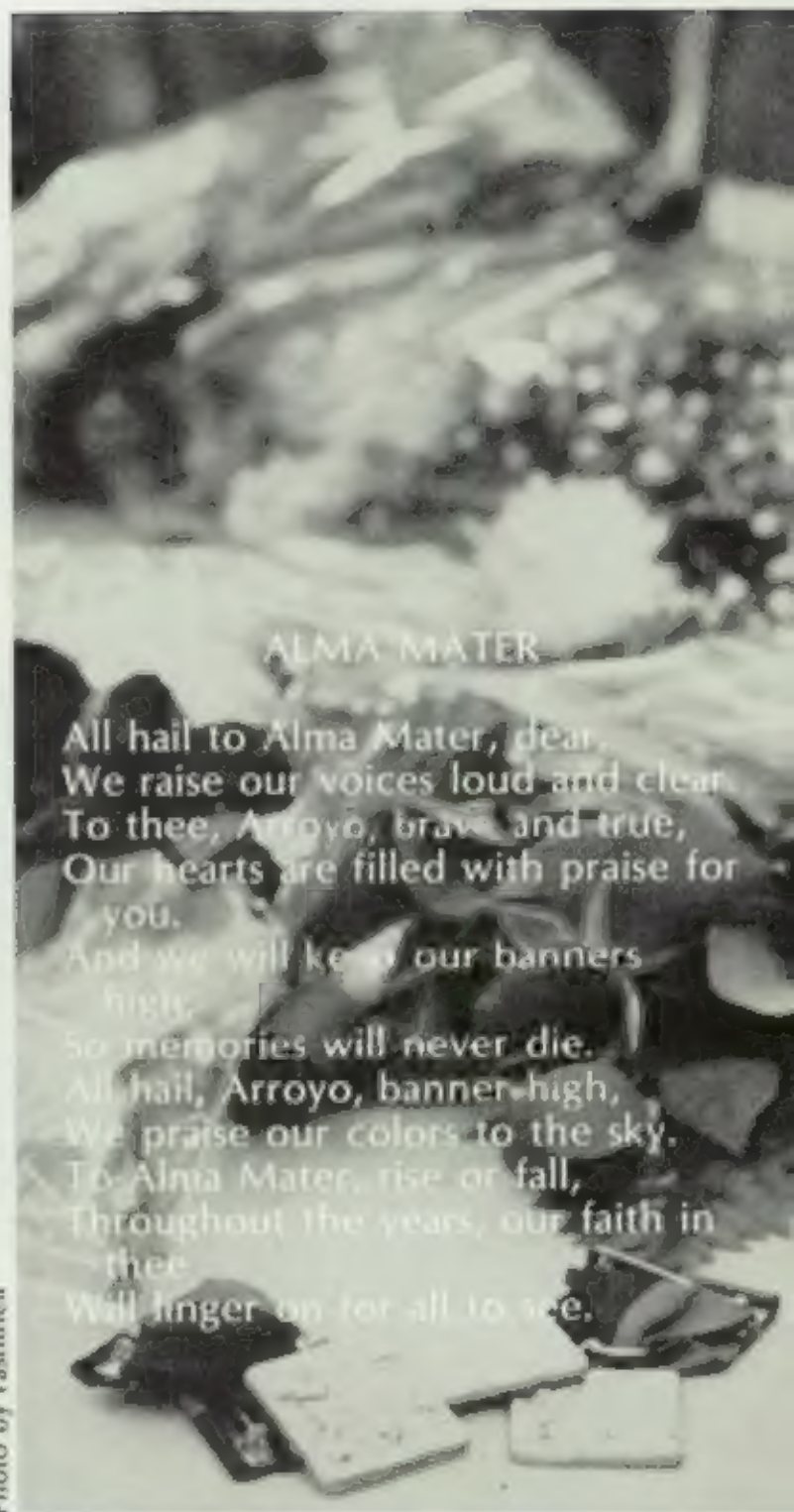


Pounding away, Senior James Choate tinkers on an automobile engine for a project in an auto shop class.

Photo by Fashinelli



Poetically decorating the table, roses and medals await their presentation to the football players.



ALMA MATER

All hail to Alma Mater, dear,
We raise our voices loud and clear
To thee, Arroyo, brave and true,
Our hearts are filled with praise for you.
And we will keep our banners
high,
So memories will never die.
All hail, Arroyo, banner-high,
We praise our colors to the sky.
To Alma Mater, rise or fall,
Throughout the years, our faith in thee
Will linger on for all to see.

Photo by Fashinelli

Photo by Gurr

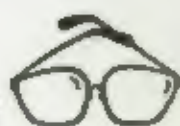


Showing their spirit, Freshmen Debbie Lovell, Michelle Nadolsky, Dawna Hendrickson, Tanja Anderson, and Jullisa Glossin support their class during the Homecoming rally.

Discussing where to slot stories, Senior Dry Gulch Gazette Staffers Jeanine Kiliaan and Al El-pusan go over the layout in fourth period newspaper production.



Here's looking at you 3



Students carry on with traditions, activities

continued from page 2

Every year students face the school colors and await such special events as Homecoming, Spirit Week, Donkey Basketball, and sporting events. The bull still appears at football games and the cheerleaders, song girls, and the new lettergirls cheer on the Dons as they've always done.

All this is often noticed by people in the community. Arroyo is located on Grant Avenue and is only a few yards from Washington Avenue, two main routes that lead in and out of San Lorenzo. Thousands notice this school as they travel these routes

each day.

This place is quite a change from Rick's Place, I must admit. There are so many different areas for each student to get involved in. But one aspect of schooling that all students share is the ability to achieve in academics. With changing times and growing technology, education has become one of the most important needs in today's society.

Through all my investigations and experiences, I found out what an average American High School was like and what went on inside. Being from a desolate place like Morocco, this place is okay by me. Here's lookin' at you, kid!

Photos by Fashinell

Taking a rest on her free time, an Arruyan sits under the trees, taking cover from the drizzle and haze that hangs over the campus.

Enjoying the festivities at the annual Booster Picnic, Sophomore Dan Pryfogle and Mother Pam Pryfogle turn their attention towards the newest addition to the family, little Mary Pryfogle.





Taking a well deserved break at halftime, Senior Defensive Lineman Mike Brown quenches his thirst during a home football game.

Casting their own unique shadow, Senior Cross Country Runner Tony Garetto and Frosh-Soph Football Player Lee Tesch take a rest from their sports practice and view the activities in the gym.

Getting an eyefull, Senior Gazette Staffers Sonya Madeiros and Michelle Mello take a revealing look at the male models in the 1984 Chippen-
dales Calendar.





Taking part in one of the favorite events of the year, Sophomore Shawna Quigley and Senior Jojo Lago watch with amusement at the antics of the donkeys and their riders.

Photo by Jeong



Activities enrich campus

By Rick Blaine as recorded
by Janae Anderson

Like everything else, I was surprised at how much the school has for the kids to do besides study their lessons. They started clubs, set up a government with kids, and had stuff like dances, field trips, special senior activities and a lot of fundraisers. The biggest events were the dances and Spirit Week and Homecoming.

Spirit Week was a week when everyone in school went crazy. I couldn't believe how strange everyone dressed and acted. It was a little unnerving sometimes, but by the end of the week, I'd caught the fever and found myself acting a little strange too. Each class had its own special theme and tried to follow it the whole week. It was kind of interesting to watch the rallies where classes would have shouting matches. At the end of Spirit Week, they announced the class with the most spirit at the special Spirit Week dance. The dance

was a big moneymaker for the Eighth Grade and Freshmen Classes.

Homecoming was a really big event. There was a big football game where nominees for king and queen were introduced and winners announced. I thought it was a really neat tradition. Even the Eighth through Eleventh grades got to chose their own princes and princesses. So it was neat for the younger kids too. There was a big dance where the winners for prince and princess were announced. The king and queen even got to reign for a day at school. It was all very nice and pretty well organized. There was a rally where the Rally Squad performed their best routines. The whole room went wild. It was neat to see that much enthusiasm.

There were other dances too. They got to have a Junior Prom and a Winter Ball. I related better to these more than anything else although the styles of dress had changed some, but I really "got off" on those tuxedos!

Activities



After being crowned by former Homecoming Queen Victoria George, Victoria accepted time with a long bag.

During halftime, the school spirit group led the cheerleaders, King and Queen, the boys and girls, and the homecoming court to the field for the game.

While enjoying the food, the homecoming court and cheerleaders were in the crowd.

At the annual Homecoming, Victoria George, former Homecoming Queen, and the cheerleaders were in the crowd.



Candido, Corral capture Homecoming title

By Tricia Gandsey

Homecoming 1984 took place during the week of October 31-November 4 and capitalized on spirit among Arroyans.

There was much to do during this week of fun-filled events including the lunchtime rallies, the big football game, and the annual Homecoming Dance.

The rally was held Friday, November 4 with a variety of activities. There was a scavenger hunt in which each class was given ten cards with a color or an article of clothing on them. Whichever class went and retrieved all the items on the cards won that event. There was also a honeydew melon pass. Three girls and three boys from each class put on big green garbage bags and rubbed vaseline on the melons. The object was to pass the melon over the head and through the legs until it got to the end of the line.

Also during the week was a special

Photos by: Flash Bull

event held only for the King and Queen. They were to dress each other in toilet paper. Then the Queen was to hold a pie tin full of jelly beans with whipped cream covering them. The King was to attempt to eat the candy out of the gooey mess. Both the Freshmen and Seniors tied in the rally events.

A special luncheon for the Homecoming King and Queen, the first and second-runners-up was held Friday afternoon at lunch on the raised patio. Food was catered by Deli Mia. All of the royalty from each class were to attend to the King and Queen with their court.

The annual Homecoming Football game came with a victory over Sunset High. The evening was sponsored by the Rally squad. It was a "big success," according to Director of Activities, Jack Hunt.

"I thought the decorations were really nice", commented Cheerleader

Deanna Roloff.

"Every thing was well organized and everyone seemed to be having a good time. The DJ played a good variety of music that everyone seemed to enjoy," stated Senior Songleader Janae Anderson.

The Homecoming princes and princesses consisted of Jason Waling and Heidi Stekels for the Fifth Grade; Marcos Huizar and Erin Perry for the Freshmen Class; Junior Dehoyos and Lani Sanchez for the Sophomore Class; and Dennis Bricker and Debbie Roderick for the Juniors. Receiving crown for Homecoming King and Queen were Craig Candido and Vicky Corral with first runners-up Mike Witherspoon and Evelyn Fernandez, and second runners-up Tim Harris and Elizabeth Bennett.

"I thought it went real well this year because we picked the Homecoming King and Queen on Thursday instead of Friday and that worked out great," said Hunt.



Accepting roses from Junior Cheerleader Michele Robinson are first runners-up for the Homecoming Court Evelyn Fernandez and Mike Witherspoon.

Moving to the beat of the music Junior Dave Cuneo and partner Richae Bybee enjoy themselves at the annual Homecoming Dance.



Here's looking at Homecoming 9

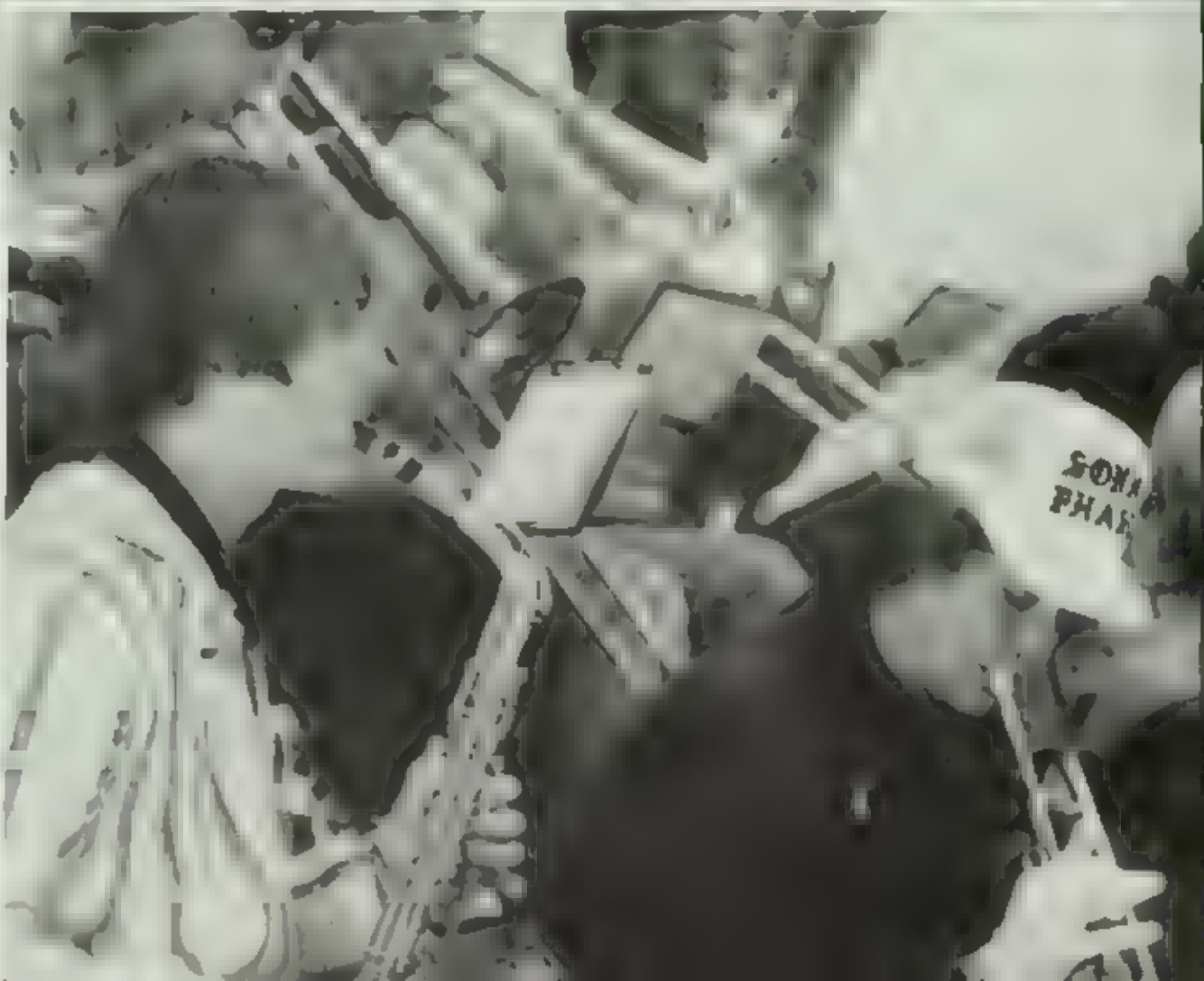
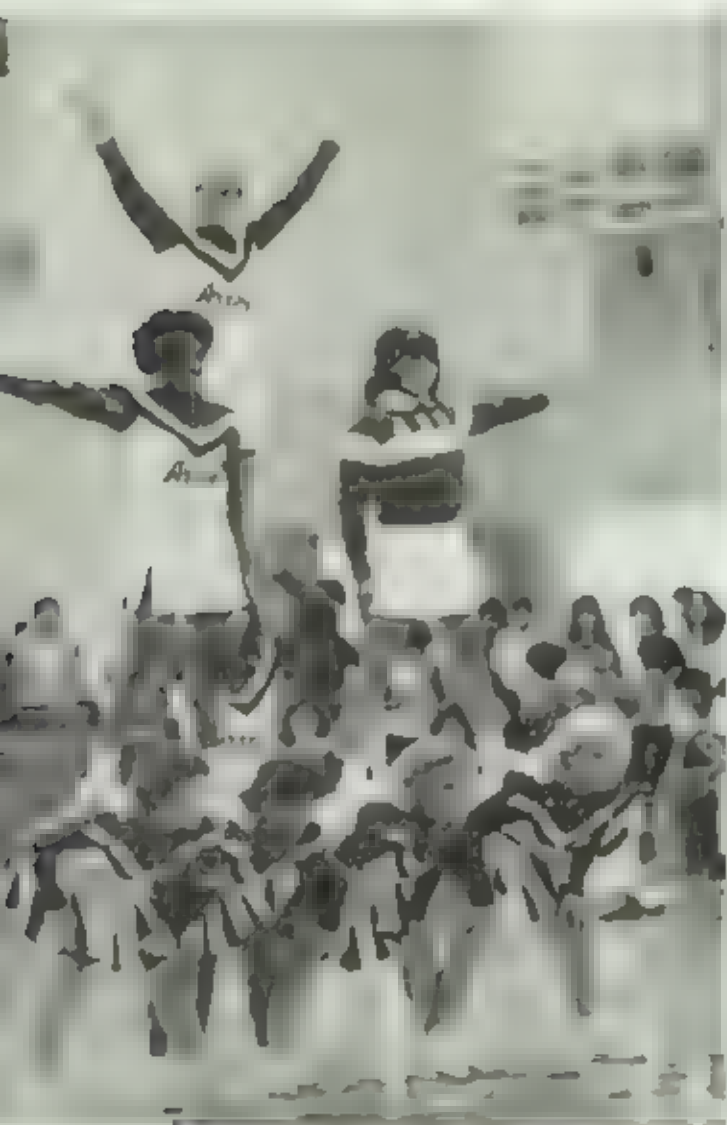


Working together during the Summit, Osama Zayas and Nabeedullah completed a very important task: to work two halves across the globe.

Blowing the Whistle Inevitable Boredom and stress kept second graders away from the school's students for a long time, while Bird was the center point.

[illegible]

Grouping Together, by Beth Cline, Health
Kaiser Family Foundation, www.kff.org
Community Health Improvement Strategy
Center, www.kff.org/chi



Arroyans demonstrate class, school spirit

by Bryan Proctor

Those who attended the 1984 rallies had a look of entrancement throughout the year.

"Homecoming was the biggest and the best," stated Activity Director Jack Hunt. "This rally was most impressive due to its class competition," stated Hunt. "This builds for a greater class spirit."

Class competition reached its highest peak during Spirit Week. The theme

for Spirit Week was "Arroyo Goes to the Olympics." Each class was divided into countries: Seniors represented the United States, Juniors were Japan, Sophomores were Saudia Arabia, Freshman were Greece, and Eighth-Grade was Mexico.

Each country completed in traditional events, such as chariot races and frisbie tossing, during lunchtime. After the event, a first place winner would receive a gold, second a silver, and third a bronze medal.

The Wednesday night rally illustrated true class spirit. The time and preparation in the decorations showed an ex-

cellent overall theme. "The decorations were excellent especially the detail, as illustrated in the Junior and Senior classes," stated Senior Craig Nakashima.

Saudia Arabia, the Sophomore class and overall spirit winners, incorporated a miniature oil rig model into their theme. Japan, the Junior Class, portrayed Sumo wrestlers involving students from the audience.

"Rallies at AHS involved the student body. The people who were there made them more successful than previous years," stated Senior Class President Ken Montgomery.



Watching intently Principal Roy Hanson and Junior Barbara Clegg show their spirit while participating in a tug-of-war rally.

Participating in rally, Sophomore Pamela Bush, Sallie Vidaurri, and Annette Moring illustrate class spirit during Homecoming rally.

Clapping to beat, Freshmen Gretchen Sorenson and Michelle Nadolski sway to the rhythm of the music while enjoying entertainment presentation.





Flack-Bryson song sets Winter Ball theme

By Michelle Raney

At a winter date, look no further to what to look forward to at night and in the morning is the setting for the Winter Ball which was held December 9 from 8-11 p.m. "Tonight We Celebrate Our Love" by Roberta Flack and Peabo Bryson set the theme and mood for Arroyo students attending the ball.

Daniel Prybylo, president of the Sophomore Class and the other Class of '86 officers organized the Winter Ball along with the advisors, Social Studies Teacher Steve Miller and Government Teacher Sheila O'Connell.

Preset tickets were sold for \$6 with an activity sticker and \$10 without per couple. Tickets at the door cost \$8 with an activity sticker and \$12 without.

Attending the ball were a total of 175 couples which gave the Class of '86 a profit of over \$600 making the Winter

Ball a very successful and profitable event.

Sophomore Darlene Sasaki, treasurer for the Class, who attended the ball with Sophomore Steve Gorman said, "The Winter Ball turned out a lot better than we had planned."

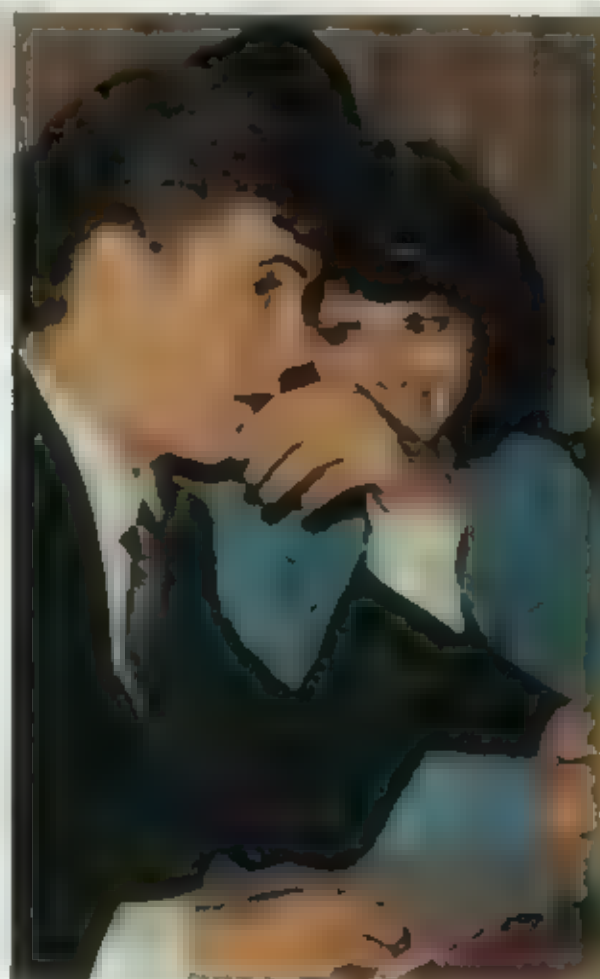
Senior Charlene Ponze, who was accompanied by date Jeff Fernandez, said, "It wasn't exactly what I had expected but it turned out to be really fun."

Attire was to be semi-formal and ranged from tuxedos and long dresses to blue jeans and pant suits.

Bay Sounds of San Francisco provided the disc jockey who played the most popular and up-to-date music for the entire evening. Everyone who attended the ball seemed to enjoy themselves dancing, being with friends, and just having fun.

"It was very enjoyable. I had a really good time," said Senior Julie Sparrow.

"I had a good time, but felt that it could have been better," said Senior Sherry Dyer.





Concentrating on ~~every~~ Super Seminar (Charm
Perez and Carlos Colla) makes you stand out
from the crowd. Ever.





Staring blankly at the camera, Andrea is seen in the photo shoot for the 1984 Yearbook.



W.W. O'Connell



Michael
Michael, Fred, Robert

Fred, Robert
Michael, Fred, Robert

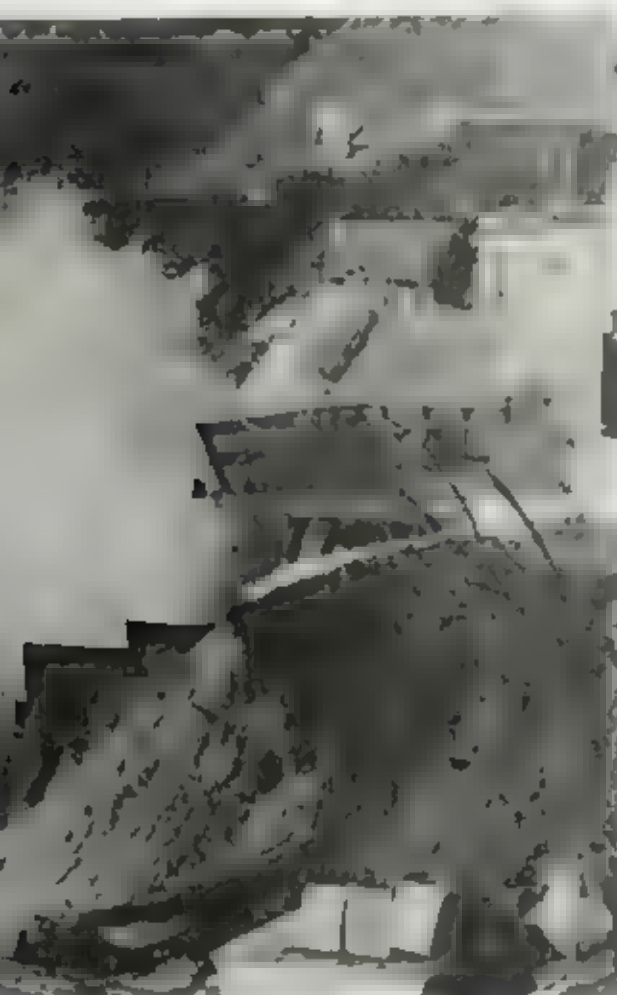
Robert, Fred, Michael
Michael, Fred, Robert

Eric, Robert
Eric, Robert

W.W. O'Connell



Crashing surf rained Malibu California homes as the 1984 Yearbook was published the early months of 1984.



World events shape year

by Staff

Many exciting and tragic events led the world from 1983 into 1984, a year of ominous value, according to Writer George Orwell

While both good news and bad news abounded during the year, the most important news stories for 1983, according to the Associated Press, were the tragic shooting of Korean jetliner 007 and the barbaric attack on the American compound in Beirut, Lebanon by suicide-bent terrorists

In the Korean incident, 269 passengers were killed when the plane allegedly violated Soviet airspace on its

flight from Alaska to Seoul, Korea. President Reagan termed the attack as a "barbaric act"

In Lebanon, while American marines acted as a part of a peace-keeping force, a crazed terrorist rammed several barricades and crashed his dynamite-laden truck into the walls of the American embassy. The death toll reached 251, and sparked a controversy concerning the actual deployment of US men in the Middle East

For crises the world had to respond to devastating earthquakes in Turkey and severe storms in the Pacific which left millions of dollars of homes in Northern and Southern California in ruins, but ended the severe drought on the West Coast



Waving his famous red cap, Cincinnati Catcher Johnny Bench, 35, salutes his fans announcing his retirement from professional baseball



Bidding farewell, 44-year-old Carl Yastrzemski salutes Boston Red Sox fans in the final game of his long-running career in the majors



Lebanon remains top story

by Staff

On a positive note, 1983 will be remembered for the year of the epic motion picture. "Ghandi" and star Ben Kingsley swept the Oscars with "ET, the Extraterrestrial," finishing as the top box office winner of all time. Meryl

Streep was awarded Best Actress honors for "Sophie's Choice."

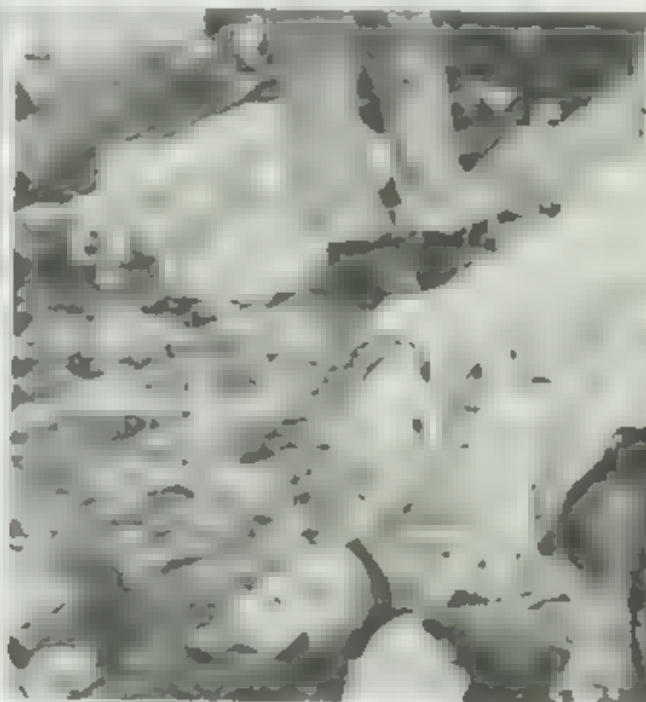
Singer Michael Jackson swept the music category with multiple hits and honors for his album, "Thriller." Jackson, 25, won eight out of 12 awards in the American Music awards for songs, such as "Beat It," "Billie Jean," and "Thriller." Despite his prowess, Jackson was aced out of Song of the year honors by the Police's "Every Breath You Take."

In sports news, the world saw the retirement of two baseball greats, Carl Yastrzemski and Johnny Bench. The Raiders, formerly of Oakland, and the San Francisco 49-ers both made it to division football playoffs. The Raiders even won the Super Bowl in Tampa Bay, Florida by downing the Washington Redskins 38-9.

1983 was the year of the first testube twins, the first American female and black astronauts, and the one hundredth anniversary of the opening of the Brooklyn Bridge. Perhaps the most memorable first of the year occurred in September when Vanessa Williams, a Syracuse University coed, was named Miss America, the first black woman ever honored.



Wide World Photo



Wide World Photo

Beaming with pride, Miss New York, Vanessa Williams reacts to her announcement as the first Black Miss America following her coronation by 1983 Miss America Debbie Maffet of California.



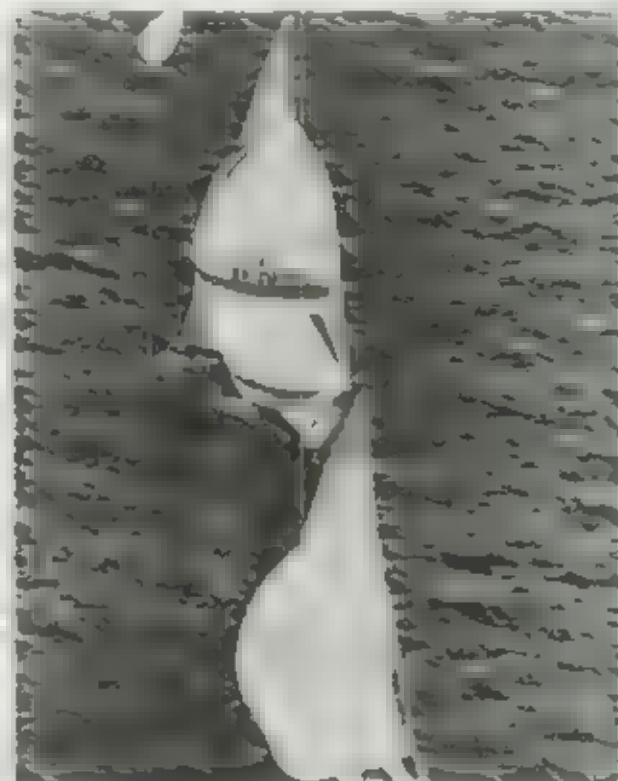
Wide World Photo

Reacting in grief, a Turkish mother discovers the bodies of her five children who were killed in a massive earthquake in a remote, mountainous area of her Middle Eastern homeland.





Lifted to safety and clinging to life, a US marine is pulled out of the rubble of the American compound in Beirut following a suicide attack by terrorists.



After 132 years, the United States lost the America's Cup Race to Australia II which featured a controversial keel.



Wide World Photo

Smiling broadly, Astronauts Sally Ride and Guion Bluford Jr. the first woman and black in space display a mock-up of Shuttle Flight Number Seven.



Happily displaying their firsts, Todd and Nancy Tilton pose for the press to mark the birth of children, Heather Jay and Todd Mc Donald, the first test-tube twins.

Weeping on the casket of her new husband, Bride Miss Helen Abi Ghanem Earle tearfully bids farewell to her husband of 16 days, Navy Medic Bryan Earle who was killed in Beirut.



Getting involved in her solo, Senior Mary Sanchez, plays her flute while Music Teacher Pam Nadeau conducts



Raising their voices in song, Row one, Bridgette Wynn, Sherry Gantt, Susan Levesque, and Miriam Yassin. Row two; Rick Vasconcelos, Craig Lewis, Lisa Chaney, and Ingeborg Raum. Row three, Keith Freitas, Kevin Agrella, and April Critelli perform



Playing with feeling, Band Members Jennifer Gibson on clarinet and John Chester on the saxophone, perform for better tone control



New music director leads Concert

By Charlene Ponzo and Bryan Proctor

With 180 students and parents attending this year's Winter Concert, success seemed likely.

"It was one of the best concerts I've ever played in here at Arroyo," stated Musician Jennifer Schwarz.

Pamela Nadeau, first-time instrumental music director at Arroyo, stated she wasn't sure of the outcome until the night of the concert, but "it all seemed to come together." Nadeau added that the students buckled down and played better than expected.

The musical agenda included such material as, "Another Star" and "Stars and Stripes Forever." Included in the concert were many Christmas-themed songs.

Before the Winter Concert appearances were made at the San Ramon Jazz Festival and Day-in-the-Park which gave the musicians confidence. "One

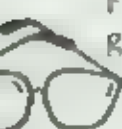
month was all that they had to practice," stated Nadeau.

Though the concert was very successful it had a touch of irony. The Christmas tree which was scheduled to be decorated by the students before the concert never came. So the Winter Concert, with many Christmas-themed songs, had no tree to be highlighted.

Overall the participation exhibited by both the students and parents was amazing. Choral Director Patricia Schultz, along with Nadeau, received compliments from parents after the performance.

The opening was "Fireworks Music" performed by the Orchestra and closing was "Stars and Stripes Forever" performed by the Concert Band." Both musical overtures proved the true talent that the musicians had.

The Winter performance was the beginning of the 1983-1984 concert season that included the spring and fall performances.





Photos by Fashinell



Relaxing after their performance, Choir Members Julie Ann Baptista and Christine Anderson sit back and enjoy the evening

Band Members Mary Sanchez, Ron Burton, and Ron Johnson wait for their cue, while Rod Cavazos and Gary Defer play their Saxaphones



Concentrating on Conductor Patricia Schultz the Mixed Choir: Front Row, Cathy Malandish, Heidi Kunfer, Bertha Hernandez, Sabrina Chin, Julieann Baptista, Kristina Anderson, Lilia Fahnestock, and Darlene Lum. Second Row, Hope Beishe, Lori Speers, Marjorie Belknap, Amy Amaral. Third Row, Jennifer Gibson, Lisa Carlmeil, Kimberly Stiles, Laurie Lovell, Nadine Quiroz, Nanette Pule, and Pam Bush. Back Row, Carrie Shoptaw, Andrea Drew, Karla Watson, Susan Perry, and Lisa VanHeurck sing with enthusiasm





With enthusiastic expression Junior Dean DeZotte prepares to pass the ball to a teammate while Junior Lyric Sorenson determinedly tries to catch her donkey.



Intensely concentrating on gaining better balance Senior participant Chris Schovan tries to keep his foot of the basketball without taking off his donkey.

Sweet talking his stubborn donkey, Sophomore Jean-Michel Laroche convinces his partner to dismount and move from its frozen position at center court.



Donkey Ball

Alumni retains title at Donkey Basketball

By Paula Neto and Arlene Ogata

Looking over the Donkey Basketball game, a total profit of approximately \$350 was made for the Athletic programs January 18.

Physical Education Department Chairman Tammy Battino, when asked about the turnout, said, "The event was pretty successful, but it may have been more so had it been included in the Spirit Week activities."

All money was collected at the door the evening of the game, instead of selling pre-sale tickets. Battino explained the students who participated

were usually the ones who sold the most tickets, instead the classes chose the players that would represent them.

"The playing time of the game should have been longer, but it was still a lot of fun," stated Cross Country Team Captain Bob Frates.

Each team played a 10-minute round and the winners of each would have a playoff game.

In the first game the Eighth Grade and Freshman played the Sophomores and were defeated 6-12.

The Juniors and Seniors in overtime had a spectacular game and Junior John Aguilera sunk the last shot to pull them ahead to a 12-10 win.

With the Juniors and Sophomores in the play-off round, they battled to see who would take the glory. Each team controlled the ball enough to score 6-6, and in the last seconds, Sophomore President Danny Pryfogle shot for two which made the final score 8-6.

Winding up the evening with the traditional play of Block A against the Alumni, one could have felt the excitement mount. The Alumni pulled ahead and Block A couldn't seem to catch up as the final minute of the game approached and the clock ran down to an 8-2 victory for the Alumni, who again remained victorious over the Block A team as in past years.



Photos by Fashinell

Anticipating the shot underneath the basket, Junior Erin Looney awaits to see if she successfully scored a victorious point for her team.

Grinning at his perfect shot, Junior Ted Parham gives a sign of "thumbs up" with satisfaction as he advances his team's score.



Arroyo spirit follows Olympian traditions

By Janae Anderson and
Charlene Ponzo

With the world in an uproar over the Olympics, the Arroyo student body got a little curious about what it was like to be in the games. With this thought in mind, the theme of "Arroyo Goes to the Olympics" was adopted for the 1984 Spirit Week. Each class adopted its flag's colors, national holiday, national

anthem, and native costume. The Senior Class chose to represent the USA. The Juniors selected Japan. The Sophomores adopted Saudi Arabia. The Freshmen chose Greece, and the Eighth Graders, Mexico.

Spirit Week was coordinated by Leadership Members Juanita Gragg and Mickey Potts. They, with the support and suggestions of other officers, decided on what events should be held, what to use in them, and where to hold

Photos by Fashnell

them. "The most difficult event to coordinate was the night rally," said Gragg, "and to talk in front of all those people. It was my first time."

Activities Director Jack Hunt viewed the week as being very well organized and successful. "I thought it was much more organized and there was a lot more participation. The theme was ideal because we could do so much with it. We used both countries and Olympics. It was a great week."



Class of 1985 Squad: Barbara Clegg, Patti Stender, April Wood, Shauna Arrowsmith, Clea Geick, Leslie McCallion, Tracey Sterling, and Lynne Sorensen

Class of 1987 Squad: Jullisa Glossin, Julie Lumley, Michelle Nadolsky, Cathy Mose, Valerie Baez, Shelley Borges, Mara Carpenter, and Lisa Pratt

I Think I'm Turning Japanese! President Debbie Roderick prepares herself to give the Junior Class presentation

Marching with the United States Flag, Senior Class President Ken Montgomery and 1984 Squad Lisa Costa and Gina Zoggas show their spirit





Putting on the finishing touches! Juniors Erin Looney and Leslie McCallion put on make-up before the rally.

Alerting the crowd with a prop during the rally Freshman Helena Weis tries to get everyone in the spirit!



Class of 1986 Squad. Heidi Belkhe, Doug Statter, Kristen Erickson, Tommy Fashold, Michelle Smith, Tony Aniasco, Debbie Renquist, and Randy Morris.





Joining together and cheering on their side of the gym. Seated: Lisa Costa, Susan Wilkowsky, Evelyn Fernandez, Sarah Brisco, and Rene Regan. They sway to the rhythm of the music.

Representing their class country. Freshmen Shelby Borges, Lisa Platt, and Kathy Muse smile excitedly to the students who are parading around the gym.



Class of 1984. Front Row: Rhonda Costello, Deana Zoggas, and Susan Wilkowsky. Back Row: Lisa Costa, Dawn Tagapetra, and Lina Zoggas.



Sophomores capture gold medal of spirit

by Arlene Ogata and Bryan Proctor

Togetherness and spirit were the words to describe the look of the Sophomore Class of 1986 as they dominated Spirit Week, 1984.

"Arroyo Goes to the Olympics" was the theme chosen for this year's annual event. With each class selecting one country to represent, the choices were as follows: Senior Class- USA with colors red, white, and blue, Junior Class- Japan with colors red and white, Sophomore Class- Saudi Arabia with colors black and white, Freshmen Class- Greece with colors blue and white, Eighth Grade Class- Mexico with colors green and yellow.

Throughout the week, activities such as special dress days were held, along with the traditional lunchtime rallies. Medals of gold, silver, and bronze were awarded to winners of games which varied from gymnastics to a decathlon.

"It was a little more than I expected. I didn't expect as many people at the rallies," stated Coordinator Micky Potts, when asked about class participation. The Night Rally, held Wednesday, February 8, in the gym from 7:00 to 8:30 p.m., proved successful as many gathered for the traditional event. Judges, selected from the Arroyo Booster Club, gathered to evaluate classes on spirit and the presentation of their themes. Each class had 15 minutes to present their class song, cheer, skit, and contest. Each class also had a space behind their sections to decorate which was also judged.

Finishing off the week, was the annual Spirit Dance which was held in the gym from 8-11 p.m. Co-sponsored by the Eighth Grade and Freshmen Classes, the dance proved prosperous as each class profitted \$400. Highlighting the evening was the announcement of the winners of eight categories: best decorated section, best skit, most class participation, best rally participation, most spirited leader, best over-all spirit leader, best spirit squad, and over-all spirit jug. Winning four out of the eight categories, the Sophomore Class triumphantly received the jug, with the Freshmen Class coming in second, and the Senior Class, third.

When asked what he thought of this year's Spirit Week, Activities Director Jack Hunt stated, "I liked the theme because there was so much you can do with it. I thought it was the best theme in years."

Photos by Fashinell



With a burst of spirit, Senior Gina Zoggas shows enthusiasm by throwing confetti to cover the gym floor.



Triumphantly accepting spirit jug, Freshmen Jennifer Gregory, Helena Weiss, and Sophomore Dan Prylogyle express gratification during the Wednesday night rally.

Class of 1988 Squad: Stephanie Witherspoon, Laurie Lovell, Rachelle Rodrigues, Teena Fanen, Darcella Gragg, and Lisa Pirie.



Eighth Graders perform in spring play

by Bryan Proctor

The curtain went up for the "Curtain Going Up" here at Arroyo May 10 and 11.

The play consisted of a cast of 17, with the leads played by Juniors Laura Ward, Diane Rinella, Sophomore Casey O'Connell, Freshman Brent Anderson, and Eighth Grader Tammie Miller.

"Curtain Going Up" dealt with the production of a play, before, during, and after its debut. The scene throughout was the stage and auditorium of Riverview High School. It centered around a drama teacher, played by Laura Ward, who tries to put on a performance, but everything and anything goes wrong.

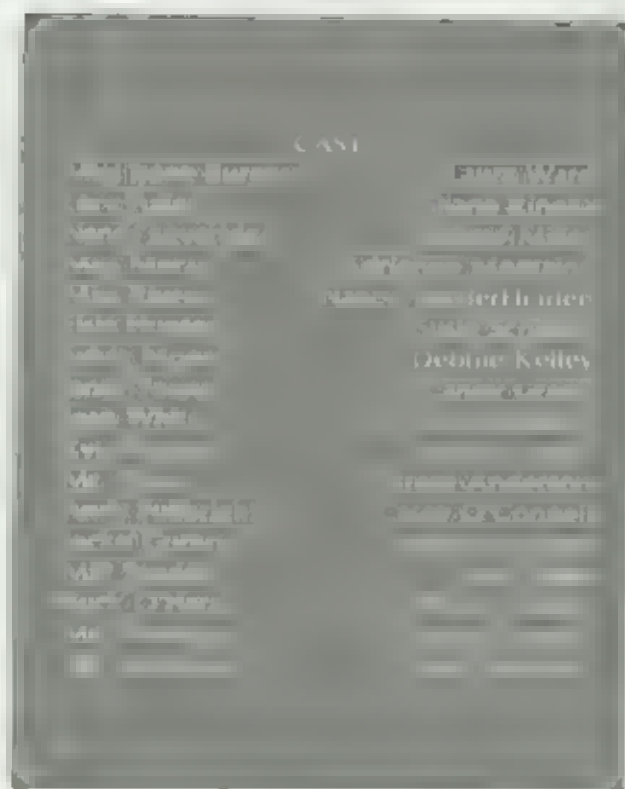
Photos by Fashinell

"The play was selected for a couple of reasons; its large cast, and because of its simplicity," stated Director Gerry Fisher.

One important change in this year's play was the incorporation of Eighth Graders into the cast. "The Eighth Graders contributed very well to the outcome of the play," stated ex-drama performer Lisa Regan. "I was very surprised that the play was a success due to the mid-year retirement of the Drama Department Instructor Wayne Ward.

"The play was a success even though there was not a lot of people in attendance," stated Senior Jennifer Schwarz.

This year's Spring Play was dedicated to the memory of Julie Connell.

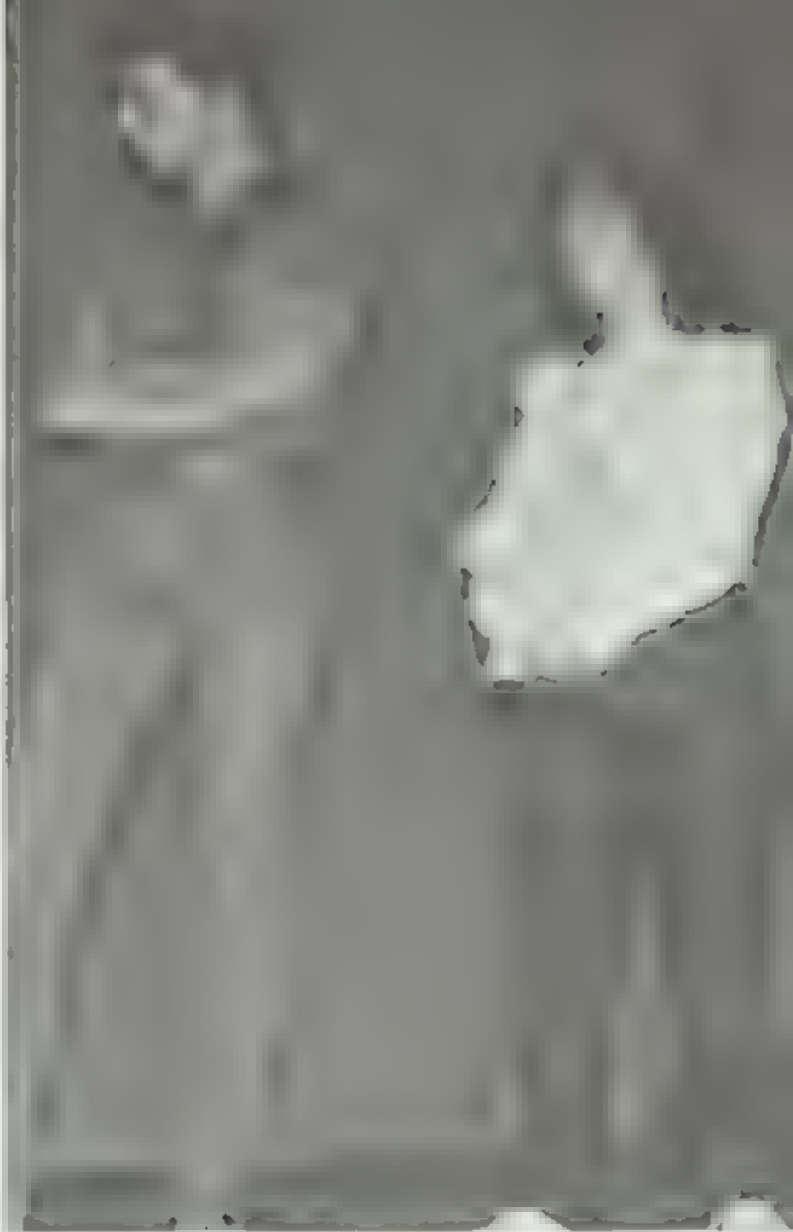


Putting on some last minute finishing touches, Sophomore Randy Morris dabs on some make-up while Sophomore Casey O'Connell listens to some music on his headset.

Showing who is in charge of the situation, Sophomore Randy Morris gets a firm grip on Eighth-grader performer Todd Shaw using authority in getting his way.

Checking the mirror to see if her hair is fixed just right for the Spring Play "Curtain Going Up" Susan Schwarz is assisted by Sophomore Rick Kripter.





Acting as if only a little disturbed Sophomore Randy Moore plays character Todd Sawyer, the student that kicks her over the stage door.

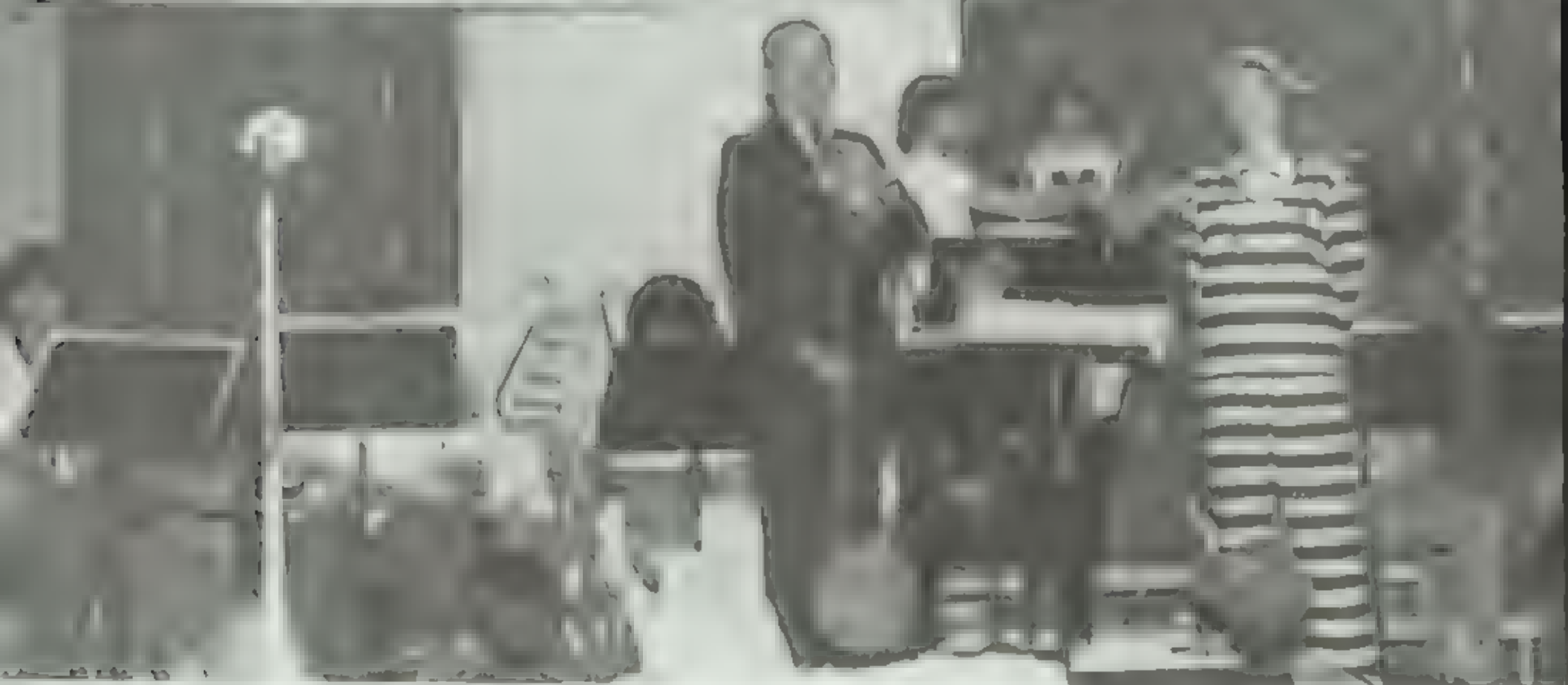
Reciting lines from the script "Curtain Go Up," Junior Diane Rinella questions Sophomore Casey O'Connell during class, minutes after school.

In deep Conversations about their lines in this year's Spring Play, Junior Laura Ward and Diane Rinella sit and express their feelings during the show.

As Junior Laura Ward says her lines, Freshmen Vicky Bargagliotti, Debbie Kelley, and Sophomore Candy Green listen attentively and wait for their cue.



MASQUERADES



While speaking to the audience, Principal Roy Harris expressed what the next steps are to be played by K-8 Pestana, 1st Grader, Kim Bator, 1st Grader, and 5th Grader, Jo Ann Depoff, 4th Grader, and Pat Nutter.



Listening to the *voice* of their nation's Band Members, S. Cristina Bear, Propriety, and Robert Newell show off some of their many talents during the Spring Concert.



Four bands perform for Spring Concert

Photos by Long

by Charlene Ponzo

Four bands performed at Arroyo High School's Instrumental Music Department's annual Spring Concert May 24, in the cafeteria.

Instrumental Music Teacher Pam Nadeau directed the Jazz Band, Intermediate Band, Concert Band, and Orchestra. Each band performed 3-5 songs. The audience was composed mostly of parents and relatives.

Highlighting the evening were Soloists Jennifer Schwarz on flute, and Eric Bertaud on the saxophone. As a special treat, Instructor Pam Nadeau played in a trio with Polly Smith on the flute, Tim

Dennison, on the piano, and Nadeau on the clarinet.

A lot of work went into the Spring Concert, which was the last concert of the school year. "Practices are really going great, everybody seems to be very enthusiastic," stated Senior Jennifer Schwarz at press time. The bands practiced about 5-7 hours weekly, and practiced by themselves as well as with each other.

"The Spring Concert was a really good turnout I think the students had a really good time and enjoyed themselves!" commented Instrumental Teacher Nadeau.



Concentrating intently on completing a flawless performance, Senior Mary Sanchez works on playing her solo expertly during the Spring Concert held in April.

Soloing on stage in front of her peers, Senior Jennifer Schwarz displays her talent as fellow musicians Mary Sanchez, Don Berryhill, Bill Garland, Ron Burton, and Todd Springer accompany.

Forming a brass trio, Seniors Rick Pestana, Ron Burton, and Junior Todd Springer make a blend of horned instrumental piece for the audience.



Pausing at the entrance, Sophomore Gary LaFleur concentrates intensely while he signs the guestbook. Freshmen Jennifer Gregory and Mary Tillson look on to make sure he signs the name right.

Dancing to the beat of the enchanting music, Junior Dino Marquette knowingly glances at the camera while Junior Kim Freitas remains in step.

Upon arriving at the dance, Sophomore Bobby Duke gazes at the activities and the extraordinary decorations while date Shannon Drake looks around to see if she can find her friends.



Junior Class holds first prom in 12 years

by Arlene Ogata

Showing a new look, the Class of 1985 hosted the first Junior Prom held at Arroyo since 1972.

When asked why the class decided to have the dance, President Debbie Roderick stated, "In Eighth Grade, a lot of the students wanted to have a Junior Prom, the feeling just continued." Spending \$1500, expenses consisted of decorations, flowers, refreshments, and music which was provided by Disc Jockey Mike Ilmburger. Junior Veronica Binder stated, "The decorations were put together well. You could tell there was a lot of time put into it."

With the assistance of Special Education Aide Kathy Dezotte, students and parents transformed the gym into scenes of San Francisco, Japan, and Paris. Advisor Suzanne Fogg stated, "A lot of parents and kids helped out. The best part was how everyone worked

together. There was a real group effort." Other decor consisted of a gazebo, centerpieces for tables, and a wall with the names of the attending couples printed on hearts which lent a romantic atmosphere.

The turnout was a success with 120 couples attending. For many, the night included dinner out, the dance, and parties for breakfast following. Some went as far as renting limousines. Junior Mike Fitzgerald commented, "I expected more. They should've had more things to make it seem like a Junior Prom, like king and queen nominations."

Junior K.C. Flanders stated, "The decorations were good, but if the atmosphere was at a higher class (held outside of the school), it could've brought the enthusiasm to a maximum."

With the price of tickets \$12.50, the class profitted approximately \$131.72.



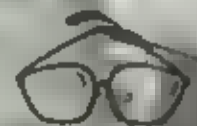


Sharing a romantic dance with each other, Junior Rebecca Anderson looks around the room as Graduate Eric Bower watches the fancy footwork of the couples around them.



Slyly grinning at the camera, Senior Keith Freitas sits out the next dance with his date, Junior Sandy Meyer, who is distracted by the activity that is happening on the dance floor.

Engaging in conversation, Junior Mike Fitzgerald and Steve Berryhill, with guest listening on with intent talk about the evening so far and what to do later in the evening.



Having the time of her life, Senior Suzanne Gagnon dances the night away to the sounds of C P Salt, creating memories that will last a lifetime

"Best Personality" Dave Henning strolls to the head of his class to receive a special certificate awarded in appreciation for his happy and inspiring demeanor



Class of '84 enjoys night of dinner, dance

photos by Fashinell

by Janae Anderson

Anticipation and excitement was built as the Seniors looked forward to one of the biggest events of the year — Senior Ball. This year's Ball took place at the Sheraton Palace near San Francisco's Union Square. There was some debate over whether to have it at a hotel, but in the end, the idea was accepted and the Palace was approved.

The Sheraton Grand Ball Room was in use from 9 p.m. to 1 a.m. Arroyans and guests danced the night away to the sound of C.P. Salt, a Bay Area band who also played at last year's Senior Ball.

This year's theme was "Time Will Reveal" and couples paid \$30 to attend the long-awaited event. According to Senior Class Advisor Donna Pinkney, 201 couples attended this year's dance. "We were only expecting 150 couples

to come," said Pinkney. She explained that the difference probably came from the fact that many Seniors invited students from other schools.

"I thought it was really successful," stated Pinkney. "Everyone was close to being on time which is unusual. The place was crowded by 11. Usually at these kinds of things, the students make their big entrance by coming late. I think the fact that everyone was on time says something about the good feeling that was there."

"I was really sad that King and Queen wasn't done like in the past," said Senior Deanna Roloff. "Also, last year's King and Queen weren't there to pass on the royalty which disappointed me. However, it seemed like everyone was more together and "united."

The Seniors had a difficult time deciding if they wanted a dinner dance in which the hotel would provide a sit-down dinner for a reasonable price for everyone, or to have the traditional Ball

where the guests have their choice of restaurants. A conclusion was arrived at after much indecision. It was to leave the choice of where to dine up to the students.

The Grand Ball Room cost \$3,000. Punch was provided by the hotel for their guests. Flowers were ordered through ROP and saved extra expense for the Class of '84.

Couples attired in formal dresswear spent the night dining in many famous and extravagant restaurants, ordering exotic and elegant dishes. Some popular dining places were Maxwell's Plum in Ghirardelli Square, the Carnelian Room at the top of the Bank of America, Julius Castle near Coit Tower, and Henri's at the Hilton.

"I was happy to see that the class developed a more united attitude and one of sophistication," said Senior Evelyn Fernandez. "I really had a good time and it will be a fond memory for years to come."





Senior Favorites Jeff Mendoza, Chad Bellmer, Jeff Metz, Todd Lemke, Chris Chatterton, and Deanna Zoggas stand before their classmates in the Grand Ball Room at the Sheraton Palace to receive their awards

Voted "Shyest", Senior Favorite Angela Van walks to the front to receive award voted upon by approximately 100 seniors. Votes were taken earlier at a class meeting.



Senior Ball King Tim Harris smiles as Servers Jeff Mendoza and Sue Witkowski laugh at funny joke. Ballots were taken for the new Royalty at the Palace Hotel.

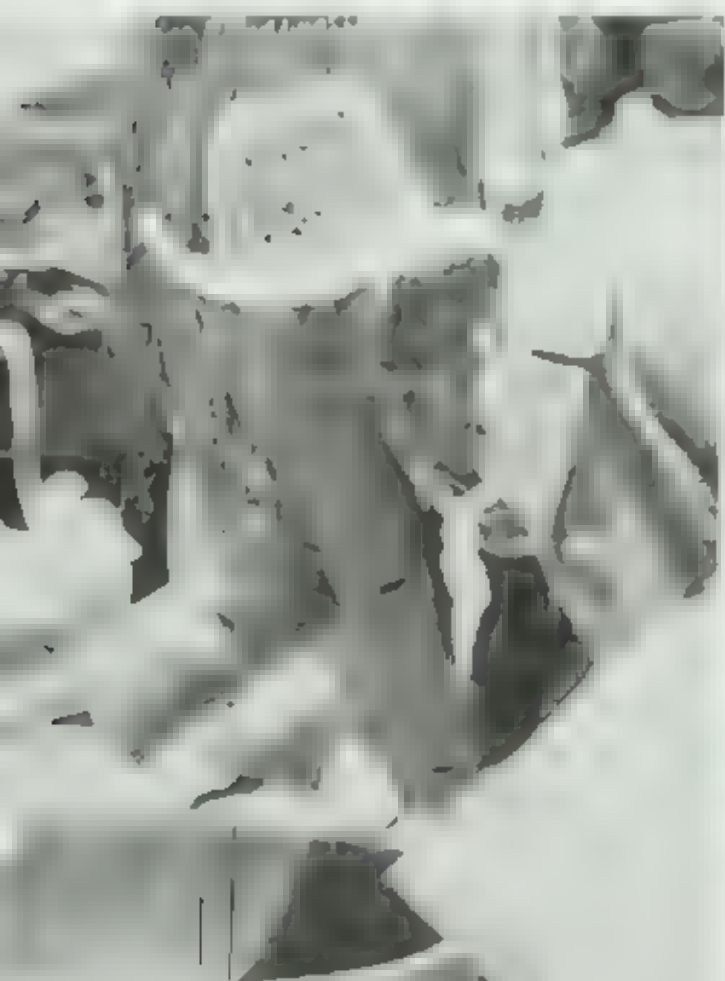


Being crowned by Senior Susan Witkowski, new Senior Ball Queen Rhonda Castillo reacts with surprise and delight at her new-found and welcome royalty





Covered with mud from head to toe, as a result of the mud wrestling match, Senior Joe Oliveira stares into the eyes of an attractive cheerleader



Helping to clean up the campus, Senior Shawney Parsons diligently picks up garbage out of the ashtray and deposits it into her collection as an order from her owners.

Senior Serfs: Ricky Babb, Gina Zoggas, Rhonda Castillo, Kathy Gallagher, Jill Wurm, Shawney Parsons, Deanna Zoggas, Stacie Brose, Keith Hatcher, and Mike Witherspoon



Previous year's highest bid surpassed

Photos by Fashinell

by Patti Stender and Arlene Ogata

Sponsored by the Seniors, the annual Serf Sale was a disappointment if one looked at the net profit brought in by the Class of '84.

The Seniors brought in a total of \$150, a drastic drop from last year's \$386.90.

The highest bid was for Todd Lemke, Jeff Mendoza, and Chris Sullivan. This beat last year's highest bid of \$27.

"Even though we didn't make as much money as we hoped, it was still worth it and everyone involved had a lot of fun," said Senior Class President Ken Montgomery.

There was a total of 30 seniors sold.

"It was interesting and enjoyable considering the amount of participation, but I think the student body enjoyed the Senior efforts anyway," commented Student Body President Evelyn Fernandez.

Dress up day and Serf Show Day was held Friday, April 27. Costumes were original, and acts included everything from mud wrestling performed by Fernandez, Joe Oliveria, and Vicki Corral, to cheerleading headed by Ricky Babb.

Unfortunately the turnout to see this Senior custom was rather low, but those who did go really enjoyed it.

The Seniors were sold Wednesday April 25 and, as usual, Teacher Lorin Cornwell acted as auctioneer.



Dressed as Pippi Longstocking, Senior Serf Nancy VanderHeiden covers up her nervousness with a smile as she prepares to perform a skit before her peers

Happily marching to the beat of his own drum, Senior Craig Candido expertly twirls his baton for the crowd to help raise funds for the Senior Class

Reciting "I'm Gonna Eat Some Worms," Senior Serf Jill Wurm, dressed as an inhabitant of the library, recites a poem about literature



Annual Senior Picnic proves successful

by Nancy Kennedy

Winding down their school years, seniors got together for one of their final activities before graduation.

The occasion took place June 7 at Hidden Valley Ranch. It was held from 8:30 a.m. till 3:00 p.m.

"I had a great time, and it is something I will always remember. Besides the Senior Ball, it was one of the best times I've had all year," stated Senior Michelle Raney.

Coordinating the picnic was PE Teacher Bill Basacker, Senior Jill Wurm, and parent Volunteer Nancy Metz.

The day was filled with fun and activi-

ties for everyone. There was swimming, horseshoes, and frisbees.

The Seniors were transported by bus, which was paid for by the Senior Class.

"It was great, I had so much fun being with all my friends, we all had a good time," stated Senior Tomi Goding.

After an afternoon of fun, the Seniors settled down for a lunch that was prepared by parents, then resumed for more activities.

When 3:00 came, the Seniors slowly packed up their belongings and got back on the buses.

"I'm sure every Senior has a special memory of this day. I will remember it for a long time," stated Senior Sheryl Dyer.



Attempting to slug a home run, Senior Craig Carrido gives it a shot as his teammates anticipate the outcome of the big hit.

Getting sticky fingers while eating cotton candy, Angela Lam and Eve Harrelson sit in the shade with smiles on their faces.

German Exchange Student Ingebord Raum demonstrates the painful way to play volleyball as Tracey Frazier watches and learns how not to hit the ball.

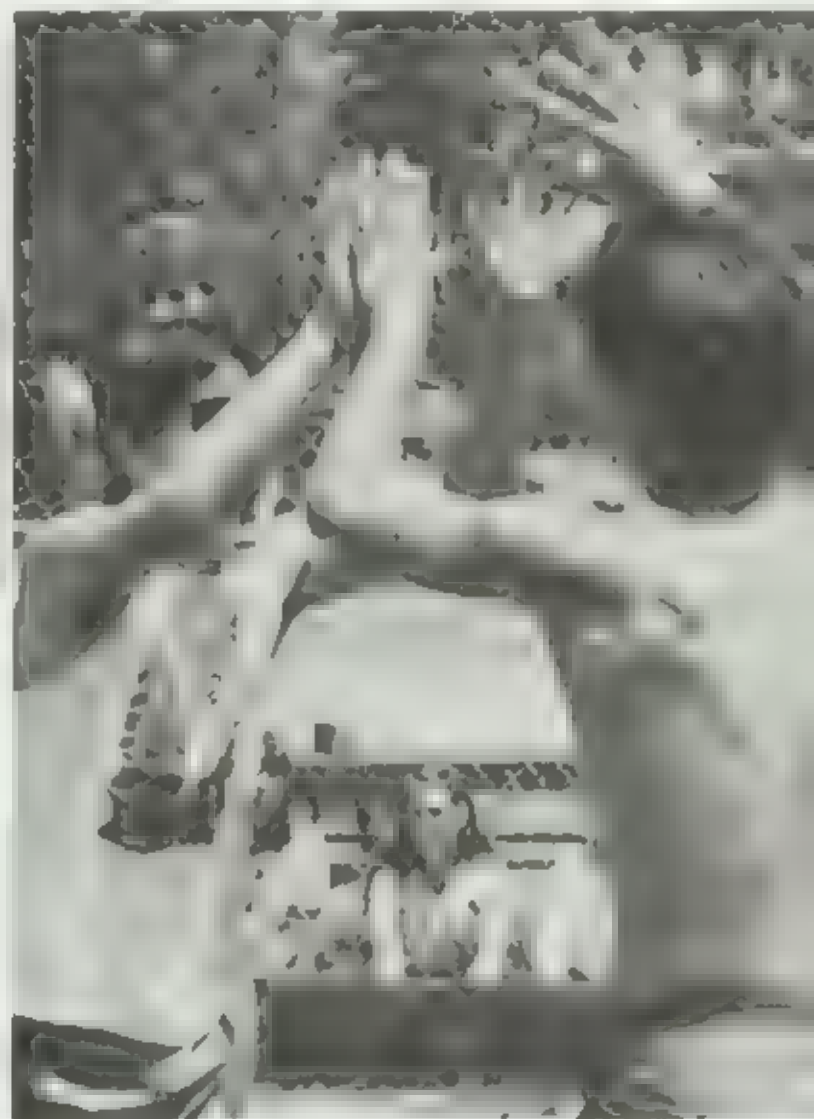




After a dip in the pool, Sheryl Dyer and Mark Mitchell dry themselves off while Michelle Allenman catches some rays in the sun at the Senior Picnic

Apparently breaking number two of the pool rules, 14 male seniors pose in chicken fight position while Marcela Jimenez bravely swims by.

Photos by Fashinell



Gregor Stewart, Jeff Mendoza and a pair of unknown hands give the high five sign of achievement just after scoring in the annual picnic baseball game



Taking a sip of her hot cocoa, Janae Anderson reads the Senior Wills with her friends Jim Miller, Susan Kahler, and Tricia Gandsey before breakfast is served at the Senior Brunch.

Watching all his friends enjoy their breakfast, John White smells the sausage and coffee-crumble cake and wonders why he has not been served.

While waiting for brunch, Senior Mary Sanchez laughs happily as she accompanies her friends in reading the hilarious Senior Wills of her fellow classmates.



Graduates munch at traditional brunch

Photos by Fashinell

by Susan Brokke

Overly excited Seniors once again returned to the Arroyo Cafetorium June 12 to enjoy the laughs of the 1984 Brunch.

Entertainment consisted of piano playing, singing, and other musicals. Excerpts from the Senior Show were viewed on a video during the meal. Speeches were given by Assistant Principal Diane Osborne and Senior Class President Ken Montgomery, and Brunch Coordinator Vicki Bissell of the years at Arroyo. Humorous predicted careers were announced while watching a slide-show and reminisced of the past five years.

Approximately 300 guests attended the event including advisors, counselors, director of activities, and the administration.

Senior Wills were distributed and read after the breakfast.

After a 15-minute break all Grads to-be lined up and rehearsal for the Graduation procedures.





As Senior Dave Kimmel reads the Senior wills, Rhonda Castillo daydreams while she waits for the delicious brunch of sausage, fruit cocktail, and coffee cake to be served

While the audience cheers him on, Class Clown Craig Candido takes credit for his antics after his humorous career is predicted by Teacher Vicki Bissell

Providing entertainment, Senior Gail Noakes plays "I Guess That's Why They Call It the Blues" on the piano for the rest of her class. Noakes also had this opportunity at the Senior Show

Photos by Fashinell



Foundation honors '84 with scholarships

by Susan Brokke

The Senior Recognition Night was held May 22, at 7:30 p.m. Twenty-eight senior students received San Lorenzo Scholarship Foundation awards.

The Reception was organized by Assistant Principal Diane Osborne with much assistance from secretary, Laurie Matarazza. Several students were honored with scholarships, music, athletic, and journalism awards. Class officers, Homecoming Royalty, Cheerleaders, and students on the Dean's list were also recognized.

Two awards were given for the students with the highest grade point average. The Outstanding Student

Award was worth \$2,500 for first place, and \$2,000 for second. Second place was awarded to Arroyan Irene Manalisay.

Jim Miller and Bradley Reed were recognized as National Merit scholar finalists.

The Bank of America Awards were also given at the reception. Senior Evelyn Fernandez was awarded a plaque for her excellence in Liberal Arts and received a \$500 award from B of A. Senior Kathy Cho was also honored for her study of Fine Arts. Certificates of honor were also given to recognize twelve other students for their achievements.

Senior Evelyn Fernandez was also presented with the UC Berkeley Alumni Scholarship.

Photos by Fashinell



Member of the Dry Gulch Gazette Janet Partridge receives award from Principal Roy Hanson for her contributions as national contest winner



Editor Mark Pryfogle receives award from Principal Roy Hanson for his excellent leadership on the Dry Gulch Gazette.

Being presented with the Scholar Athlete Award from the Armed Forces, Cynthia Sanchez holds back a smile





Standing in line for refreshments Rev. and Mrs. Marion Prylogle, along with Baby Mary, take part in a break during Recognition Night

Recipient of the James Delmore Memorial Scholarship, Jojo Lago receives a certificate and a handshake from Principal Roy Hanson and Board Member Pat Gritten

Senior Janae Anderson is recognized for being Photo Editor on the *Arroyan* and for her participation on Rally Squad

Full of smiles, Senior Nicole Polvorosa, is recognized for receiving the Arroyo Parent-Teacher Association Service Award from Principal Roy Hanson and PTA president Mary Lou Barros.



Manilisay named Class of '84 valedictorian

by Jim Miller

CSF Honor Guards Barbara Yee and Dora Lee led the Class of 1984 onto Bourne Memorial Field for the commencement exercises June 13.

The air was filled with excitement as the Seniors took their seats during the last bars of "March Processional." After the invocation given by CSF President Jim Miller, the "Star Spangled Banner" was sung by Faculty Member Patricia Everitt. Everitt was accompanied by the Arroyo High band and orchestra.

The graduates and their guests were welcomed by Board of Education President Dorothy Partridge. Partridge was

followed by 1984 Class President Ken Montgomery who chronicled the achievements of the class.

The applause roared after Valedictorian Irene Manilisay concluded her speech, "The Meaning of Success," with a poem about success found in happiness.

Then Salutatorian Evelyn Fernandez encouraged the class to strive for their goals in her speech, "The Opportunity is there, we have but to reach."

The speeches done, Principal Roy Hanson assisted by Board Members Loren Simpson and Partridge, presented the seniors with their diplomas. The crowd cheered, and an extra loud yes rose from each one section. The end of a carefree time in life had come.



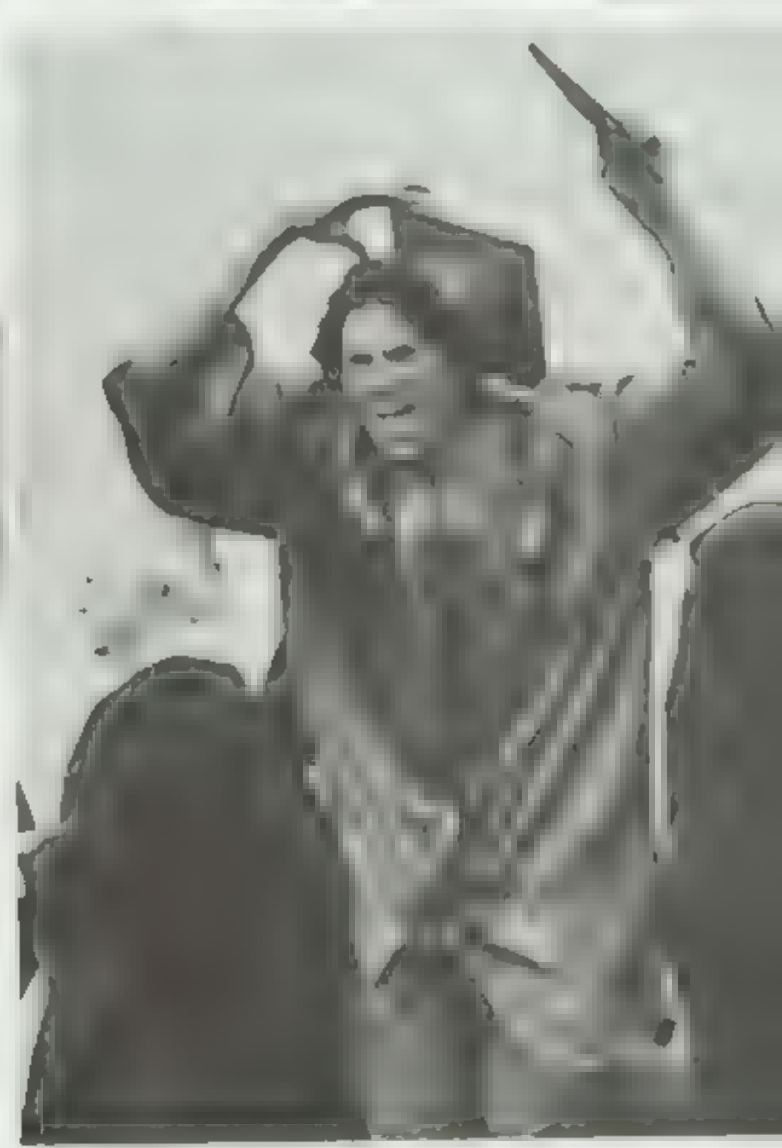
Giving a final wish for success in the future, Principal Roy Hanson says good-bye to Graduating Senior Stacey Santos.

Holding on to her cap, Valedictorian Irene Manilisay walks back to her seat after giving a very emotional speech, "The Meaning of Success."

Adding extra special effects, Senior Darlene Lapenas blows bubbles across the crowd as fellow graduates left Johnston, Cheryl Leopoldo and Dave Kimmel look on.

Photos by Fashnel



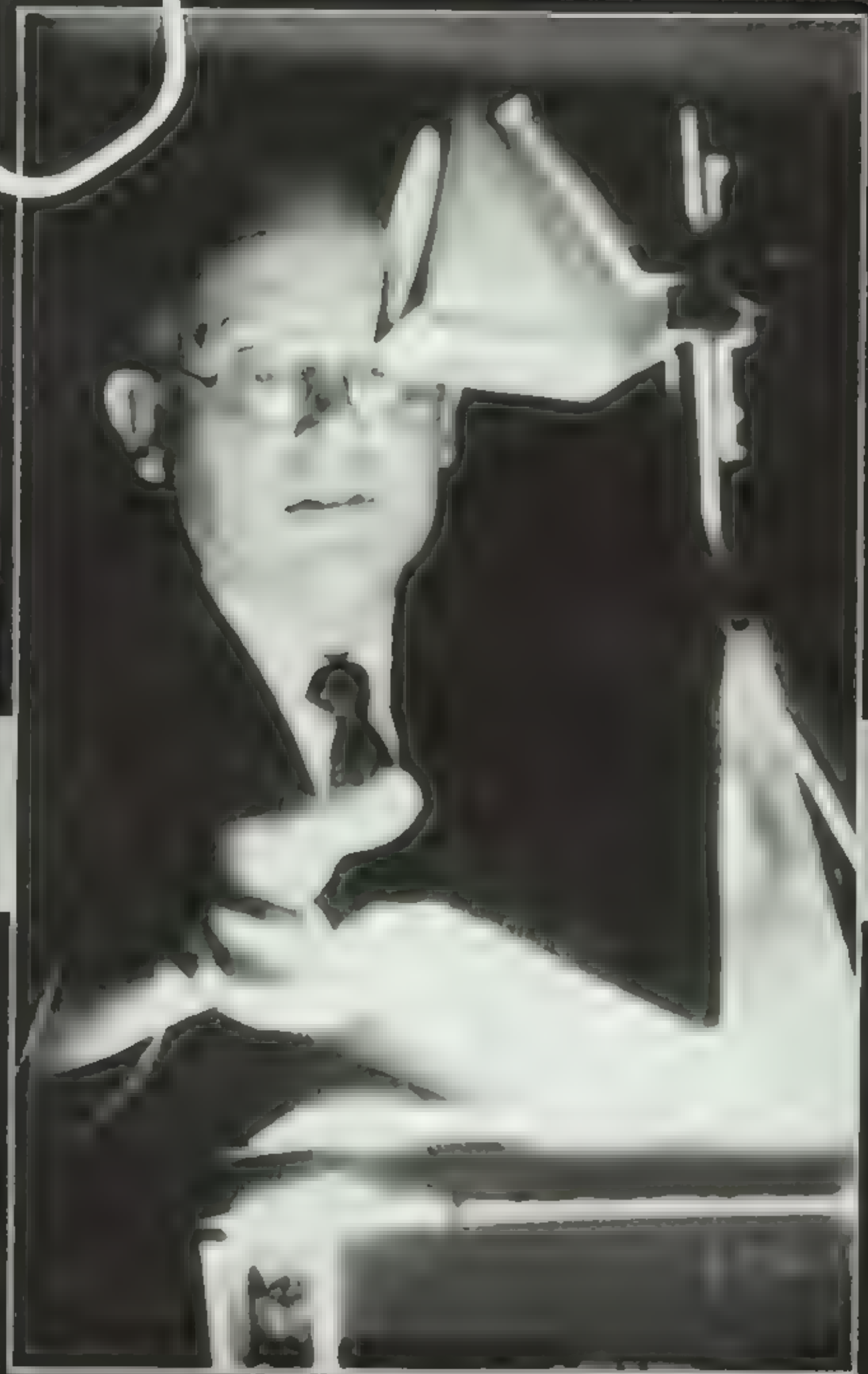
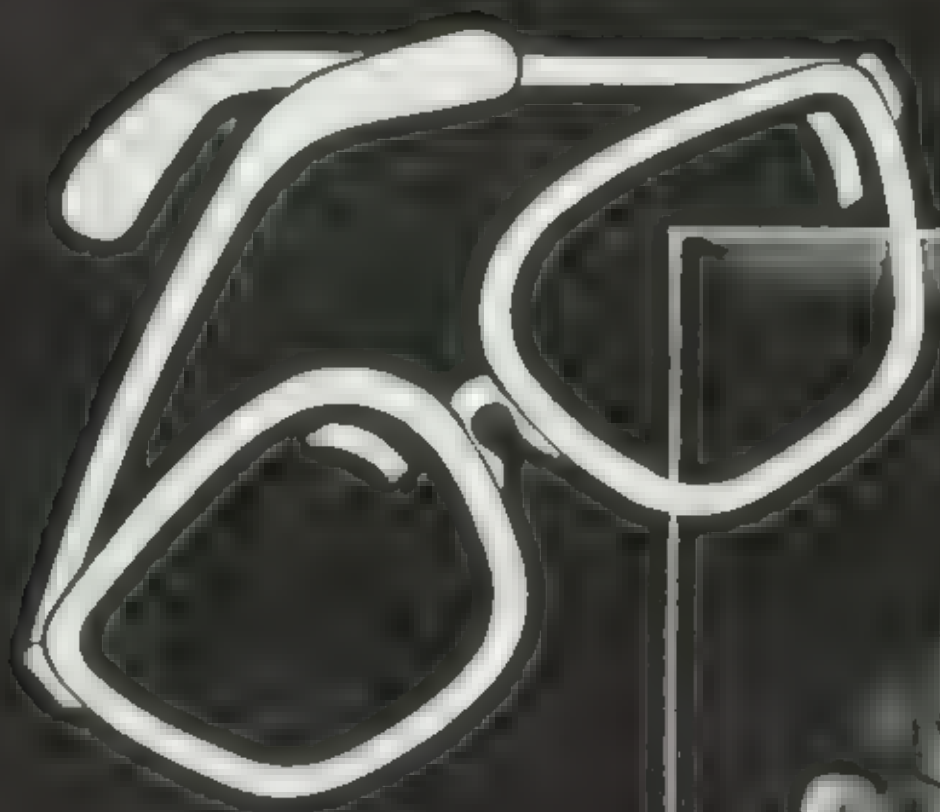


During an emotional moment, Senior Jeanine Kilaan and Principal Roy Hanson say goodbye in a very special and touching manner near the completion of the ceremony.

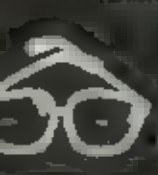
Addressing her colleagues, Salutatorian Evelyn Fernandez gives her speech, "The Opportunity is There We Have But to Reach," during commencement.

Screaming at the top of his lungs, Graduate Richardo Salcedo grabs his cap, raises his diploma and shouts out to everyone present, "It's over!"





Instructing parents during Back to School Night, Kenneth Miller of the Science Department, outlines his students' current curriculum with the use of an overhead projector.



Dons face tough standards

by Rick Blaine as recorded
by Janae Anderson.

Schoolwork isn't just studying anymore. It's more like training. What used to be my "lessons" are now academic study programs.

Kids are using new machines called computers to learn, and they're unbelievable. I never thought school could be like this. I sort of wish I could come back and take a better look at these thing-a-ma-jigs. They'd be great to keep my customer's tabs on at "Rick's Place" back in Morroco. Anyway, most of the kids here are really bright and do real well in their lessons. I mean academics. They even have contracts with their sports players that they do well or they don't play. Compared to when I was a kid, they have a lot of stuff to do. They tell me they even have more classes being required now so they'll be learning even more.

I didn't realize school could change so much. Kids have six different classes in different

rooms with different teachers. No more of one teacher and three subjects, reading, writing, and arithmetic. Their schedules are even suggested by counselors and, if they have something in mind for a future career, a special set of classes would be selected for them or suggested to them. There are certain classes that everyone must take and pass in order to graduate. The VIP's in education decided to beef up the requirements with lessons in computers, more math and English, and one less year of P.E. These new requirements affect the tenth graders on down because it's too late to change the plans of the Juniors and Seniors and future goals. Classes were centered more towards specialization, as in the computer class.

A lot was said by parents, teachers, and students about the low educational funding. Again, the VIP's decided to give the schools more money if grade point averages are stable or improve.

Academics



The School Board gained a new member this past year. Defeating Incumbent Barbara Sidari, Harry Gin was elected in the November 8 election.

Gin was well qualified for his new post. He received a Masters degree in social welfare and a bachelor's degree in psychology from the University of California, Berkeley. He also gained experience as president of the Board of Directors of the Multi-Cultured Coordinating Council for Children and Families.

During his campaign, Gin was enthusiastic about making improvements in the schools. When he reached office, however, he was faced with the problem of reopened negotiations of the

Arbitration by State needed for contract

by Jim Miller

teachers' contract and was unable to focus on his personal goals.

When the negotiations ground to impasse, a State arbitrator was requested by both the San Lorenzo Education Association and the School Board. The success of these hearings was not available at press time.

During the time of mediation, some administrators felt that they were placed in an awkward position. Principal Roy Hanson felt that the teachers deserved more money, but he didn't approve of their union's bargaining techniques. "I disagree with collective bargaining as a means of negotiation because it sets up an adverse relationship between groups." Hanson went on to say that no problems had arisen because of the professionalism on the part of all the school's staffs.

Although a great deal of attention was given to the contract negotiations, the agreement was not the only item with which the School Board dealt. Some of the other topics covered were new graduation requirements and the placement of a traffic light on the corner of Via Enrico.

The signal was an important topic because a great deal more traffic will be present when a planned shopping center, Garden Fair, is completed in 1985.



While making several photocopies of some very important papers, Vice Principal Mryan Levin checks to make sure that the quality of the copy is precise.

Warmly greeting a guest at a school luncheon, Principal Roy Hanson speaks about the accomplishments of Arroyo students and faculty.

Working in her office to catch up on the work she missed during her absence, Assistant Principal Diane Osborne addresses a letter during a spare moment.





Photo by Fashinell



Badal, Dr Alden
Moose, Betty

Gin, Harry
Partridge, Dorothy

Griffin, Patricia
Simpson, Loren

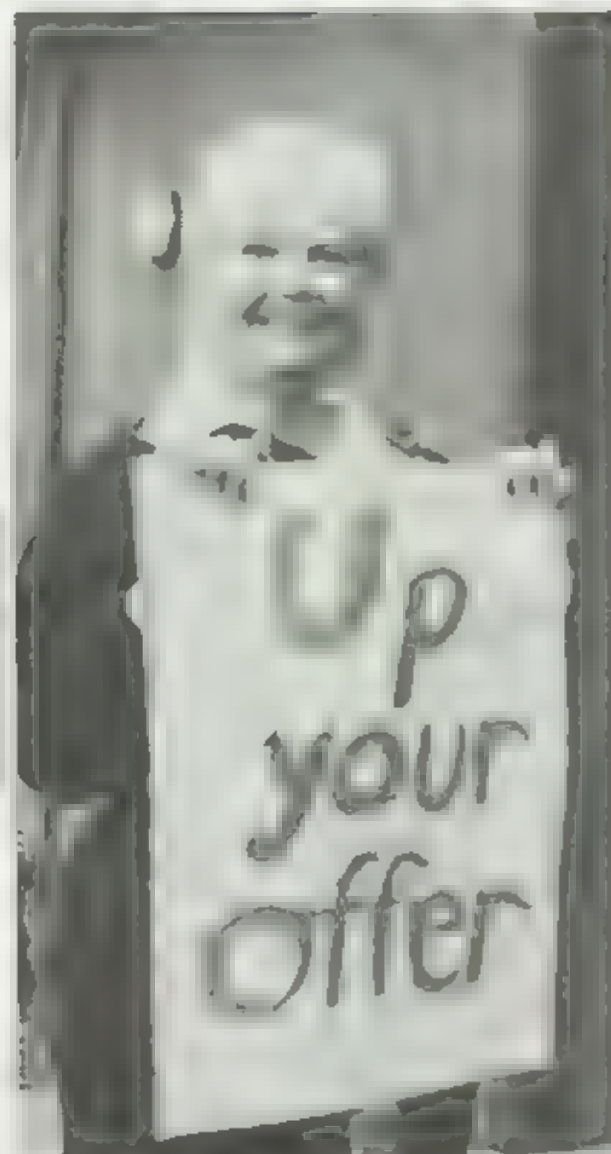


Photo by Proctor

Watching with great enthusiasm, Principal Roy Hanson sits down to talk with some of the participating students and members of the rally squad

Supporting the teachers by picketing the district office, Kindergarden Teacher Ginny Christherson of Hesperian Elementary School displays her concern over the contract dispute



The Business Department, headed by Tom McNamara, helped students gain both personal and vocational skills. The skills taught were shorthand, accounting, record keeping, and typing.

"In accounting we learn how to organize transactions in different journals," stated Senior Anthony Garetto about his class.

About her class, Senior Michelle Raney said, "I thought the general office class was interesting at first."

Personal typing was a semester course that taught students the keyboard. It also covered the proper styles for typing letters, reports, lists, and tables. According to Sophomore Christine Becerra, "Even though it was a semester class, I learned a lot." She also said, "Mr. Powell was very patient with the beginning typists in the class."

If some typewriters were seen in

Business gets new machines with donations

By Jim Miller

some classes, it was because the department received money to purchase them. The 35 machines bought cost over \$51,400. The money came from the Vocational Education Association, the school district, and Arroyo's general fund.

Some of the department's goals were, according to McNamara, "To develop business skills so students will have a chance to excel in the business field, teaching vocational skills, and giving an overall look at a real business office."

Many Arroyans worked hard in the ROP courses. One course was set up as a wholesale toy factory. The students handled imaginary orders, sales, and billings. "The ROP program is also starting a word processing system on an Apple IIe computer," stated McNamara.

McNamara also felt there were some problems in the department. "It's been kind of a rough year. There is new faculty and they are not too sure of what's going on. We are also having a problem with students damaging equipment."



Photos by Freitas



While enthusiastically searching through some papers in her business class, Junior Duan Bauer seems to have located the paper she has been searching for all period and tries to file them alphabetically.



Trying to help Freshman Cathy Mose on her assignment, Typing Teacher Mrs. Elizabeth Marsh tries to clear up some problems while Junior Shelly Bellison and Sophomore Carol Partridge listen to what is going on.

Working ambitiously on his typing assignment, Sophomore Steven Cabreana is lost in deep concentration in order to make sure that his typing assignment is complete and that there are no mistakes.





Looking over some forms in her general office class, Sophomore Patti Reyes finds the mistake for which she is looking and changes the form to make it correct and quickly moves on to the rest of the stack



Photos by Frates



Making sure she gets the figures to come out right, Senior Toni Moore quietly concentrates on her work in her general business class for an assignment that is due before the end of the period

While working at the keyboard of an Apple II computer, Senior Rhonda Castillo takes important figures from her notes on the desk and enters them into a business program due by the end of class



Looking at the Industrial Arts program, shop classes proved to be very successful in the 1983-1984 year.

According to Industrial Arts Department Chairman Gene Gire, "It seems like the students are really getting their act together and are really trying to learn."

Industrial Arts classes, such as auto shop, succeeded very well in teaching young mechanics about automobiles. The biggest project in the auto shop classes was the breaking down and rebuilding of the 1976 Datsun race car. Auto shop Instructor Ed LaMantia, a former professional race car driver, put a lot of time and effort into building the

Industrial art students finish new race car

By Glenn Stewart

car. With help of students and various sponsors, the car was operational over the summer.

LaMantia also involved students in the restoration of an antique tractor. When completed, the tractor was donated to the Custodial Department to help maintain the shape of sports fields for after school activities.

Besides working on automobiles, auto shop classes journeyed to the San Francisco Airport to visit the aeronautics school. "It was pretty interesting, but I would of probably liked it better if I was more interested in aeronautics," stated Senior Keith Toon.

Auto shop classes also competed in the Plymouth Troubleshooting Contest, where students from different schools compete for an auto mechanics scholarship. Students in hopes of achieving the scholarship were Keith Toon and Mark Harris were sent as Arroyo's best Mechanics.

In other areas of Industrial Arts, such as metal shop, students learned much about welding and machine work. The metal shop was able to purchase some new tools such as an arch welder and a rotor thanks to some federal funds. These new tools helped improve the program and gave students new opportunities to learn.



Photo by Gurr



Photo by Lashmire





Taking apart the engine of a hauling tractor, Senior James Choate repairs the machine donated to the Auto Shop Department by the school district

Working on a class project in wood shop, Freshman Gary Evans is assisted by Instructor Eugene Cire in the positioning of numbers on an address plaque

Examining the cylinder head of a V-8 engine Senior Dave Kimmel checks for the valve size while Senior Craig Candido looks toward the board for further instructions

Inspecting the interior of Arroyo High School's race car, Seniors Glenn Stewart, Ryan Brown, and Mark Harris admire the work done during the past two years

Photo by Eashmell

Photo by Gurr



The Foreign Language Department, headed by Suzanne Fogg, was an important part of the course offerings.

Arroyo offered Spanish, French, and German. The 15 Spanish classes were taught by Melinda Ferreira, Elizabeth Lismer, and Linda Ramstrom. Fogg taught five French classes, and two German classes were taught by Keith Burnett.

Burnett's main emphasis was on developing practical grammar and vocabulary which was useable in everyday situations. He also stressed accurate pronunciation along with knowledge

Fogg directs well-cultured language staff

Photo by Fashnell

by Jim Miller

of German culture. Burnett felt that culture does affect a language. "America has a lazy culture, and it is reflected in the lazy use of the language", elaborated Burnett. To expose his students to German culture, Burnett arranged for guest speakers and a trip to a German restaurant in San Francisco.

Learning about culture was also an important part of Ramstrom's Spanish classes. Ramstrom was exposed to many Latin cultures when she lived in South America. Ramstrom also stressed the ability to communicate orally. This method was enjoyed by many of her students, including Junior Patti Stender who said, "I liked the way she teaches better than anyone. I've learned more in class than any other."

According to Senior Susan Kahler, "The advanced French classes work mostly on grammar, and the beginning classes do a lot of dialogues." When Fogg became the acting assistant principal during Diane Osborne's absence, Margaret Baldwin taught the French classes. One of the interesting things that Baldwin taught about was the French school system. She knew of the system because she studied in France.

In taking a foreign language, students not only learned another language, but another life style.



Photo by Fashnell

Thoughtfully explaining a passage in the book Spanish Teacher Melinda Ferreira gets the message across to her class

Going through some papers before class, Elizabeth Lismer prepares for her lecture in her Spanish class

Maybe after asking about a confusing idea, Junior Barbara Clegg gets a thorough explanation in Spanish from her knowledgeable teacher, Elizabeth Lismer

While listening to the end of the discussion Sophomore Todd Massey gives a sigh of relief and gets ready for the bell to ring





Photo by Anderson

Paying close attention to the instructor, Eighth Grader Dennis Hayward and Freshman Pam Askeu take down notes to remember the important facts of the new chapter.

Learning new terms and phrases, Diane Linzar works hard to complete class assignment in Instructor Suzanne Fugg's first year French class.

Intensely working on some review work, Sophomore Gary LaFleur tries to finish before the bell to avoid extra homework.

Photo by Eastupell

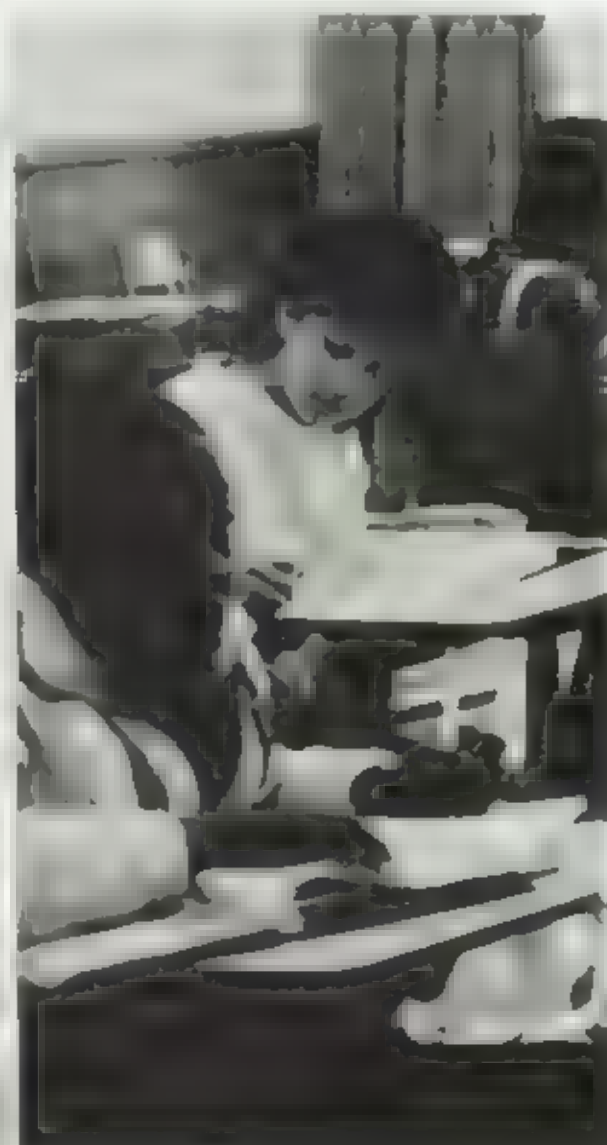
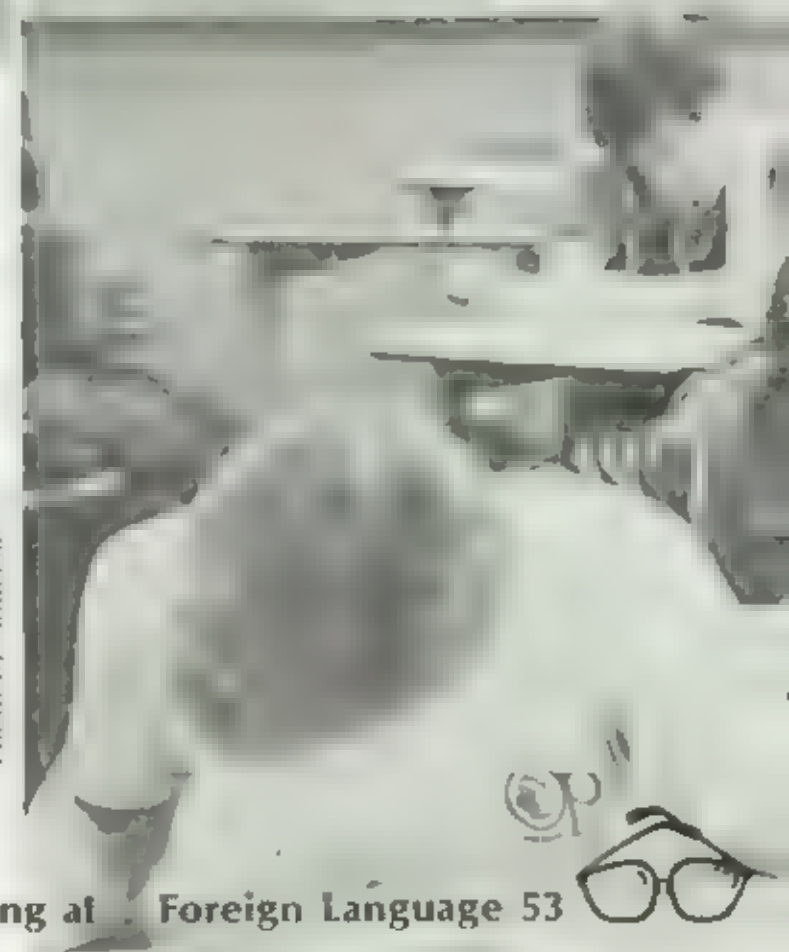


Photo by Anderson



Photo by Anderson



According to Home Arts Department Head Darlene Scott, students learned how to be smart shoppers, to be wise consumers, and to read labels effectively.

Scott, who taught creative living and today's living, advised her students on sewing during the first quarter of the school year. The students' first project was a stuffed pillow, and the second was to construct an article of clothing.

Drake, Scott teach students cooking skills

By Tricia Gandsey

During the year, Scott and Colleague Gail Drake made plans for the department in the future. Included in the plans was the elongation of two semester courses, independent living and gourmet foods, to year-long classes. "That way we can accomplish a lot more, and it makes scheduling a lot easier," said Scott about the changes.

Drake and her students planned a December 15 Christmas dinner for the independent living class. The menu consisted of turkey, stuffing, mashed potatoes, tossed salad, rolls, and home-made cookies for dessert. Each group of students was assigned a dish to complete during a week of class. Because of time limitations, the turkey was cooked on Wednesday and reheated Thursday. "We had two classes do the cooking for the holiday dinner," said Drake. "It is a fun event, and the kids really enjoy it."

For finals, gourmet foods classes filled the campus with delicious aromas as they created dishes that challenged the techniques they mastered in class. After several days of practice, the dish was prepared and submitted to faculty judges for evaluation. "I think the teachers were very fair in grading," said Drake.

"Julia Child better watch out," said one Arroyan chef. "We baked our cake and now we get to eat it, too!"



While preparing to make a strawberry dessert with Partner Gordon Early, Junior Adrienne Montaine reaches for berries to cut up

Pointing to the shelves above the kitchen stoves, Gourmet Foods Teacher Gail Drake instructs a student to get down some cooking pans

Stirring the sauce for the day's meal, Senior Shelly Allemen stirs carefully, while Senior Steve Gaukrogers looks over to see how a fellow student is doing

After bending a spoon trying to scoop out ice cream, Sophomore Tony Aniasco is advised to use an ice cream scooper by Gourmet Foods Teacher Gail Drake

Photo by Frates

Photo by Frates





While helping his cooking teacher, Future Homemaker Brett Lato passes out soda keys to some of his classmates like Senior Dan Strahan.

While preparing a delicious dessert of crepes, Sophomore Tony Aniasco adds the final touch with a scoop of ice cream.

While putting the cooking project fettucine on the plate, Senior Heidi Vandeyn waits for Senior Davey to add the fettucine sauce to the plate.

Photo by Frances



Photo by Frances



Photo by Frances



Photo by Frances



In the past year, beneficial additions and changes made in the Math Department had been seen by the students at Arroyo.

One of the changes which took place was in the District's requirements. The Board of Education voted to increase mathematics requirements for graduation on December 20. This upgrade required students to take not one year of math, but two. Such a change also required those students who scored below a selected competency level on

District votes to strengthen requirements

by Lisa Duncan, Bob Frates

a standardized test to take a third year of math

According to Frank Casson, head of the Math Department, "Such an upgrade is beneficial to those students who do not plan to attend college after graduating from high school." Casson also stated, "It will help the students get themselves more acquainted with and further their skills in the mathematic field."

Another change in the Math Department was seen in new textbooks. Faced with a shortage in the supply of available books, the District was forced to purchase new ones to meet the demands of Arroyo's math students. A total of 200 algebra books were purchased by the District to replace the previous books which had been used for five years

A beneficial addition had also been seen in the Math and Science Department. Apple Industries donated a computer package valued at \$1,900. This package consisted of a manual computer and a floppy disk-drive unit.

According to Casson, with the aid of a printer and three other computers, the eight students of Arroyo's advanced mathematics and science classes had access to the computer. "All teachers could use the computer to their own advantage and convenience," stated Casson.



Photo by Stewart



After finishing a detailed lecture, Algebra Teacher Jerry Greenbaum listens to an inquisitive student as the rest of the class completes note



Photo by Barros

Looking over his classroom assignment, Junior Greg Ramos takes a short break between problems before resuming to his work as the other students complete their assignments

Observing Freshman Greg Wagner's classwork, Math Teacher Boyd McCaslin prepares to help out the troubled student as the rest of the class finishes assignments



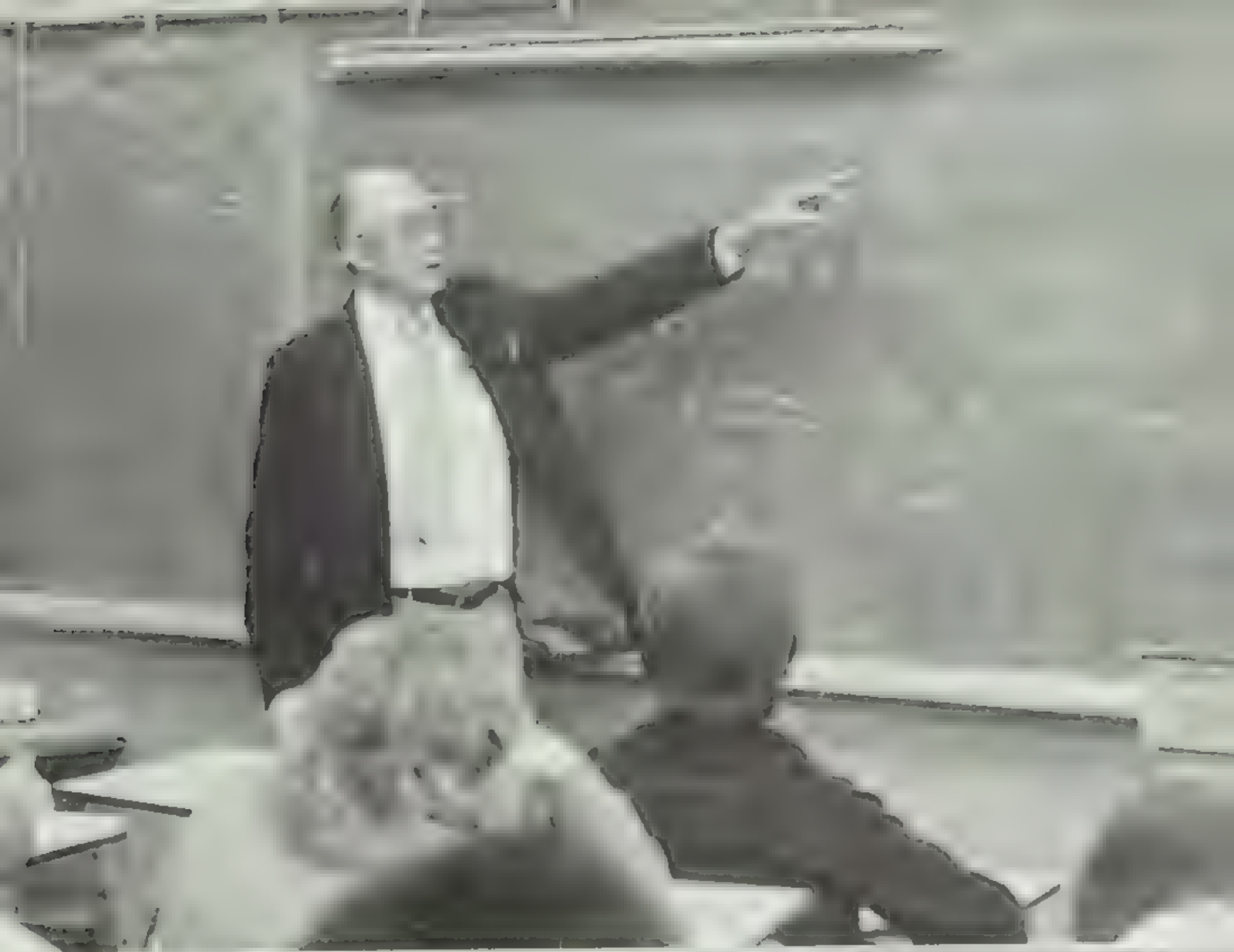


Photo by Fashinelli



Photo by Ayres

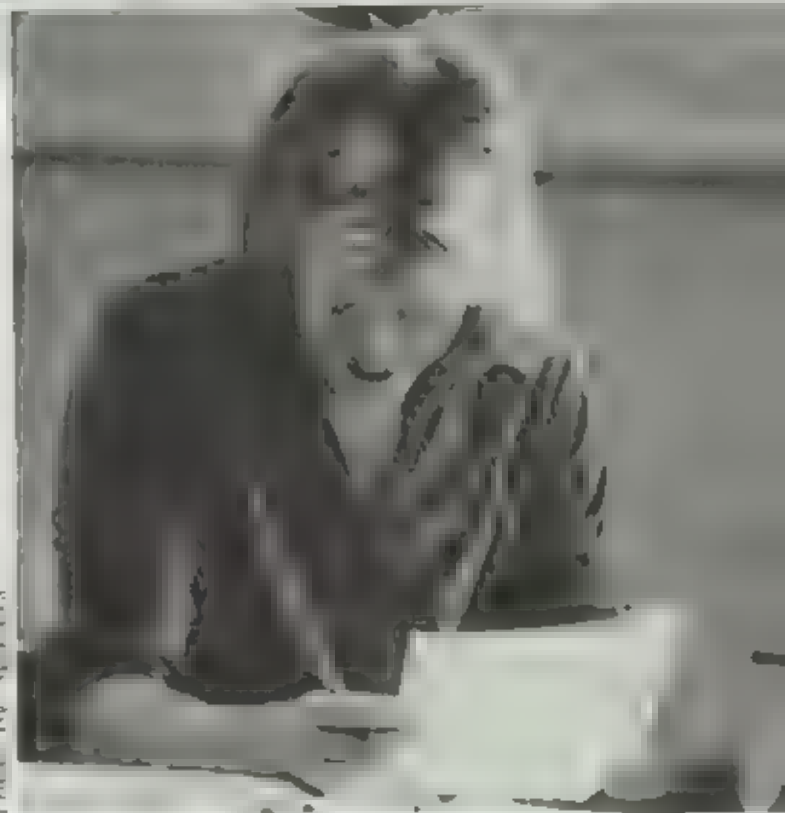


Photo by Frates

Putting true feeling into his board work. Math Teacher and Department Chairman Frank Casson captures his advanced math class while students listen intently.

Explaining the assignment in detail. Math instructor Jerry Metcalf displays the problem to Sophomore Gary Labout as he assists in class.

Finding humor in his work. Senior Scott Peters looks over his paper and goes on to the next problem while completing the remaining classroom assignment.



PE chairmen study course requirements

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students would go to their chosen class. Battino said that she and the other teachers were pleased with this new process. Battino also felt that the "students were happier about activities. There were not as many students running around with cards and no classes"

Intake physical education, the Physical Education Department has not seen



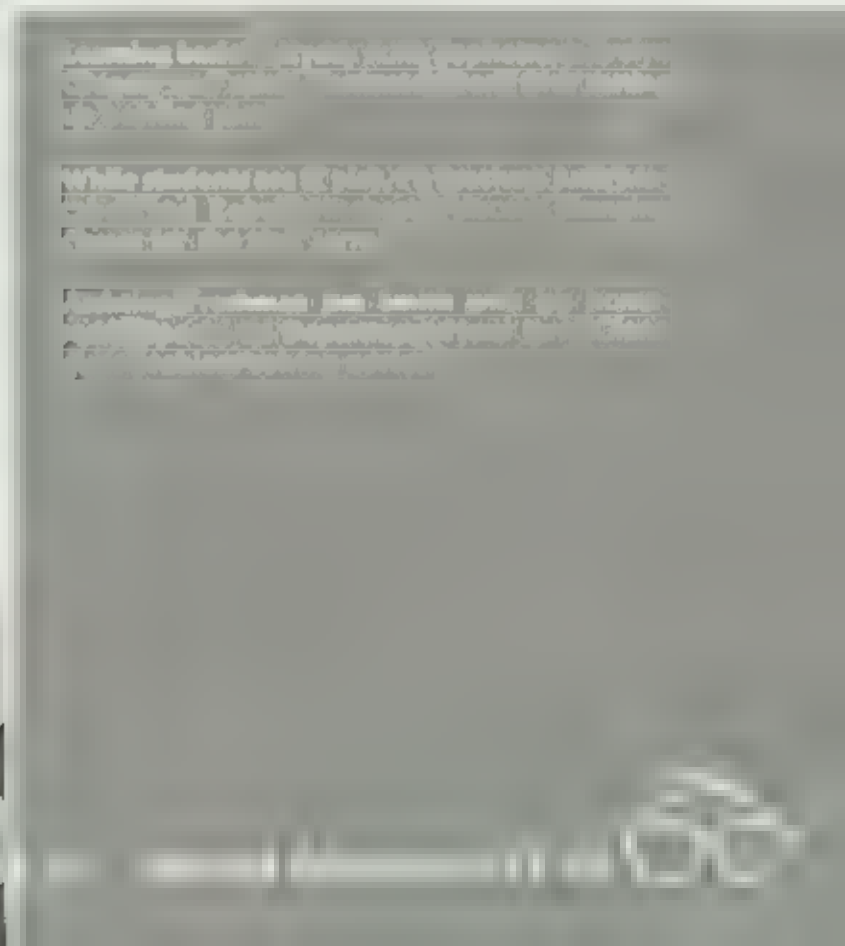


Photo by Fashnell



Photo by Gurr

Improving on coordination skills, Senior Bridget Pimentel participates in a game of ping pong



The Social Science Department brought new insights to students during the year.

Headed by Vicki Bissell, the department covered subjects that ranged from the bartering system of the Sumerians to US - Soviet relations.

The 16 teachers who made up the department worked with students of all grades. In Gerry Fisher's social studies class, students learned about the 13 Colonies and American Indian Cultures.

Project Business was an added bonus for some of the ninth grade Introduction to Social Science classes. The Project Business lessons were taught by local businessmen. They dealt with the

Bissell brings new insights to department

Photo by Anderson

by Jim Miller

ideas of supply and demand, production, consumption, and the stock market.

Spending one million imaginary dollars was a part of Mary Camezon's Career Decisions course. Sophomores learned to fill out job applications, write resumes, and how to conduct themselves at job interviews. Along with career decisions, Sophomores took Millard Billings' family living class. The class covered drinking, pregnancy, and other social pressures.

"It was irritating at first, but now it does calm everyone down," commented Junior Steve Rose on US History Teacher Earl Remington's "Mood Music." Remington played the music during tests. He also had a unique way of reviewing for tests. The "History Bowl" was a game he devised in which two teams sit across from each other at a buzzer board and compete to answer questions. As Rose said, "The 'History Bowl' doesn't only help for the present test, but it reviews the previous material."

For Seniors the class was US government. The class dealt with the workings of all three branches, and it tried to develop a voter responsibility. "It was a worth while experience, and I learned a lot," said Senior Adrianna Aranda.



Photo by Ashmull

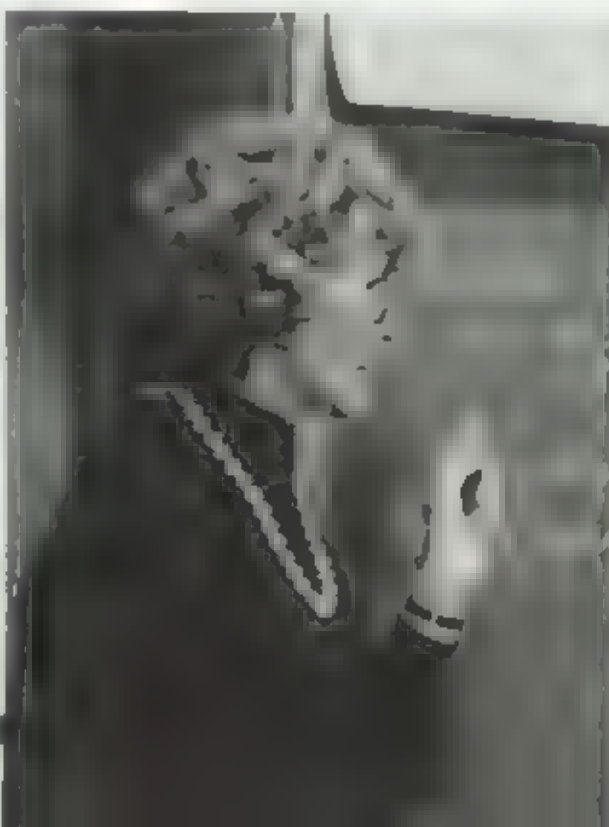


Photo by Fractor

Eagerly awaiting to start the day's lesson with his "Mood Music," U.S. History Teacher Earl Remington patiently waits for his students to quiet down.

Offering assistance, Social Science Instructor Gerry Fisher aids Eighth Grader Eric Ducey while classmate Shelly Bossi looks over the day's assignment.

Discussing the format of required term papers during her second period government class, Department Chairman Vicki Bissell gets the point across.



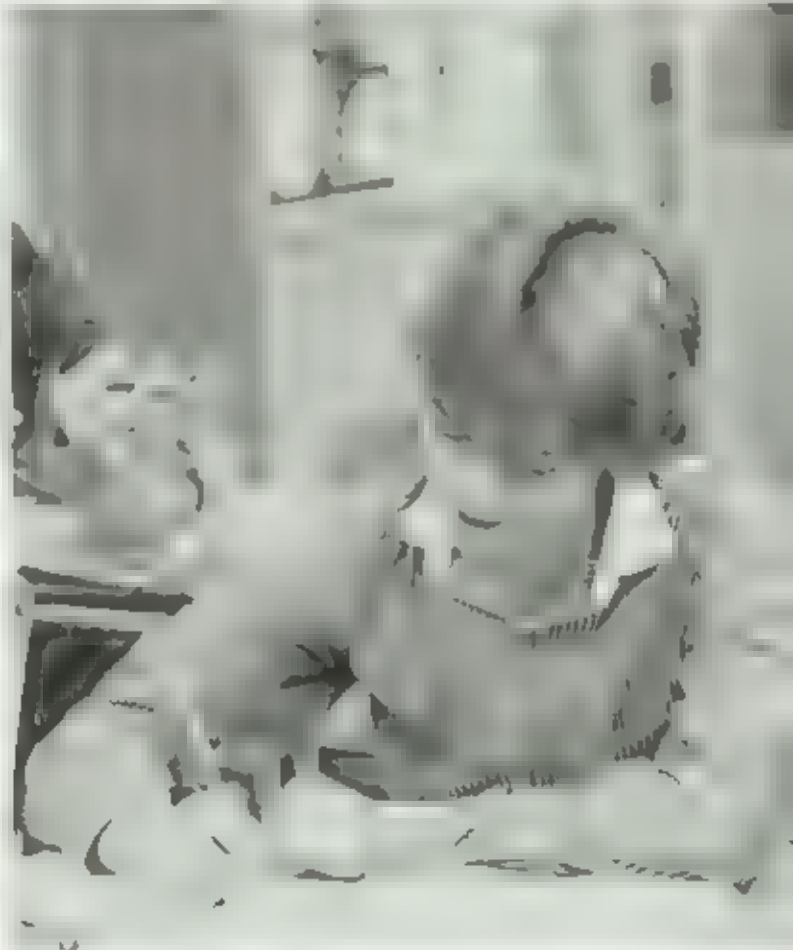


Photo by Fashinell



Photo by Frates

Photo by Frates



Comparing notes on the latest assignment Eighth Graders Dina Robreigo and Roseanna Souza check their homework to see if their answers are correct

Having an interesting conversation with a fellow teacher, Social Science Instructor Gerry Fisher tells about the progress of his Eighth Grade class.

Enthusiastically writing down his answers, Freshman Johnny Jacoby works diligently to complete his classwork in Introduction to Social Science before the end of the period



To satisfy the School District's requirements for graduation this year, the Science Department worked very hard. The new requirements were that each student have at least one year of physical science and one year of life science.

There seemed to be little physical change in the students' attitudes and participation because of this change. The requirements were set up so that each student had a better understanding of science before graduating or going on to college.

The Department also designed special programs like Science 8, physical science, and life science for the fresh-

New science requirements affect classes

by Susan Brokke

man and sophomores who did not plan to attend college after graduation. These new programs were a somewhat simpler form of teaching and learning science. They gave a general idea of what the science course was about and did not go into specific detail.

Head of the Science Department Ken Miller said, "We are planning to increase the number of hands on equipment parts to the courses to prepare students for the more advanced courses in science. All grade levels of science students will now be able to use the laboratory equipment, not the advanced classes alone." He also said that the students were very cooperative in being careful with the equipment, such as test tubes, beakers, and thermometers. The Department claimed the equipment was very expensive.

Video Machines were also used to help students to get a better understanding of the course. These tapes were made by the Science Department itself, and were also rented from the county library. The department also contracted with KQED to use their professional tapes.

Science Teacher Al Fourmey took a sick leave due to surgery on his back, and Teacher Charles Ross replaced him for the first semester and Debbie Knight for the second.

62 Here's looking at Science Department

Photo by Gurr



Photo by Gurr



Preparing for a test on the human body, Freshman Denae Croley tries to memorize the information, so she can get a high score on the exam.

Patiently going through some test papers, Science Teacher Rob Wigand searches for a student's test score while enjoying the quiet after class.

During a class discussion, Teacher Fred Hanson seems to bring a strange new method of instruction to get the students to learn the parts of the human body.

Slipping a joke in during class time, Sophomore Gary LaFleur and Teacher Ken Miller try to get a reaction from the students in the class.



Trying to help the class understand the concept of theory, Physics Teacher Steve Pickett gamifies his lecture notes by creating a story.

Experimenting in the lab, Scotty Steve Smeal at the end of the day, after a long day of work, he then was rewarded with a few minutes of rest.

Photo by Fishbowl



Photo by Fishbowl



Photo by Fishbowl



"I'm pleased with the work I receive from my students," stated English Department Head Norman Hopkins.

Arroyo's English Department was "looking" forward to a better writing program; it had two new texts, and added a new staff member, Linda Santillan.

Arroyo sponsored a group of students to compete nationally in a writing contest for Juniors sponsored by The National Council of Teachers of Eng-

English pupils pay heed to improvement

by Elizabeth Bennett

lish. Students competed in a speech contest, and participated in a spelling contest with San Lorenzo High with \$750 in cash prizes. English teachers encouraged their students to enter more writing contests. The Scholastic Writing Awards were given out to students in which their work is published in magazines.

Hopkins mentioned an Honors Class for senior composition and literature. It was a high-level class, but due to scheduling, wasn't very successful.

Hopkins was pleased with the way his classes went and stated that it showed in his Sophomore and Junior classes. When asked about the low points, Hopkins said that the students weren't reading very much. They weren't reading classics or standard material, just things that were assigned to them. Those that were classic readers demonstrated that skill in their writing.

"We're trying to get a more consistent approach to teaching writing", stated Hopkins.

According to English and Media Teacher Jerrold Wergeland, the school board made a proposal to have public speaking as a required study in the English classes. Wergeland added, "I'm hoping that the English Department will be able to cooperate with the School Board in having speech activities in the classes."

Photo by Anderson

Photo by Frates



While lecturing to his Eighth Grade class, English Teacher Steve Miller listens intently to a comment from a student.



Explaining lesson plans to his class, English Department Head Norman Hopkins discusses an assignment from the text.

Reading over class assignment, English Teacher Don Strongman discusses some exercises with the class.

Pouring over a grammar exercise, Senior Mark Smith studies intently for a reading assignment.





While talking to the class, American Literature Teacher Robert Madsen is humored by a comment made

What answer should I put? Freshman Derrick Castro daydreams before deciding what answer to put down

Going over an assignment, English Teacher Michael D'Augelli assists Junior Danny Kaye with a problem

Photo by Stewart



Photo by Fashnell



Photo by Reyes



Photo by Gaudin

Photo by Fashnell



Headed by Charles Runyon, the Fine Arts Department developed a sense of beauty around the campus as well as an appreciation of music.

The department was made up of art, music, and drama classes. Fine arts were interesting because they contained students of all ages. In many classes, one or two grades may be represented, but in fine arts, a Senior flute player can be in the same class as an Eighth Grade percussionist.

Runyon taught photography and art classes. His third period class consisted of first year photography students; his fourth period class consisted of first

Photo by Fashinelli



Carter, Cho earn area award, honor

by Bryan Proctor

and second year photography students. "Students seem to work well on an individualized basis, their self-motivation is good and their creativity is above average," stated Runyon.

Among his photography students Senior Chris Carter was nominated as a plaque candidate. In the art department, Senior Kathy Cho was selected for the Bank of America award. "We have some really outstanding art and photography students this year," commented Runyon.

The choir was led by Pat Schultz. Schultz taught mixed choir and A Cappella. Some of the accomplishments of the Mixed Choir were to learn to sing three part music, to read music, to sing in tune, to sing artistically, and to learn proper phrasing. The A Cappella was a performance choir. They worked more on the artistic than the technical aspects of singing. Some of their other goals were to perfect their breathing techniques, posture, and to gain exposure to different types of music.

"If we had more people in the choir, it would be better than it is now," stated Junior Kevin Agreda. "Guys should join the choir and they shouldn't be worried about having people make fun of them. We go a lot of places. It's a pretty fun class."

Photo by Fashinelli



Photo by Curt



Getting into their music, Sophomore Eric Van der Veer, Seniors Matt Renee and Ron Bartnn and Junior Erik Bertend read their music and play the Contrabass.

Watching a lunchtime rally Band Member Andrew Thomas, Spring Roadagers, and Cruz Voz, cover Cal's and Sheryl Crow's songs get ready to play school night song.

Waiting patiently, Fine Arts Member Gordon Early uses a blow dryer to dry a photographic print of the popular pop singer, Rick James.



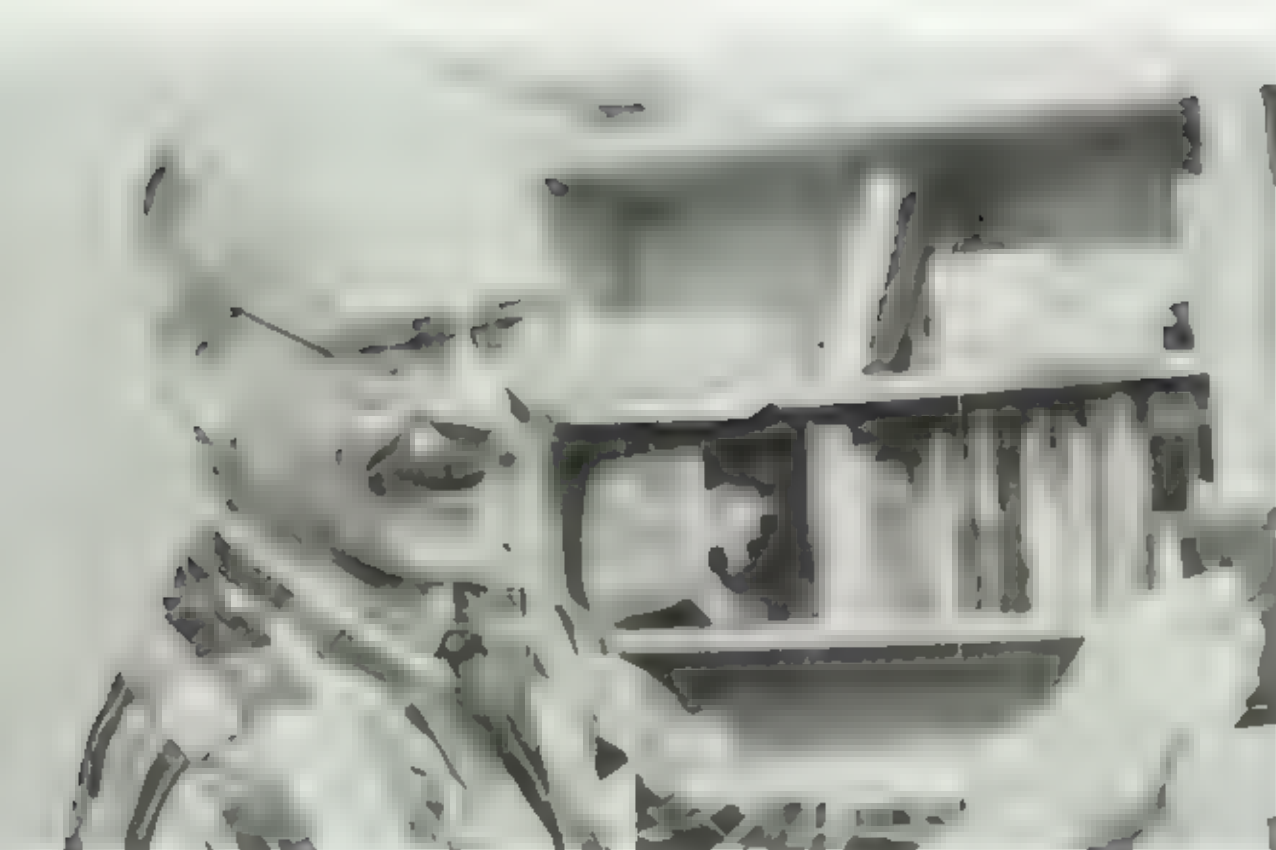


Photo by Proctor



Photo by Gurr

Adjusting the controls on a slide projector, Drama Teacher Wayne Ward kids jokingly with the students of his acting class.

Zooming in on his subject, Senior Chris Carter focuses, sets, and makes other various adjustments in completing an assignment for his photography class

Keeping his eyes on the sheet music before him, Sophomore Brian Hare plays his cello with extreme expertise in practice for an upcoming concert

As Sophomore Carrie Druppel concentrates on playing the song, Eighth Grader Heather Sloan reads the music to play her violin as the class practices to become great musicians.



Photo by Gurr



Photo by Fashnell



Jobs done behind the scenes were just as important as those done by teachers.

Secretaries, instructional aides, cafeteria workers, and custodians helped keep the school clean and run smoothly.

Keeping their eyes on things, the secretaries did jobs that ranged from filling out admit slips to processing books for every class. These jobs were accomplished with care and enthusiasm. "I think everybody works well together to help everyone else," stated Jeanne Flanders, Principal Roy Hanson's secretary. Flanders went on to say, "We work like a team," and "I enjoy working here. The students are very polite."

Helping both students and teachers were the instructional aides. Four of

Clerical staff helps school run smoothly

by Jim Miller, Kristi Hanson

the aides worked in special education, one in the Career Center, and one in English as a Second Language class. The aides were full-time employees who did small group instruction under the teachers' direction, and helped the students in special education work in regular classes. According to Assistant Principal Diane Osborne, "They make an outstanding contribution to Arroyo. We couldn't make it without them."

Under the direction of Caroline Marshall, the cafeteria staff fed hungry Arroyans. They also filled the vending machines and snack bars. "Our breakfast is getting very big," said Marshall when referring to Arroyo's breakfast program. Marshall also felt the nine-member staff was too small, but "they worked hard to make up for it."

Another understaffed group was the custodial staff. The eight-member staff worked well together. One of their biggest problems was the trash left after lunchtime exodus to McDonald's. As John Swails, head custodian, said, "I think it's a very nice school, and the kids are really nice."

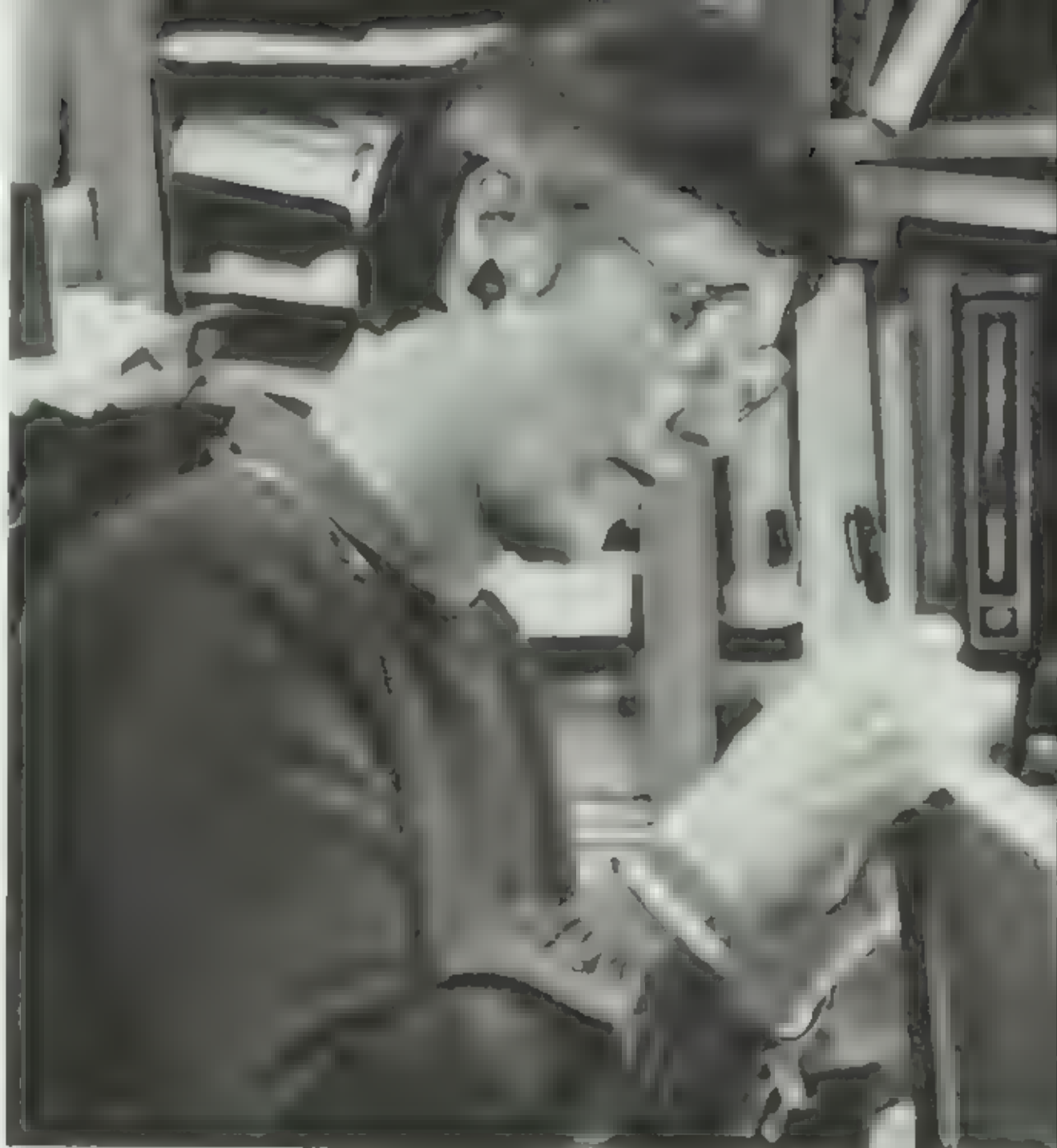


Photo by Fashnell



Secretarial Staff: Front Row, Barbara White, Faye Davis, Ida Reider, Judy Hackbarth. Back Row, Kathy Bumann, Nancy Carlson, Laurie Matarazza, Marie Johnson, Jeanne Flanders, and Sharon Hemmway.

Explaining her position in the Special Education Department, Instructional Aide Jan Ecoffey takes time out to smile for Arroyo interviewers.

Custodial Staff: Front Row, Virginia Wenzel, Bill McNally, Dee Gonzalez. Back Row, Wes Peterson, Nancy Stang, John Swails, and Sam Peterson.

Writing out admit slip, Senior Sheri Stinnett gets the information from Student David Camp, so he can attend class.





Photo by Curt

Photo by Fashnell

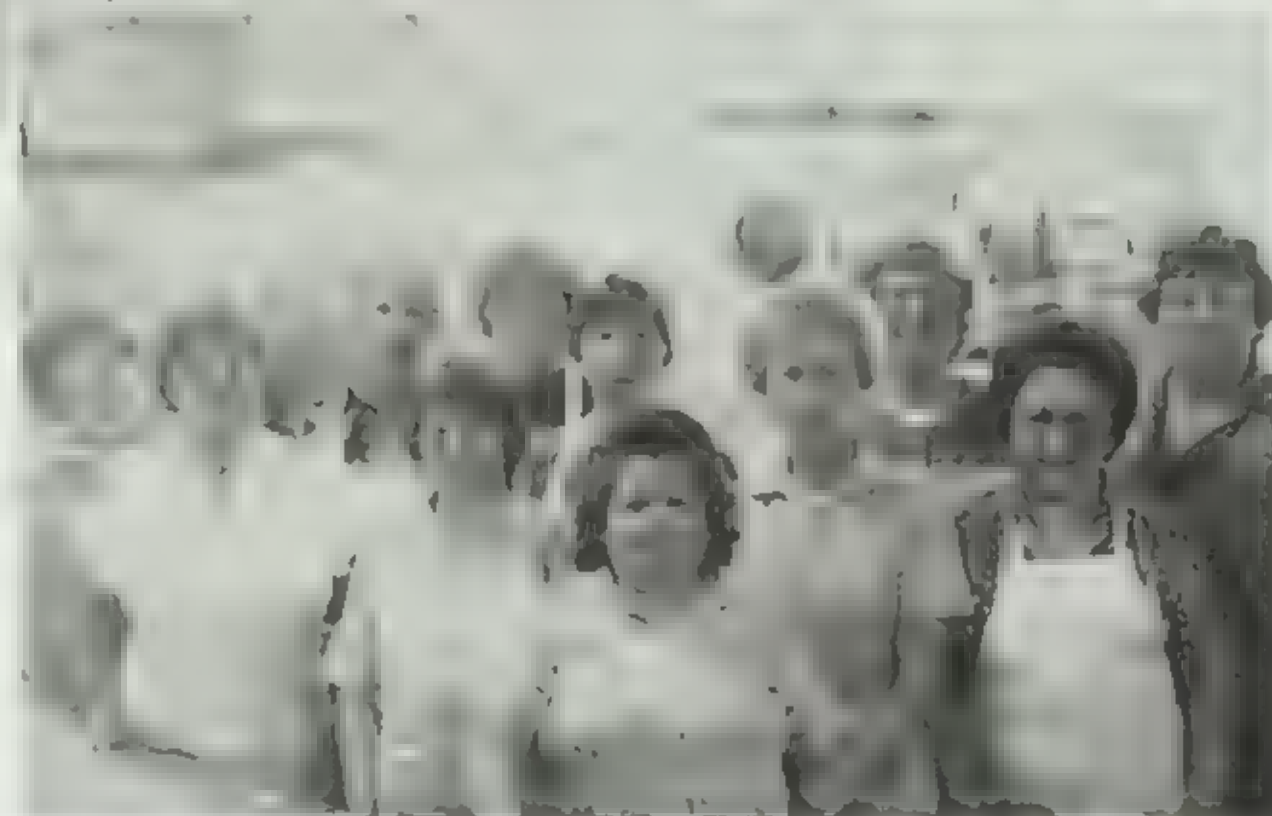


Photo by Frates

Photo by Fashnell



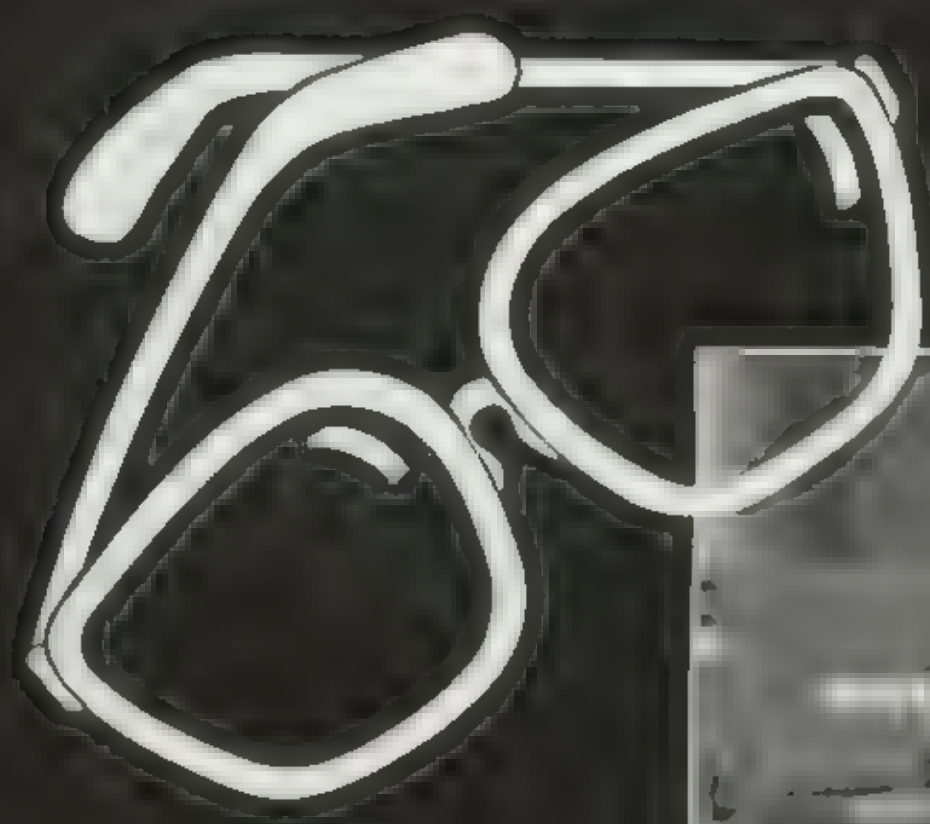
Photo by Fashnell



Working in the bookroom, Nancy Carlson concentrates on the numbers while she marks a book making it easier to find in the immense piles of books

Cafeteria Staff: Front Row, Jean Spehar, Elenor Brown, Jean Hulsman, Elda Olivares, Meda Shultz, Edith Valerio, Carolyn Marshall, Back Row, District Sub., Ann Miller, Marilyn Butler Colletta Hagerty





Practicing diligently, junior Debbie Roderick displays her musical talents while concentrating on the notes she produces with the cello.

Photo by [illegible]



Clubs bring fun to students

by Rick Blaine as recorded
by Lane Anderson

During my stay at Arroyo, I looked into a lot of student participation groups and clubs.

The clubs are a lot different from the ones I knew in Casablanca where no one under 21 was allowed. The kids have clubs that go skiing, to Washington, D.C., and even Europe. (Now that I've come maybe they'll start a Moroccan Club). The kids even produce their own newspaper and a yearbook. These kids really have a good thing going. Looking at them doing their jobs and working together makes me realize how much I missed by being a loner.

My memories of school don't go beyond bad-tempered teachers, bad grades, good grades that I worked overtime for, and even a little loneliness. I needed to get out and find out how to work with other people and have a good time, too. There are still a lot of loners around at this school too. They may think they

aren't missing anything, but if they only knew. Like when I went on the trip with the ski club, I never knew how much better you get to know people when you have to live with them in such a fun and confined conditions. I also thought raising money would be a lost cause, but it was fun doing car washes and spraying everyone with water. I guess you could say I had a lot to learn, but I learned by getting involved.

When I went to Washington, D.C. with Close-Up, I got to meet kids from Florida, Georgia, and Southern California. I got a good look at modern government in action. It was really an impressive place.

Even though the clubs seemed well-supported, the majority of students were involved in only a few activities and there isn't a lot of self-motivation. I guess it's hard to take a chance and come out of their shell a little bit. Hopefully, the Dons will show their pride and break their shell of uninvolvedness.

Student Life



Outlining ideas on the chalkboard. Senior Council member Vicky Corral, decides that slot number three will be the right selection

Paging through the calendar for dates, student body President Evelyn Fernandez, checks for upcoming events to be held at Arroyo

Intensely working, Senior Catherine Gallagher, studies assignment given to her by the Executive Council's advisor, Jack Hunt

Reviewing Arroyo's activity schedule, Juniors Debbie Rodenick and Cindy Eckinger coordinate activities during Spirit Week



Photo by Proctor

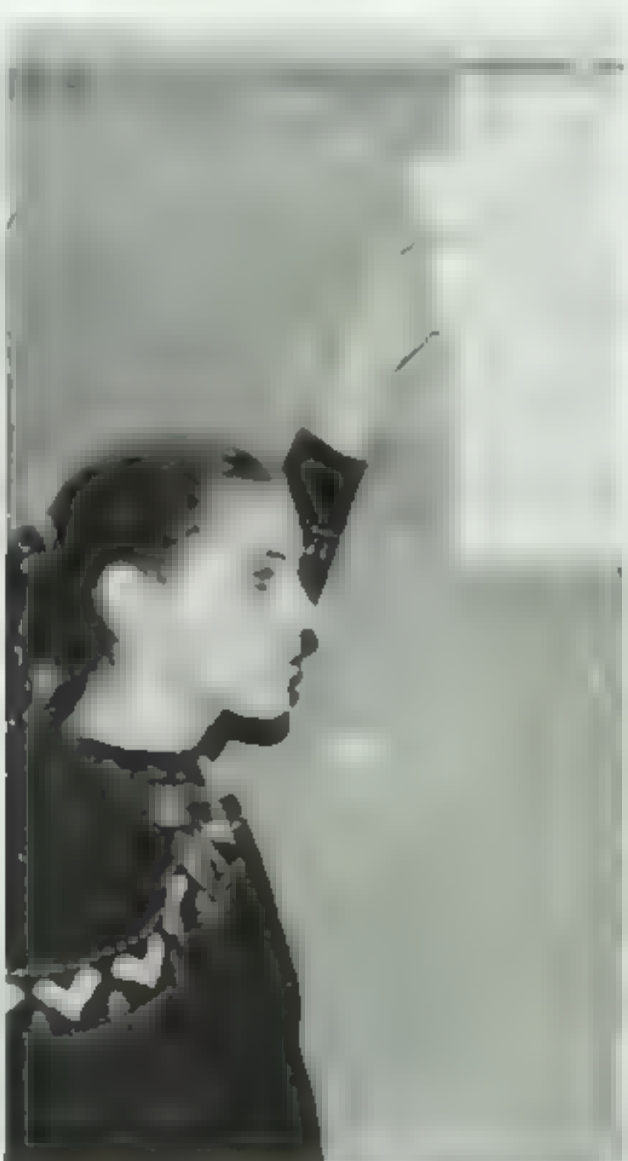


Photo by Proctor



Photo by Fashinell



Photo by Proctor

Officers work to achieve school unity

by Bryan Proctor

"Reorganization" was the key objective for the Executive Council according to Advisor Jack Hunt.

To improve the look of the executive Council members of the staff increased communications with students. Questionnaires were included in the daily bulletins. The questionnaires provided council members with an invaluable viewpoint of improvements. The system was extremely successful, so much so that Senior Class President Ken Montgomery said, "This year's Executive Council has taken the initiative to get more students involved which has made for a very successful school year."

Another outstanding achievement of the Executive Council was its ability to bring classes together. In the past, many classes and clubs held fundraisers on conflicting dates, thus the activity planned was not as successful. To alleviate that situation the Executive Council

along with Administration members formed a committee which coordinated activities throughout the year. Committee Commissioner Gail Noakes stated that classes or clubs would bring their requests to the committee, the committee would then vote in the proposal and approve, if the date and activity was acceptable.

The entire year was devoted to bringing classes together. The idea was devised to hold a "Family Feud" in which classes would compete against each other. Representatives were selected from each class to play for the cash prizes.

There were 100 students and faculty members polled for each question asked by the master of ceremonies. During the game, each class earned points which, at the end, were converted into funds for the class they represented. This "Family Feud" was in essence a "class feud" which brought faculty members and students closer together, said Hunt.





Photo by Proctor



Executive Council members. Front Row, Debbie Roderick, Cynthia Eckinger, Jennifer Gregory Darlene Sasaki, Vicky Corral, Kristine Dezotte Susan Witowski, Kathryn Hudson. Back Row, Juanita Gregg, Gail Noakes, Sherry Bargaghoti, Julie Sterling Evelyn Fernandez, Catherine Gallagher Deanna Hill, Daniel Pryfogle, Mickey Potts, and Kenneth Montgomery

Trying desperately to coordinate upcoming events. Student Body President Evelyn Fernandez. Senior Class President Kenneth Montgomery, and Susan Witowski, confer on possible problem in Executive Council planning

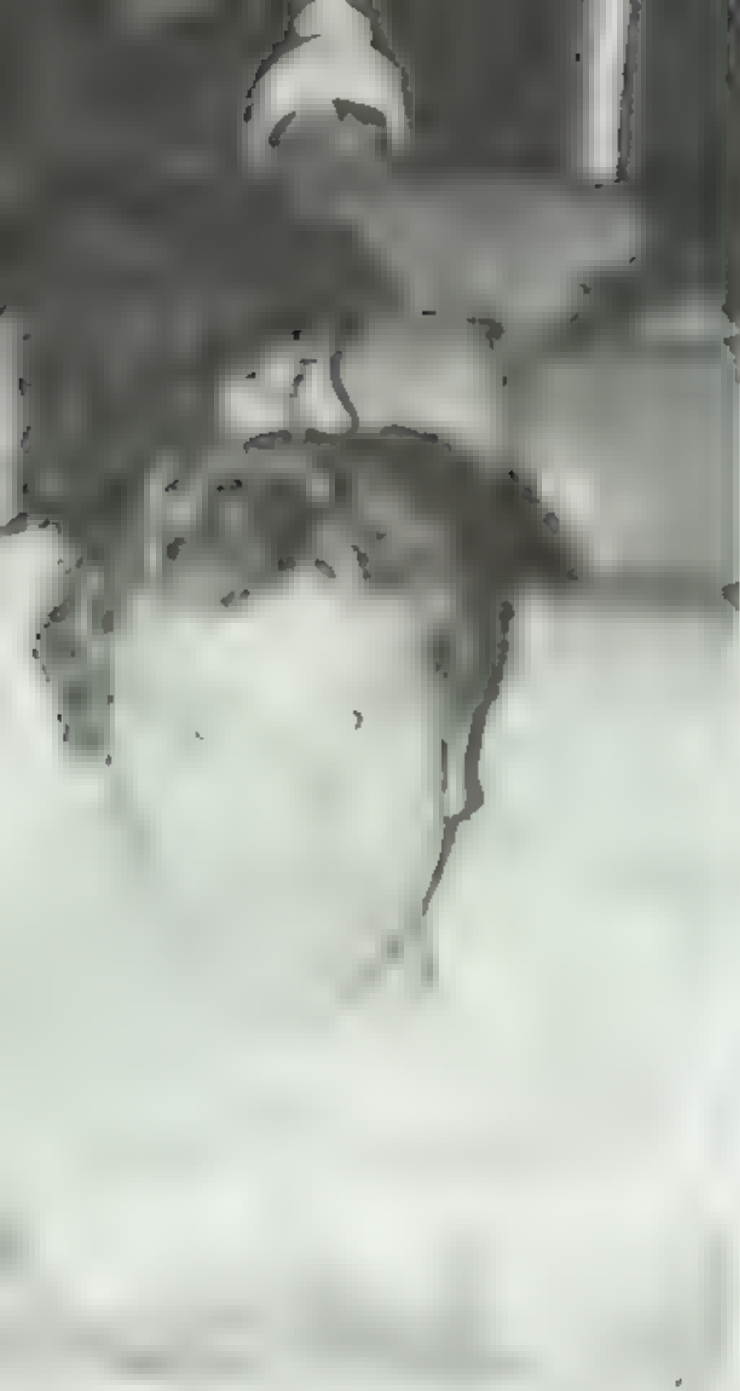
Photo by Fashnell



Photo by Proctor

Putting the hammer down, Advisor Jack Hunt lays down the law for class officers during his lecture in the Student Government Office





Buddying up at the bottom of the slope, Seniors Chris Sullivan, Gregor Stewart, Tim Harris, Junior Bill Forsberg, and Senior Keith Hatcher get ready for another run

Photo by Forsberg

Awaiting the final miles, Juniors Christine Woods, Sandy Rameriz, Seniors Jeff Mello, Joe Reyes, and Sophomore Lisie Ferreira enjoy each other's company



Photo by Forsberg

Taking the trip in stride, Senior Chris Donovan endures the long bus ride to Squaw Valley on the club's first trip during the year

by Elizabeth Bennett

Students find club provides exciting trips

Arroyo's Ski Club looked at good snow and great skiing while taking two successful trips in the 1984 season.

The first trip was to Squaw Valley where 40 students and six adults participated in a fun weekend and good skiing. "It was a nice trip," stated Club Advisor Angelo Madrigal. The first trip was taken at a cost of \$105, and transportation, some food, lift tickets and accommodations for two nights were provided in the trips' package, according to Madrigal.

The second trip was a smaller one with 27 students and five adults. The group traveled to Heavenly Valley at a cost of \$103 and the same accommodations as the first trip. The club held two fundraisers of gift check book sales, and

a car wash-a-thon to help pay for the costs.

"I enjoyed both trips, but I think I liked the second one better. They were really fun and we had good transportation," stated Senior Jeff Mello.

According to Madrigal, there were 20 new skiers joining the club who received lessons with the trip package. When asked about the work involved in organizing Madrigal stated, "It's a lot of work, but once you actually get on the snow, it's worth it."

Ski Club President Chris Donovan stated, "I thought the weather conditions and lodging was better at Heavenly but both trips were really fun."

We had about 49 club members which was a good turnout. I'm glad so many people were able to participate and have such a good time," stated Senior Skier Todd Long.





Photo by Forsberg



Photo by Proctor

Ski Club. Front Row: Diana Lewis, Lili Ahney, Lise Ferreira, Elizabeth Yopp, Lani Sanchez, Chris Sullivan, and Chris O'Connell. Second Row: John Bueno, Tami Damerak, Ron Ingelbreton, and Starla Buse. Third Row: Angelo Madrigal, Casey O'Connell, Todd Long, Natalie Coppa, Michelle Harrell, Tami Choate, Janel Clarke, Paula Neco.

Sandy Ramirez, Christine Woods, Michelle Ruiz, Michelle Melo, Ken Chambers, and Craig Nakashima. Fourth Row: Gregor Stewart, Tim Spensen, Keith Hammer, Joe Reyes, Jill Forsberg, Tim Harris, and Dave Hennick. Back Row: Jeff Metz, and Chris Donovan.

Trying to achieve a "backscratcher", Senior Chris Sullivan demonstrates his skill.

Photo by Forsberg



Here's looking at

Ski Club 75



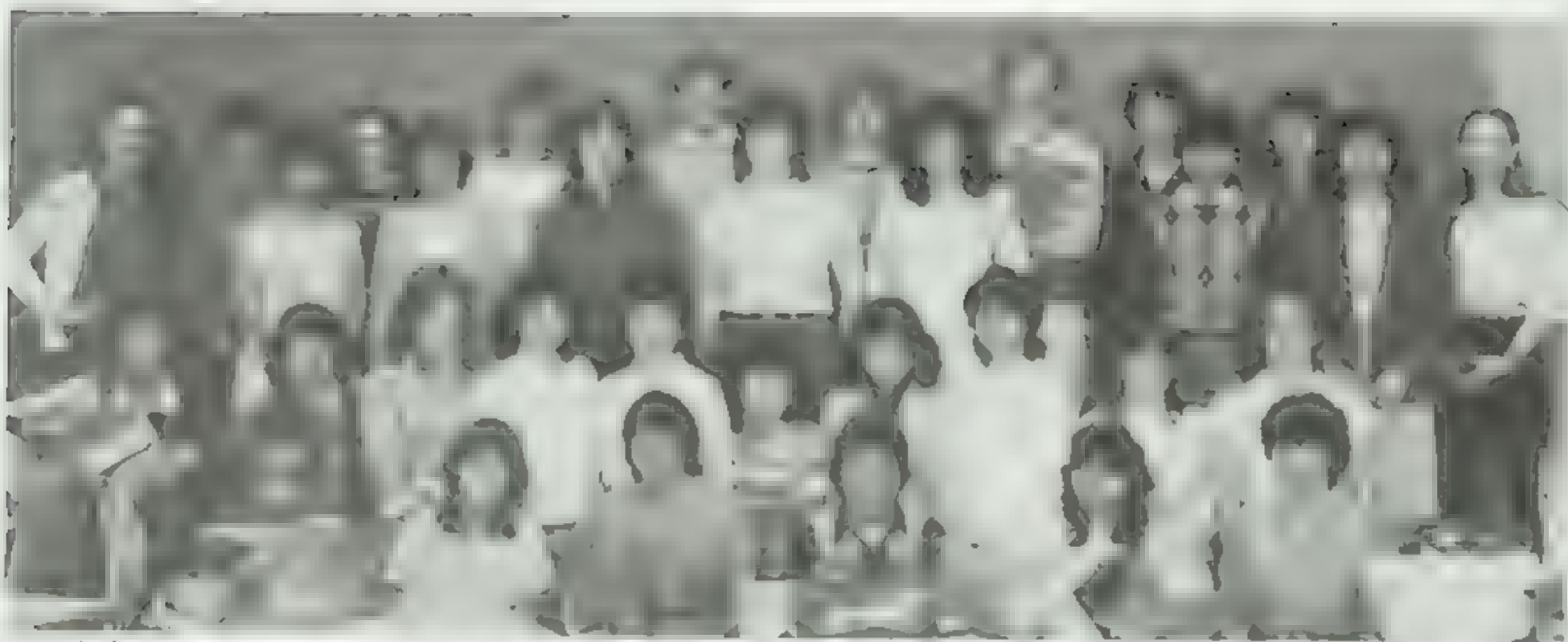


Photo by Proctor



Photo by Guri

Gathered together to discuss important issues President Jim Miller, Member Cindy Rickert Vice President Barbara Yee, and Member Jackie Corley make decisions about upcoming events

CSF Members: Front Row, Casey O'Leary, Buffy Kuykendahl, Karleton Tse, Ken Lowe, Linda So and Lisa Jeong. Second Row; Shan Lin, Angela Lam, Elaine Rockowitz, Helena Weiss. Dora Lee Barbara Yee, Stacy Teshima, Melanie Young Sandy Matejic, Cindy Eperson Third Row, Cin-

dy Eckinger, Cecelia Jeong, Cindy Rickert, Susan Kahler, Gail Noakes, Sharon Jew, and Dorothy Lin. Back Row, Evelyn Fernandez, Sherry Bargagliotti, Debbie Roderick, Jackie Corley, Jim Miller Gerald Hohn, Chris Carter, Kevin Burkfield, and Janae Anderson





Photo by Gurr

Counting sales income, CSF Member Linda So goes over deposit to determine club's Honor Day budget

Listening attentively at one of the weekly meetings, California Scholarship Federation Advisor Mary Camezon awaits the decision to be made by members

Photo by Gurr



by Tricia Gandsey

The California Scholarship Federation had many activities planned for the upcoming year. There were approximately 35 members enrolled.

With the year's new advisors, Mary Camezon and Vicky Bissell, things seemed to go pretty well, according to Secretary Susan Kahler.

For one to have qualified as a member of the California Scholarship Federation, a student had to go by a scoring system. This was where each grade was equal to a certain amount of points.

An A equaled three points, a B equaled one point and a C equaled no points. There were no D's or F's allowed. Also a certain amount of points had to come out of academic classes. Each semester every student had to pay dues of 25 cents, which went into the scholarship fund. A life membership could also have been received if one was involved for four semesters starting

in the sophomore year. For being a lifetime member, one would receive a gold tassel for the cap during the graduation ceremony and also a stamp on the diploma.

CSF had many fundraisers during the year. There was a bake sale where they had raised \$92. There was a candy sale which raised approximately \$150 and a Christmas raffle drawing which made \$80. A Christmas tree was given to the winner of that drawing. The money that was raised from all of the sales during the year is put into an account to save for Honor day. Honor Day was held the last quarter of the year and everyone was rewarded for receiving good grades.

CSF was headed by President Jim Miller, Vice President Barbara Yee, Secretary Susan Kahler, and Treasurer Angela Lam. "Being in CSF is not only an honor but a lot of work. Members are not only expected to do well in their studies, but set an example," commented Jim Miller, president.

Members go to California universities



Spring and Fall Editors for the Dry Gulch Gazette, Patti Bennett and Mark Pryfogle work on layout styles for the newspaper.



Photo by Gurr

In trench coat and tie, Arroyan Editor Dean Gurr displays his spirit while trying to advertise sales for the yearbook.



Photo by Fashinelli



Photo by Fashinelli



Gazette Staff: Front Row, Jojo Lago, Craig Nakashima, Michelle Sudar, Mark Pryfogle, Patti Bennett, Nelson Cardadeiro, Al Elpusan, Brooke Margarelli. Second Row, Kevin Burkfield, Jennifer Schwarz, Elizabeth Nunn, Evelyn Fernandez, David VanHeurck, John Stuart, Vince Merrit, Craig Candido, Darlene Lapenas, Sherri Ingebretson, Dean Gurr, Gerald Hohn, Paula Neto, Janet Partidge, and Adrianna Aranda. Third Row, Arlene Ogata, Richard Klimas, Michelle Strand, Bryan Proctor, Tracy Frazier, Gail Noakes, and Kara Mitchell.

Arroyan Staff: Front Row; Evelyn Rodriguez, Arlene Ogata, Charlene Ponzio, Michelle Raney and Debra Reyes. Second Row, Rene Regalmuto, Elizabeth Bennett, Tricia Gandsey, Janae Anderson, Paula Neto, Sonya Madeiros, Susan Brokke, Nancy Kennedy, Patricia Stender, and Lynne Sorensen. Third Row; Margaret McKenna, Rachel Beeman, Lisa Duncan, Ken Barros, Dean Gurr, Bobby Frates, Glenn Stewart, Kevin Burkfield, Bryan Proctor, and Todd Long.

While working on a story for the Dry Gulch Gazette, Senior Craig Nakashima is assisted by Senior Vince Merrit in order to make a deadline.





Photo by Gurr

Photo by Gurr



By Shawney Parsons

With the starting of a new year, the Arroyan staff was striving for a new look.

For having such a large student body on campus, sales this year were very low, only 57 percent bought yearbooks, for the 1983-'84 school year.

Staff Member Elizabeth Bennett commented, "I don't think people care anymore, or they just couldn't afford it." The prices for the yearbook were \$16 with an activity sticker and \$21 without an activity sticker. Whatever the problems were, it didn't stop the staff from working.

With only three students returning from the previous year, Editor Dean Gurr, Paula Neto, and Janae Anderson, and the small staff of 27 was ready for the new changes. "We wanted to change the style of the book and try something new. We made the layout of

the book really different and the cover is really something we haven't tried before. I think the outcome will be good," commented Gurr.

Returning for his fourteenth year, the class was run by Richard Lloyd who was also advised the **Dry Gulch Gazette**, the school newspaper. "I think the innovations and the graphic designs are outstanding. It's refreshing to know that staff members are interested in doing something different and exploring their limitations of creativity," explained Lloyd.

Productions of the **Dry Gulch Gazette** became a busy job for the school's journalists. In order to provide a little more variety in the underlying tone of the newspaper, the editors decided to change the style of the paper to make a more boxie look, like **USA Today**.

Publications work toward unique styles





While practicing in the music room, orchestra students Amy Berlaud, Ronald Castro, and Amy Berlaud are seen hard on their music.

Photos by Fashinell

Concert Bands: Front Row: Sabrina Rodriguez, Yvette Berlaud, Amy Berlaud, Diana Niemuller, Bridgette Wynne, Teresa Cavazos, and Rachelle Cross. Second Row: Gregg Gomes, Rubin Richardson, Andy Thomas, Veronica Gallardo, Sherry Hendricks, Shawn Shubert, Gail Gomes, Kelly Pearce, Tanny Hoffmann, Jeanette Robeson, and Tina Crews. Third Row: Mike Maddox. Instructor Pam Nadeau, Brian Popovits, Robert Newell, Pam Cartalejo, Sai Costillo, Petri Toivonen, and Keith Victor. Back Row: Kingman Tang, Kevin Korman, Jorge Silva, Jim Scaloon, Ron Burton, Matt Renfro, and David Jones.

Intermediate Band: Front Row: Debbie Dana, Mike Adams, Chris Livesay, Howard Stender, Allison, and Chris Giotto. Second Row: Brad McCallis, Tony Miramonte, Jason James, John Chester, Steven Strubell, Yvette Berlaud, Shirley Murphy, and Jennifer Grayson.

Orchestra: Front Row: Heather Sloan, Pam Hendricks, Ronald Castro, and Eddie Alexander. Second Row: Ame Barnard, Michelle Gonzalez, and Scott. Third Row: Mike Neto, Tammy Hendricks, and Instructor Pam Nadeau. Third Row: Kevin Spore, and Laurie La Zama. Back Row: Sam Rhodes, Brian Hare, Aaron Chavez, Debbie Roderick, Nicole Beckman, and Annette Boksworth.



by Patti Stender

If one looked closely at the music groups this year, one would have noticed something different.

Pam Nadeau became the new band instructor, taking the place of former Music Teacher Laura Marks.

The bands and orchestra had a very full schedule. They put on three productions, the all new Masquerade Concert, and the Winter and Spring concerts which also included both choirs. Other activities included going to three jazz festivals and participating in the Bobby Sox Parade and the Little League Parade. The most exciting trip

for the bands, and the most important, was the trip to Long Beach State to participate in a Band and Orchestra Festival.

"It's been a busy, but fun year," stated Nadeau.

Looking at the vocal half of the music groups, the choirs had a busy year also. Along with singing in the Winter and Spring concerts, the Mixed choir performed in Livermore. The ACappella choir also went to Long Beach and participated in a workshop at San Francisco State.

The Acapella choir also enjoyed performing at all the elementary schools in our area and at two high schools.

New teacher creates new look to bands

Photos by Fashinell



Acapella Choir: Front Row; Sally Vidurri, Kim Freitas, Rhonda Kurzawski, Sherry Gannt, Bridgette Hoffman, Susan Levesque, Lisa Chang, Inga-bord Raum, Stacey Briggs, and Doreen Pagni. Back Row; Craig Lewis, Chris Demers, Norman Kellogg, Leila Yassin, Kevin Agrella, Bridgette Wynn, Keith Freitas, April Critelli, and Ricky Vasconcellos.

Mixed Choir: Front Row; Dawn Cabral, Laurie Lovell, Hope Belshe, Ramona Gonzalez, Shannon Thompson, Bertha Hernandez, Christine Anderson, Carrie LaMar, Sabrina Chin, and Lilia Fahnestock. Back Row; Susan Perry, Carrie Shoptaw, Jennifer Gibson, Vince Bermuduz, Andrea Drew Christa Druppel, Amy Amaral, Darlene Lum, Karla Watson, and Cammie Burdine.

Jazz Band: Front Row, Lad Berry, Robert Newell, and Petri Toivonen. Second Row; Eric Bertaud, Sal Costillo, Rick Pestana, Jenny Schwarz, Mary Sanchez, and Mark Robinson. Back Row, Ron Burton, Todd Springer, Keith Mochida, Ron Johnson, Jesse Valdes, Rod Cavazos, and Steve Swali.



Students finish second edition of 'Mindscapes'

by Elizabeth Bennett

Arroyo's **Mindscapes** "looked" at some good writing, poetry, and artwork during the year as the second edition of Arroyo's literary magazine was published and distributed in late May.

Led by Advisor Richard Tandowsky and Editor-in-Chief Barbara Yee, the **Mindscapes** group put out a 50-page magazine at a cost of \$1.25 per issue. A group of approximately 20 members encouraged the student body to submit work, then evaluated selections to choose the most appropriate stories to publish.

Although Arroyo has a literary magazine similar to **Mindscapes** called **Don Beat** back in the 60's, the actual name

came as a tradition from Marina High and was in its second year at Arroyo.

"A student can learn a great deal about writing, editing, sales, layout, production, and all that goes into producing a magazine," stated English Teacher Tandowsky.

Though the club proved to be successful, they still didn't get as much participation as members wanted, "I think it's worthwhile project, I'd like to see more students involved," added Tandowsky.

Junior Editor-in-Chief Barbara Yee commented, "I find it quite challenging working with **Mindscape** and working with the staff, we got things done when we wanted."

Mindscapes Business Manager Linda So stated, "It's really fun."



Discussing the design of the magazine, Junior Dora Lee examines last year's **Mindscapes** Edition for some ideas

Explaining some artwork, **Mindscapes** Editor Barbara Yee works with Junior Dora Lee to decide what to use

During a lunchtime **Mindscapes**' meeting, Sophomore Joseph Watson flips through the last edition of **Mindscapes** in order to locate his own work



Mindsapes Staff: Front Row, Barbara Yee, Richard Tandowsky, and Jim Musumeci. Second Row; Julie Clarke, May Yamate, Dora Lee, and Jaime

Yassin. Back Row, Joseph Watson, Gary Defer, Linda So, and Jon Nagel
Photos by Gurr





Photos by Fashinell

by Staff

Athletic group hopes to give \$200 award

While the participation in Block A continued to decline, the "look" of the club was one of togetherness.

Under the supervision of Physical Education Instructor Tami Battino, the club managed to raise approximately \$800. The first of two events sponsored by the club was the annual Donkey Basketball game held January 18. The second event was Volleyball Night held March 20. "I felt both events were well organized and a lot of fun," stated Senior Todd Lemke.

The club, which was organized to provide funds for the sports program contributed trophies and awards to various sporting teams. Although anyone with a block letter was eligible only 12 members remained active. Vice-President Al Elpusan commented, "Membership has been down for the

past years and I feel that if something isn't done to spark the students' interests, the club may be in jeopardy."

Sharing the same feeling, Active Member Jojo Lago stated, "I've enjoyed being in Block A these past years. There are a lot of activities that nobody should miss. It's too bad that there aren't enough people involved in this club."

Hoping to "spark" student interest, the club brainstormed and came up with a possible scholarship fund for Athlete of the Year (nominated by the coaches) according to Elpusan. The scholarship would be \$200, provided the students would be attending college.

Club President Missy Williams felt that without the group's continued efforts, this year wouldn't have been the success it was. "Even though the group was small, the feeling was positive and we all gave it 100 percent," stated Williams.





Photo by Proctor



Desperately holding on and intently speaking, Sophomore Johnny Bueno tries to direct his donkey toward the basket, so that he may score a point for his team

Block A: Front Row, Keith Toon, Cecilia Jeong
Second Row, Melanie Lopez, Shawna Quigley
Third Row, Dayna Johanson, Missy Williams, Al Elpusan, Michelle Smith
Fourth Row, Bob Frates
Jojo Lago. Back Row, Dean Curr



Enthusiastically returning the volley, Junior Erin Looney sets up for a spike. Teammates Ricky Babb, Michelle Speer, and Stacey Wagner wait in suspense to see if the play works

Laid back Seniors Chris Donovan and Jamie Jacoby humorously watch Donkey Basketball while Senior Chris Sullivan's attention is distracted by other activities

Growing bored with Donkey Basketball, a young guest gazes into camera as Eighth Graders Laura McGill, Lisa Starr, Freshman Michelle Roloff, and Graduate Don Garcia watch the game

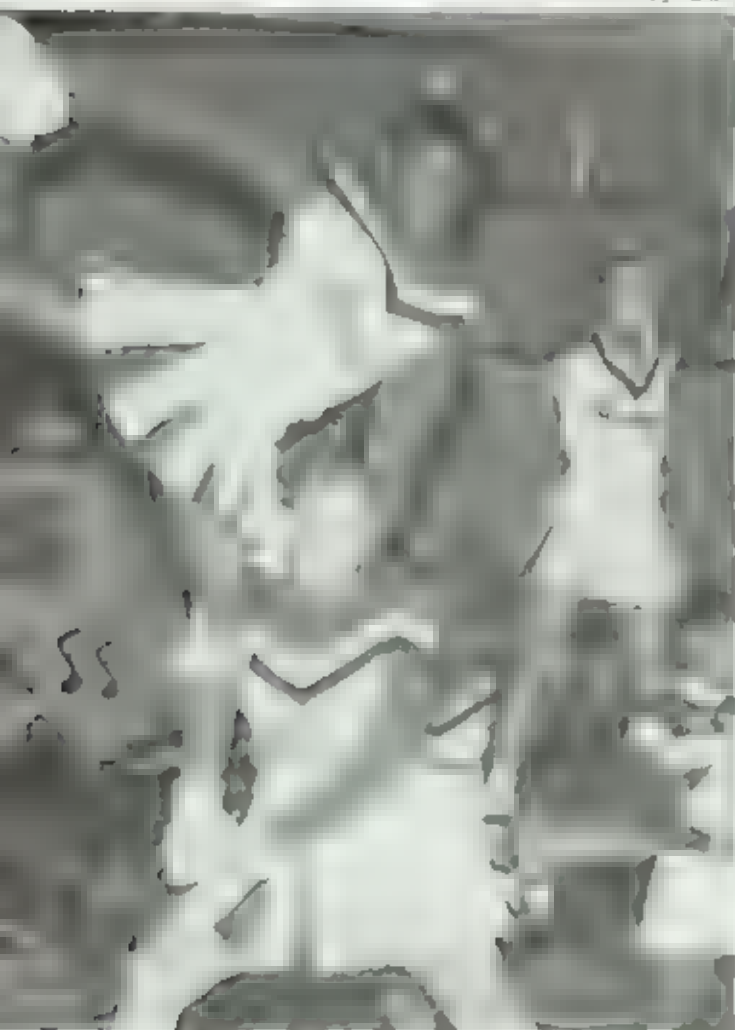
Planning team's strategy, Teammates Dovovan Agrella, Doug Stadler, Brian Hemerway, Liz Dodds, Herb Walters, and Todd Lemke intently listen to Biology Instructor Rob Wigand



Performing at Homecoming Rally, Song Girl Dyan Dezotte completes "ON ARROYO" competition routine

Forming a Pyramid Juanita Gragg, Michelle Robinson, Deanna Hill, and Vicky Corral perform at Omega Rally

Photo by Gurr



Photos by Fashinell



Cheerleader Deanna Hill seeks advice from Activities Director Jack Hunt at Homecoming Rally



Varsity Rally Squad: FRONT ROW Susan Holmes, Deanna Roloff, Stacey Racette, Michelle Robinson, Deanna Hill, Stacie Brose, Juanita Gragg. BACK ROW, Janae Anderson, Katy Hudson, Paula Neto, Theresa Yim, Darlene Sasaki, Christine Becerra, and Vicky Corral

Go Get Em, Dons: Varsity and Jayvee squads Tracy Maderios, Kristy Hansen, Vicky Corral, Shawney Parsons, Deanna Porras, Rochelle Cross, Mary Tibson, and Helena Weiss watch for a touchdown



by Charlene Ponzo

"Arroyo had the most participation at Omega," said Songgirl Shawney Parsons about the new enthusiastic look that the Dons showed at the 1983 edition of the annual Kick-off Rally.

Starting the year with the Omega Rally October 29 at the Church of Crossroads in Castro Valley, the cheerleaders placed third out of 20 schools, but the song squad did not repeat its 1982 championship performance. "Omega was a very difficult time," stated Head Songleader Vicky Corral who performed both cheer and song routines.

The Squads attended the United Spirit Association of California at Santa Cruz August 2-6.

"The camp was a lot of fun. It brought all the squads closer together," stated second-year Cheerleader Susan Holmes.

A lot of hard work, practice, and money went into being a rally squad leader. Uniforms cost \$183.88 for song leaders and \$119.30 for the rally squad who practiced an average of three hours a day preparing for the season. Before Omega the squads practiced morning and night. "Omega was a good experience for the girls because you learn how to work together to achieve your best," stated Songleader Paula Neto.

Later in the year, the squads attended the competitions at the Church of Crossroads, Mission San Jose High, American High School, Mount Eden High, and Ygnacio Valley.

Cheer squad places third at Omega





Photos by Fash-ned



Showing we are number one after a football game, Saint Matthews Kristy Haason, Denae Green, and Cindy Hulse show their enthusiasm on the way home from a game.

Cheering on a section Lettergirls Nicole Zogkas and Jonathan Gregory held up a sign calling for more fans.

Looking suspiciously at a referee's call, juniors Tracey Moore and Kaitlin Cayson await the outcome of the decision.





Lettergirls: Front Row; Jill Carvalho, Kristen Clayson, Kristy Hanson, Cherie Guardias, Cindy House, Nicole Zoggas, and Stephanie Sezar. Second Row, Rachelle Cross, Tracey Medeiros Shannon Klegman, Elaine Rockawitz, Helena Weiss and Deanna Porras. Back Row, Mary Tillotson Danae Croley, Kristy Dezotte, Julie Abney Jennifer Gregory, Stacey Madeiros, and Sue Witkowski

Cheering happily at a play, Sophomore Kristy Hanson and Freshman Jill Carvalho smile at a jubilant touchdown

At a sixth period rally, Juniors Julie Abney and Tracey Medeiros try to help cheer their section



by Nancy Kennedy

Twenty lettergirls added a brand new look to Arroyo spirit

Led by Freshman Cindy House, the girls were selected to assist the Varsity Rally Squad in raising AHS spirit and enthusiasm

"Whether we win or lose, the girls always kept up their spirit," stated Sophomore Kristi Hanson

When the girls tried out last year only 14 were supposed to be selected, but because the scores were all so close, all 20 were selected. "Everyone on the squad gets along well and looks forward to next year," said Cindy House

There were 37 rally squad uniforms

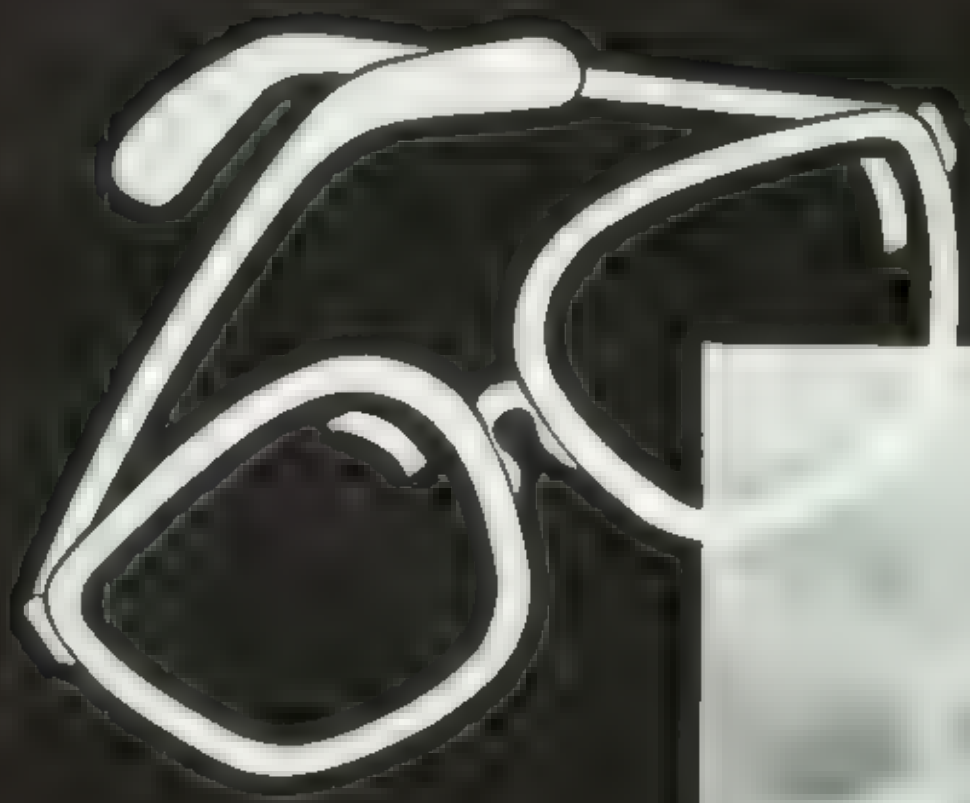
to be purchased and the approximate cost was \$8,000 To help pay for these uniforms, the lettergirls had fundraisers such as the welcome dance, flowergram and ribbon sales, 50-50 tickets at the football games, and Arroyo T-shirts With all the fundraisers, they made almost one third of their cost for the uniforms

During the summer, the squad members had a chance to go to camp at Santa Cruz University for a week, at the cost of \$120 each. "We had a lot of fun and a chance to perform in a competition, and meet a lot of new people" stated Sophomore Julie Abney

Helping advise the lettergirls were Director of Activities Jack Hunt, Math Teacher Laura Clapp, and Senior Sue Witkowski

20 girls form new lettergirl spirit squad





Creatively captured, Coach Rob Wigand discusses strategies with numbers of the Varsity Volleyball team.



Athletics interest Dons

By Rick Blaine as recorded
by Dean Gurr

One thing I find is different from my desert days in Casablanca is the physical activities in which students participate.

I recall that the physical aspects of my youth often consisted of a scuffle in a local booze joint, dodging the law, and chasing women.

At this school I discovered that there was something for everyone in the ways of a number of different sports for both guys and girls. There were events for people that required contact, strength, and agility; sports that demanded skill and precision and those that consisted of personal achievement.

One of the first events I attended was a football game. This was a brutal sport, often reminding me of some of the conflicts that arose at my place.

Then there was such skillful sports as badminton, volleyball and tennis. In volleyball and ten-

nis, a ball is used, but in badminton they hit around what is known as a "birdie". How primitive!

Another court game that was played was called basketball. This, as well as other sports, required a special skill and ability.

For those who care to participate and excel in individual events for personal satisfaction, there was track.

Although not giving the variety of Track, Cross country proved to be an event for the individual.

Wrestling was a sport in which team members used strength and quickness against another's.

Baseball and softball were two sports of precision. Baseball was played by guys and softball was played by girls on a smaller scaled field.

Although students were active in sports, being active in one's class was also important. Unity of people of the same grade was necessary.

Sports



Dons squeeze past Rebs 7-6 in opener

by Todd Long

Having lost 20 of their 22 starters from last year's team due to graduation, the defending Hayward Area Athletic League Champions and North Coast Section Game Finalist, the Arroyo Varsity Football Squad, was a little short on experience, according to Head Coach Wayne Roberts.

Only 11 players returned from last year's squad. Many of the seniors who played this year did not participate last year due to the size of the 1983 team as a result of the Arroyo-Marina merger. The only two returning starters were Center Jeff Johnston and Linebacker Brett Lane.

Due to the lack of experience, the team went through the pre-season with zero wins and four losses. However, the squad did win its season opener over rival San Lorenzo Rebels by a score of 7-6.

Fullback Joe Oliveira felt that the reason for the slow start was that "basically we had a lot of young (first-year) players.

However, Senior Paul Marples also

stated, "The team played this year and was highly ranked most of the season."

Lack of experience wasn't the only problem that slowed the team. This year the Varsity Football squad had an average of three injuries per game. It seemed that out of 37 varsity players, most of them were hurt at least once.

"I understand that football is a rough sport, and bruises and pains are part of the game. But this year, bruises weren't all we had," stated injured Player Gerald Hohn.

Some of the more serious injuries were Lineman Tony Aniasco's and Running Back Gerald Hohn's broken legs; Senior Mike Brown's and Junior Ken Barros' knee injuries; Junior Running Back Jimmy Lee's broken collar bone, and Defensive Back Mike Mendiola's bruised lower back.

Head Coach Wayne Roberts stated, "I really don't know. It's weird. I believe it's the most injuries I've had in one season."

"Some injuries are accidental and some are from people playing at full speed," stated Mike Mendiola.

Despite the lack of experience and injuries the team had its good points,

too. One such triumph was Senior Brett Lane.

The six-foot, four-inch, 225-pound-linebacker signed a letter of intent to play college level ball for the University of Southern California, a prestigious football school.

Lane stated that virtually no one thought "I would be good enough and some said I wouldn't go to USC, but I fooled them all. I did it!"

"It goes to show that if you want to do something bad enough, you can do anything you want. Nothing is impossible. I've wanted to be a Trojan ever since I was in the seventh grade," stated Howie (Lane).

Lane was the first player in the Hayward Area Athletic League since 1981 to receive full-four year scholarships from high school to a major university.

In the 1983 season, Lane caught 31 passes for a total of 391 yards and five touchdowns as tightend. He also had a great year as defensive linebacker having grabbed 90 tackles with 25 unassisted. He also scored ten quarterback sacks.



Photo by Fashinell

Running with two-hole power with hopes of good yardage, Junior Jimmy Lee uses Senior Joe Oliveira's good block to run around a James Logan High player and break away down field.



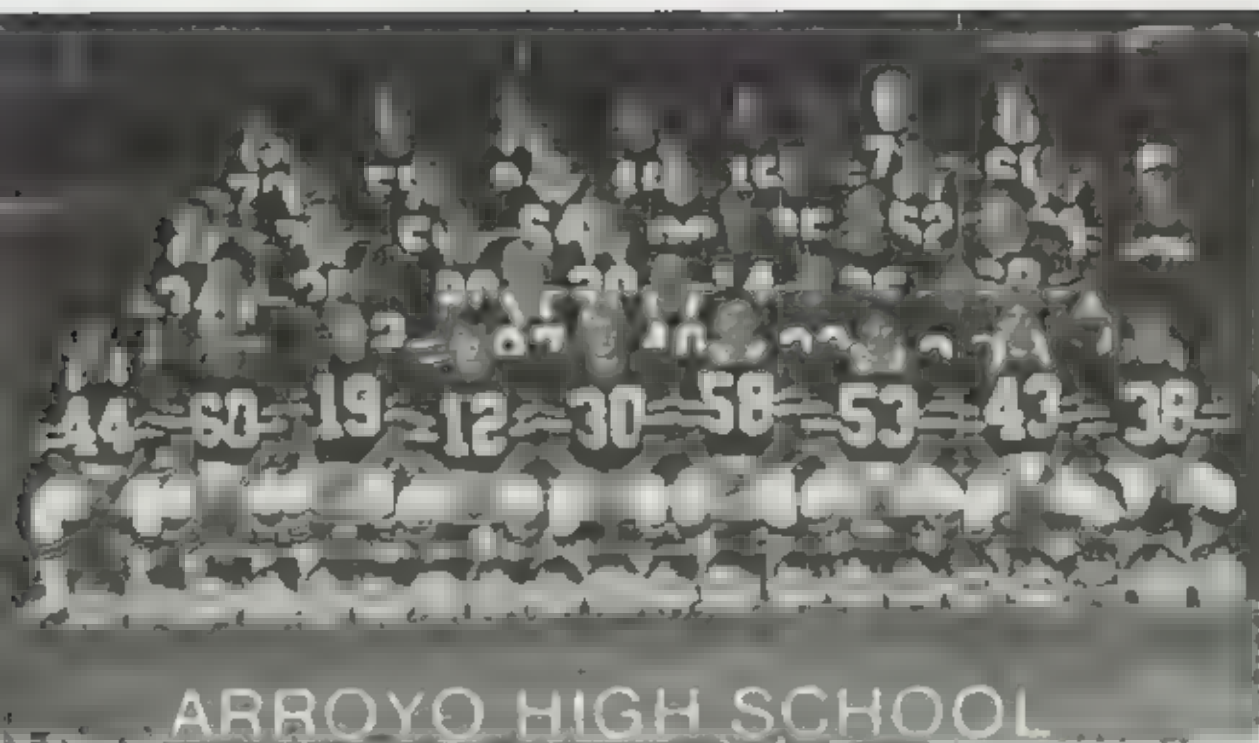


Photo by Barros



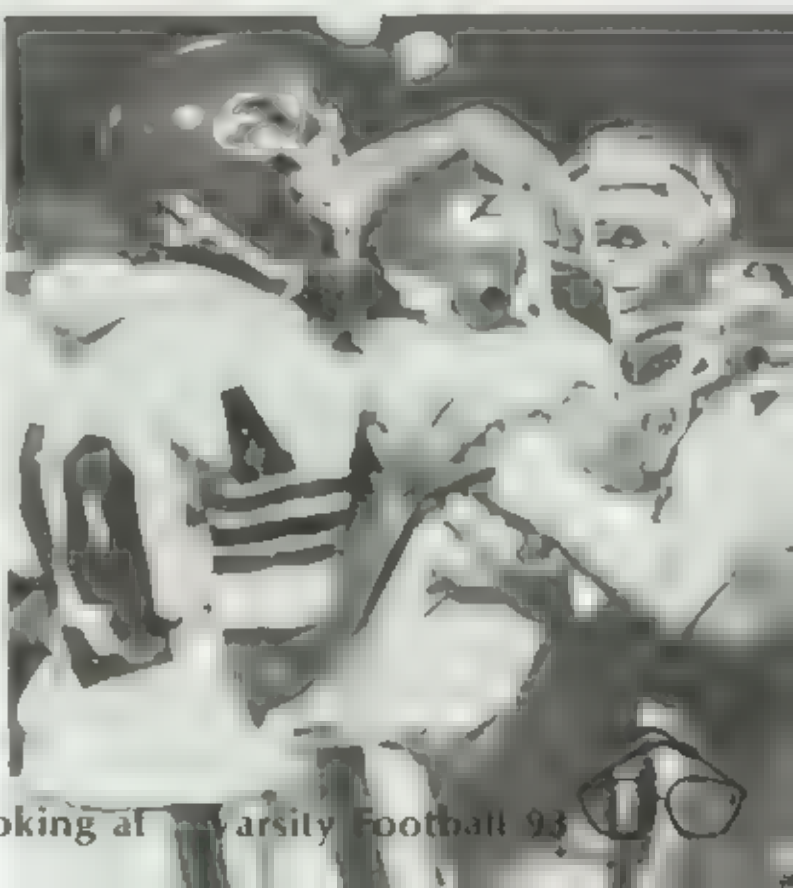
Varsity Football Team: Front Row: Robert Aranda, Junior DeHoyos, Jay DeHoyos, Chad Heiman, Jimmy Lee, Chris Donovan, Jeff Johnston, Sean Armstrong, and Steve Berry. Second Row: Craig Candido, Shane Cuzzey, Paul Shank, Tony Ovea, Ross Arata, and Greg Ramirez. Third Row: Scott Abbott, Cooper Stewart, Dave Kimmel, Jamie Jacoby, Tim Harris, Gerald Hohn, Mark Marples, and Coach Wayne Roberts. Fourth Row: Anthony Aniasco, Mark DeLeo, Paul Marples, Mark Prylogie, Al Elpusan, Chad Bellmer, and Mike Mendioa. Back Row: Dave Escobar, Mike Sommer, Brett Lane, Ozzie Fernandez, Ron Flores, Dino Markette, and Ken Barrios.



After talking to informative in the booth above the field, Head Coach Wayne Roberts calls a meeting to talk to Paul Marples about the blocking that he will have to do for the next play.

After a hard to get touchdown that put a clutch on the game, teammates Ozzie Fernandez, Dave Kimmel and Jamie Jacoby congratulate each other for a job well done.

Photos by Fashmett



Fresh-Soph Football

Arroyo vs. Opponent

San Lorenzo

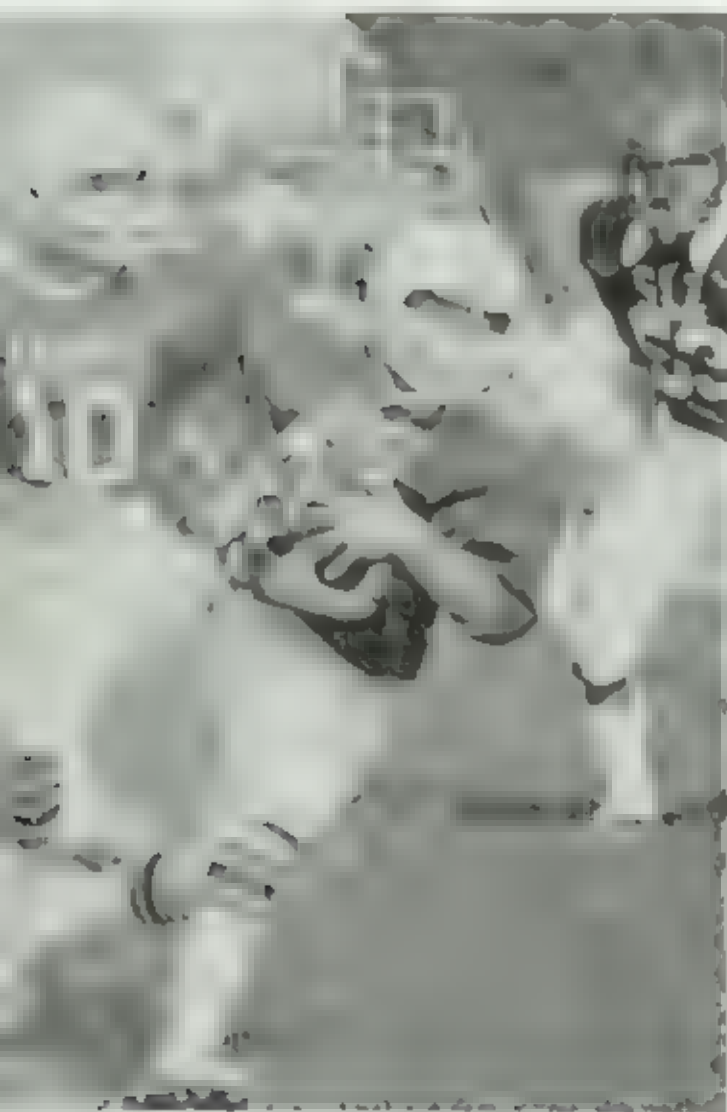
Tennyson

Castro Valley

Hayward

San Jose

San Francisco



Taking the ball all the way, Sophomore Kevin Business runs up the sideline toward the goal while the referee watches with anticipation for number 42 to step over the line

Making a run for it, Back Ron Ingebretson executes the play during a game against San Lorenzo while Quarterback Dan Coombs follows to keep potential tacklers away

After winning important home game, jubilant team members, knowing that a camera is taking aim, display their emotions and pride by showing who is Number One in the league



Effort, talent carry team to championship

Photos by Fashinell

by Kerin Burkfield

Discipline and team effort was what carried the Frosh-Soph Football Team to first place with a 5-0-1 record, according to Coach George Dunphy.

"Good talent," was another contributing factor to the team's championship season, stated Dunphy who shared the coaching duties with Gene Gire and Herb Walters.

"It was a team that was equal all the way through offensively and defensively," stated Gire, who also mentioned that the team was very coachable. "They listened well and did what they were asked."

According to Dunphy, the defensive team did well and the offensive line was very quick. "We have a quarterback (Dan Coombs) who can throw and receivers who can catch", stated Dunphy in an early season statement.

Also during the early part of the season, Gire stated that the team was immature, but their attitudes were good and their willingness to learn and work hard was also good. Gire believed that at the Frosh-Soph level, winning was not the most important thing, even

though it was nice to win. The most important thing was to teach the squad members the basic fundamentals and to teach them to have self-discipline, so they could advance to Varsity.

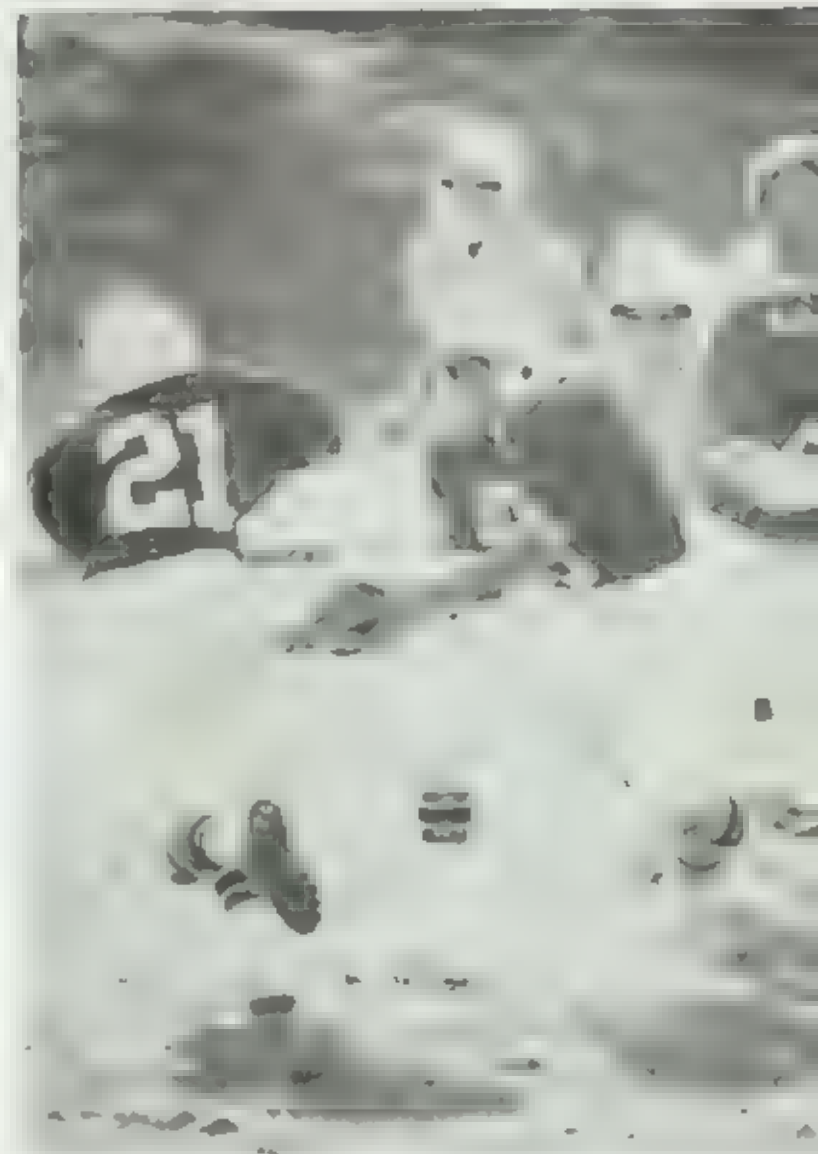
According to Gire, Castro Valley was Arroyo's toughest opponent. The team was physically bigger, but Arroyo came out on top, 20-12. The team's only flaw, a tie against Hayward, was a disappointment. With the goal line in sight, time ran out to end the game at an 8-8 tie.

Noteworthy players, in the opinion of Dunphy, were Dan Coombs, Ron Ingebretson, Rex Reddick, Brad Youngblood, and Eric Nakashima on offense. Defensively he felt Robert Monroe "did a good job".

Offensive and Defensive Player Lee Teich was the outstanding player in Coach Gire's opinion. Most improved players, according to Gire, were Pat Monroe and Jon Proctor.

"They hustled in practice and in the game," stated Gire about his team that played other schools' Jayvee teams instead of their Frosh-Soph level teams.

"We felt winning the championship was an overall team effort," stated Dunphy in conclusion.



Passing the ball with confidence, Freshman Mathew Hoffmann hands off to Sophomore Bob Croley, who is hoping for a significant gain, as opposing team member looks on



Frosh-Soph Football Team: Front Row; Vince McNiel, Jeff Trischan, Ron Ingebretson, Joseph Vegas, Mike Angotti, Matt Hoffmann, Charles Mullane, and Steve Dean. Second Row, Kevin Busness, Dan Pryfogle, Eric Nakashima, Art Caceres, Erik Hove, Tom Young, Pat Monroe, and Jeff Brady. Third Row; John Sarosy, Steve Cabreana, David Cuneo, Ken Clark, Bob Croley, Jon Bueno, Richard Knupfer, Kevin Hankins, and Erick Vandereer. Fourth Row, Coach Gene Gire,

Todd Etringer, Jeff Lowe, Rex Reddick, Troy Hilder, Jines Samara, Steve Blick, Jesse Tuttle, Carlito LaRosa, and Coach George Dunphy. Fifth Row; Coach Herb Walters, Pat Monroe, Todd Massy, Richard Harlan, Paul Gardner, Tom Fashinell, Steve Wright, Tim Nordstrom, and Paul Howd. Back Row; Rich Reed, Dave Schardt, Bob DeHoyos, Dan Coombs, Shane Gusman, Dave Kolinski, Lee Teich, Paul Hoffman, Brad Youngblood, and Jon Proctor.

Frosh-Soph Football

Displaying a smile, Sophomore Tom Fashinell takes time out from the game and engages in conversation about game strategy and previous play with fellow team member



LaFleur leads team to 8-4 in league

by Todd Long.

With a record of eight wins and four losses, the Girls' Varsity Volleyball Team looked really good, however, these stats were only enough for the squad to take third place in league.

"The record of eight and four could have been better, if the girls would have played as a team and not so much as individuals," said Coach Robert Wigand.

With six returning players, "The matches demonstrated the high skill level we had. But they didn't have intensity that they needed to put away a weak team," stated Wigand.

Highly-talented Laura LaFleur, according to Wigand, was a good setter and hitter. Another top player was All-leaguer Denine Schmitz, who was considered one of the league's best setters.

According to Player Janine Vander-

beek, the most challenging team this year was San Lorenzo; not only because AHS lost both matches to them, but because the Rebels "had a really good team."

The Team had three all-league players; Seniors Schmitz and Sheri Tamala and Junior LaFleur. Other awards went to Schmitz for most valuable player, and Vanderbeek for most improved player.

The girls played in Oakland's Head-Royce tournament again and took second place. "The girls played well maybe even their best match, but they just ran out of steam in their last match," stated Wigand.

"All the girls this year were good athletes, the only problem was that their primary sport was not volleyball. They still played good volleyball, but I think if they had to make a choice, it wouldn't be volleyball," stated Coach Wigand.



Getting ready to receive serve, Senior Cindy Sanchez keeps an eye on ball and gets ready to set Teammates Denine Schmitz, Laura LaFleur, who run in for the action.

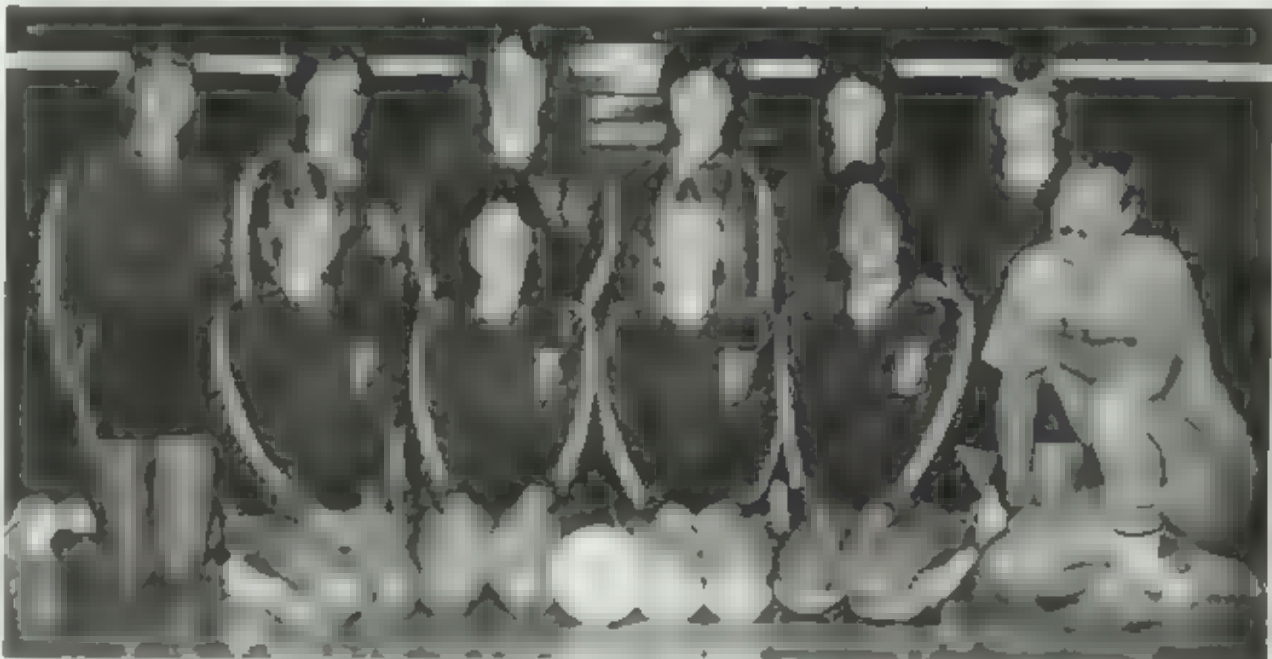
Congratulating each other with happy faces Senior Denine Schmitz and Junior Laura LaFleur shake on a very important game-winning point.

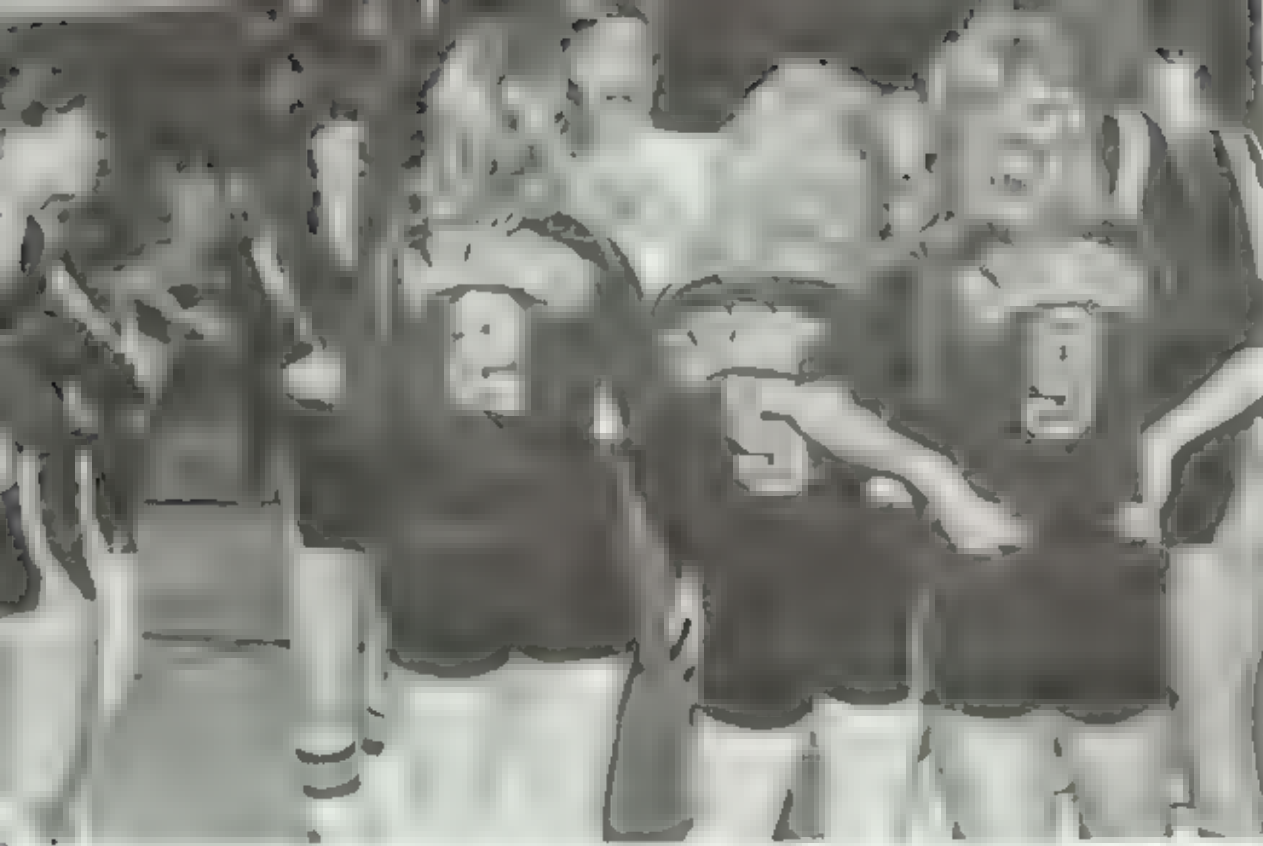
Varsity Volleyball Team: Front Row, Cindy Barros, Laura LaFleur, Veronica Binder, Patty Quinlana, and Coach Robert Wigand. Back Row Sherri Tamala, Toni Moore, Sherri Adams, Janine Vanderbeek, Renee Henderson, and Denine Schmitz.

Photos by Fashinell



Photo by Barros





Before upcoming match the Varsity Volleyball team gathered around and listened intently while Coach Robert Weigand gives a pep talk to get them mentally prepared for the match.

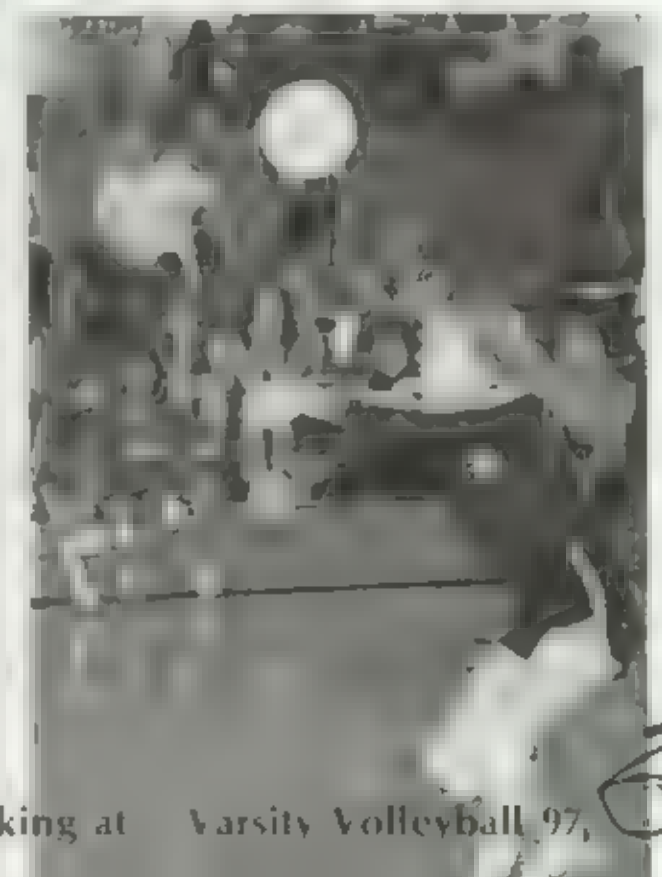
Stretching for an extra effort Junior Katrina Fleahey, the captain of the volleyball team, stretches her team mate, Sophomore Cindy Baros still, and prepares a warm-up for the other team.

Watching how Junior Veronica Binder receives the serve for a good set. Freshman Shelly Messer looking for a helpful hint or two on a good set.

Jumping up to receive the serve for a set. Senior Teri Moore has just received the ball. Senior Shelly Messer is here ready to back her team mate up with hopes of saving the game.



Varsity Volleyball



Jayvee takes first place with 11-0 record

by John Aguilera

Photos by Fashinel

Dominating the league, Arroyo's Jayvee Volleyball team took first place with an impressive 11-0 record.

"The season was very successful, a lot of teams knew Arroyo would be strong and would try to knock us off," stated first-time Coach Keith Burnett. "The girls lacked a little bit of disciplining in the beginning of the season, but by the end of the season, they learned to play together well and fight for every victory."

With excellent coaching, team spirit and togetherness, the squad had the look of a championship team.

"Mr. Burnett used the athletes in

such a way they were all able to play and make a contribution to the program. They were just a good group of people that played good basic volleyball," stated Varsity Volleyball Coach Robert Wigand.

"I'd say the most valuable or most strongest player that led the team was Beth Berg," said Burnett.

Berg, a Junior in her second year, was one of the many talents that was involved in the 1983 season.

"We worked well together. It was fun. It took a lot of time, but it was worth it because we came in first place," stated Berg.

"They were probably capable of beating a couple of the other high school Varsity teams in the league," said Wigand.



Jayvee Volleyball Team: Front Row, Debbie Hirmango, Nichole Montalvo, Lisa Peterson, Shelly Bossi, Carrie Sanford, and Christine Loza. Back Row, Becky Strom, Susan Edwards, Elizabeth Dodds, Beth Berg, Glenda Dovigi, Kristy Regan, Shannon Amaro, and Coach Keith Burnett.

As the ball lingers overhead, Freshman Kristy Regan, Sophomore Susan Edwards, and Junior Beth Berg wait in anticipation.

Showing her technique, Sophomore Susan Edwards returns the ball with her back to the net while Junior Beth Berg and Sophomore Christine Loza look on.

Keeping her eye on the ball, Junior Beth Berg uses total concentration as she skillfully sets the ball up for return.



Mr. Burnett is looking at Jayvee Volleyball



Showing her stuff, Junior Nichole Montalvo fights desperately to keep the rally alive as Fresh men Kristy Regan and Elizabeth Dodds and Junior Beth Berg look on

Going up against two Sunset opponents, Junior Nichole Montalvo, giving it all she's got, prepares to aggressively spike the ball down their throats



Jayvee Volleyball



Unity produces winning team record

by Staff

If you looked hard enough, you might have seen the blur of our 1983 Boys' and Girls' Cross Country Teams.

Carrying what's become a tradition of fine runners, this year's teams participated in their sixth year of the North Coast Section competition.

The Girls' Varsity Team, led by Senior Suzanne Roberts, took the league championship for the second year in a row.

Roberts, who's been running Cross Country since her sophomore year, placed second at the league meet at Hayward High School.

"I always want to work hard to get to the top. But, it seems when you get there, there's always someone else there who's better than you," said Roberts.

Revealing her secret to a good year, Roberts, a second year All-Leaguer, explained, "You should always run hard, of course, but leave a little room for fun. Have fun while you're doing it."

Along with Roberts, on the Girls' side, Sophomores Cecelia Jeong, Dayna Johansen, and Lani Sanchez fought to achieve All-League honors.

On the Boys' side, Senior Bob Frates

also managed to pull All-League honors.

In Cross Country, the top seven runners at the league meet get All-League status.

The Boys' Varsity Team, led by Frates, ran to a 6-1 record and a close third place to the Hayward Farmers.

"I felt this year's team did so well, not only because of the fact that we had a lot of good runners, but because our top three runners ran very close to the same pace," stated Frates.

Leading it all, Cross Country Coach Jerry Metcalf was pleased with this year's team.

"Cross Country was fun, as always, but this year we had a very cooperative team. You don't always find that in a team. The runners weren't real good friends at the beginning of the season but they came together in a common goal," commented Metcalf.

Metcalf scheduled a workout plan called "interspersed," which added distance work with speedwork to extend the runners' endurance.

Most of the team felt it was the coach that caused them to do so well.

"It's hard to push yourself, and it's good to have a supportive coach who pushes you, to help you attain higher goals," stated Roberts.



photo by Fashinell



photo by Gurr

photo by Fashinell

Cross Country Team: Chris Jensen, Suzanne Roberts, Bob Frates, Margaret Gonzales, Craig Nakashima, Cecilia Jeong, and Bob Berry. Second Row, Jon Bumgarner, Julie Clark, Todd Ong, Lisa Regan, John Tiernan, Dayna Johansen, Jojo Lago

Shawna Quigley, and Rick Cho. Third Row, Head Coach Jerry Metcalf, Keith Hatcher, Lori Coker, Mitch Hemenway, Lani Sanchez, Devon Lazarus, Jill Foresburg, Keith Toon, Tony Garettio, Dean Gurr, and Holly Belshe.



Carefully planning their tactics for the best race possible, Boys' Varsity Runners Devon Lazarus, Keith Hatcher, and Bob Frates listen for instructions on the course

Straining to keep the pace, Sophomore Cecilia Jeong concentrates on the finishing leg of the Girl's Varsity race at Hayward. Jeong achieved All-League honors in her first year of Cross Country

Looking for a lost article of clothing, the youngest team member, Freshman, Bob Berry joins other team members as they watch the start of the Girl's Varsity race

Warming up for their race, Seniors Tony Garetto and Bob Frates stretch out and secure laces for Boys' Varsity three mile competition

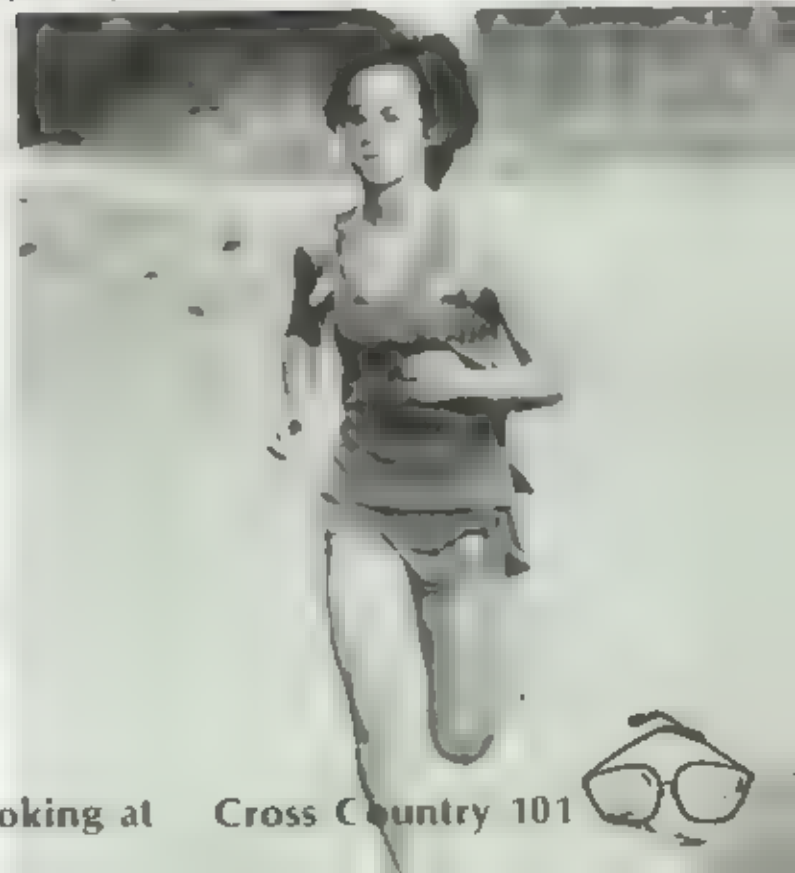
Running at full stride, Most Improved Runner, Sophomore Dayna Johansen gives her all for the home stretch of her three mile race at league competition at Hayward High School

photo by Fashinell

Rank	Score	Opponent
1	100	NS
2	100	NS
3	100	NS
4	100	NS
5	100	NS
6	100	NS
7	100	NS
8	100	NS
9	100	NS
10	100	NS
11	100	NS
12	100	NS
13	100	NS
14	100	NS
15	100	NS
16	100	NS
17	100	NS
18	100	NS
19	100	NS
20	100	NS

Cross Country

photo by Fashinell



Dons share championship with Trojans

by Evelyn Rodriguez

Taking a look at Girls' Tennis, Arroyo tied Castro Valley for the league championship for the second consecutive year. Both teams finished with 11-1 records in the HAAL playoffs.

Castro Valley defeated Arroyo 4-3 the first game, and during the second match, Arroyo beat the Trojans 4-3.

"I think the girls did a really good job this year. They worked hard in their matches and were rewarded for their hard work," stated Coach Ken Weissenborn.

"I'm really happy we could end it with a first place win. It is great to end my tennis career at Arroyo in this manner as I am sure it is a great way for Coach Weissenborn to end his coaching career. We're really going to Miss 'Golden Legs'." stated Singles Player Evelyn Fernandez.

In league tournament, Senior Stacy Santos finished third in singles and Fernandez fourth. In doubles, Juniors Kathy Marilao and Jackie Corley finished second by losing the doubles fin-

als match in the three-sets. These girls were also selected to the All-League team.

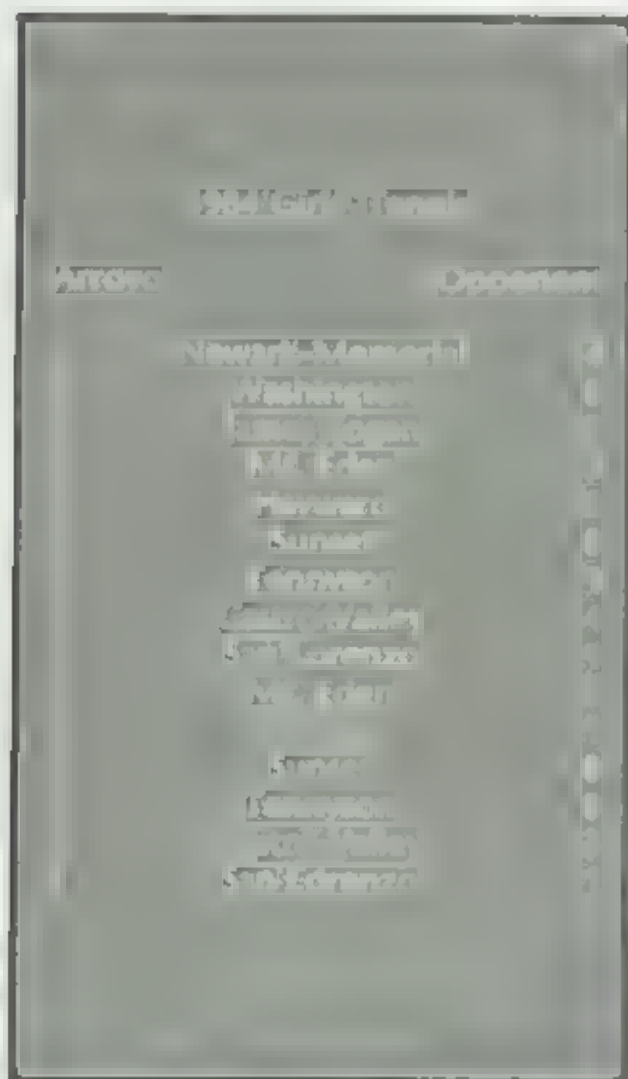
"I'm really glad we were able to stay together because last year we knew we were loaded with talent and this year we knew we'd have to work hard for it," commented Junior Leslie Mason.

"I think this year everyone on the team had the determination to defend our number one league title from last year and we reached that goal," stated fourth-seeded Singles Player Missy Williams.

Award winners for the year were Jill Antone, most valuable; Missy Williams, hardest worker; Kathy Marilao, most improved; and Seniors Fernandez and Santos were selected co-captains.

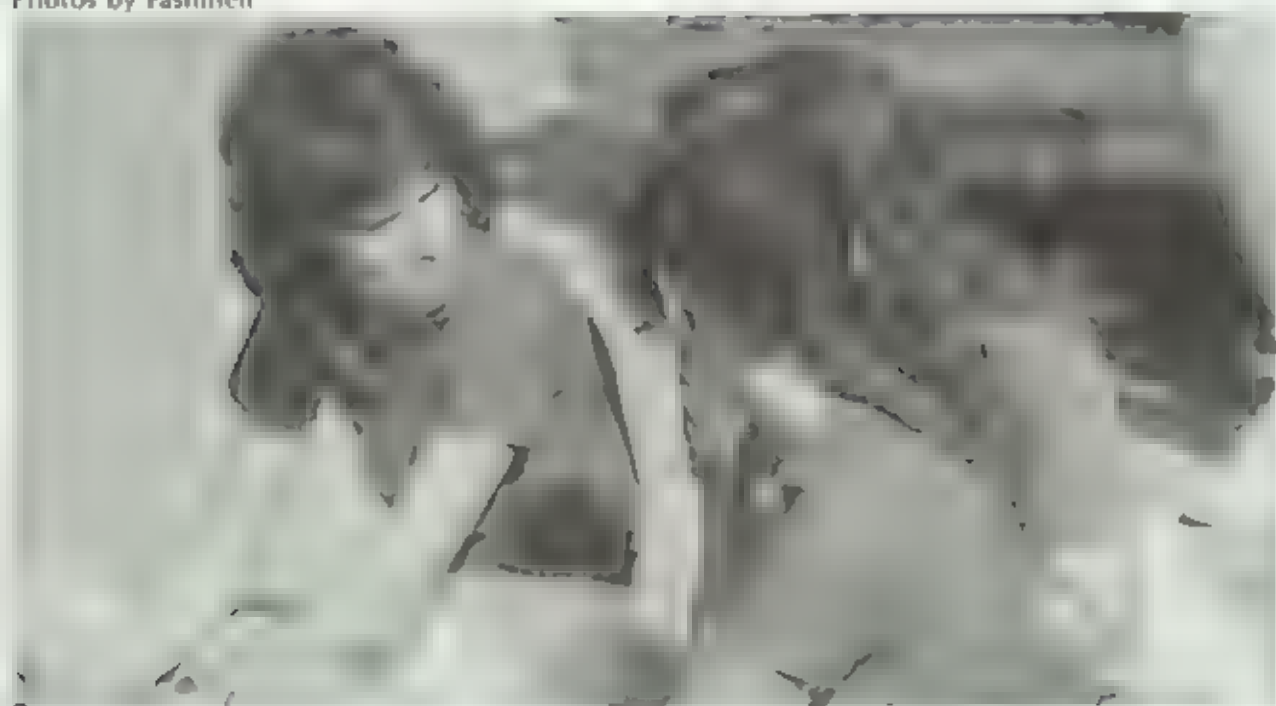
"It was a very satisfying year at the beginning of this season. We all knew what we wanted and set our goal. I'm really glad we pulled through," said Senior Kathy Marilao.

"Even though we lost more than half of the team from last year, we were able to pull it together," stated Senior Jill Antone.





Photos by Fashinell



From behind the net, Varsity Tennis Player Evelyn Fernandez gets set for a backhand smash

Keeping her eyes on the ball, Senior Jill Antone prepares to make a forehand return

Talking strategy, Senior Missy Williams and Teammates Pam Crooke and Kim Hoeber discuss their upcoming match

Girls' Varsity Tennis Team: Front Row, Leslie Mason, Ingeborg Raum, Joanne Casstevens, Kathy Marilao, and Jill Antone. Back Row, Pam Crooke, Kim Hober, Missy Williams, Jackie Corley, Evelyn Fernandez, Stacy Santos, and Coach Kenneth Weissenborn



With the look of determination, Senior Kathy Marilao returns the ball with all her might

Girls' Tennis



New coach leads Varsity to playoff spot

by Patti Stender

Before the season began, there were questions about what this year's team's performance would be like with a new coach after 23 seasons and a team with only four returning lettermen. But the Dons proved everything okay by finishing fourth in league tying Castro Valley with a 5-7 record and making it to the playoffs.

Unfortunately the score in the playoffs ended with a disappointing 41 for Arroyo and 85 for Hayward.

"They did a very good job. They finished the year with a 13-13 record over all. As a goal, we wanted to make it to the playoffs and we achieved it," commented first-time Varsity Coach Ken Weissenborn.

The four returning lettermen for this season were All-League Guard Jeff Mendoza, Senior Chad Bellmer, and 6-6 Junior Guard Steve Tang.

This season's key players were Seniors Jeff Mendoza with a 10.3 point average; Dave Henning, Richard Beckering, Chris Carter, Mark Moran, and

Juniors Ron Flores with a 13.6 point average and an 8.2 rebounding average, Steve Tang with a 12.3 point average, and Dennis Bricker.

At the Sierra Tournament, Mendoza was named "Most Valuable Player." Mendoza also made the All-tournament Team along with Juniors Tang and Flores.

Tang also made All-Tournament team at the Alameda Tournament.

At the San Leandro Tournament, Junior Ron Flores made the All-tournament Team.

The team had four categories for awards. Most Valuable Player went to Flores. Captain was awarded to Flores and Mendoza. Richard Beckering and Dave Henning received "Most Improved". Dennis Bricker was voted "Most Inspirational".

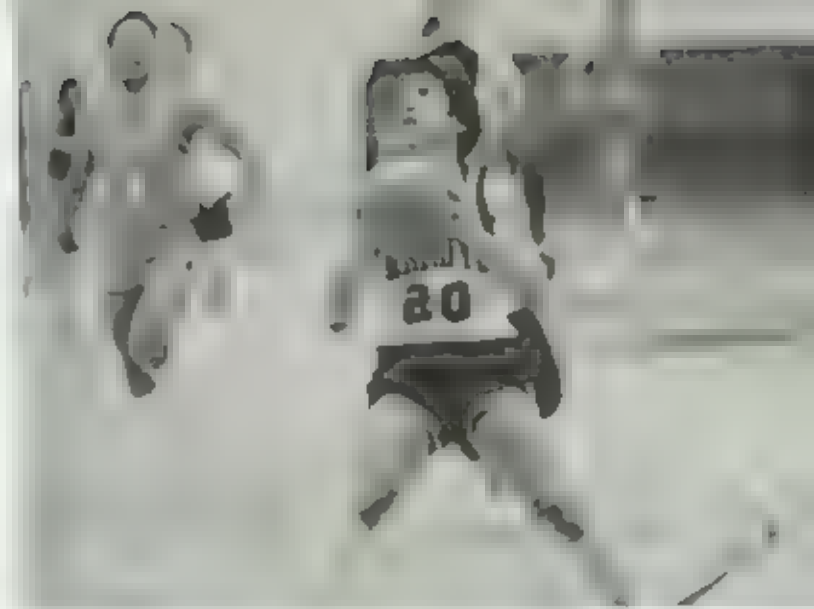
The league scores at the end of the season were Hayward in first place with score of 12-0, Mt. Eden in second with 10-2, San Lorenzo in third with 8-4, Arroyo with 5-7, Castro Valley with 5-7, Tennyson with 2-10, and Sunset with a score of 0-12.

Photos by Barros

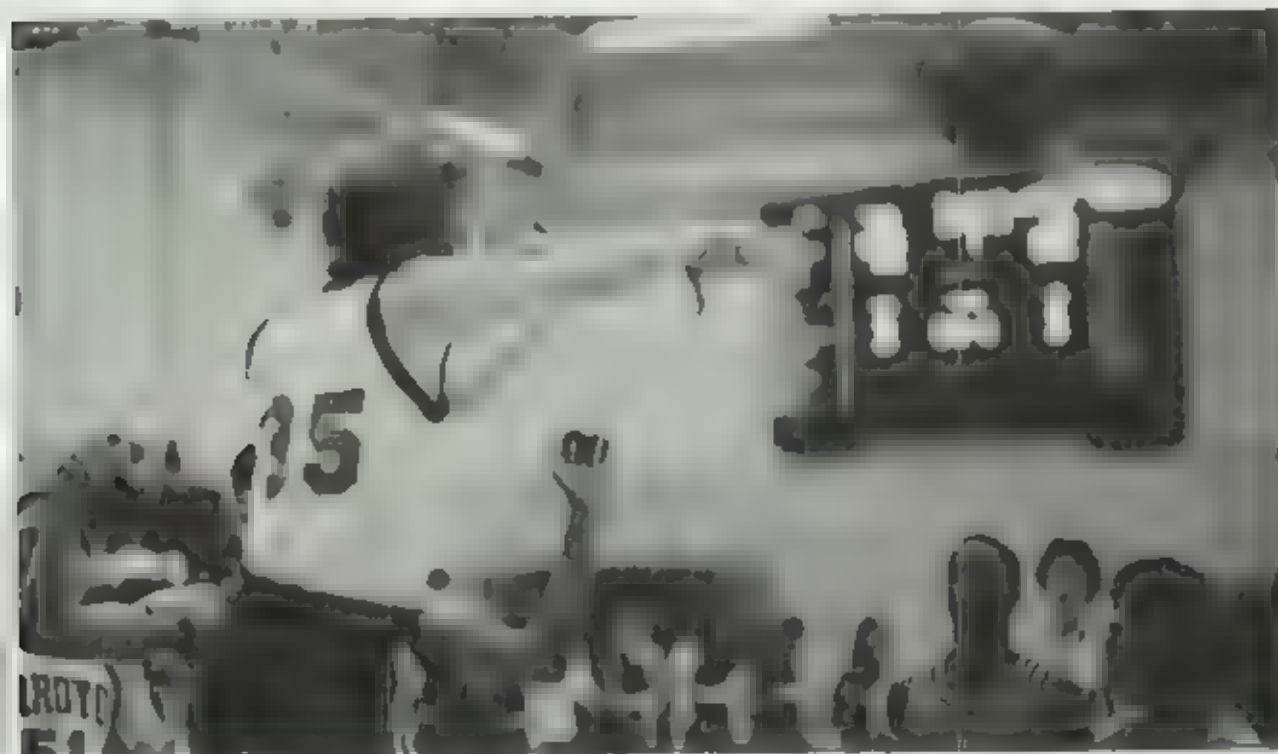
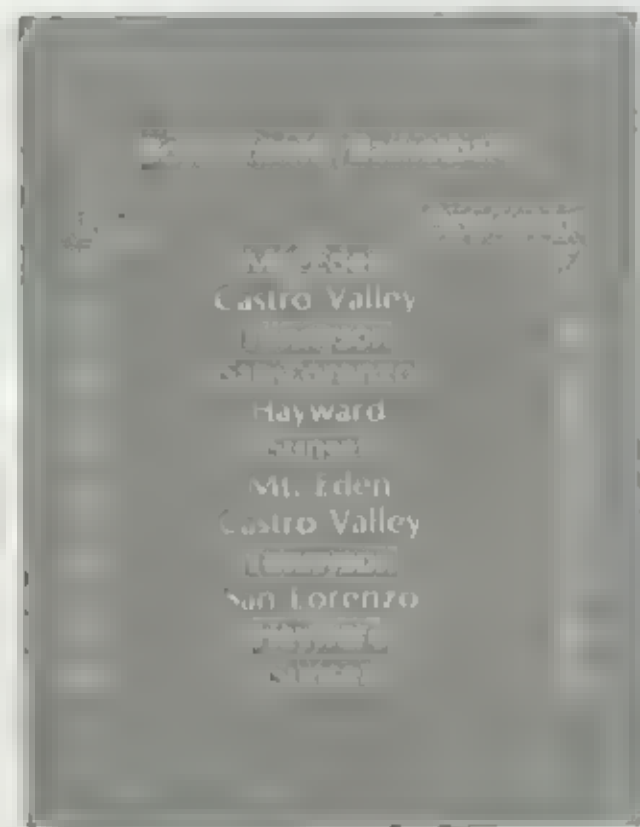
there's looking at

Arroyo Varsity Basketball Team: Front Row; Steve Tang, Mike Bechtholt, Mark Moran, Darwin Tuazon, and Jeff Mendoza. Second Row, Ron Flores, Ozzie Fernandez, Chad Heiman, Jay De-

laney, and Dave Henning. Back Row; Chris Carter, Chad Bellmer, Dennis Bricker, Richard Beckering, Steve Witherspoon, and Coach Ken Weissenborn



Looking very determined, Senior Jeff Mendoza gets ready to shoot while there are no opposing team members in the way to block his chance to score



Varsity Basketball

Photos by Fashinell

With 25 seconds left in the first period, Junior Ron Flores jumps into the air trying to block the opposing team member from making the shot

While Senior Jeff Mendoza keeps the ball away from the opposing team member, Senior Dave Henning assists by setting a pick for the opposite direction

Saving the ball from going out of bounds, Senior Chris Carter passes the ball over the heads of Hayward players to a fellow team member in hopes of two

As the referee watches for a possibility of a foul, Senior Chris Carter receives an in bound pass while Senior Dave Henning blocks the opposing Hayward player



He

all 10

Jayvee team close to first, ties for second

by Kevin Burkfield

Finishing its season with a 9-3 record, the Boys' Jayvee Basketball Team tied for second with Mt. Eden.

According to Coach Robert Hitchcock, his team could have tied for first place with Hayward and finished its season at 10-2. The coach explained that in the tenth game of the season, the Dons lost to San Lorenzo 49-44, a game they should have won, in his opinion. The next game the Dons played, they defeated Hayward 53-50, described as the best game by Hitchcock. "Hayward is always the strongest team, and we were beaten by them the first time by 23 points. The second game, we did the things we needed to beat them," stated Coach Hitchcock.

Offensively, Hitchcock said early in the season that the team played well, but relied too much on the outside shot. "We lived and died by the outside shot," stated the Coach.

The leading scorer on the team was Sophomore Brian Hare, who had 173 points in league play. Hare, as voted by his teammates, was elected most improved. The most valuable player was Sophomore Bo Youngblood who also led the team in rebounds; 66 on de-

fense and 35 on offense. Sophomore Dan Coombs was voted most inspirational.

Completing its season with only three wins, the Boys' Frosh-Soph Team finished in a disappointing fifth place.

According to Coach Jim Hyde, the team had a slow start, but "came on strong at the end of the year," with two wins in its last three games. The reason for the strong finish, according to the coach, was that the squad started playing more together as a team.

Undoubtedly the toughest team, as described by Hyde, was Mt. Eden, completing its season with a perfect 12-0 record. The Monarchs were also involved in one of Arroyo's better games. According to the Coach, the game was "Closer than the score." The team played hard in his opinion. Also described as a good game, was game two versus Hayward. Hyde stated that the Dons played well for the first three quarters but at the end, the Farmers took charge of the game.

Voted most valuable player was Freshman Bob DeHoyos who also led the team in scoring. Freshman Lee Teich was named most improved and most inspirational.

Hyde foresaw a good future for this team now that they have learned to play together as a unit.



Looking for team member to pass the ball to, Freshman Bob DeHoyos tries to find an open man while his worthy opponent puts his hands up hoping to regain the advantage to his team

Photos by Fashinell

Boys' Jayvee Basketball Team Front Row, Bo Youngblood, Brian Hare, Doug Griffin, and Marcel Meier Back Row, Coach Robert Hitchcock, Dan Coombs, Shane Gusman, Gianni Napoli, Eric Nakashima, Vincent Tortorelli, and Ron Ingebretson



Taking jump shot over San Lorenzo player, Sophomore Marcel Meijer tries to add two more points for the Dons while Sophomore Eric Nakashima positions himself as Rebel player looks on.

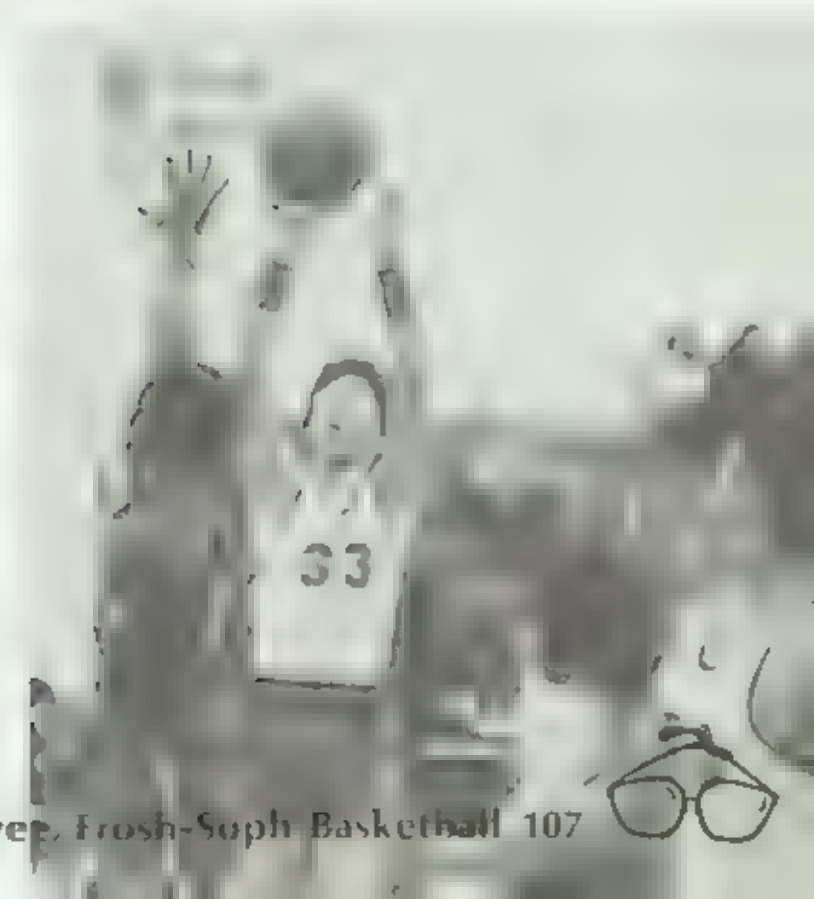
Trying to keep his opponent from adding to the Rebel score, Sophomores Ben Youngblood and Marcel Meijer block attempted shot while Number 32 guards his man ready to get the loose ball

Preparing to obtain the rebound, Sophomore Eric Nakashima waits for the ball to come down while Sophomore Marcel Meijer looks on in an important road game against the San Lorenzo Rebels

Shooting over Mt. Eden defender, Fresh-Soph Team Member Tom Young takes a jump shot hoping to put the Dons on top, while Freshman Lee Teich strategically positions himself



Jayvee, Frosh/Soph Basketball



Basketball teams do well in league play

by Kevin Burkfield

Completing one of its best seasons in recent years, according to Coach Ed Blom, the Girls' Varsity Basketball Team finished in fourth place with a 7-5 league record.

Highlighting the season was a comeback from behind victory against Hayward, the team that finished in third place with a 8-4 record. According to Blom, the Dons had "great team defense," which enabled them to make turnovers resulting in Arroyo points. In the last minute and eight seconds, the Farmers were held to no points while Arroyo scored seven points, according to the coach.

According to Blom, the toughest opponent was Mt. Eden, who finished second at 9-3. "We pride ourselves on team speed; they ran away from us," stated Blom. Another tough team had to be Tennyson; the champions with just one defeat.

Leading the Dons in scoring was Senior Cindy Sanchez who was also voted most valuable player. Finishing with the best scoring average was Senior Evelyn

Fernandez who was also named most inspirational. Most Improved went to Senior Stacy Santos.

"Probably the best girls' varsity basketball team we put together since admittance into the Hayward Area Athletic League," stated Blom whose squad had its first winning season in six years.

Not to be overlooked, the Girls' Jay-vee squad finished the season at 8-4, second only to Hayward completing its season with a record of 11-1.

According to Coach Ken Repose, the Dons best game was against the champions which gave the Farmers their only defeat. Arroyo won the game by just one point after Freshman Cheryl Denton scored with only seven seconds remaining. In the opinion of Repose, the team was at its peak for this victory.

Voted most valuable player was Leading Scorer Maria Potestio. Other awards went to Sophomore Melanie Lopez for most improved while most inspirational went to Junior Kim Hoeber.

In conclusion Coach Repose stated that his team had "tremendous talent, played very well as a team, and gave more than they were asked



Photo by Barros



Photo by Barros

Girls' Varsity Basketball Team: Front Row; Lynn Tracy, Cindy Barros, Laura LaFleur, Jessica Rhodes, and Gina Thorn. Back Row; Donna Benallie, Sherri Ingebretson, Cindy Sanchez, Renee Henderson, Stacy Santos, Evelyn Fernandez, Toni Moore, Missy Williams, and Coach Ed Blom

Shooting over San Lorenzo Rebel opponent, jay-vee Team Member Edna Villamin takes a jump shot while Number 44, Kim Hoeber, prepares herself in case the shot fails to hit its target

Preventing her from passing the ball, four Sunset Falcon players surround Varsity Team Member Renee Henderson while Junior Jessica Rhodes watches hoping Number 15 notices her

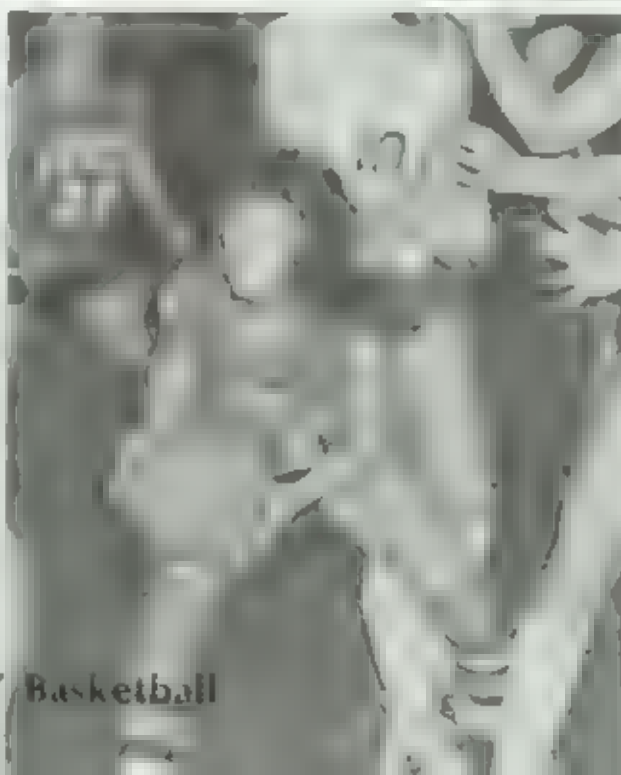


Photo by Barros

Girls' Varsity Basketball Team	
Player	Opponent
1	San Lorenzo Rebel
2	San Lorenzo Rebel
3	San Lorenzo Rebel
4	San Lorenzo Rebel
5	San Lorenzo Rebel
6	San Lorenzo Rebel
7	San Lorenzo Rebel
8	San Lorenzo Rebel
9	San Lorenzo Rebel
10	San Lorenzo Rebel
11	San Lorenzo Rebel
12	San Lorenzo Rebel
13	San Lorenzo Rebel
14	San Lorenzo Rebel
15	San Lorenzo Rebel
16	San Lorenzo Rebel
17	San Lorenzo Rebel
18	San Lorenzo Rebel
19	San Lorenzo Rebel
20	San Lorenzo Rebel





Photo by Barros

In an important away game, Varsity Player Sherri Ingebretson blocks vision of Sunset Falcon player hindering her from passing the ball to out of picture teammate

As Monarch player tries to inbound, Jayvee Team Member Melanie Lopez raises her arms in attempt to block the pass, while Don Patricia Pereira keeps an eye on other Mt. Eden player

Girls' Jayvee Basketball Team: Front Row; Teri Norman, Cheryl Denton, Wendy Moss, Michelle Repose, Patricia Pereira, and Edna Villamin. Back Row, Kim Hoeber, Kristy Regan, Tamara Roeber Kelly Pierce, Maria Potestio, Dawn Telesco, Melanie Lopez, and Coach Ken Repose

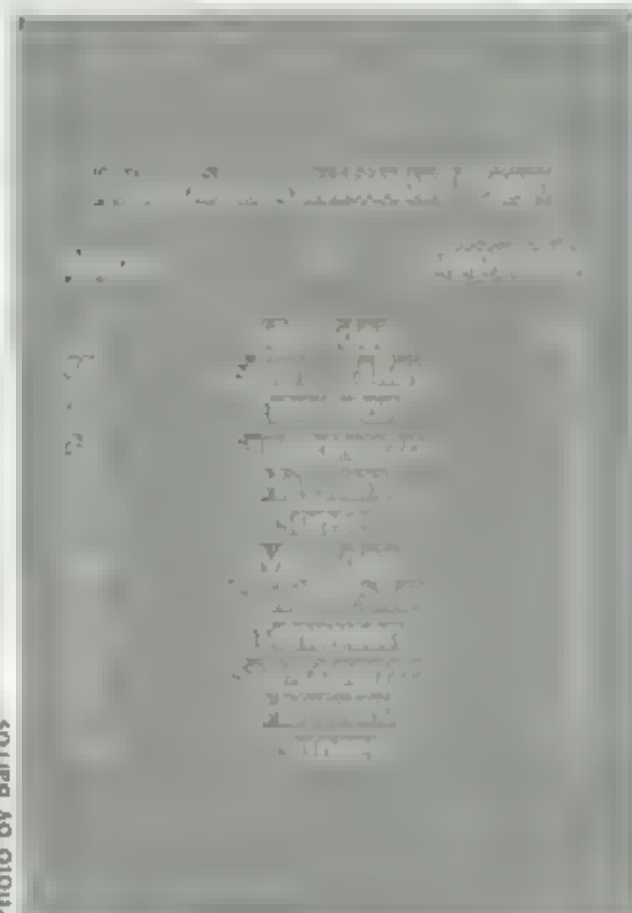


Photo by Barros

Girls' Basketball

Photo by Barros



Don grapplers repeat as HAAL champions



Pushing his competitor to the extremes, Junior KC Flanders tries a switch

Varsity Wrestling Team: Front Row, Larry Breyhan, Leonard Siroy, Danny LeDoux, Dave Van Heurck, KC Flanders, and Rich Fox. Back Row, Assistant Coach Ed Xavier, Junior DeHovos, Jeff Johnston, Dino Markette, Pat Monroe, Ken Barros, John Teixeira, Mike Sommer, Head Coach Fred Indalecio, and Assistant Coach Rick Hilder.

Jayvee Wrestling Team: Front Row, John Shout, Gary Evans, Jamie Yassin, Bob Vegas, Jason Truitt, and Justin Sullivan. Back Row, Assistant Coach Rick Hilder, Joe Vegas, Eric Vandevreer, Pat Monroe, Frank Salazar, Head Coach Fred Indalecio, Don Koloski, Tony Silvera, Marcus Hamer, Royer Crites, and Assistant Coach Ed Xavier.

Putting the finishing move on his opponent, Senior Rich Fox uses the most painful hold "the gallotine" to pin his opponent.



by Ken Barros

Defending Hayward Area Athletic League Champions repeated their performances this year with an outstanding record of 6-0 in league dual matches.

Going into the season with only five returning lettermen on the varsity squad, ten out of the 13 weight classes qualified for the North Coast Championships. Leading the team at North Coast was one of the youngest wrestlers on the squad, Sophomore Larry Breyhan, with a record of 36-5. Breyhan took a fourth place at the Championships.

Supporting Breyhan at North Coast was fifth placer KC Flanders, Senior Rich Fox, and Senior Captain Leonard Siroy, and Teammates Junior Dan

Koehn, Jeff Johnston, Mike Sommer, Dino Markette, John Teixeira, and Ken Barros.

This year's squad faced a different situation this season by having another new head coach. Last year's coach, Tom Rosenthal, transferred to neighboring James Logan High School, and to fill in his spot on Arroyo's Wrestling Team was 1983 Jayvee Coach Fred Indalecio.

"I didn't think this year's team was as organized as last year's team because it was Fred's first year as head coach and he needed to get things on the right track," said Junior KC Flanders.

"The team really surprised me by doing so well in dual matches," said Senior Captain Leonard Siroy.

The 1984 Jayvee team was also undefeated in league competition with a record of 6-0. Without a full Jayvee squad, the team did well in league competition.

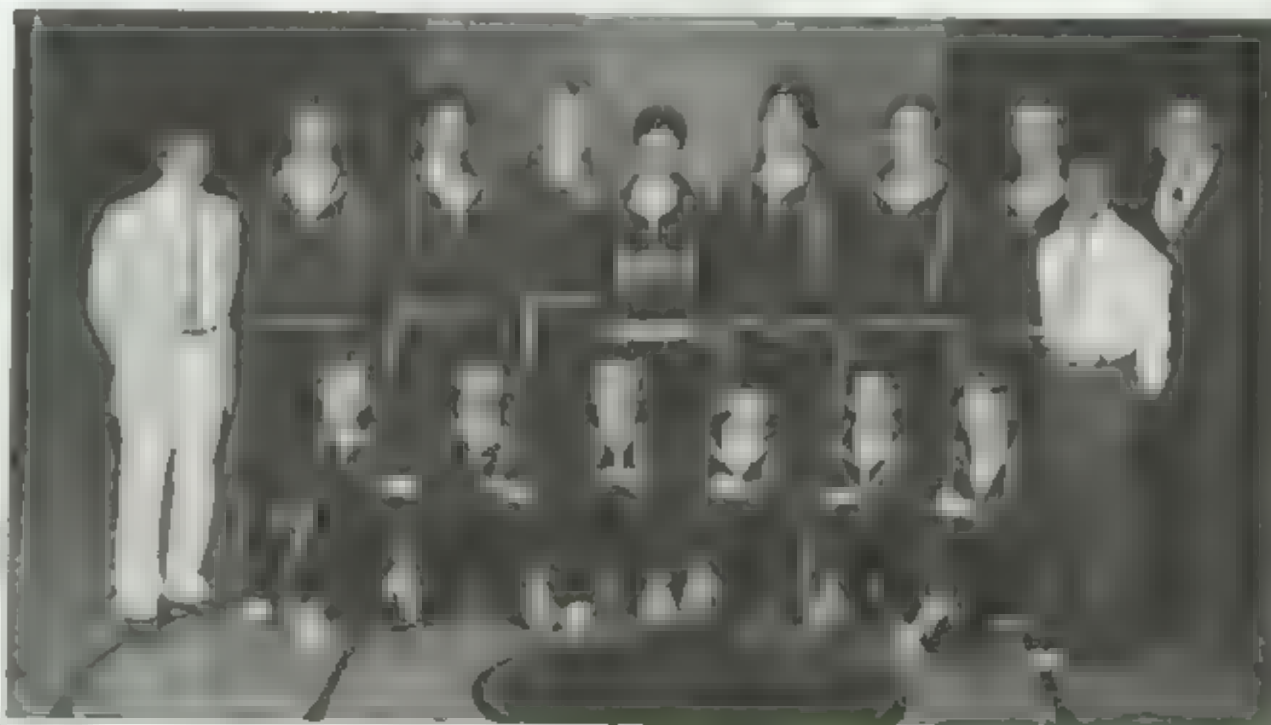




Photo by Barros



Wrestling

Holding his opponent in a painful position, Larry Breyhan waits for Leandro Costa of Sunset to make a wrong move

Getting the feel of thrill and victory, Freshman Joe Vegas gets his arm raised after the win over his opponent



Robert Norris leads Dons to North Coas

by Todd Long

The Hayward Area Athletic League's 1983 Champions and North Coast Finalist let everyone know that they were back to do it again.

After losing most of their starters from last year's team due to graduation, the Arroyo Varsity Soccer Team still looked good. The Boys' Soccer Team ended up in second place this year in the HAAL, still good enough to get them into the playoffs.

"All we had to do was get into the playoffs. Because once we were there, anything could happen," stated Head Coach Tom Hanson.

The playoffs consisted of three games in which the Dons came out on top. The first game was a 2-1 win over Castro Valley. The other two games were both victories against rivals, the Hayward Farmers, 2-0 and 5-0.

The game was tied at the half, still at 0-0. The Dons then took charge of the game and won by a score of 2-0.

Coach Hanson believed that, "The boys played their best game when it counted the most."

"After losing both league games to

Hayward, it was a really good feeling to have won against them twice in the playoff games, then to have shut them out both times was even better," stated All-League Player Robert Norris.

"The game against Hayward was tough, but I feel that the toughest game was against Sunset High. The reason being that they had very well skilled players, and a great deal of speed. However, we did win by a score of 3-2," stated Hanson.

The team had several All-League Players including Senior Center Forward Robert Norris, a unanimous choice. Norris was also awarded the title of "Prep of the Week" from the **Daily Review**. He was also the highest scorer for the Dons with 11 goals and two assists. Other All-Leaguers were center Halfback Jeff Metz and Goalie Todd Lemke all on first team.

Second team players included Chris Sullivan, Mark Marples, and Chris Donovan. Honorable Mention included Gary Lafleur and Robb Pandolfo.

Other team-voted awards went to Norris, most valuable offensive player; Mark Marples, most valuable defensive player; Chris Donovan, most inspirational; and Steve Cabreana, most improved.



Both trying to get a head on the ball, All-League Player Robert Norris and Opponent Number 17 from Hayward jump for the extra effort needed to reach the ball first.

Making a move to steal the ball from Hayward Player Number 12, Senior Fullback Paul Marples makes it look easy, with a little fancy footwork, and hopes of scoring for the Dons.

Watching to see which direction the ball is going to fly, Hayward Opponent, number 18, and Sophomore Halfback Robb Pandolfo jump to kick the ball to a teammate.



Boys' Varsity Soccer: Front Row, Jeff Metz, Mark Marples, Gary LaFleur, Chris Donovan, Jolin White, Steve Moser, and Suknani Grewal. Back Row; Coach Tom Hanson, Adam Hitchcock, Chad Moul, Randy Morris, Victor VanHille, Robert Norris, Chris Sullivan, Otto Urizar, Steve Cabreana, Robb Pandolfo, Greg Means, and Todd Lemke.



Making sure that he keeps his hands off the ball: Senior Chris Sullivan jumps to get the ball while Teammate Gary LaFleur and Hayward Opponent watch to see if he does.

In the game against Hayward High Senior Robert Norris dribbles the ball down the field while being chased by Number 9, and Teammate Jeff Metz who waits for a pass to score.

Photos by Fashineil



Boys' Soccer



Girls place second at NCS

Photos by Fashinell

by Tricia Gandsey

With a second place season record, the Girls' Varsity Soccer Team achieved North Coast finals.

With a total of 54 goals, an average of 4.5 goals a game, and a total of 18 assists an average of 1.5 per game, the girls really worked well together. During the second half of the HAAL regular season, Arroyo girls outscored opponents 33 to 3, averaging 5.5 goals to only 0.5 per game.

Coached by Keith Burnett, with manager assistance from Senior Jim Miller, the girls had a season record of eight wins, one loss, and three ties. "I think our best game was against Mt Eden in the playoffs. It was raining, a very muddy field, but they played well as a team. Our passing was excellent and they wanted to win. The game that cost us the championship was the tie against Sunset," stated Burnett.

In league play against Hayward, the Dons met the Farmers three times,

which resulted in two ties and a win. "Without Roberts in the first game, Hayward got us with a tie," added Burnett.

Receiving awards for most valuable player for offensive forward was Suzanne Roberts. Most valuable, for defense, was Denine Schmitz. Most inspirational player was Joanne Derieg. Most improved was Irene Manalisay. First team All-League were Senior Suzanne Roberts, Senior Denine Schmitz, Sophomore Joanne Derieg, Freshman Debbie Lovell and Senior Irene Manalisay. The Dons had five All-Leaguers, more than any other team in the league. Roberts scored the most individual goals in one game against Castro Valley. Schmitz had the most assists in one game against Tennyson.

The Dons' toughest game was against Amador Valley in the North Coast Semi-finals, with a loss of 6-0.

The team worked really well together this year," commented Manager Jim Miller.



Photo by Barros

Girls' Varsity Soccer Team. Front row, Suzanne Roberts, Linda Leach, Allisen Harris, Debbie Lovell, Michelle Harrell, Danica Sequeira, Dawna Lenz, Shelly Borges, and Coach Keith Burnett.

Back row: Jim Miller, Veronica Binder, Lani Sanchez, Susie Thau, Carrie Aguiar, Kelly Shaw, Joanne Derieg, Denine Schmitz, Irene Manalisay and Shannon Amaro.





Kicking the ball up and away from the opposing player, Sophomore Joanne Derieg passes it to fellow Team Members Danica Sequeira and Veronica Binder

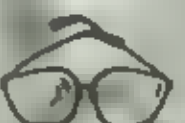
After experiencing a rough playoff game, Team Members Denine Schmitz, Shannon Amaro Shelly Borges, and Michelle Harrell express their happiness with a big hug

As Junior Kelly Shaw tries to steal the ball, fellow Team Member Debbie Lovell assists by blocking opposing player as Senior Denine Schmitz looks on

Attempting to take the ball from opposing Hayward team member, Freshman Debbie Lovell tries to reverse the direction of the ball to go in the correct direction



Girls' Soccer





Returning an opponent's volley, Junior Phil Ip displays his skill and technique in play at the base of the net

Reaching for the sky, Senior C. L. Nakashima leaves the ground while powering a serve into his opponent's backcourt





Hanson assumes coaching position from Weissenborn

Photos by Curt

by Susan Brokke

Leading the 1984 Boys' Tennis Team in his first year was Coach Tom Hanson who also headed the soccer program.

Hanson took over duties from former coach Ken Weissenborn who retired to devote more time to the Boys' Varsity Basketball program. Weissenborn also headed the Eighth Grade Basketball program on campus. Citing the time element, Weissenborn felt that he couldn't devote enough energy to all three sports, so when the heading coaching position on basketball opened up, he opted to pursue that. All of the Tennis Team's returning players regretted, but respected Weissenborn's decision.

After report card grades came out in the Spring quarter, the team was com-

prised of eleven players. Seeded Number One on the squad was Mark Moran, followed by (in order) Brian Hare, Craig Nakashima, Phil Ip, Tony Ellis, Adam Hitchcock, Eric Nakashima, Jim Miller, Shane Gusman, Eric Hove, and Mark Todd.

Competing in the May 11 Hayward Area Athletic League Tournament at Tanglewood Club in Hayward, the squad met seven other schools. Representing Arroyo were two sets of doubles teams and two singles players. While Castro Valley's Trojans walked away with the tourney, Arroyo finished a disappointing seventh.

Mirroring the regular season, the Trojans took league champ honors. Arroyo's Dons finished last, but did manage to defeat Sunset for a season tally of one win and 11 losses.

With cool determination, Senior Jim Miller, Number 8, returns a forehand shot to win a match point

Boys' Tennis Team: Front Row, Craig Nakashima, Jim Miller, Eric Nakashima, and Brian Hare. Second Row, Coach Tom Hanson, Phil Ip, Tony Ellis, Shane Gusman, and Mark Moran



Here's looking at Boys' Tennis 117



21 team members block after 11-1 season

Photos by Proctor

by Jim Miller

Arroyo's Badminton Team had a really strong season finishing with a record of ten wins and two losses. This put them in second place behind Castro Valley who finished with 11 wins and one loss.

"We had a really good year," stated Coach Tom McNamara. "We came only a couple matches away from being the league champions."

On indicator of the team's ability was the awarding of 21 block A's, ten of which went to first time block winners.

The team had a lot of spirit. They voted Senior Sherri Ingebretson team captain. Ingebretson won the girls' singles title in the HAAL Badminton Tournament at Sunset High. She advanced to the North Coast Section and was one of the three Arroyans selected as All-

League.

The girls' doubles team of Seniors Michelle Liang and Martha Serrano were also selected for the All-League team. Liang and Serrano won the girls' doubles championship in the HAAL Tournament and advanced to North Coast.

Two other doubles teams placed in the HAAL Badminton Tournament. Victor Vanhille and his partner, Scott Ferreira, placed fourth.

Also finishing fourth at HAAL was the mixed doubles team of Sophomore Susan Edwards and Junior Kent Lee.

Awards were given to some members by their teammates. Freshman Betty So and Sophomore Tony Aniasco were Most Improved. Sophomores Kristi Nickerson and Randy Morris were Most Inspirational. And the Most Valuable were Junior Kevin Stapp and Senior Sherri Ingebretson.



Keeping his eye on the bird, Junior Kevin Stapp returns the bird with a powerful shot as he uses all of his effort to try and stay on his feet after he loses his balance

Preparing for her powerful backhand, Senior Patty Quintana shows tremendous strength and concentration to keep the rally between her and her opponent full of action

Using great skill and heavy concentration, Sophomore Jon Bumgarner skillfully drops the bird barely over the net just enough so the opponent on the other side can't return it

Following through on a terrific smash, Sophomore Susan Edwards watches the bird carefully to make sure that the other team does not retrieve it over the net





Photos by Proctor



Varsity Badminton Team	
First Row	Patty Quintana, Patricia Perreira, Raymond Lee, and Kent Lee
Second Row	Kevin Strom, Kristi Nickerson, Adrienne Montaine, Stacey Wagner, Betty So, Kevin DeMello, and Susan Edwards
Third Row	Martha Serrano, Marcela Jimenez, Sharon Jew, Lori Stromgren, Tony Aniasco, John Bumgarner, and Danny Tse
Back Row	Coach Tom McNamara, David Silva, Dave Hutchinson, Michelle Liang, Scott Ferreira, Shawn Shubert, and Kevin Stapp

Varsity Badminton



Photo by Fashinell

Warming up before the matches, Senior Raymond Lee jumps as high as possible to return a miss hit and to keep the rally going between him and his opponent

Leaning over to one side of the court, Sophomore Randy Morris stretches to make sure that the bird is still in play and has not gone out of bounds before he can return it

Badminton Team: First Row, Patty Quintana, Patricia Perreira, Raymond Lee, and Kent Lee. Second Row, Kevin Strom, Kristi Nickerson, Adrienne Montaine, Stacey Wagner, Betty So, Kevin DeMello, and Susan Edwards. Third Row, Martha Serrano, Marcela Jimenez, Sharon Jew, Lori Stromgren, Tony Aniasco, John Bumgarner, and Danny Tse. Back Row, Coach Tom McNamara, David Silva, Dave Hutchinson, Michelle Liang, Scott Ferreira, Shawn Shubert, and Kevin Stapp



Girls complete second undefeated year

by Kevin Burkfield

With an overall record of 9-0, the Girls' Track Team completed its second straight undefeated season and was once again the Hayward Area Athletic champ.

"The girls were dominant in every phase of track and field," stated Coach Jerry Metcalf. The lopsided scores showed the team dominance.

With only three members graduating from the '83 squad, the '84 team was virtually intact. Other factors to the success, according to the coach, was team spirit and because most of the team had experience in North Coast League finals.

On the way to their undefeated season, the Girls' Team set seven school records. Senior Missy Williams set two individual records, one in the high jump at five-feet, four-inches and the other in the triple jump at thirty-six feet, three-inches. Other individual records were set by Junior Veronica Binder in the 400 at 60.5, Sophomore Dana Johanson in the 800 at 2:24.6, and Sophomore Cindy Barros in the long jump at 17-feet, four-inches. In the

400-relay, 49.5 was the new record ran by Seniors Suzanne Roberts, Missy Williams, and Sophomores Melanie Lopez and Lani Sanchez. The team of Binder, Lopez, Roberts, and Sanchez now hold the mile relay record at 4:03.38. Another record set by the whole team was the league meet point record which is now 107 1/2.

From this record breaking team, seven were named all-league; Roberts for two hurdle events and one relay, Williams for the high and triple jump. Senior Holly Belshe was named for the 1600 and Johanson for the 800. Binder, Lopez and Sanchez were all nominated in the relay.

Finishing with a 4-5 record, the Boys' Track Team completed a "rebuilding" stage in fourth place.

According to Metcalf, the Boys' Team had strength in the hurdles and in the throwing events. Led by Senior Al Elpusan, there were also strong showings by Senior Steve Rantz and Sophomore Steve Moser. The throwing events were led by Senior Joey Oliveira in the shot, Senior Jeff Johnston in the discus, and Junior Ken Barros in both events.

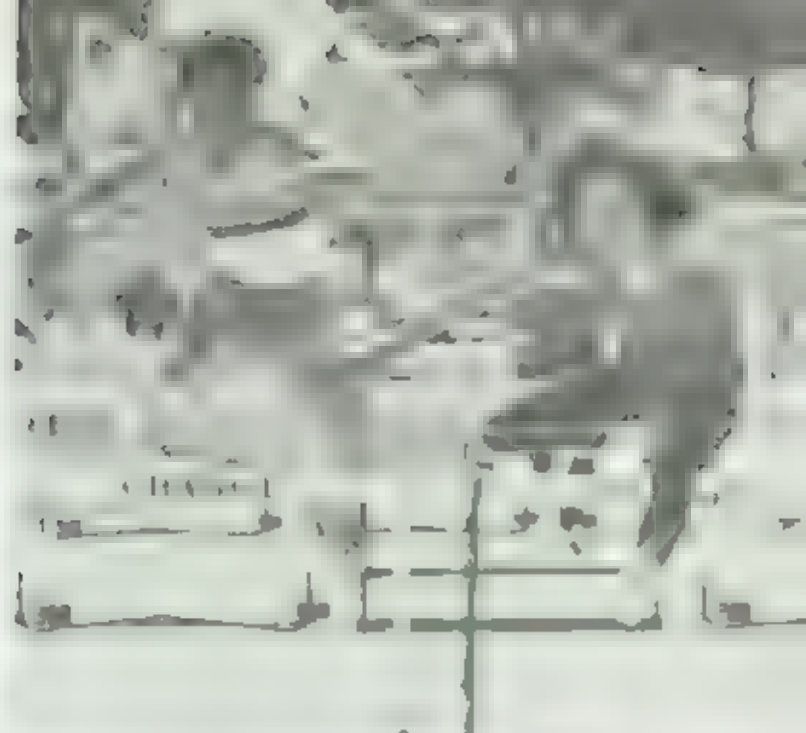
Metcalf said they did a surprising job. It was a young team with not much experience. Some underclassmen who competed on the varsity were beneficial.



Track Team: Front Row, Coach Jerome Glenn. Second Row, Danielle Gagg, Ursula Reckling, Cindy Barros, Missy Williams, Melanie Lopez, Dyan Dezotte, Holly Belshe, Shawna Quigley and Veronica Binder. Third Row, Cecilia Jeong, Jenny Phipps, Kim Hoeber, Lani Sanchez, Suzanne Roberts, Jojo Lago, Bruce Worden, Richard Racette, and Charles Mallane. Fourth Row, Roman Blass, Petri Toivonen, Laura LaFleur, Todd Lemke, Dan Pryfogle, Dean Gurr, Frank Salazar and Al Elpusan. Fifth Row, David Burke, Randy Waage, William Emery, Bob Berry, Brian Hemenway, Todd Ong, Steve Rantz, and Devon Lazarus. Sixth Row, Robert Briesch, James Thorne, Mitch

Hemenway, Steve Moser, Tom Gonzales, and Dan Lum. Seventh Row, Roger Criter, Robert Clegg, Joey Oliveira, Nelson Cardadeiro, and John Tiernan. Eighth Row, Jon Nagel, Joe Watson, Gil Vargas, Dino Markette, Jeff Johnston, Gwendolyna Dovigi, and Eric Bertaud. Ninth Row, Mark Marples, Ken Barros, Glenda Dovigi, and Lance Arionus. Back Row, Jimmy Lee, Gianni Napoli, and Steve Witherspoon.

Just about ready to release the discus, Senior Gwen Dovigi, with the look of determination, uses her best form to throw the best that she has ever done before.



Girls' Track Team		
Arroyo	Opponent	
119	Sunset	
116	San Lorenzo	117
94	Mt. Eden	113
88	Hayward	112
110	Castro Valley	112
108	Tennyson	110
Boys' Track Team		
Arroyo	Opponent	
106	Sunset	117
75	San Lorenzo	113
62	Mt. Eden	109
52	Hayward	112
48	Castro Valley	110
30	Tennyson	110

Boys', Girls' Track

With the look of determination in his face, Junior Petri Toivonen grips the poll in the beginning of his vault while he tries to succeed in clearing the bar just an inch higher than before.

Resting before their upcoming events, Sophomores Shawna Quigley, Dayna Johanson and Melanie Lopez discuss what has occurred in the league meet held at Chabot College.

With only one opponent running close by, Senior Suzanne Roberts, with the finish line close by, leaps over her last hurdle on the verge of winning another race.

Soaring through the air, Sophomore Dan Pryogle extends his body and yells out while trying to make enough distance to win in his event of the long jump.



Varsity Softball has high amount of talent

Photos by Fashinell

by Todd Long

With seven returning letterman this year, the Girls' Varsity Softball Team looked very good with the high amount of talent. The returners included Toni Moore, Denine Schmitz, Sherri Tamala, Michelle Smith, Vicky Gagnon, Janet Partridge, and Evelyn Fernandez.

Head Coach Rich Kerr stated, "The strengths in this year's team was their strong outfielding, infielding, and very strong batting, and their pitching."

This year's batting was led by Sophomore Michelle Smith, Susan and Vicky Gagnon; "They got the key base hits when they were needed the most," stated Kerr. "We had several power hitters also, Seniors Toni Moore, Denine Schmitz, and Evelyn Fernandez also Junior Lynn Tracy. "They all hit the ball with homerun potential."

Due to graduation, the loss of Kari Bailey left a big gap in the pitching staff,

but Kerr felt that the Gagnon sisters had filled the gap as well as anyone in the league could have.

The Dons' most challenging teams this year were the San Lorenzo Rebels and the Castro Valley Trojans. They both were very good teams with good hitters and fielders, said Kerr.

The Girls made it through the Hayward Area Athletic League in place only to be beaten by the San Lorenzo Rebels in the HAAL playoffs game by a score of 3-1.

Both the Varsity and Junior Varsity teams were coached by first-year coaches. The Varsity team was coached by Ex-Marina Titan Coach and graduate, Rich Kerr, and the Junior Varsity was coached by All League Player and Marina Graduate Deby Barros.

The Jayvee Softball Team had an average season this year with two wins against San Lorenzo and two losses against the Castro Valley Trojans.



With the ball in her glove Senior Janet Partridge needs to tag out her Mt. Eden opponent, Number 21, at second base, while the infield umpire shows that she has succeeded.

Taking a good size lead off of third base, Catcher Michelle Smith looks intently for the signal from the coach to run while her Mt. Eden Opponent keeps an eye on her, watching for the steal.

After being batted in from second base Sophomore Chris Waybright is sure to step on the plate as she crosses it, while the homeplate umpire closely watches to make sure that she does.



Hoping to get out of the first inning, against Mt Eden High, with a strike out and no hits, Senior Pitcher Vicky Gagnon goes through the windup to let go of her fastball towards homeplate



Varsity Softball: First; Michelle Smith, Vicky Gagnon, Tami Damerla, and Amy So. Second Row; Sandy Rose, Susan Gagnon, Lynn Tracy, Shari Tamala, and Chris Waybright. Third Row Janet Partridge, Denine Schmitz, Stacy Santos Evelyn Fernandez, Tracey Frazier, and Michelle Ropose

Jayvee Softball: First Row, Michelle Stefani, and Margret Gonzales. Second Row, Karen Mendoza, Teri Norman, Edna Villamin, and Christina Loza. Third Row, Carol Partridge, Dawn Correa Laurie Kerr, Coach Deby Barros, Carol Marples, Kristy Regan, and Wendy Connell

Varsity Softball



Varsity Baseball

At Home Opponent

San Lorenzo

Castro Valley

Tennyson

Mc Eden

Hayward

Sunset

San Lorenzo

Castro Valley

Tennyson

Mc Eden

Hayward

Sunset



Stretching for home plate with all his will power, Junior Pitcher Dennis Bricker hopes to throw one of his many opponents all three strikes to finish the game with a strike out

After tagging out one of his Opponents, Senior Catcher Chris Carter dodges player's move so that he can go for a double play



Squad takes second in Easter Tournament

Photos by Fashinell

by Todd Long

Playing well all year long, the Varsity Baseball Squad just missed the playoffs, this year by only one game. Since the Tennyson Lancers won their last game against the San Lorenzo Rebels, the Dons moved down and out of the Hayward Area Athletic League playoffs.

Arroyo ended the HAAL season in fifth place with a record of five wins and seven losses. They finished the season behind Tennyson High.

"Again this season we didn't have any individuals, which means that we won as a team and we lost as a team. When you play as a team, you are bound to have fun, and to me that is what high school sports are all about," stated Head Coach Mike Reardon.

The team did very well in the Verl Thornock Easter Tournament, winning three games and losing only one, good enough for second place.

Batting was led by Senior Jeff Men-

doza, who hit a good .400 average. Mendoza was followed by Bo Youngblood, Chris Carter, and Brett Lane, batting .333, .723 and .273 respectively.

The pitching of the tournament consisted of two main pitchers, Sophomore Jason Brosnan and Junior Dennis Bricker. Combined they had an earned run average of 2.25.

"One of the strongest assets of the tournament was the strong pitching we had by Brosnan and Bricker," stated Coach Mike Reardon.

The batting was rallied this year in the HAAL season by Senior Brett Lane who had 35 trips to the plate. He had 14 hits, three homeruns and 12 runs batted in. Lane was followed by another Senior, Tim Harris, who batted a good .406. Harris received 18 hits out of his 32 times up to bat. Other top hitters included Mendoza, Youngblood, Fernandez, Carter, Chris Donovan, and Tim Antone.

The pitching was led by Junior Ron Flores who hurled 39.2 innings, had an earned run average 1.94, and had 40 strikeouts.



*Varsity
Baseball*



Looking to receive the signal, Pitcher Ron Flores prepares to throw his best curve ball.

Playing pickle with their Castro Valley opponent Number 20, First Baseman Chris Donovan and Short Stop Jeff Metz closes the gap, while the referee watches for the tag to be made.

Varsity Baseball Team: First Row; Jay Delaney, Tim Harris, Karen Profumo, Dennis Bricker and Vince Tortorelli, Second Row; Jason Brosnan, Chris Carter, Ozzie Fernandez, Brett Lane, Ron Flores, Jamie Jacoby, and Bo Youngblood. Third Row, Coach Lou Profumo, Jeff Mendoza, Kevin Borges, Mike Bechtholdt, Chris Donovan, Chris Sullivan, Vince Merritt, and Head Coach Mike Reardon.

Swinging for the fence with his picture-perfect pose, Senior Center Fielder Tim Harris watches the ball rocket up and away from the bat before running for first base.





Crossing over home plate, Sophomore Ron Ingebreitson scores the possible lead run while Number 4, Kevin Bunsness, gives the signal to prevent the third-base runner from being thrown out at home

With the look of determination to make one of his better pitches, Sophomore Dan Coombs completes his wind up in near perfect form



Photos by Eastnell

Team finishes two games away from first

by Kevin Burkfield

With a league record of 7-5, and an overall record of 9-6, the Jayvee Baseball Team finished its season in third place.

Under the guidance of Coaches George Dunphy and Gil DeHoyos, the team finished just under Mt. Eden, with an 8-4 record, and two games behind first place Castro Valley, completing its season at 9-3

According to Coach Dunphy, Arroyo split with every team in the league except for Tennyson, who the Dons defeated twice. This put the team over 500 for league play. Dunphy mentioned that in most of the losses the margin was only one or two runs and felt that they were always in the game. Victory, however, showed a dominance by the Dons over other teams which enabled them to outscore their opponents 80-51

"A real good attitude on the part of everyone on the team," stated Dunphy about one of the strong points of the team. "Practicing every school day with-

out a break, it was important to have good attitudes, according to Dunphy. Other strong points, in the coaches opinion, were good hitting and fielding with "over-all good players." There was no weakness that Dunphy could point out, but he did say an overall improvement might have helped to win a couple more games.

The 6-0 victory against Hayward was described as one of the best games. The team "fielded well" and "hit good in the clutch", according to Dunphy

Strong hitters on the team consisted of Sophomores Ron Ingebreitson and Junior DeHoyos who both hit over .400. Four other players hit above .300. DeHoyos and Dave Aguilar were the strong pitchers with good relief work by Sophomore Tom Eastnell, all who had good coaching by Gil DeHoyos, commented Dunphy

Dunphy could not think of one outstanding player, but said it was a team effort. About a dozen players will be playing at the varsity level next season which shows why the team "overall played well," according to Dunphy





Jayvee Baseball Team: First Row, Bob Croley, Tom Fashinell, Mike Angotti, David Flores, Doug Statler, and Rob Hitchcock. Second Row; David Aguilar, Angelo Eiras, Joe Vagas, Chad Moul, Ron Ingebretson, Sam Pacheco, and Greg Leung. Third Row; Coach Gil DeHoyos, Casey O'Connell, David Schardt, Junior DeHoyos, Rod Shmko, Kevin Bunsness, Dan Coombs, and Coach George Dunphy.

Looking over his left shoulder to catch the first-base runner off guard, Sophomore Tom Fashinell waits for a perfect opportunity to pick off the would-be base stealer before throwing to the batter.

Following through on his powerful swing, Sophomore Rod Shmko looks to see how far and to what direction the ball is headed for before he begins running to first-base to start a possible rally.

JAYVEE BASEBALL TEAM		
Manager	Coach	Opponent
Bob Croley	Coach Gil DeHoyos	St. Mary's
Tom Fashinell	Coach George Dunphy	St. Mary's
Mike Angotti	Coach Gil DeHoyos	St. Mary's
David Flores	Coach George Dunphy	St. Mary's
Doug Statler	Coach Gil DeHoyos	St. Mary's
Rob Hitchcock	Coach George Dunphy	St. Mary's
David Aguilar	Coach Gil DeHoyos	St. Mary's
Angelo Eiras	Coach George Dunphy	St. Mary's
Joe Vagas	Coach Gil DeHoyos	St. Mary's
Chad Moul	Coach George Dunphy	St. Mary's
Ron Ingebretson	Coach Gil DeHoyos	St. Mary's
Sam Pacheco	Coach George Dunphy	St. Mary's
Greg Leung	Coach Gil DeHoyos	St. Mary's

Jayvee Baseball



Eighth Grade sports teams find funding

by Michelle Raney, Glenn Stewart

After being dropped from the previous year's sports program due to lack of District funding, Eighth Grade Sports returned to Arroyo's campus for the 1983-'84 season.

According to Flag Football Coach Bill Basacker, funds were located for Eighth Grade Boys' Flag Football and Basketball for both Eighth Grade boys and girls.

The schedule was quite different from years before. Instead of playing teams only from the San Lorenzo School District, the groups played squads from Hayward and Castro Valley as well.

The Boys' Basketball Team compiled an impressive 8-0 record in league play. During their undefeated season, the team won the **Daily Review** HARD tournament. Having a successful season also, the Girls' Team recorded a respectable 4-2 record.

The Eighth Grade Boys' Flag Football Team upheld the tradition of representing Arroyo well, by finishing 2-1 in league play.

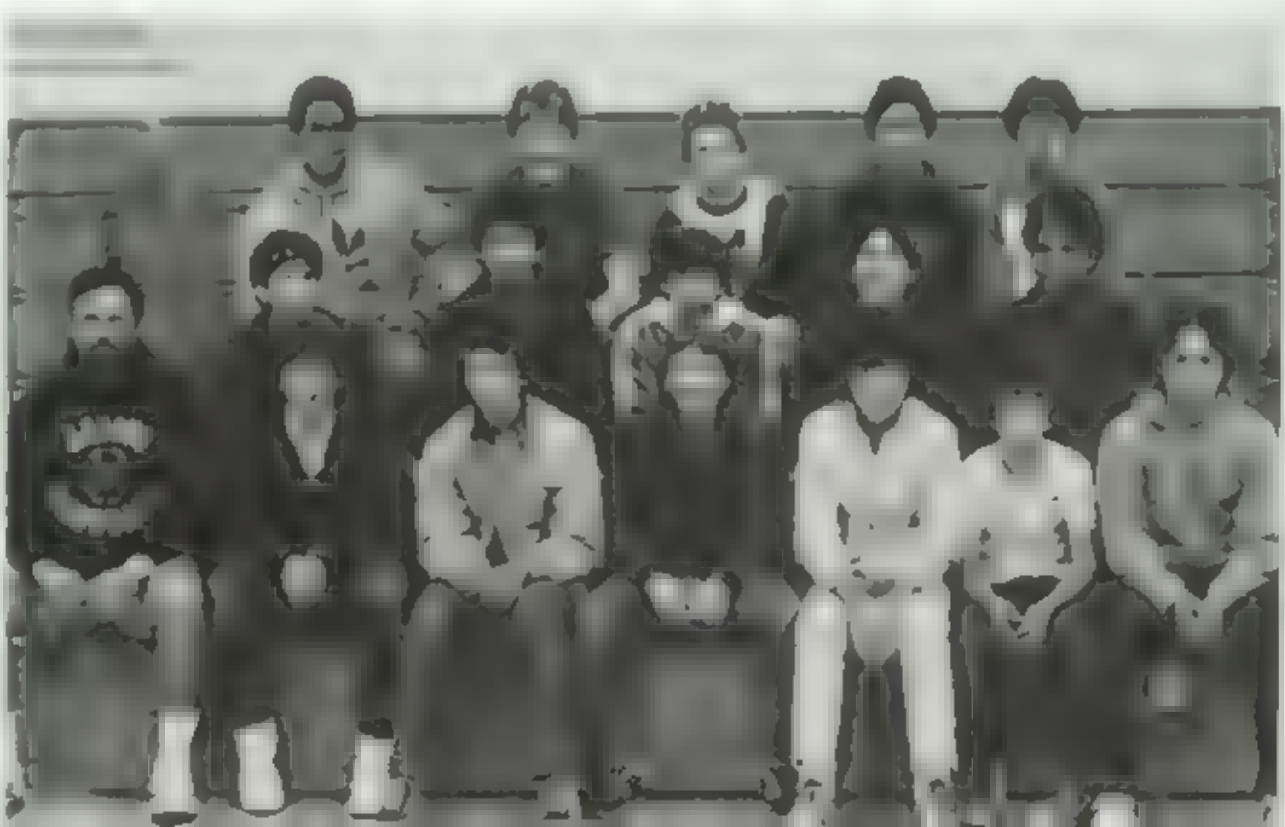
Giving his opinion, Flag Football Coach Bill Basacker said, "It's a necessary part of school to have Eighth Graders involved in the sports program."

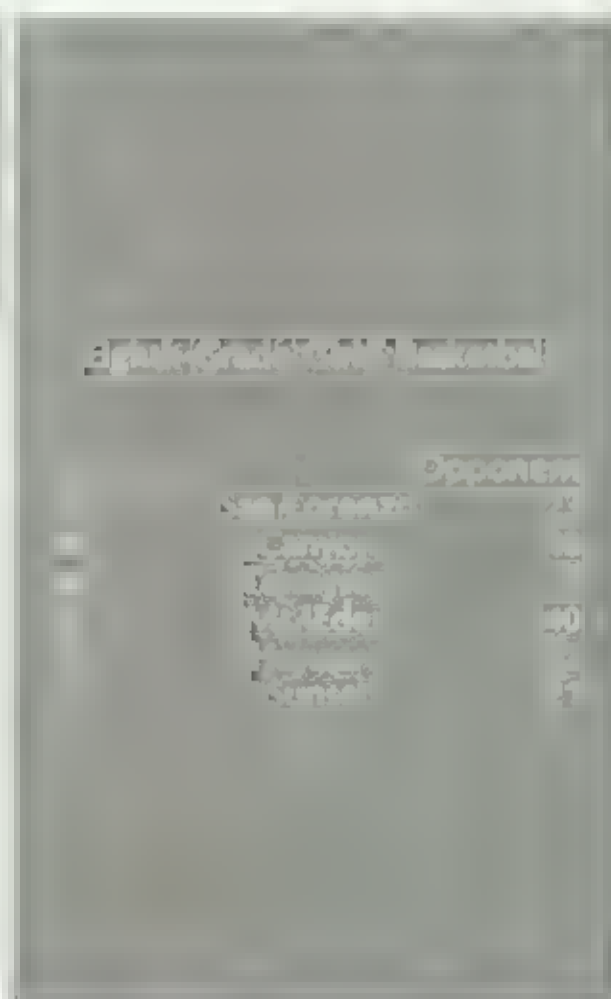
Getting in shape for football seasons, Eighth Grader Jason Walling works out hard.

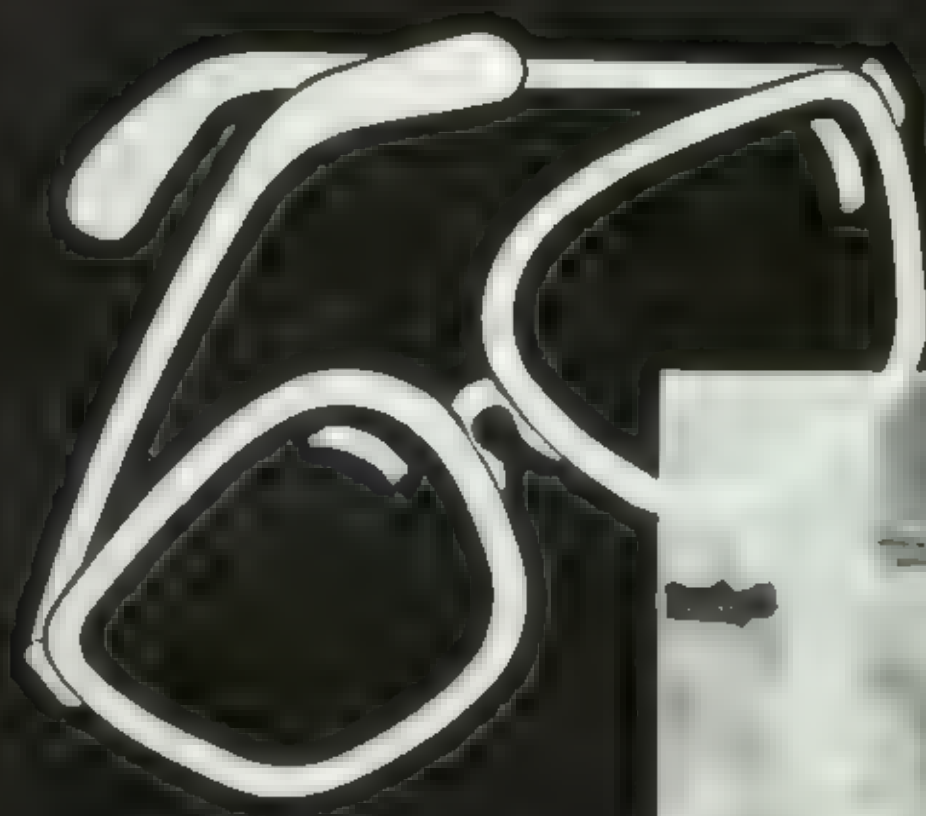
Eighth Grade Boys' Basketball Team: Rick Saake, Donovan Agrella, Sean Wildman, Bill Arterburn, Tim Muria, Andre White, and Rowdy Viera. Second Row: Coach Ken Weissenborn, Chris Williams, Paul Muria, Joey Villabobos, Mike Anderson, Jason Walling, Robert Andrade, Eddie Tengco, Dirk Linton, and Jon Dunphy.

Eighth Grade Girls Basketball Team: Front Row: Cheryl Martinez, Regina Villalobos, Rachael Rodriguez, Shivers, Christine Rice, and Linda Smith. Second Row: Antoinette Smith, Candace Griggs, Nadine Quiroz, Lisa Starr, Dana Nage, Gandy Green, Beth Reimers, Ginger Wachter. Coach Ed Blom.

Eighth Grade Football: Front Row: Coach Bill Basacker, Gary Valdes, Toby Trestler, John Lyons, Steve Owyong, John Vagleon, and Mike Anderson. Second Row: Danny Oliver, Jose Cobredo, Ken Jackson, Chris Williams, and Anthony Andrade. Third Row: Glenn Ayres, Jason Walling, Doug Santos, Fred Dutrieux, and John Dunphy.







Looking at what's on the agenda, Sophomore Michelle DeBane and Freshman Friend Tanya Harvey compare class schedules during the first day of school.

Photo by Postmedia



Classes sponsor activities

By Rick Blaine as recorded
by Dean Gort

Back at the booze joint I owned in Casablanca, I found that in order to succeed, people learned to stick together. Usually people had something uniquely in common to keep them united.

Here in this high school environment, I find that the same principal still holds true. Students of the same grade level were needed to get involved in class activities and events, to give students the feeling of belonging.

With frequent meetings throughout the year, each class planned for new activities.

In order to accomodate these activities, classes held many fundraisers through the high school years. Moneymakers such as bake sales, candy sales and car washes often gave each class the chance to raise money to support important events, such as Spirit Week. Each of the classes

even got the chance to sponsor one of the many dances that was held throughout the year.

The biggest events of the year usually came to the Seniors. The class funded such events as the ball, picnic, and brunch. With the money left over, the class purchased a gift so the rest of the student body could remember them.

With all the bustle among the classes, students needed some sort of authoritative figures. This is where the leadership qualities of individuals shined through.

Positions as class leaders were filled with students taking the responsibility of commanding the groups. Certain teachers played an important part by volunteering to advise the classes meetings and events.

Above them there is the student government which also plans events for the entire student body to participate in.

Politics must be what really makes the world go round.

People



Senior Class officers coordinate activities

by Nancy Kennedy

Starting off their final year with \$4,629.95, the Senior class was able to have its Senior Ball at the Sheraton Palace Hotel in San Francisco.

"Everyone works together and participates in all our activities," stated Lisa Costa, class secretary. The cost for the Senior Ball tickets this year was raised, opposed to other years, because the Senior Class was unable to raise enough money throughout their five years of high school. The Senior Ball was May 4 and was a great success.

Senior officers included Ken Montgomery, president; Juanita Gragg, vice-

president; Deanna Roloff, Treasurer; Lisa Costa, secretary. Counselor Donna Pinkney, and Dennis Powell, class advisors, both put in a lot of time and effort advising the group.

"This being our second year together; Marina and Arroyo, I feel we have accomplished many goals with the help of many people. This year has been a great success," Stated Class-President Ken Montgomery.

Another fundraiser the class held was the Addidas raffle drawing which brought in \$200 for the class.

"More people this year have come to meetings and helped things run smoothly than in recent years," stated Costa.

"As a member of the Senior Class, this year has been different in that we have spent a lot more time planning for future events and fund raisers, than in executing them. For example, much of this year has been spent in committees, planning and organizing for the Senior Ball, which is one of the high-lights of our senior year," Stated Senior ball committee member and Student Body President Evelyn Fernandez.

The Senior Class ended up with approximately \$7000 by the end of the year after all their activities.

"The Senior Class always knew how to plan and organize all of their activities well," stated Class Advisor Donna Pinkney.

Accola, Carl
Alleman, Michele
Anderson, Donald
Alderson, Janae
Anderson, Glen



Annunzio, Sabrina
Antone, Jill
Aranda, Adrianna
Asgari, Nadia
Babb, Rick



Baptiste, Michelle
Bardwell, Donna
Beaver, Kimberlee
Bertholdt, Michael
Beckering, Richard



Beckham, Nicole
Bellison, Rachelle
Belshe, Holly
Benevides, Kim
Bennath, Donna





Photo by Gurr



Photo by Proctor



Photo by Fashinell



Class Council Secretary Lisa Costa **Treasurer** Deanna Roloff, **President** Ken Montgomery, **Advisor** Donna Pinkney, and **Vice-president** Juanita Gragg.

Explaining instructions for an assignment, Senior Class Advisor Dennis Powell answers question from Junior Beth Berg

Discussing arrangements, Seniors Deanna Roloff, Juanita Gragg, and Ken Montgomery plan for senior activities

Working hard at lunchtime, Seniors Juanita Gragg and Ken Montgomery sell raffle tickets for Adidas drawing



Bennett, Elizabeth
Bennett, Patricia
Berry, Ladd

Binand, Michael
Broke, Susan
Brookshire, Rodney



Manalisay tops classmates with 3.88

by Michelle Mello

At the end of the struggling years at Arroyo and Marina High Schools, ten outstanding seniors were named as top academic students.

Planning to attend California State University, Hayward, Irene Manalisay planned majoring in nursing. Manalisay was also involved in other activities, such as Varsity Soccer and the California Scholarship Federation.

While Evelyn Fernandez had the second highest grade point average, she also managed to work part-time, participate in school activities along with

sports, and held the position of Student Body President. Fernandez was accepted to the University of California, Berkeley. She also was a Zone winner in the Bank of America Scholarship Competition and won \$500.

University of the Pacific awarded Jim Miller a \$4,000 scholarship to major in German. Miller remarked, "I'm glad that the work I have done has finally given me something more than a good grade point average." He was also selected as one of the National Merit Finalists from Arroyo. Some of Miller's activities included playing tennis, being a member of the Arroyan, and CSF



Brown, Stacy
Brown, Michael
Brown, Ryan
Buchanan, Amy
Barkfield, Kevin



Burton, Ron
Butcher, Kar
Camp, Steve
Candido, Craig
Cardadeiro, Nelson



Cardera, Traci
Carter, Chris
Castevens, Joann
Castillo, Rhonda
Casuga, Robert



Casuga, Ronald
Cavazos, Rodrigo
Charo, Georgann
Chambless, John
Chatterton, Christina





Photo by Proctor



Photo by Fardes



Photo by Gauri



Photo by Fashinell

Receiving an Award, Seniors Jim Miller, Brad Reed, and Principal Roy Hanson look over the National Merit Finalist papers

Carrying the torch, Student Body President Evelyn Fernandez opens the Spirit Week Olympics with pride for her school

Controlling the ball down the field, top Senior Irene Manalisay also participates in Varsity Soccer

Learning new educational skills, Chris Carter doesn't miss a word that his instructor is explaining to him



Chavez, Aaron
Chen Brenda
Chester, John



Cho, Kathy
Choate, James
Choy, Michael





Christensen, Tina
Claveria, Josi
Connell, Julie



Coppes, Chris
Corral, Vicky
Cortez, Julie



While expressing her happiness, Senior Evelyn Fernandez accepts \$500 at the finals of Bank of America's 1984 Achievement Awards. Fernandez placed in the Liberal Arts study field.

Watching intently, Senior Toni Moore listens to the awards being announced at the reception. Moore was named All-League in both Volleyball and Softball.

Standing proudly next to the Athlete of the Year trophy, Senior Tim Harris holds his miniature trophy to remember his accomplishment. Harris was also named All-League in Football.



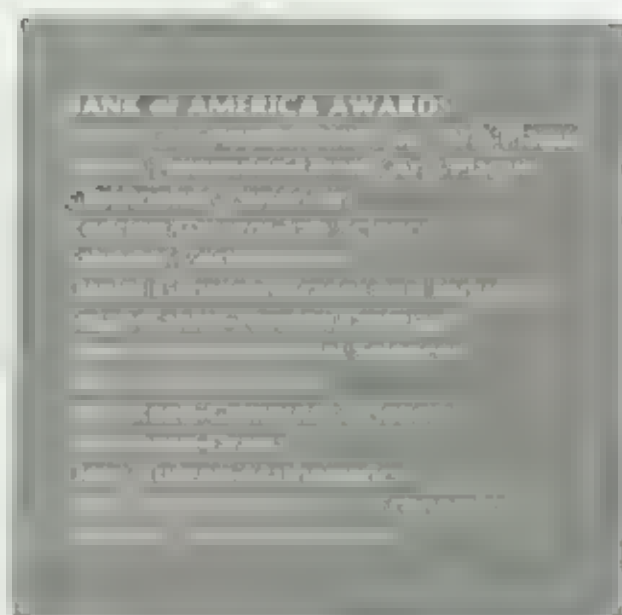
98 receive 1984 honors, awards May 22

by Michelle Mello

Attending the annual Senior Recognition Reception in the Cafetorium, May 22, were parents, students, faculty, and special friends.

Presented with the Outstanding Student Award, Valedictorian Irene Manalaysay was also the Bank of America Certificate Winner for Social Studies. Manalaysay also was named All-League in soccer.

For James Miller, being accepted to the University of Pacific wasn't enough, Miller is a Cal Grant "A" recipient as well as a National Merit finalist.



Costa, Lisa
Costilla, Salvador
Cruz, Bernardo
Cunha, David
Cunningham, Bill

Deane, Lisa
Deter, Gary
Delaney, Jay
Demers, Mark
Diaz, Emily

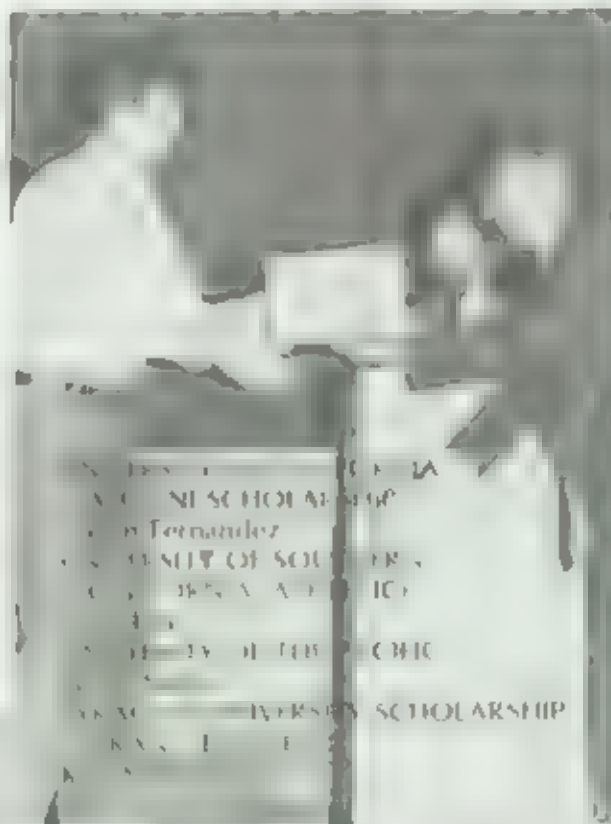
Donovan, Christopher
Dovigi, Gwendolyn
Dyer, Sheryl
Eisenhauer, Jennifer
Elenes, Aime

Elpusan, Alfredo
Escobar, David
Faqrany, Mahmoud
Fernandes, Troy
Fernandez, Evelyn





Forrester, James
Forsberg, Donald
Fox, Richard



Accepting her award for Female Athlete of the Year. All-time leader in the North Coast Section in six events, Suzanne Roberts is presented the certificate from servicemen.



Foy, Lisa
Frates, Robert
Frazier, Tracey

Modeling a black tuxedo with tails, Senior Al Elpusan displays formal in the Senior Fashion Show. Elpusan was one of many Arroyans to receive the Cal Grant "A."

Receiving his certificate for All-League in Baseball, Senior Brett Lane approaches to shake hands with Principal Roy Hanson. Lane's largest achievement was his athletic scholarship to the University of Southern California.

After receiving their scholarships, Seniors Greg Yim and Gail Noakes pose with Principal Roy Hanson. Yim and Noakes were the winners of the Julie A. Connell Memorial Award.



Grads recognized for sports achievement

by Michelle Mello

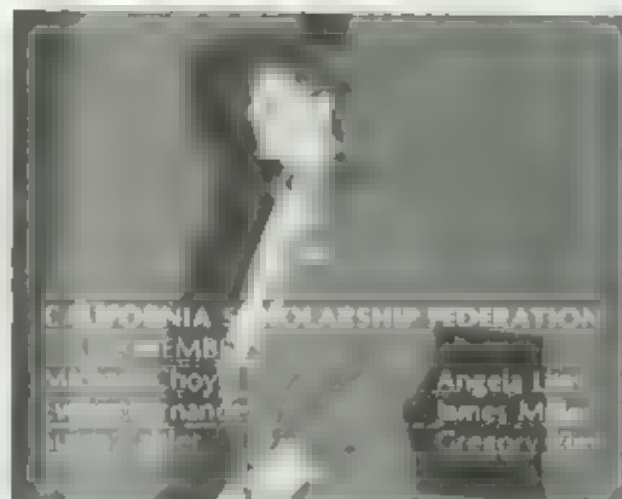
Having been recognized for their outstanding accomplishments throughout the five years at Arroyo, a total of 98 awards and scholarships were presented to the recipients.

Presented as "Athlete of the Year", Suzanne Roberts and Tim Harris are All-Leaguers in several sports. Roberts was named All-League in Cross Country, Soccer, and in Track. She was also named All-North Coast in Track. Harris played football and baseball and was named All-League in both sports.

Photos by Fashinell



Welcoming the Class of '84 and their parents, Superintendent of Schools Dr. A. Bartall praises the achievements of the Senior Class.



Performing in the Senior Ball Fashion Show, National Merit Finalist Angela Lee walks the runway. Miller has also been accepted to the University of Pacific.



Freitas, Keith
Friesen, Ronald
Frost, Laura
Gagnon, Suzanne
Gagnon, Victoria

Gallagher, Catherine
Gandsey, Tricia
Garcia, Michelle
Garetto, Anthony
Garland, William

Gault, Jennifer
Gilbrech, Daniel
Glass, William
Goding, Tom
Gragg, Juanita

Gurr, Dean
Haak, Susan
Hackbarth, Michael
Halahan, Terri
Hale, Charlotte



Class profits \$500 on March 16 show

by Michelle Raney

Seniors looked to the past and present for the 20 acts that made up the 1984 Senior Show, held March 16 at 7:30 p.m., in the Cafetorium.

Ticket prices were \$2 pre-sale, \$3 at the door. With approximately 200 in attendance, the Senior Class made a profit of roughly \$500.

Class Advisors Donna Pinkney and Dennis Powell, along with show coordinators Sherri Stinnett and Shawney Parsons, organized the show which ran

two hours, with a 20 minute intermission for free refreshments.

Acts included scenes from such television shows as the "Newlywed Game," "Dating Game," and "Brady Bunch." Also performing were bands, such as the Go Go's, MoFoz, Switch 625, and the Uptown Girls. Demonstrating special talent was Gail Noakes who played two piano numbers. Seniors added extra entertainment with well-known commercials performed throughout the show. Master of Ceremonies for the evening was Jay DeLaney.

Judging from the laughter and clapping that came from the audience, the Senior Show was enjoyed by all attend-

ing. "It may not be nominated for an Academy Award, but it was entertaining," said Senior Paula Sanchez.

Show coordinator and Senior Sherri Stinnett expressed her feelings, "At first I worried if there would even be enough acts to make up the Senior Show. Then I worried if the acts would be good. It turned out I worried for nothing. The Class of '84 came through."

Junior Jim Lee voiced his opinion, "I was really surprised, the seniors put together a pretty funny show."

The proceeds from the very successful Senior Show went towards the Class Picnic and other activities.

Hallert, Kimberly
Hamann, Kris
Harbeck, Kristy
Harrelson, Eve
Harris, Mark



Harris, Tim
Hatcher, Keith
Heinrich, Kevin
Hendrickson, Daren
Henning, David



Hohn, Gerald
Hom, Milton
Homen, Glenn
Hudson, Kathryn
Hughes, Carole



Ingebretson, Sherri
Jacoby, James
Jellery, Latanya
Jensen, Chris
Jimenez, Marcela





Performing live in concert, Arroyo's Brady Bunch, Seniors Renee Regalmuto, Todd Lemke, Jamie Jacoby, Elizabeth Bennett, Jeff Mendoza, and Kathy Jones rehearse act

Rockin' out Seniors Lisa Costa and Deanna Roloff show they've got the beat as they imitate the group, the GoGos

Asking a question, Senior Jay DeLaney gets advice from Senior Sean Pierce on his acting techniques

After performing their own version of "New York, New York," Seniors Ken Montgomery, Lisa Costa, Evelyn Fernandez, and Susan Witkowski end with a spectacular finale



Johnson, Michael
Johnston, Jeff
Jones, Kim

Kahler, Susan
Kama, Sharon
Katosh, Joe



Commencement garb rental costs \$13.75

by Michelle Raney

January 18 brought feelings of anticipation and excitement to Arroyo's Class of '84

Throughout the day, Seniors arrived in the Administrative Conference Room to be measured for Caps and Gowns as the dream of a June 13 graduation came much closer to reality

"I felt happy at the thought of graduation being so close, but I also felt sad. My high school days are almost over," said Senior Terri Halahan.

Under the direction of Don Lane of

Iosten's, Seniors paid \$13.75 each which entitled them to wear the gown, cap, tassel, and medallion in the commencement ceremonies. As special reminders of their graduation, Seniors were allowed to keep the cap, tassel, and medallion

"Being measured for my cap and gown was great. I'm looking forward to graduating, but I do have mixed emotions about it. I think every Senior does," said Senior Lisa Costa

For the second year in a row, Seniors will attend the ceremonies on Bourne Memorial Field attired in red and white, the traditional school colors



Kennedy, Nancy
Krahn, Jeanne
Krahn, David
Krahn, Richard
Knopik, Kathy



Kornfield, Mitchell
Krahn, David
Lago, Jose
Lainz, Angela
Lane, Brett



Lapenas, Darlene
LeDoux, Daniel
Lee, Raymond
Legakis, Julie
Lemke, Todd



Leon, Cesar
Leopoldo, Cheryl
Liang, Michelle
Lievsey, Deric
Long, Todd





Photos By Gurr



As graduation comes closer in to view, Don Lane checks his figures as he measures Senior Mark Robinson

Listening carefully to Don Lane of Josten's, Seniors Denine Schmitz and Irene Manalisay wait to be measured for their cap and gown

Thinking about graduation, Senior Keith Toon waits patiently while Mr. Lane measures his head

Exchanging currency after being measured for his cap and gown, Senior Mike Witherspoon pays his rental fee



Lozano, Chris
Lucero, Alexia
Madeiros, Sonva

Manalisay, Irene
Marilao, Kathy
Marples, Paul





Photography Activities



Martinez Debbie
Martinez Margarita
Matheson Keith



McGill Mark
McPherson, Aileen
Mello, Jeff



Starting off with a bang, Close-Up members visit Williamsburg, Virginia where colonial guard demonstrates the shooting of a cannon

Taking time out of their busy schedule, Senior Susan Kahler and Teacher Vicki Bissell discuss their plans for the rest of the week

Close-Up Participants: Front Row: Leila Yassin, Kathy Cho, Juanita Gagg, and Miho Takarda. Second Row: Janae Anderson, Susan Kahler, Florida student Erin O'Brian, Cindy Eckinger, Susan Witkowski, and Jill Antone. Back Row: Gerry Fisher, Tracy Sterling, Lisa Costa, Sherry Bargaghoti, and Debbie Roderick



13 Arroyans visit Washington monuments

by Nancy Kennedy

Deciding to take a closer look at the political machine, 13 Arroyo students accompanied by Teacher Gerry Fisher made the excursion to Washington D.C. "It was the highlight of my senior year, even though it cost a lot it was worth it," stated Close-up President Janae Anderson.

The trip, for one week at the cost of \$775, included round-trip fares, meals, and hotel accommodations at the Quality Inn in Pentagon City, five miles

out of Washington D.C.

In the hotel rooms, there were four people per room; two of whom were from the same school and two who could have come from Florida, Georgia, or Southern California. The group went from December 11-17.

This was the tenth year Arroyo has participated in Close-up. "Students are able to interact with other students from another state, and can get a deeper understanding of how our government works," stated Government Teacher Sheila O'Connell who has participated in close-up on five different occasions.

The activities for the week consisted of seminars that focused on political, economic, or social issues. Each session was with a different speaker. Students spent a day or two on Capitol Hill where they met Congress members. To take a break from government, the students got to go to a play or show and ate in a local pizza parlor and concluded the week with a banquet and dance.

"I had a wonderful time, and it was a great experience for me. I learned a lot more about how our government is operated and who runs it. I had the time of my life," stated Senior Lisa Costa.



Mello, Michelle
Mendiola, Michael
Mendoza, Jeff
Merritt, Vince
Metz, Jeff

Miler, Jim
Mingarelli, Brooke
Mitchell, Kelly
Mitchell, Kara
Mitchell, Mark

Montgomery, Kenneth
Montoya, Dana
Moore, Ken
Moore, Toni
Moran, Mark

Morris, Doug
Munoz, Sheri
Nakashima, Craig
Neto, Paula
Neves, Julie





Photos by Proctor



Newell, Robert
Nnakes, Garl
Nobriga, Ken

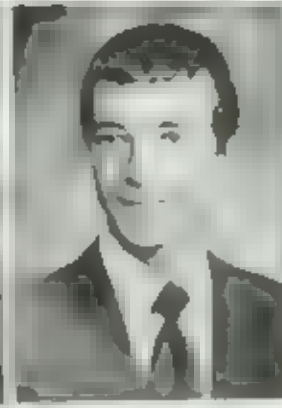
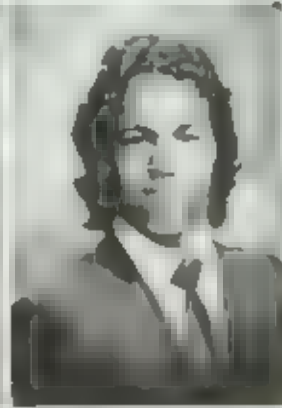


Playing wheelbarrow, "Best Personality" winners Staci Brose and Dave Hennings smile while thinking of a joke

Using up every minute possible, Don Forsberg who was named "Contributed Most," hangs posters to publicize senior events

Showing off his strength, "Most Athletic" Brett van Leds up Suzanne Roberts as if she were a football on a weight set

Making use of his valuable time, "Most Likely to Succeed" Ken Montgomery studies all he can for his physics class



Nunn, Betsy
Ogata, Arlene
Olewinski, Gregory



Only 92 vote to select class favorites

by Michelle Mello

"I was surprised that only 92 Seniors voted for the 1984 Senior Class Favorites. Students usually can't wait to vote for the person from each category," stated Senior Class President Ken Montgomery about the number of voters.

Montgomery also added, "The purpose of the Senior Favorites as primarily just a tradition being carried on."

Unlike the previous means of announcing the favorites at the Senior Ball, the results were announced dur-

ing March on campus.

"I wish they saved the results for the Senior Ball, so there would be something to look forward to," commented Senior Class Secretary Lisa Costa. "It's more exciting to hear the winners at the Ball."

Another change took place was the voting procedure. During a class meeting, students nominated people for each category. The rest of the Seniors voted from the list of nominations. Students were expected to vote on their free time in the Student Government office.

Winners of the five main categories were "Most Likely to Succeed," Evelyn Fernandez and Ken Montgomery,

"Most Athletic," Suzanne Roberts and Brett Lane; "Contributed Most", Evelyn Fernandez and Don Forsberg; "Best Personality," Staci Brose and Dave Hennings; and "Most Spirited," Vicki Corral and Joe Olivera.

"It seems as though the merger of the two schools finally showed up through the results of the winners. I felt as a part of the Class after the selection of the favorites," confessed Winner Vicki Corral.

Senior Vince Merritt, who was voted "Biggest Flirt", "It was an embarrassing award to win, especially when a girlfriend sees it in the book. I think the categories should be changed into new and different ones".



Oliveira, Jose
Orlowski, Ed
Oyarzo, Benjamin
Pacheco, Karen
Pacheco, Peter

Paine, Tim
Parsons, Shawney
Partridge, Janet
Pavlic, Rhonda
Paye, Denise

Penning, Don
Pestana, Rick
Pierce, Sean
Pimintel, Bridget
Polvorosa, Nicole

Ponzo, Charlene
Proctor, Bryan
Protto, Kim
Pryfogle, Mark
Quintana, Patty



New fashions revealed for '84 Senior Ball

by Lisa Duncan

One of the most anticipated events for seniors is the Senior Ball. So the second annual Senior Ball Fashion Show was held in Arroyo's Cafetorium Thursday, March 1, to let the students and parents have a look at the latest styles in formal wear.

There were a total of 32 models and 18 escorts who participated in the show. All models were members of the **Gazette** and **Arroyo** staffs, and students in beginning journalism courses.

"It was an interesting and fun experience for me. I think anyone who gets an opportunity to try modeling, should!" stated Model Darlene Lapenias.

All formal dresses were donated by Brides n' Belles and Holiday Bridal, located in San Leandro, from the clothes Barn, located in Hayward, and Kay's Bridal Shoppe in Castro Valley. The tuxedos were donated by Gingiss and Selix located in Hayward and from Smiths in San Leandro, and Tuxedo King in Newark.

The coordination of the show was

Photos by Fashinet

done by Students Darlene Lapenias and Brooke Mingarelli. Supervision was led by Mary Lou Barros, Kathy Dezotte, Patricia Karrick, Richard Lloyd, Pam Ne-deau, and Jack Wilber.

Approximately 400 attended this fund raiser and a profit of over \$500 was made. The funds were used to go towards the Journalism Education Association Convention held in Phoenix, Arizona.

Racette, Stacy
Ramos, Gaudalope
Ramponi, Gary



Raney, Michele
Rantz, Steven
Raum, Ingeborg



Reason, Laurie
Reed, Bradley
Regalmuto, Rene
Regan, Lisa
Rennie, Matthew



Repose, Mark
Reyes, Deborah
Reyes, Joseph
Richardson, Patricia
Roberts, Suzanne





Robertson, Keith
Robinson, Mark
Robinson, Michael
Rocca, Vicky
Rodrigues, Kimberley

Roloff, Deanna
Rosalla, Salome
Salcedo, Ricardo
Sanchez, Cynthia
Sanchez, Mary



Walking down the runway, Junior Denise Renquist wears a cherry red chiffon evening gown and is escorted by Junior Michael Fitzgerald in a tuxedo from Smiths

Displaying their elegant fashion wear at the Senior Fashion Show, Seniors Tim Harris and Elizabeth Bennett give each other a loving and romantic kiss

Stepping out after the show, Paula Neto, John Aguilera, Evelyn Rodriguez, Mark Pryfogle, Darlene Lapenas, Al Elpusan, Jeanine Killaan, and Ken Barros to receive another round of applause



Photo by Fastback



Sanchez, Paula
Santos, Stacy
Sargent, Gina

Scallon, James
Schmitz, Denine
Schneider, James



'Family Feud' Game awards Seniors \$40

by Michelle Mello

"For being the first "Family Feud" game, I feel that everything ran smooth and everyone who participated had a lot of fun," commented Senior Class President Ken Montgomery.

This event had a turnout of 80 people, including faculty and students. Montgomery felt the amount of people who came was "pretty good" since it was the first event of this nature and the "event wasn't publicized early

enough."

Winning a total of \$40, the Seniors had to take three games to come in first place. Second place winners, who had a very close score to the Seniors, were the faculty members. Juniors trailed in third place with the Sophomores behind them in fourth. Freshmen finished in fifth place, and the Eighth Graders were eager to win, but placed last.

Activities Director Jack Hunt felt that the game was a "new idea for students to build enthusiasm and for class competition."

Leadership Class was able to profit the remaining \$40 from admissions.

Half of what was made at the door was the amount the Seniors won, and the other half was kept by Leadership who sponsored this event. The game was held in the cafeteria September 28.

First of all, the teams were chosen by drawing five names from each class. Two teams played at a time. Montgomery, who played host, asked each team questions and the team who answered the questions correctly, won points. Questions varied from, "What is your favorite food on campus?" to "What is the most common name on campus?"

"I hope this event can be done again," added Montgomery.



Photo by Ashwell



Photo by Ashwell

Schwarz, Jenny
Scott, Karen
Serrano, Martha



Shadrick, Ana
Shelton, Kelly
Shubert, Shawn

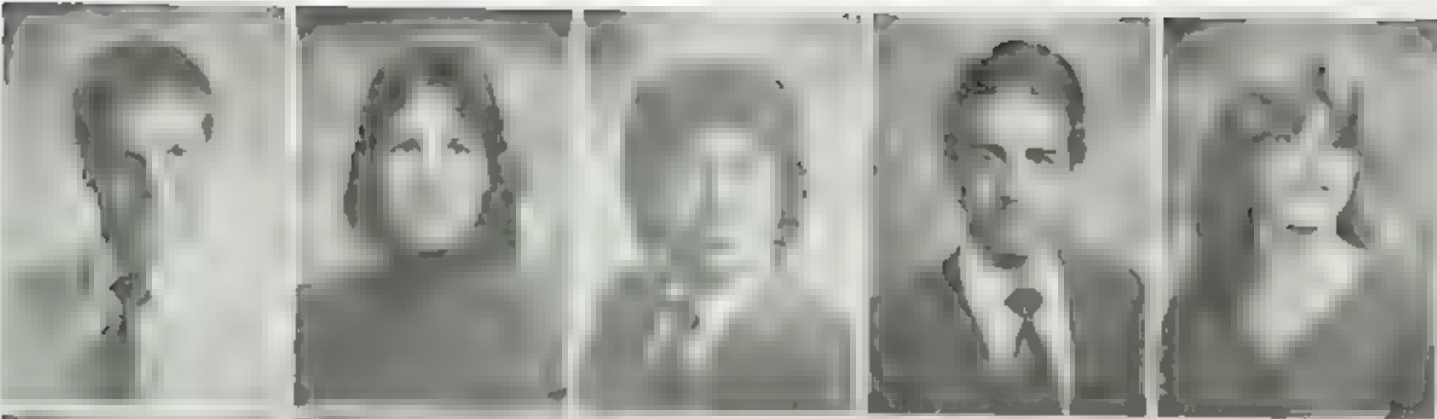


Responding joyfully to Feud Organizer Ken Montgomery, freshmen Lorrie Steinert and Susan Schwarz prepares to give the answers.

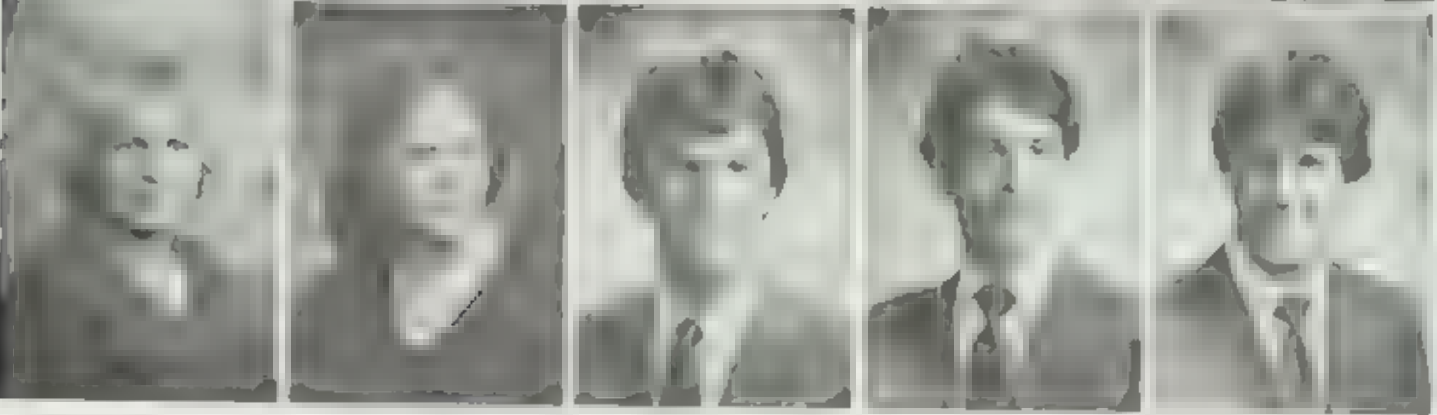
Listening intently to a contestant's answer, Junior Class President Debbie Roderick prepares to show the next result.

After flipping on the light switch, Eighth Grader Steven Hartwig answers a question given by "Ken Richard Dawson" Montgomery.





Silveira, Michael
Silveira, Margaret
Siroy, Leonard
Sisneros, John
Smith, Juanita



Smith, Shelly
Sparrow, Julie
Stagnaro, David
Stefani, Todd
Stewart, Gregor



Photo by Fashnell



Stewart, Glenn
Stinnett, Sheri
Stone, Richard

Stoner, Robert
Stratton, Linda
Strom, Kevin



Stuart, John
Sudar, Michelle
Sullivan, Chris
Swall, Stephan
Tagliapietra, Dawn



Talley, Michael
Tamala, Sharilyn
Tanner, Meri
Teixeira, Arnold
Tilton, Tammy



Rally squad averages third in competition

by Nancy Kennedy

After long hours of practice and a lot of hard work, the Rally Squad competed in three Bary Area events and averaged a third place finish for their efforts

Practicing three to four hours daily, six days a week, the Squad was advised by Instructors Kim Hardester, Ellie Telesco, and Veronica Binder

The first competition was held at Yg-

nacio Valley High School. "It was our funnest (sic) competition. We were all very nervous watching the other schools, but we did great," stated Cheerleader Stacy Brose.

The Squad's second event was held at Mission San Jose High School "Eventhough we didn't win, we still had a lot of fun. It was our toughest competition. The songgirls were very pleased with the outcome of the event because they defeated Hayward High and tied with Moreau," stated Brose.

The final competition was held at Mt Eden High School. "We just went out and had fun and did our best," stated

Cheerleader Deanna Roloff

All of the hard work paid off, as the squad's received a third place at the Omega competition.

"I think competition is the best time of the year. It really draws everyone closer together and makes us more united. I guess you could say we're more of a family during this time of the year," said Songgirl Katy Hudson.

"We put a lot of hours of practice all year long, but we were really never close until competition came. All of the excitement of competing brought us closer together," said Rally Squad member Roloff

Taivonen, Mika
Toon, Keith
Torrao, Kimberly



Trujillo, Andrea
Tuzon, Darwin
Valente, Virginia

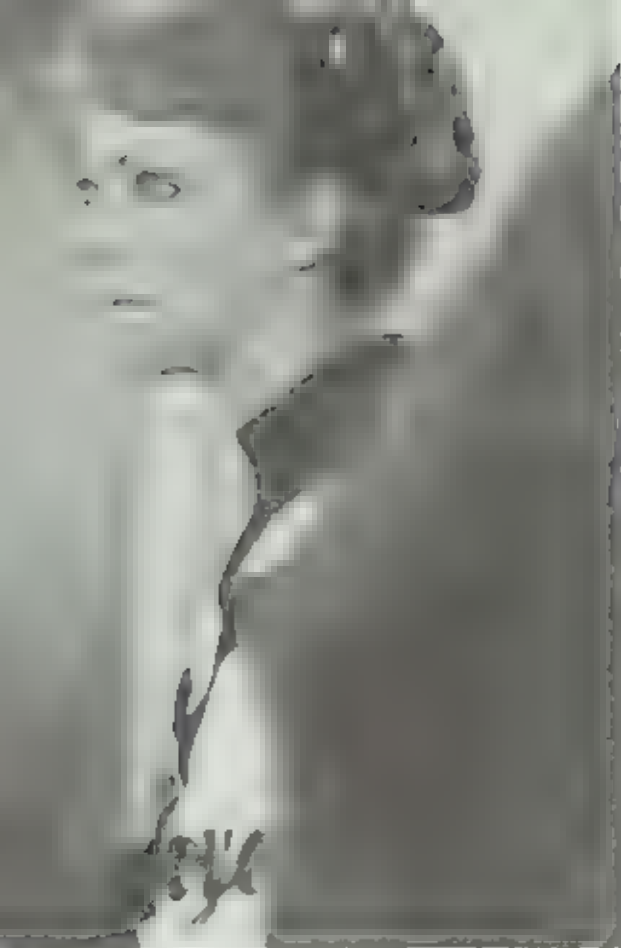


Vales, Timothy
Vanderheiden, Nancy
Vandeveer, Heidi
VanHeurck, David
Vidaurre, Vicki



Walters, Edgar
Williams, Missy
Williams, Randy
Wilson, Ron
Witherspoon, Michael





Photos by Frates



Cheering enthusiastically, Songgirls Shawney Parsons, Vicky Corral, Deanna Hill, Paula Neto, and Theresa Yim form an A to show the spirit of Arroyo

Showing off for the judges, Cheerleaders Juanita Gragg and Stacey Racette try a dangerous position to score points

Looking at the judges in concern, Junior Deanna Hill waits patiently for their decision

Having a good time, Junior Deanna Hill, Senior Juanita Gragg, and Junior Susan Holmes compete in a Bay Area competition



Witkowski, Susan
Wong, Randy
Wright, Michele

Wurm, Jill
Yassin, Leila
Yim, Gregory

Yuzon, Emmanuel
Zoggas, Deana
Zoggas, Gina



Abbott, Sean
 Acevedo, Eddy
 Adams, Sherri
 Agrella, Kevin
 Aguilar, Danny
 Aguilera, John



Alarcon, Lidia
 Alcaraz, Alex
 Altomare, Denise
 Amaral, Ross
 Anderson, Rebecca
 Anguiano, Javier



Antone, Tim
 Aranda, Robert
 Arionus, Lance
 Arrowsmith, Shauna
 Ausmus, Melissa
 Autin, Alaina



Balandra, Bob
 Barajas, Beto
 Bargagliotti, Sherry
 Barrett, Dawn
 Barros, Ken
 Barton, Mary



Bauer, Dusan
 Becerra, Lor
 Breman, Rachel
 Bennett, Ken
 Berg, Beth
 Berrios, Jose



Bertaud, Erik
 Binder, Veronica
 Blank, Jon
 Blevins, Michelle
 Borges, Kevin
 Bourne, Gianna



Boyer, Beverly
 Brelein, Brad
 Bricker, Dennis
 Broughton, Ann
 Brown, Dawnette
 Bunker, Dave



Juniors help Roderick in return of prom

Junior Class Council: Vice President Dyan Dezotte, President Debbie Roderick, and Treasurer Pam Crooke

Photo by Fashinell

Pulling up her sleeve, Junior Susan Holmes decides which is the best way to mount a stubborn donkey while Junior Ted Parham and Sophomore Michelle Smith watch

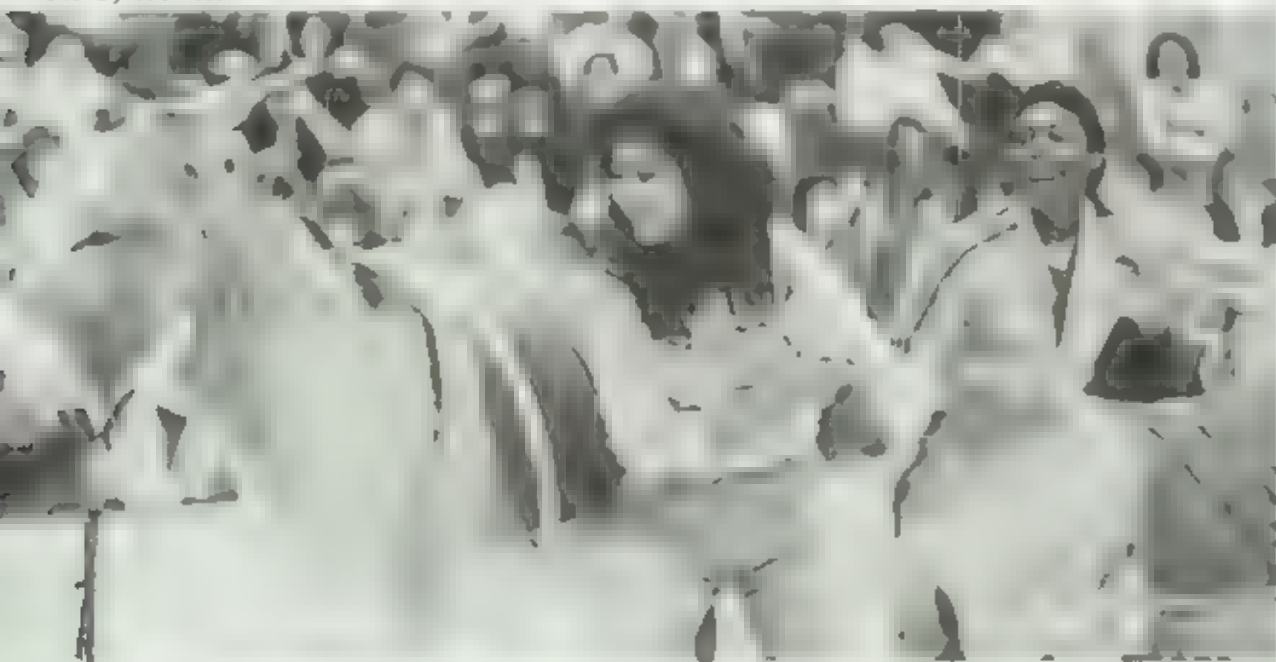


Photo by Gurr



by Michelle Mello

For the first time in years and in return to tradition, the juniors were able to have a Prom. The event turned out to be successful and the largest money maker for their funds.

Junior Class President Debbie Roderick stated, "I didn't plan on having this event as our major fundraiser. I just wanted the class to have a special occasion just for them as a reward for all the help they contributed."

The Class of 1985 finally had the Junior Prom approved by the administration. It was held April 6 in the Gymnasium.

Officers included Roderick, Vice-President Dyan Dezotte, Secretary Laura Luehmann, and Treasurer Pam Crooke. French Teacher Suzanne Fogg was the only advisor as opposed to the other classes which had two.

The Juniors were well off in their finances. They started the school year with an outstanding total of \$5,000 and ended up with a remarkable \$6,500. Other fundraisers, besides the Junior Prom, included a Mexican stand at Day-in-the-Park, a rollerskating party, \$100 grocery gift certificate drawing, gift checkbooks sale, 25-cent-a-spoon dinner, a pizza night, a flowergram sale, bakesales, carwashes, and other various drawings.

"Our class is a lot of fun to work with because they have creative ideas, they help out with everything, and they're a good group of people," stated Roderick, who served her class for the fourth year as president.



Burton, Lisa
Cameron, Bruce
Campbell, Dave
Cardana, Sandy
Cardera, Traci
Carter, Corinne

Casuga, Bob
Catano, Kim
Chang, Pamela
Chinn, Decann
Choate, Tammie
Christensen, Tina



Bike Club plans for summer grand finale to Yosemite National Park

Photos by D'Augelli

by Todd Long

Mother Nature's Weather man played a big part in clubs like the Bike Club

Weather meant the difference between an excellent trip to remember or a miserable day for a ride. Sometimes good weather was a priceless virtue, and bad weather meant a canceled trip and a disappointment

"Last year we were plagued with a streak of bad weather, but this year Mother Nature was nice to us. We had to cancel only one trip this year due to bad weather," stated Bike Club Advisor Michael D'Augelli

"The Bike Club paid for the trips with fundraisers which included the usual gift check book sale, "which always helps us out a lot," and a car wash, said the advisor. "The car wash turned out to be very profitable for us too. We were given a ten per cent discount from Ross Bike Shop, for everyone of the bike club members. The owner just happened to stop by," stated D'Augelli

At press time, D'Augelli stated that the Club has two more big trips planned; one to Santa Cruz, down Highway 1, and the Grand finale to Yosemite this summer. It was planned to be a two-week trip starting June 15 and ending June 27.

"I just hope that everyone can make the trip," commented D'Augelli

After the long trip to Point Reyes, Bike Club Members David Salazar and Ryan Combs still find enough energy to walk up the stairs to the lighthouse for a spectacular view of the ocean

Arroyo Bike Club: Front Row: Scott Pristas, David Salazar and Erik Hove. Back Row: Donald MacDonald, Joe Watson, Jeff Haskins, Petri Toivonen, Ryan Combs, and Ken Chambliss

Before the trip to Point Reyes, Junior Bike Club Member Petri Toivonen makes sure that his bike is in perfect working order by checking everything including the rear tire



Photos by D'Augelli



Crimele, Angela
Clark, Julie
Clarke, Janel
Clegg, Barbara
Clements, Paul
Coker, Lori



Combs, Greg
Connelly, Karen
Corley, Jackie
Croll, Mark
Crooke, Pamela
Cruz, Brenda





Cruz, Joseph
Cuevas, Jose
Daly, Neil
Damerai, Tami
Davis, Jean
Delgado, Dave

DeLima, Bobby
DeLuna, Rolly
Dezotte, Dyan
Dixon, Dan
Dlugosh, Chris
Dolin, Mark

Drew, Andrea
Duncan, Kristy
Duncan, Lisa
Dupree, Serena
Durning, Brent
Dutton, Chad

Early, Gordon
Easley, Jim
Eckinger, Cindi
Elpusan, Ray
Endonila, Maria
Enea, Donna

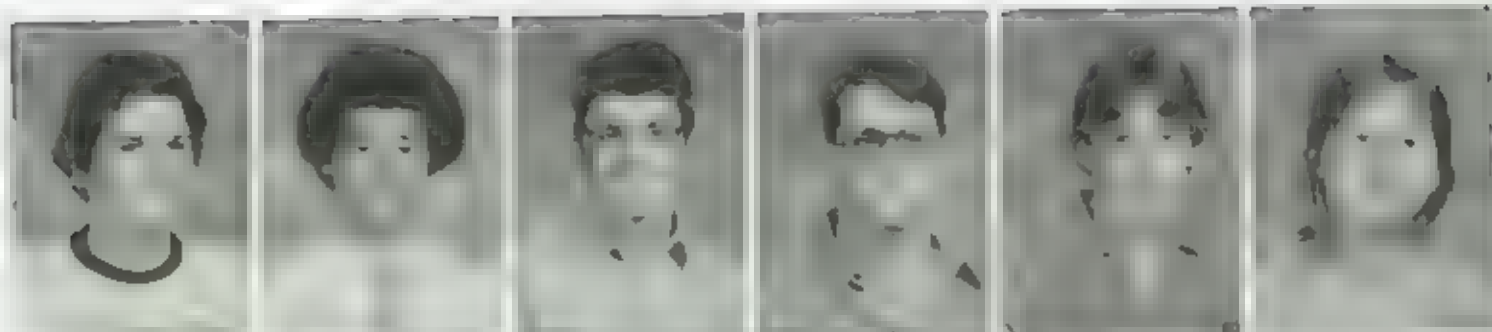
Fernandez, David
Fernandez, Ozzie
Ferreira, Scott
Fitzgerald, Monica
Flanders, KC
Fleming, Robert

Fletcher, Robert
Flores, Ron
Fobroy, Brian
Forsberg, Jill
Frame, Dennis
Freeman, Marci

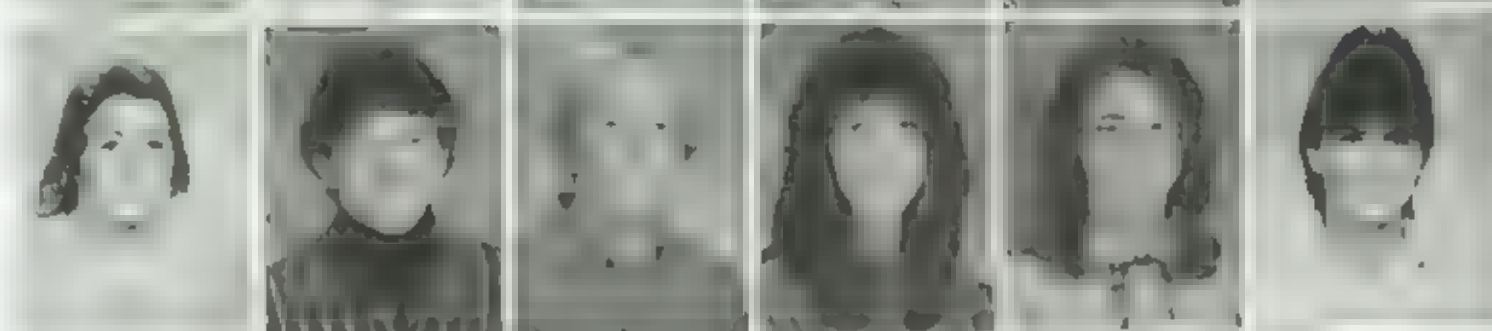
Ganem, Darrin
Gantt, Sherry
Geick, Clea
Geine, Katherine
Gomes, Gail
Gonzales, Denise



Gonzalez, Raul
Green, David
Guthrie, Doug
Guthrie, Lynn
Hacker, Jerry
Hall, Mark



Hargrove, Patty
Heaman, Chad
Henderson, Brian
Henderson, Renee
Hendricks, Tanya
Hernandez, Matt



Hickman, Darlaine
Hicks, Tim
Hill, Deanna
Hitchcock, Adam
Hocker, Joe
Hoerber, Kim



Hoffman, Bridget
Hoffmann, Tanny
Holgate, Greg
Holmes, Susan
Howard, Anna
Hunt, Suzanne



Ip, Philip
Jarrett, Tom
Jeong, Lisa
Jew, Sharon
Johnson, Mike
Johnson, Ronnie



Judd, Trevor
Kima, Gloria
Kiser, Steve
Kaye, Danny
Kaye, Kath
Kenny, Denise



Kelly, John
Kelsey, Leslie
Keown, Bobby
Kim, Peter
Koch, Jerry
Kosloski, Lisa



Students sacrifice social lives to work part-time for extra money

Preparing a large combination pizza, Seniors Mark Pryfogle, Bob Frates, and Sophomore Van Pryfogle joke around as they admire their masterpiece.

by John Aguilera

No matter how tough or how bad the job was, Arroyans still kept working.

The thing students wanted most out of a job was money; to buy clothes, food, gas, or have fun. It also meant having the look of a person who had responsibility and enthusiasm.

"I didn't want to be dependent on my mom. I want to earn my own money and support myself," stated Student Body Vice-President Mickey Potts.

Most students don't have to work for a living, but if they enjoyed having extra money, a job was necessary.

"It's not worth it at all, but the money pays off," stated **Gazette** Editor Mark Pryfogle. "I've found it is very difficult to study, but somehow I have kept up."

Another reason students worked was for the experience and benefits that the job provided in the long run.

"Working has helped me learn valuable lessons in everyday life and situations pertaining to school," stated Senior Class President Ken Montgomery. "Also it has been a lot of fun because I've been able to make a lot of new friends and I've had to learn to deal with a lot of people."

Students felt school was more important, but they also felt that they were able to handle both school and working. Working and going to school certainly interfered with a student's academics and social life.



Photo by Carr



Aral, Lisa
Krause, Cheryl
Krstulovich, Tony
Kurtz, Len
LaFleur, Laura
Landreth, Phil

Larison, Lisa
LaRosa, Cecilia
Lavine, Lisa
Layne, Diane
Lazarus, Devon
Ledda, Frank



Center assists students' plan for future

by Susan Brokke

Instructing his career decisions class, Teacher Ken Weissenborn explains the importance of choosing the right career. The career programs guide the students toward the career for which

they are best skilled. Although the course is only one quarter long, it helps students learn the correct procedures of choosing their career, and getting the job.

The career department at Arroyo High School has come a long way. Since 1975 when it first began, the department has accumulated much information concerning career opportunities.

Career Center Technician Barbara White has done much research on college information to help students prepare themselves for the business world ahead.

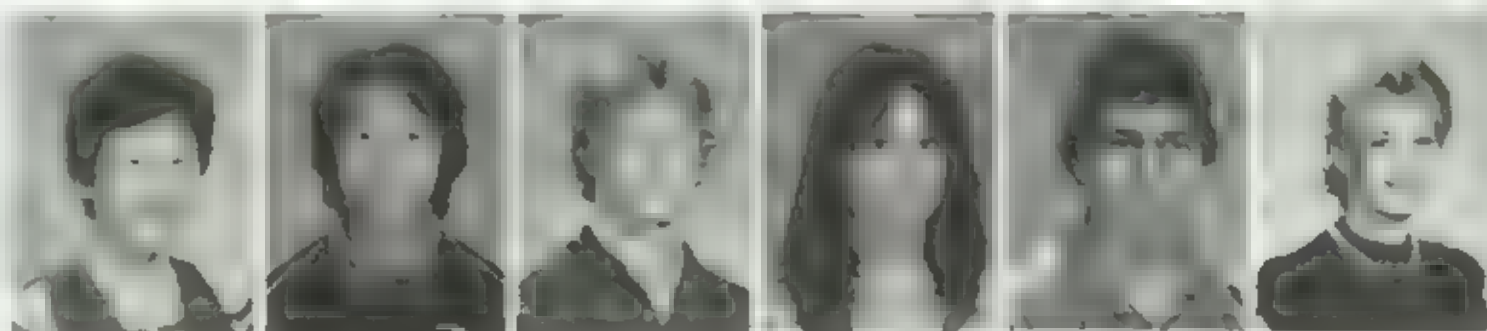
When the career center first started, it was run by parent volunteers. It became too confusing, and the department decided to hire one technician to carry out the responsibilities of the center. White is employed not by the school district, but by the R.O.P. program. She keeps all information up-to-date by contacting different colleges and businesses. She also helps out with the job research of the career decisions classes.

Teachers Ken Weissenborn, and Mary Camezon, were the instructors of the class which lasted one quarter and was designed to make students aware of the procedures in getting a job. The students are given a GAT B test to find out what skills they have for a particular career. They are also taught how to write a resume and how to act during an interview.

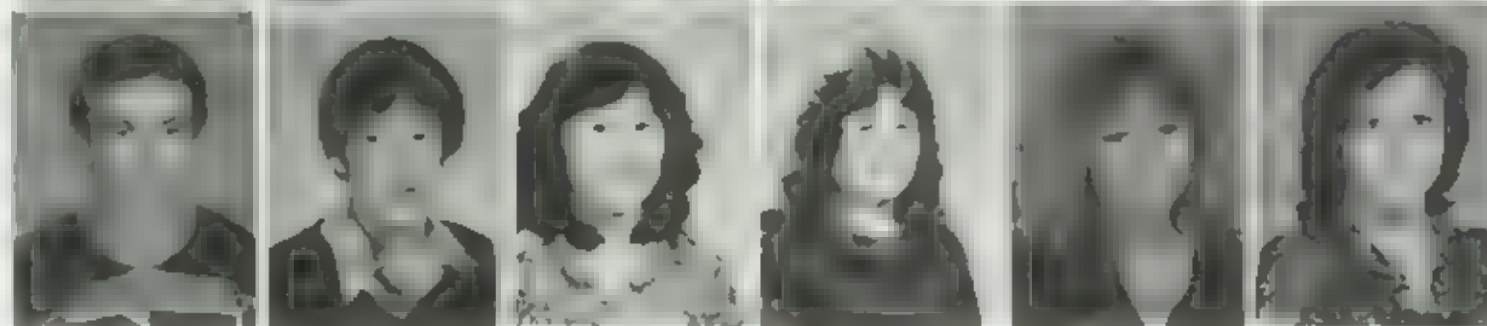
With a lot of hard work from him, and with the cooperation of parents, the career center became a great opportunity for students.



Lee, Dora
Lee, Kent
Lee, Jim
Lenz, Dawn
Leon, Lee
Levesque, Susan



Lewis, Lamont
Lim, Norman
Lin, Dorothy
Long, Diana
Mooney, Erin
Lopez, Diana





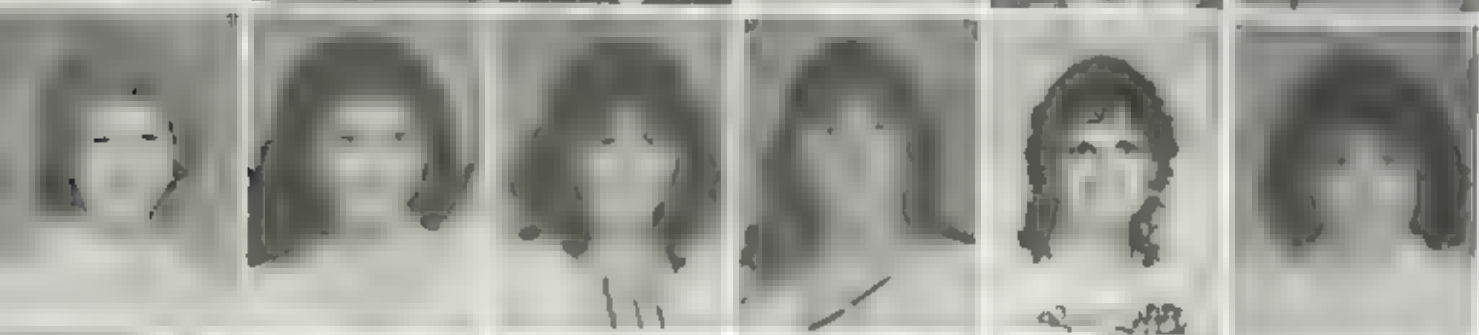
Love, Barry
Lovell, Steve
Lucia, Sharleen
Luehmann, Laura
Lutle, Cindy
Macapagal, Ruperto



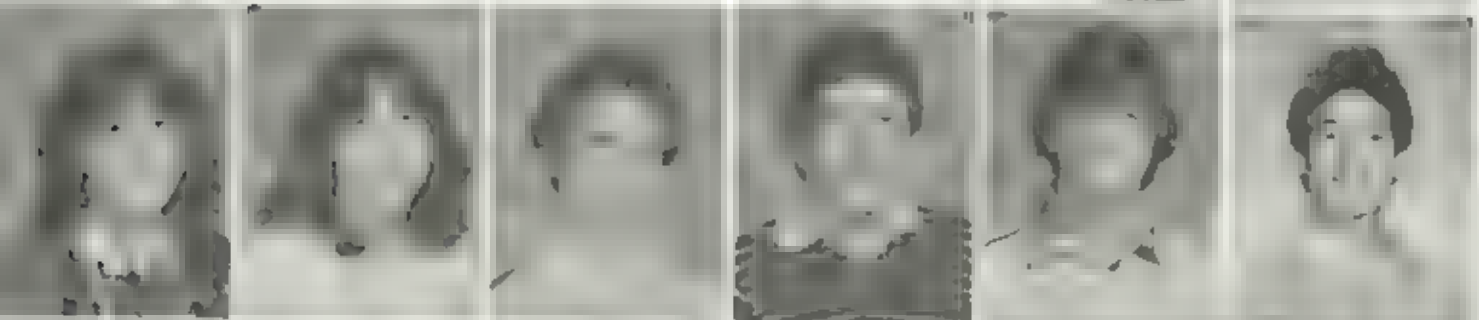
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Maldonado, Gabe
Manstrom, Debbie
Markette, Dino
Marples, Mark
Marquez, Florante



Mason, Leslie
McKenna, Maggie
McLearen, Michelle
McNiel, Nick
McPherson, Aileen
Medeiros, Tracy



Melton, Rebecca
Merino, Sylvia
Mitty, Sandra
Mojarro, Angie
Moniz, Mary
Montaine, Adrienne



Moser, Laurie
Moser, Sandy
Mrak, Steve
Mulock, Glen
Munsmett, Jim
Napoli, Gianni



Nguyen, Minh
Nichols, Dan
Nicoletti, Sandra
Nuchols, John
O'Malley, Casey
Ong, Todd



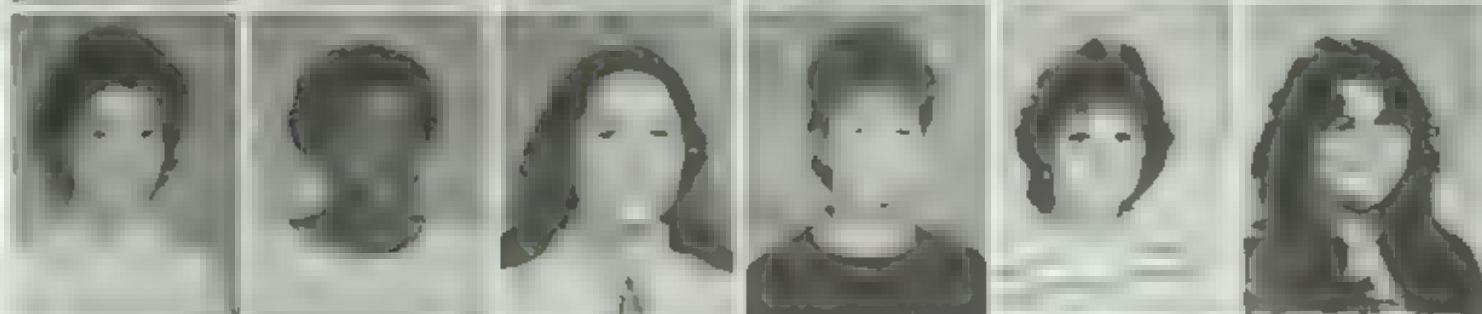
Ortega, Karen
Padilla, Michael
Pagni, Doreen
Parham, Ted
Patrick, Robert
Paugh, Shawn



Pavan, Rich
Payne, Warren
Phipps, Brad
Pierce, Veronica
Pinedo, David
Pond, Cynthia



Porrass, Deanna
Potts, Micky
Proctor, Jennifer
Pratto, Kim
Pusich, Jodi
Quintell, Monique



Ricetti, Richard
Ramirez, Sandra
Ramos, Cory
Randolph, Danny
Regan, Danny
Regnier, Steve



Reid, Ron
Renquist, Denise
Riposte, Mark
Riedley, Jessica
Rinella, Diane
Robinson, Jeanette



Robinson, Troy
Rosenick, Deborah
Rodriguez, Evelyn
Rogers, Paul
Rosen, Steve
Rosen, Adam



Rubero, Dan
Russell, April
Sanford, Carrie
Santow, Eric
Schroeder, Susan
Scott, Deanna



Scott, Joey
Seagraves, Brian
Shaw, Kellie
Shapiro, Dan
Silva, Davide
Silva, Eric



Gazette, Arroyan staff members excell at convention

Conventioneers: Front Row: Bob Frates. Second Row: Richard Lloyd, Sherry Law, Charlene Perze, Andrea Ogata, Michele Searan, and Sorenson. Third Row: Vicky Palma, Kara Mitchell, Daniel Pryfogle, Gerald Hohn, Nelson Cardadeiro, and Gail Noakes. Fourth Row: Michelle

Mello, Bryan Proctor, Brad Breilein, Steve Rose, Kristy Hansen, Jim Lake, and Dean Gurr. Back Row: Vince Merrill, Janine Vanderbeck, Steve Witherspoon, Laura LaFleur, Joe Reyes, Elizabeth Bennett, and Mike Fitzgerald



Photo by Robinson

by Brad Breilein

At an April convention in Phoenix, Arizona, the Arroyo High School journalists placed sixth nationally.

Consisting largely of students from the Newspaper and Yearbook staffs, four journalists excelled at the Journalism Education Association Convention to propel Arroyo to an overall sixth place in the competition.

Senior Janet Partridge won a first place for her submission in copy editing, one of the most difficult events in the overall competition.

Newspaper Editor Mark Pryfogle took an honorable mention in the newspaper layout section.

Dean Gurr, editor of the Arroyan, placed third in the section dealing with yearbook theme and design. Gurr replied, "I was surprised (I won). There was a lot of competition. We were pressed for time."

The other winner in the competition was Senior Elizabeth Bennett. Bennett won a third place in the yearbook layout inside pages competition.

All of the winners were overwhelmed by winning. They all were quite modest feeling that they were genuinely shocked at having their work selected as being among the best in the nation.

After the write-off competition, the students were to attend seminars the next day which dealt with prospects of newspaper and yearbook techniques.

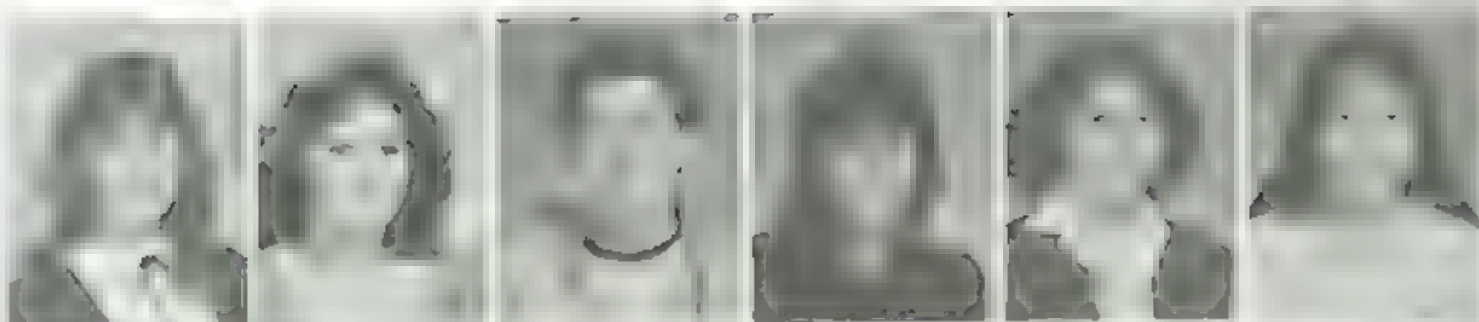


Silva, Rhonda
So, Linda
Somsak, Gwyn
SooHoo, Andy
Sorensen, Inga-Lynne
Sposeto, Jim

Springer, Todd
Statne, Ann
St. Amant, Flaca
Stapp, Kevin
Sterling, Tracy
Stigall, George



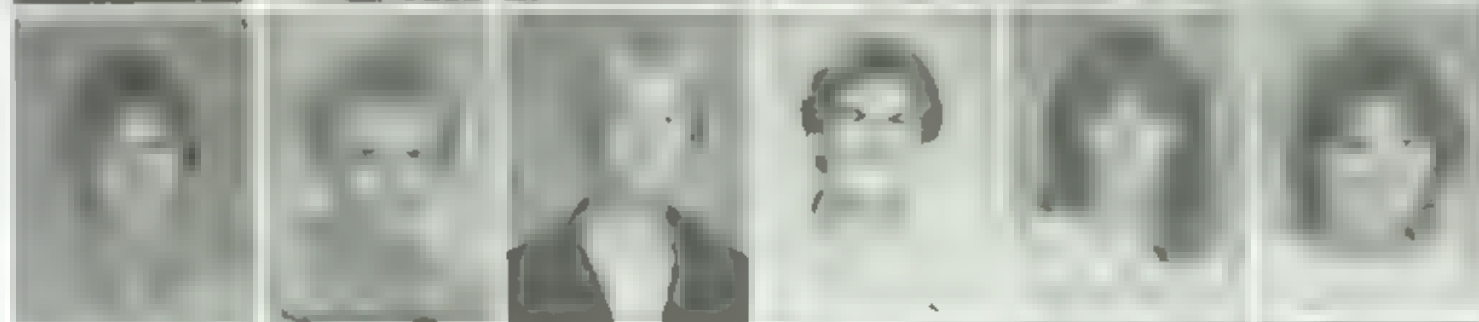
Slender, Patti
 Stockton, Deanna
 Stover, John
 Strand, Michelle
 Strom, Becky
 Takeda, Karen



Tang, Steve
 Tavani, Pam
 Taylor, Randy
 Tejano, Jocelyn
 Telles, Pat
 Thomas, Vicky



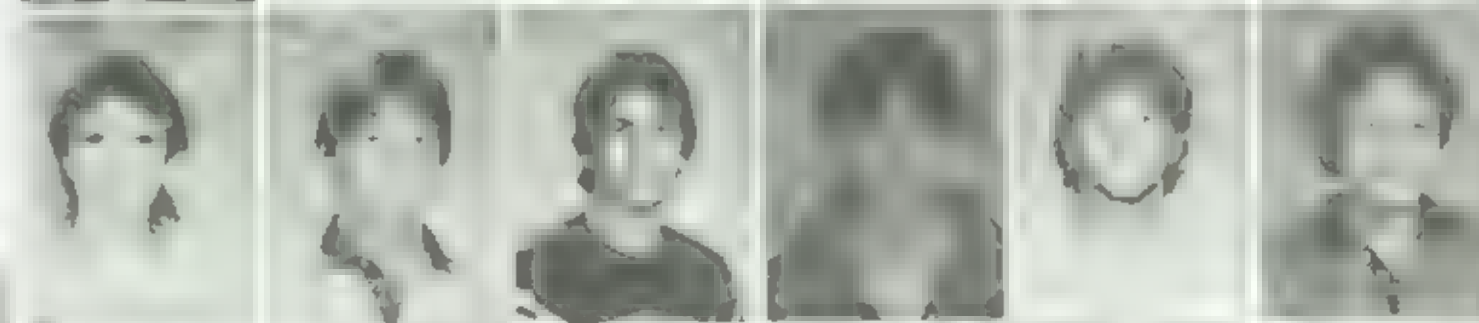
Thornton, Jerry
 Tiernan, John
 Toivonen, Petri
 Tortorelli, Vincent
 Town, Deanna
 Tracy, Lynn



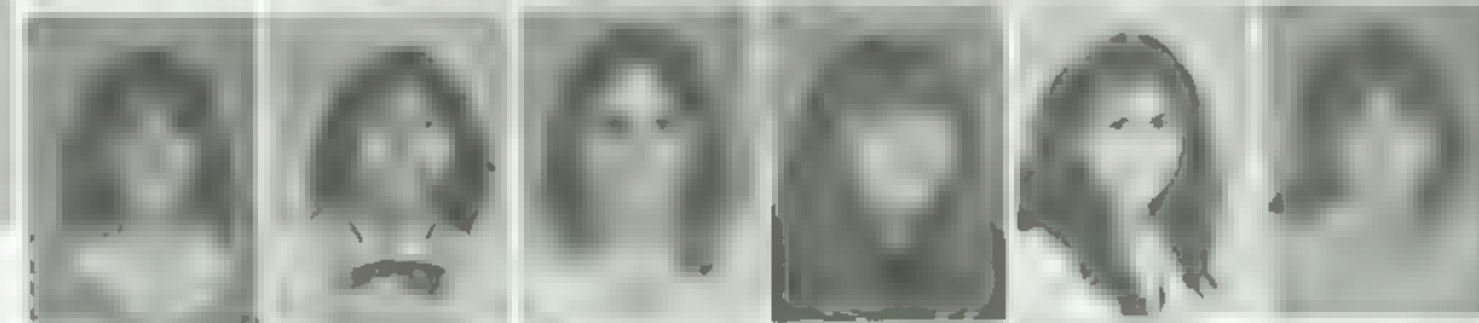
Tse, Danny
 Tsumos, Yvonne
 Turner, Allison
 Urizar, Mayra
 Urizar, Otto
 Valdes, Jesse



Vanderbeek, Janine
 Vanhile, Victor
 Vargas, Gilbert
 Vasconcelos, Richard
 Vegas, James
 Victoria, Eddie



Ward, Steve
 Ward, Mary
 Ward, Sally
 Ward, Anna
 Wasch, Audrey
 Waybright, Chris



Wee, Sandra
 Werand, Debbie
 White, Rich
 Williamson, Kristina
 Wilson, Gary
 Wilson, Steve



Popular music hits Bay Area youth hard- students rave about concerts

Arroyo Alumni Dave Mennikett and Joey Alves of Y&T really get into their music at the New Year's Eve 1983 blowout at the San Francisco Cow Palace

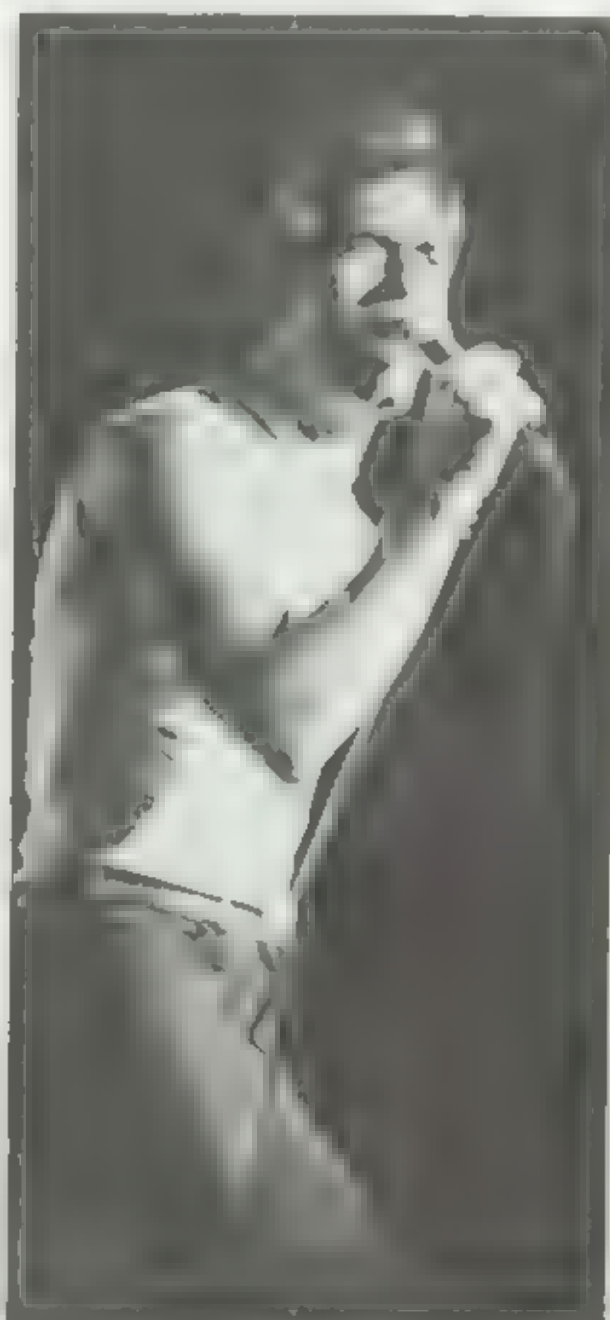


Photo by Frates



Getting into the song, Huey Lewis and The News' lead guitarist Chris Hayes plays his lead to perfection. The Band's last album, "Sports," was in the Top 10 shortly after its release

Belting out one of the band's recent hits, Huey Lewis gives it all during the band's sold out New Year's Eve show at the Kabuki Nightclub in San Francisco



by Vicky Palma

Music was one of Arroyo's favorite pastimes. Ever since M-TV came out in 1980, more interest in modern music has developed for students.

An individual had several choices of popular music from which to choose, including punk, new wave, soul and, of course, rock. Many bands from these categories performed locally at places such as the Oakland Coliseum in San Francisco, the Civic Center and Warfield Theater.

"Mod" or new wave made an exceptional entrance into the Bay Area recently. Performers such as Duran Duran, Thompson Twins, The Clash, and Billy Idol were only a few of the hot concerts this year. Billy Idol, in particular, was one that received a lot of recognition. His rude gestures and remarks brought a lot of attention to his reviews.

The Stray Cats and Roman Holliday concert attracted many students.

"I'm glad the concert was at the Civic Center since there's a big dance floor and one couldn't help dancing to the rockabilly tunes," said Senior Rene Regalmuto.

In soul, the big news was Prince, the Time, and Vanity 6, since tickets were sold in less than a day.

As for rock, this year's more famous groups that played in the East Bay were Van Halen, Y&T, and Loverboy.



Witherspoon, Steve
Wood, April
Woods, Christine
Worden, Bruce
Wynne, Bridgette

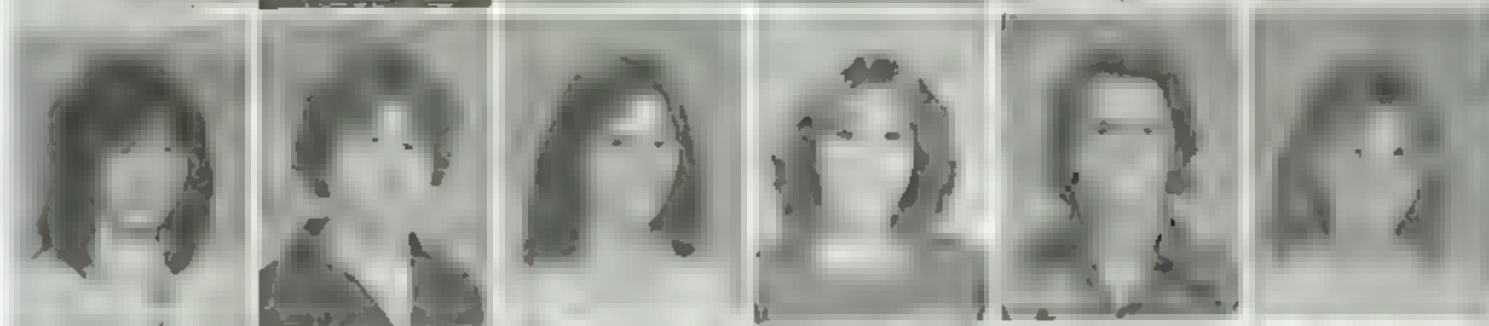
Yamate, May
Yassin, Miriam
Yee, Barbara
Young, Melanie
Zorman, Judy



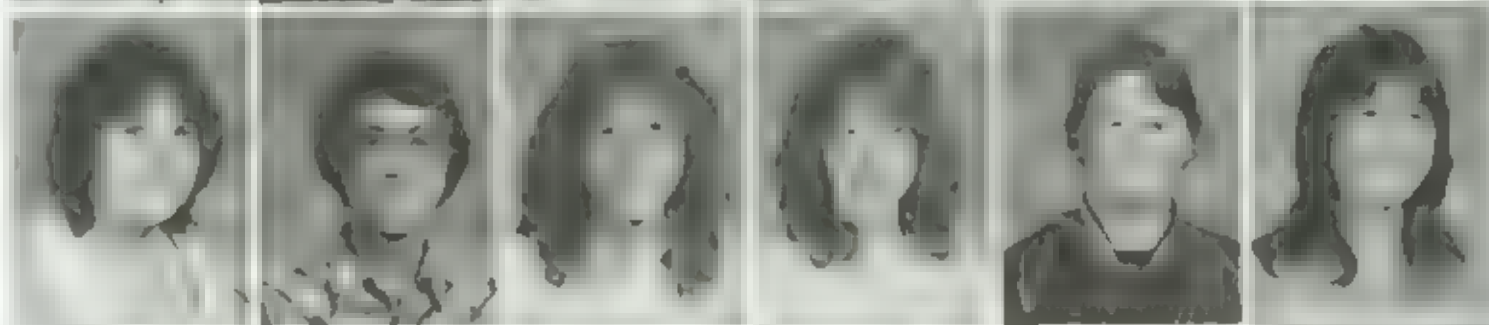
Abney, Julie
Amaral, Ramona
Amaral, Sheila
Anderson, Bill
Angotti, Mike
Aniasco, Anthony



Aquino, Maria
Armstrong, Sean
Askew, Rhonda
Banks, Johna
Barnes, Thomas
Barros, Cindy



Becerra, Chris
Beckering, Thomas
Beggs, Christine
Belshe, Heidi
Berndt, Carl
Bertaud, Amy



Blea, Janie
Blick, Steve
Bowen, Eric
Brady, Jeff
Breyhan, Larry
Briggs, Stacey



Brosnan, Jason
Bueno, Jon
Bully, Esperanza
Burgess, Jonathan
Burgess, Kevin
Bush, Pam



Bybee, Tania
Byboth, Norman
Cabreana, Steve
Cardana, Jimmy
Carson, Dale
Case, Alan



Cauterucci, Janice
Cavazos, Theresa
Chambless, Ken
Chan, Ed
Chang, Lisa
Chaves, Arlene



Dan Pryfogle leads Sophomore Class to spirit jug

Sophomore Class Council Secretary Lani Sanchez, and Vice President Lisse Ferreira

Sophomore Class Council President Dan Pryfogle and Treasurer Darlene Sasaki

During leadership class, President Dan Pryfogle takes a break and brainstorms for more fundraisers that could be successful

to spirit jug

by Christine Becerra



Photo by Gurr

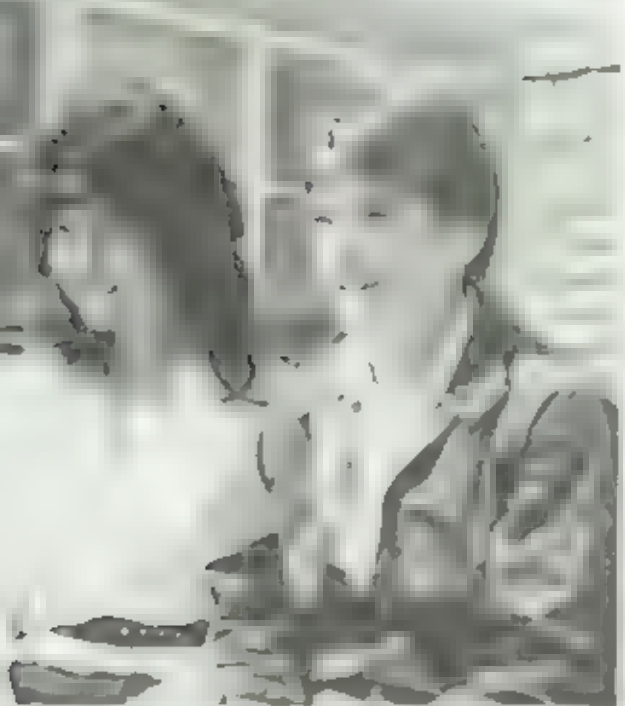


Photo by Gurr



Photo by Anderson

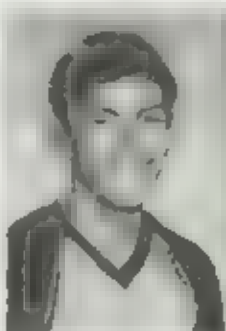
Under the leadership of President Dan Pryfogle, the Class of 1986 looked good financially.

The annual Winter Ball proved successful when it made a profit of \$750. The creative class planned a new fundraiser which was computer dating. Each student filled out an information card and was matched up through a computer. Other fundraisers included Thanksgiving Flowergrams, and See's Candy sales during the Varsity Football games.

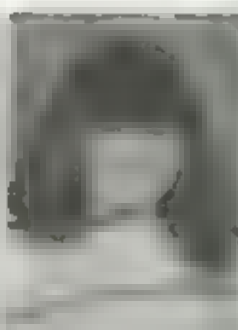
"The class as a whole is spirited, but there is a select group that does the work", stated Pryfogle.

Advisor Steve Miller was so impressed by the class he hoped to stay with them through their senior year. He stated the class is extremely organized.

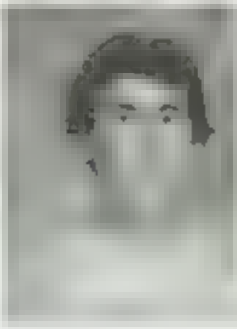
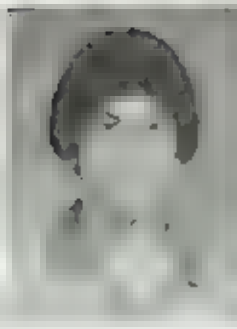
Other officers are Vice-President Lisse Ferreira, Secretary Lani Sanchez, and Treasurer Darlene Sasaki.



Chavez, Gilbert
Chetcuti, Lisa
Chilianis, Mark
Chin, Andrew



Chitwood, Brian
Cho, Rick
Cisneros, Carmen
Clark, Ron
Clarke, Kim



Ciarfoglio, Mike
Clegg, Robert
Cody, Marcy
Combs, Ryan
Connell, Wendy



Coombs, Dan
Coppa, Natalie
Corralejo, Paul
Correia, Derek
Cowan, Marc
Crittelli, April



Crites, Roger
Croley, Robert
Crooke, Amy
Cunéo, Dave
DaRosa, David
Davis, Deanna



Dean, Jenny
DeBune, Michelle
Decker, David
DeHoyos, Gilberto
Delacruz, Jeff
Delguidice, Debbie



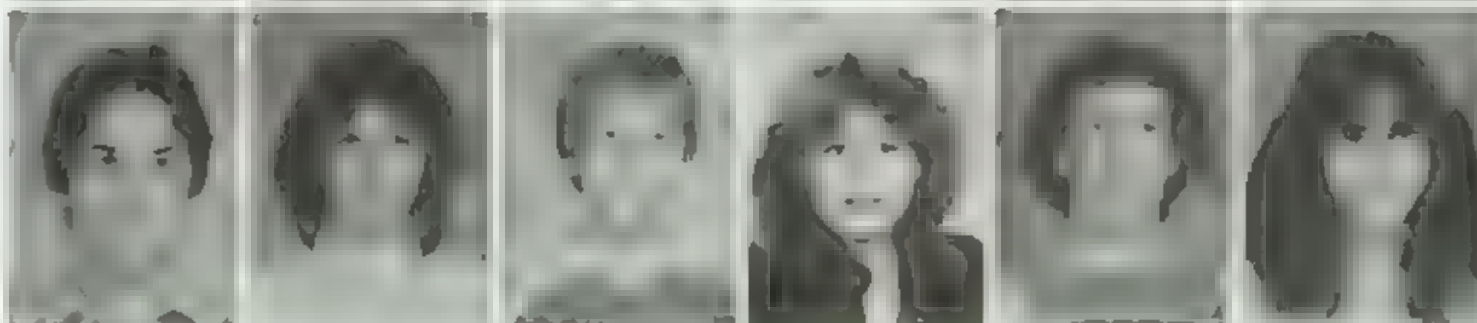
Delma, Danny
DeMello, Kevin
Demery, Christine
Denton, Ron
Deo, Sohini
Derieg, Joanne



Diaz, Becky
Dinh, Mai
Dodd, Christine
Dolan, Stacy
Domenico, Christopher
Duggan, Cori



Edwards, Bryan
Edwards, Susan
Ehmke, Chris
Elliott, Heidi
Epperson, Cindy
Ericson, Kirsten



'Flashdance' look inspires Arroyo Dons

Waiting for flight to take off for Washington, DC Instructor Gerry Fisher, in vest, tie, and tweed coat, and Senior Sue Witkowski in quilted down jacket, say goodbyes.



Photo by Anderson



Photo by Anderson

Checking schedules, Jennifer Gregory, in an oversized blouse and sweater, talks with Mark Mendoza in baseball jacket

Comparing class schedules, Sophomores Troy Martin and Hector Morales wear fashionable 501's, OP shirts, and sunglasses



Photo by Fishner

by Sonya Madeiros

The most eye-catching fashion trend this year was the "Flashdance" sweat-shirt look.

With the neck cut out and draped over one shoulder, this look was seen in a multitude of different styles, dressed up or down. Jennifer Beals' sexy cutup sweatshirt in "Flashdance" took Arroyo by storm.

Also seen on numerous bodies were polo shirts and oversized blouses worn with the collars turned up and, quite often, layered with an oversized sweater. Pedal pushers and pinstripes were in, too.

The popular attire for feet on campus were short boots and a wide variety of pumps. A lot of low-heeled, neutral colored, suede boots were seen on a good number of students. As for the pumps, an industrious and creative mind went to the brightest extreme in plastic footwear.

All around, it was a year for everyone to express themselves through their clothes. Anything one's heart desired could be worn and individuality dominated.



Escorico, Maria
Fabela, Shawn
Fargo, Steve
Faria, Carmen



Fashinell, Tom
Fehrmann, Lisa
Ferreira, Lisie
Fialho, Nelson
Flores, Dave

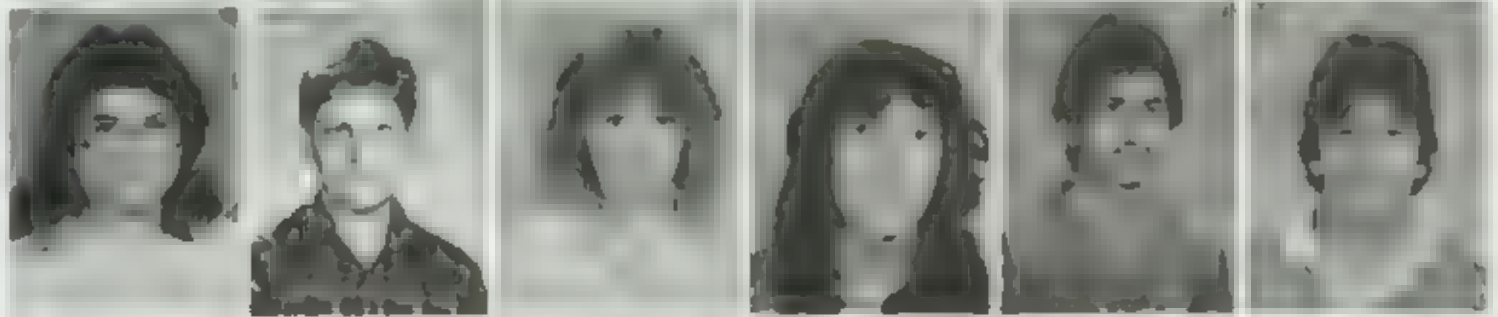
Flowers, Mike
Frates, Michele
Freitas, Ken
Freitas, Kim
Fuller, Rob



Gapay, Jennifer
Garcia, Mark
Geck, Chantell
Gomes, Theresa
Gonzales, Ron
Gonzales, Tom



Gonzales, Michelle
Gould, Kevin
Green, Kelly
Gregory, Evelyn
Grewal, Sukhwant
Gusman, Shane



Ha, Thuong
Halahan, Denise
Hale, Lisa
Hampton, Wendy
Hansen, Ben
Hanson, Kristy



Hare, Brian
Harlan, Rich
Harrell, Michelle
Harris, Lance
Harrison, Kim
Hartwig, Stacy



Harvey, Tanya
Haskins, Jeff
Haudon, Maiste
Heitz, Christina
Hemenway, Mitch
Hendricks, Pam



Hetrick, Shannon
Himango, Debbie
Hitsman, Stacey
Hulmes, Greg
Hove, Erik
Howd, Paul



Howton, Traci
Ingebretson, Ron
James, Andrea
Jardin, Frank
Jeong, Cecilia
Jeong, Steve



Arroyan wallets strained by high priced entertainment gourmet food

While drinking his small cherry slurpee, Senior Tony Caritto waits patiently for what little change he will receive after paying the high prices of today's inflation.



PHOTOS BY SCOTT



Checking out the new album by The Cars, Heartbeat City at the Warehouse Records and Tapes. Sophomore Jon Buriga ner seems to be having trouble making a final decision

Pounding frantically for a K.O. Senior Joel Lago tries to put away his boxing opponent, Bald Bull on one of the newest video game attractions, "Punch-Out"



entertainment gourmet food

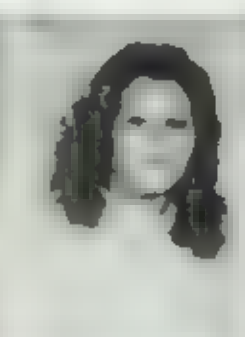
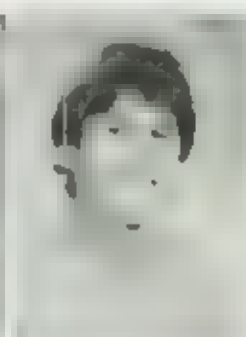
by Christine Becerra

Arroyo students were in the "battle for the buck" when it came to week-ends out. Many Arroyans found out that they had to substitute some week-end activities, so they could enjoys others.

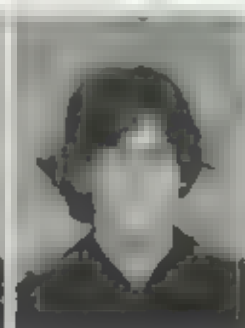
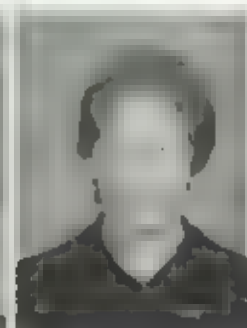
While entertainment was found quite expensive for the students, filling their closets with the "in fashion" clothes was found close to impossible. A pair of pants ranged from \$20-\$50, shirts and sweaters in the neighborhood of \$15-\$40, shoes were priced at \$25-\$50.

Students also found food prices were constantly rising. Even the used to be inexpensive hamburger, coke, and fries were beginning to cost a pretty penny.

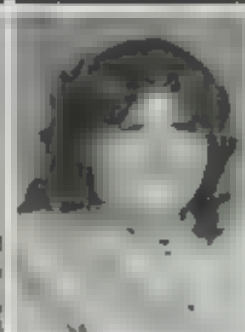
"It's hard trying to go out and have a good weekend without spending a lot of money. No matter what you do it is so expensive," stated Freshmen Karen Mendoza.



Johnson, Dayna
Johnson, Eric
Johnston, Vicki
Jolivet, Michelle



Lowe, Kenneth
Kahn, Daniel
Kaser, Jim
Kauffman, John
Kellogg, Norman



Kerr, Laurie
Klang, Shannon
Knupier, Rick
Kohler, Kathy
Krough, Jeff



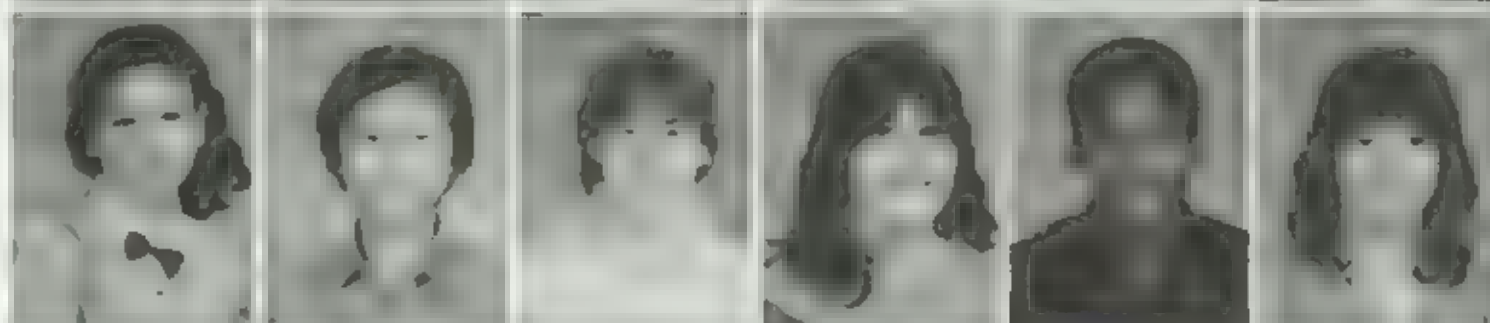
Kurzwski, Rhonda
 Kaykendall, Buffy
 LaCone, Robert
 LaFleur, Gary
 LaRocca, Ana
 LaRosa, Carlito



Luzio, Marianne
 Lee, Jae
 Linn, Michele
 Leopoldo, Michelle
 Lewis, Craig
 Lewis, Diana



Lowe, Torrie
 Low, Shon
 Loar, Lori
 Lopes, Christina
 Lopez, Chico
 Lopez, Menom



Loyola, Maryann
 Loza, Christina
 Lunardi, Jason
 MacDonald, Donald
 MacGowan, Sean
 Madeiros, Collette



Manalvas, James
 Mangin, Shannon
 Marples, Carol
 Marquez, Victor
 Martel, Anthony
 Martin, Troy



Mawry, Todd
 Matejic, Sandra
 Maxson, Mark
 McCallion, Lesley
 McClelland, Sheldon
 McDonald, Julie



McLunkin, Mikeln
 McLean, James
 McNeil, Vincent
 Means, Greg
 Megia, Amy
 Meijer, Marcel



Music proves to be influential segment of teens' lives in Bay Area

Dancing the night away, Sophomore Kelley Green jams to the jumping beat that the DJ puts out. School dances were a popular way of escaping boredom and enjoying some loud music.

Ready for some tunes, Senior Missy Williams looks over the hit album "Footloose". The album contained many popular songs including "Dancing in the Streets", "Let's Hear it for the Boy" and others.

Sharing a moment together during a school dance, Eighth Grader Linda Smith and Sophomore Casey O'Connell dance to a popular slow tune which was proved by the charts to be as popular as fast ones.

by Janae Anderson

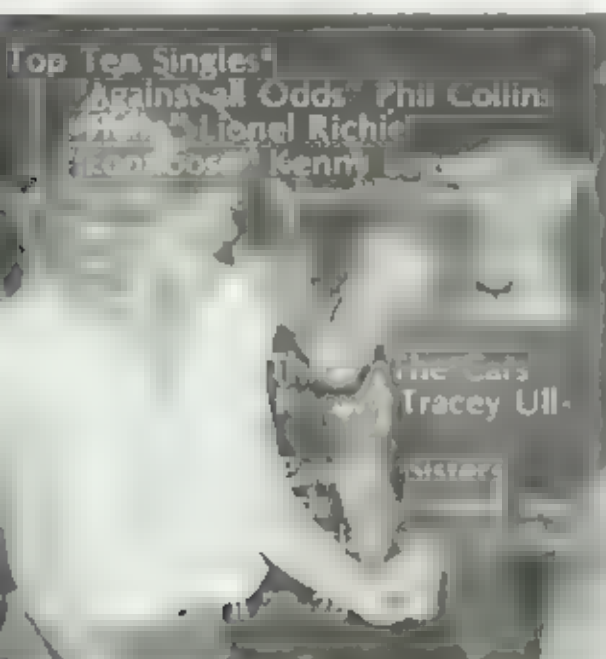


Photo by Fashinell



Photo by C. J.



Photo by Fashinell

It was obvious to see that music played a large part in the life of the teenager. Many styles of music were listened to and enjoyed by AHS students.

Some popular groups other than the "Top Ten" included Duran Duran, the Romantics, David Bowie, Def Leppard, the GoGo's, Billy Idol, Big Country, and many, many others.

The top performers of the year were Michael Jackson, Culture Club, Lionel Richie, Eurythmics, Duran Duran, Cyndi Lauper, Def Leppard, the Thompson Twins, and Rick Springfield.

Music was also popular in the movies. One such example was the movie "Hard to Hold", starring Springfield, which came out in the spring.

Another spring movie hit that brought four songs into the music limelight was the smash hit "Footloose" whose main title was number one on the singles charts for several weeks.



Miller, Iain
Morris, Steve
Monroe, Robert
Morning, Jannette



Morris, Dandrea
Morris, Randy
Morrow, Michelle
Moser, Steven
Moul, Chad

Nadasky, Mike
Nagel, Jon
Nakashima, Eric
Neto, Maria
Newman, Michele



Coaches, parents, rally squad appreciate gridgers at Football season's end

by Christine Beccera

Photos by Fashine I

Following the football season, a Sports Awards Banquet was held for both Varsity and Junior Varsity football teams.

The night began with a potluck dinner served by various Rally Squad members. After dinner, Varsity Rally Squad members rewarded each team member with a kiss and a medal of appreciation. Then it was the team's chance to thank Rally Squad for their support throughout the entire season. They exchanged flowers and kisses with Rally Squad.

After all the kisses, medals, and flowers, Varsity Football Coach Wayne Roberts rose to speak of the accomplishments that the team had made.

Representing the Varsity team, Brett Lane took the stand to tell of the team's emotions about the season.

"Looking back at standing at the podium, I was nervous. It was a very sentimental moment for me. This meant saying goodbye to my high school years of football," he said later about the November 20 dinner.

With an affectionate kiss, Varsity Cheerleader Stacey Racette congratulates Varsity Star Brett Lane on his performances this season.

While pinning a medal on his shirt, Cheerleader Juanita Gragg exchanges smiles with Varsity Football's Jeff Johnston.

Showing enthusiasm over the past season, Sophomore Tom Fashinell proudly holds the championship football, signed by team members, to be given to Coach George Dunphy.



Nickerson, Kristi
Niemoeller, Diana
Noe, Dan
Nordstrom, Tim

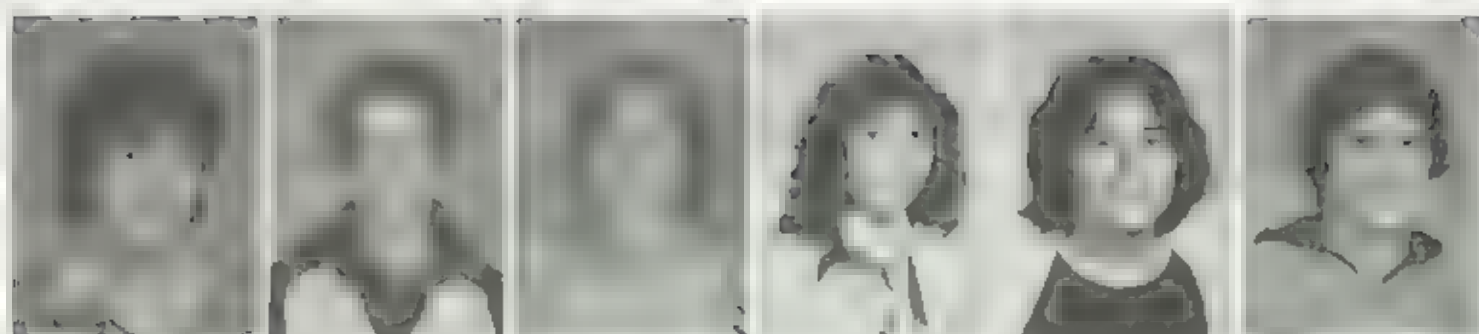


Norman, Teri
Nyberg, Roger
O'Connell, Casey
O'Connell, Tina
Ohnstad, Donna



O'Connell, Dawn
O'Connell, Cheryl
Pacheco, Sue
Patten, Nancy
Palazzolo, Angel





Palma, Vicky
 Pandolfo, Rob
 Partridge, Carol
 Pasko, Kathy
 Paulsich, Anthony
 Pavan, Mike



Pavao, Jeff
 Pelchat, Kelly
 Pereira, David
 Perry, Jeff
 Perry, Susan
 Phipps, Jenny



Pinto, Noelle
 Posada, Max
 Powell, Monica
 Pristas, Scott
 Prylogle, Daniel
 Quigley, Shawna



Ramirez, Richardo
 Reddick, Rex
 Reese, Johe
 Renquist, Debbie
 Repose, Michelle
 Reyes, Patty



Rhodes, Sam
 Rickert, Cynthia
 Ritz, Michele
 Robinson, Ken
 Ronchette, Mike
 Rodrigues, Karen



Rose, Sandy
 Rose, Sharleen
 Saavedra, Beto
 Salazar, Frank
 Sanchez, Gina
 Sanchez, Lani



Sarosy, John
 Sasaki, Darlene
 Schardt, David
 Schultz, Becky
 Search, Richard
 Sequeira, Danica



Serrato, Mike
 Sherwood, Cindi
 Shinko, Rodney
 Silva, Richard
 Silveira, Jamie
 Silveira, Tony



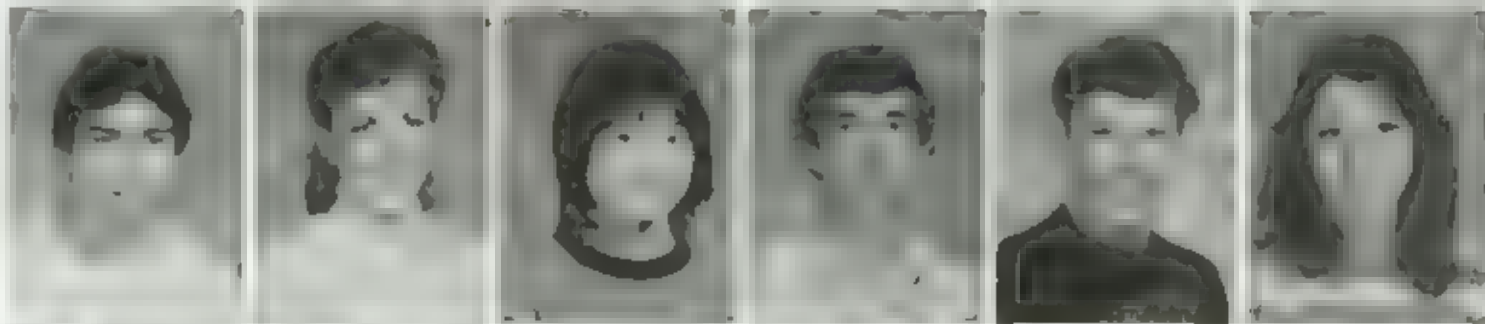
Smith, Michelle
 Smith, Teresa
 So, Amy
 Sommer, Mike
 Somsak, Steve
 Sotisa, Joe



Spear, Jeff
 Spring, Bryan
 Staller, Doug
 Stiles, Kim
 Stivers, Sherry
 Stratton, Melissa



Sturm, Paul
 Sypniewski, Tammy
 Tang, Maria
 Taylor, Gary
 Tedesco, John
 Telasco, Dawn



Teshima, Stacey
 Thompson, Scott
 Thorn, Gina
 Tong, Florentino
 Toon, Kevin
 Tribuzio, Annette



Triplett, Kelly
 Tse, Karleron
 Tuzon, Dominic
 Turner, Brooke
 Utile, Jesse
 Valdes, Mike



Vegas, Bobby
 Vidaurrel, Salbe
 Vidra, John
 Vidra, Vincent
 Vidra, Vincent
 Vigars, Arlene



Thorn, Krystal
 (they left me out)



Noakes resurrects Pep Club to promote school's spirit at AHS events

Standing on the sidelines, Pep Club members Kara Mitchell, Susan Schwartz, and Erin Taylor watch the game anxiously



Participating in a lunchtime activity, Sophomore Annette Moring tries to balance a ball on a Pepsi bottle

Cheering enthusiastically, Senior Gail Noakes, Pep Club President, has a great time while watching an after school game



by Susan Brokke

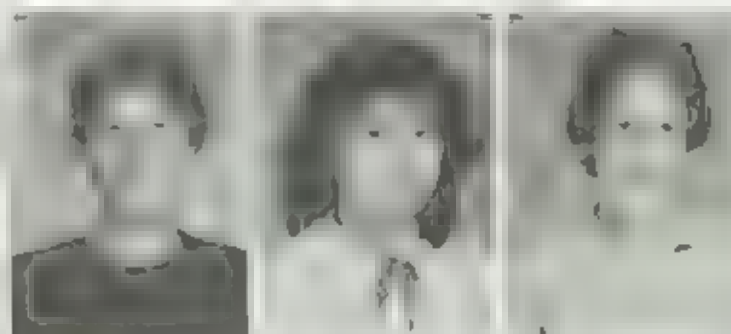
In 1983-'84, the Pep Club was revised by Senior Gail Noakes after the club's four year absence on campus

"I feel that the club added much support and enthusiasm to our school, said Noakes. "This is why I felt it was a good idea to bring back the club."

The group consisted of about 22 girls, ranging from Seniors to Eighth Graders. The girls went out, and had sweat shirts made for them. The shirts cost approximately \$11, which they paid for themselves

While standing on the sidelines, the Pep Club aroused spectators. The team players seemed to really enjoy the support and exciting reaction from their fans

The Club began in September and lasted through football season, at which the girls attended all the games



Vincent, Ken
Wang, Sheree
Walsun, Joe



Wheeler, Paula
White, Paul
Wieland, Mark
Williams, Lisa
Wright, Charlie

Wright, Stephen
Yim, Theresa
Yopp, Liz
Young, Tom
Youngblood, Brad



Advisor praises Class of 1987 leadership ability, work

by Debra Reyes

Having to look at readjustment was difficult for many of the members of the Freshmen Class. "But this year everyone seems to want to get involved in their freshman year and make the most of it," said Class President Jennifer Gregory.

According to Gregory, she saw that

last year, many of the Freshmen members were not quite into class activities or support. Gregory speculated that the reason for last year's minimal class spirit was because of the fact that the Class of 1987 had all come from various schools which had closed down.

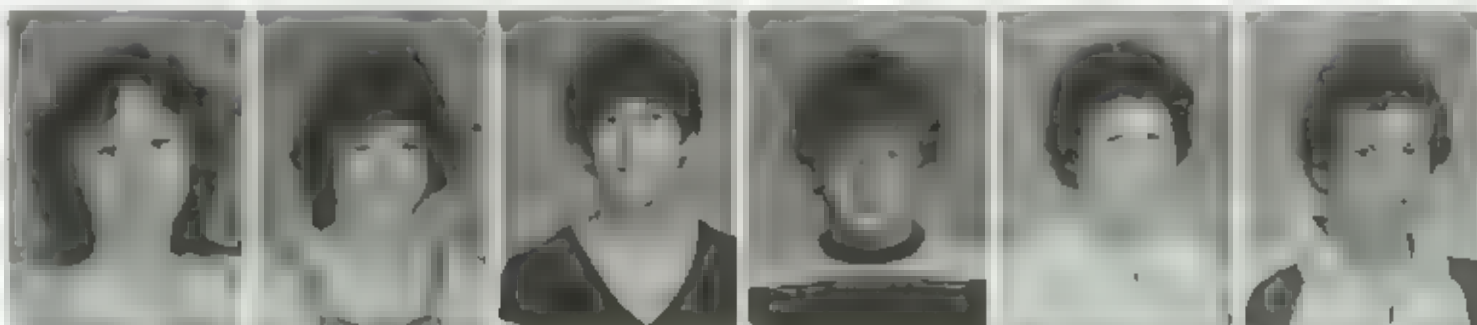
Large turnouts for the first two class meetings proved that the Freshmen seemed to have finally gotten themselves together. According to Gregory, such class meetings show that they were more interested in their class and its activities.

With Class Advisors Annette Ehsan and Pat Everitt at their side, the Freshmen were able to come up with many ideas for fundraisers, such as their booth in the "Day in the Park," flea-market sales, and their most successful type of fundraiser, bake sales.

"They are always willing to help us out whenever we need help," said Gregory when asked about the Freshmen Class advisors.

When asked about the class' spirit, Everitt said, "They aim high, they try hard, and they give a lot."

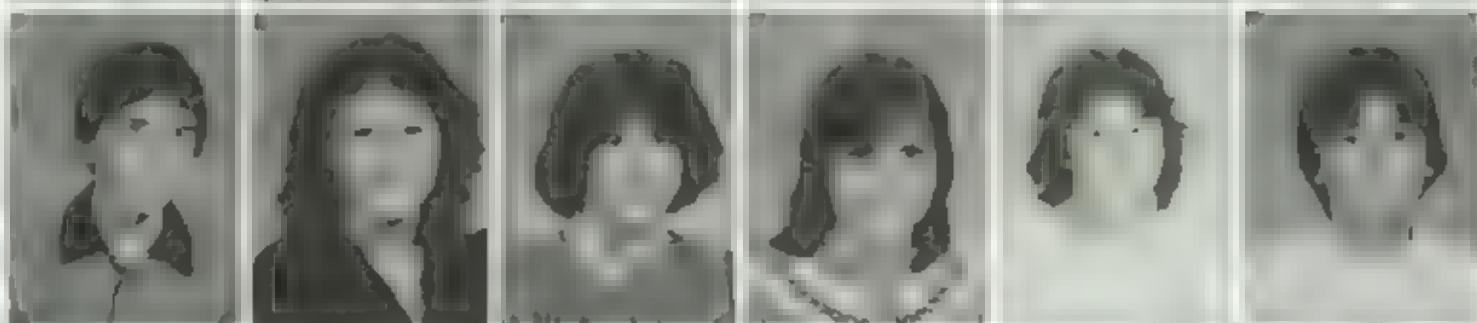
Aguar, Carrie
Aguar, Lenette
Alonzo, Robbie
Alsup, Chip
Amaro, Shannon
Anderson, Brent



Anderson, Tanja
Aragon, Tami
Aranda, Patricia
Armstrong, Michelle
Askew, Pam
Baez, Valerie



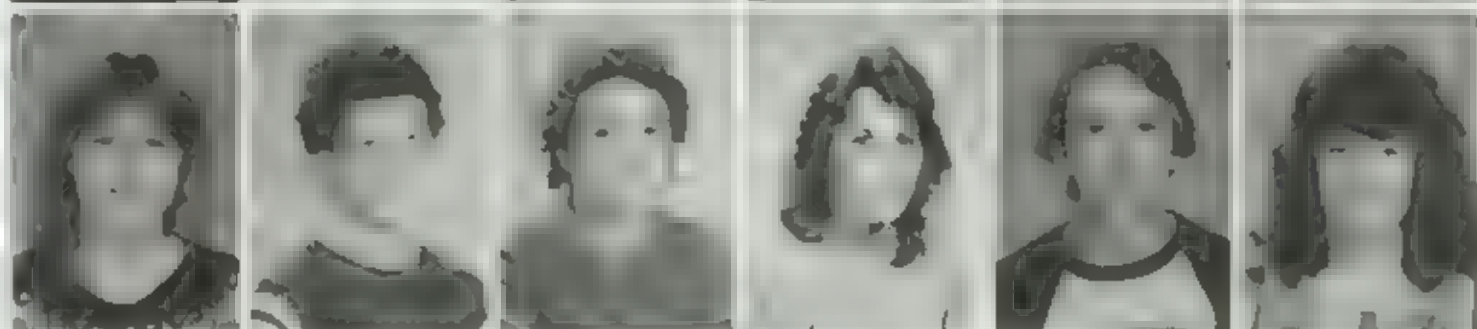
Balthasar, Bryan
Barajas, Silvia
Bargagliotti, Virki
Bargewell, Cheryl
Battaglia, Michelle
Bauer, DeJ



Bellson, Joel
Benz, Scott
Berry, Bobby
Bishop, Damon
Black, Danny
Blas, Roman



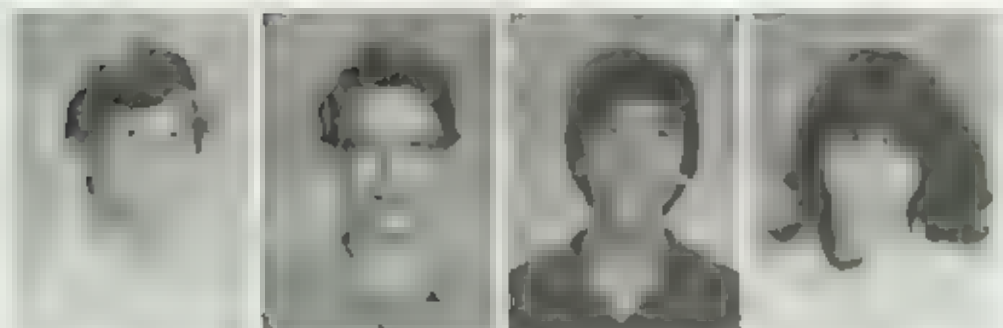
Bononcini, Kim
Borges, Chris
Borges, Shelley
Bossi, Shelly
Bostrom, Daryle
Breilein, Brenda



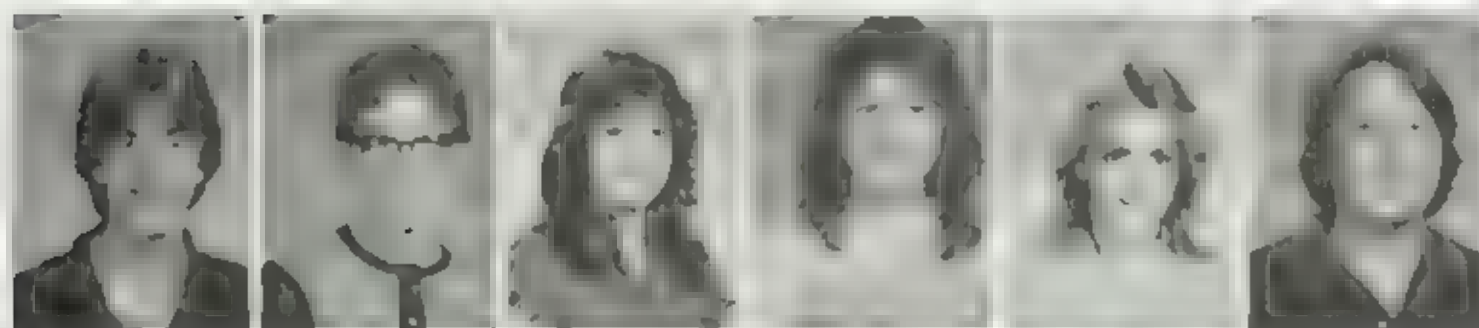


Freshman Class Officers for the 1983-'84 year
Lori Steiner, secretary; Kristy Dezotte, vice-president,
Jennier Gregory, president; and Helena Weiss, treasurer

Photo by Gurr



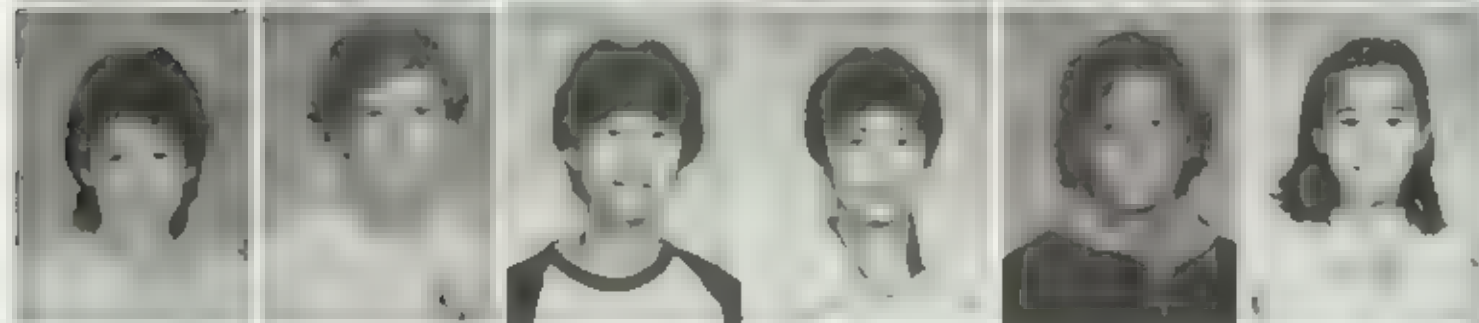
Briesch, Robert
Brown, Aaron
Bully, Marco
Bunker, Shelley



Burke, Dave
Bush, Scott
Bybee, Raquel
Cabral, Dawn
Cameron, Bobi
Campbell, Donald



Carpenter, Mara
Cartmell, Lisa
Casey, Lisa
Castro, Derrick
Castron, Ronald
Catano, David



Cavaz, Lisa
Cave, John
Chang, Andy
Chang, William
Chavez, Anthony
Chen, Betty



Chen, Christon
Chin, Sabrina
Clark, Ken
Clayson, Kristen
Coker, Eric
Comphel, Paul



Booster Club donates \$500 towards new typesetter for journalism aid

by Dean Gurr and Rick Stone

According to President Steve Hallert, the Booster Club is sort of an "in-house service for the schools extra curricular activities."

Consisting mainly of parents of Arroyo students or any other interested adult, the club raised money through the year and donated something to every sports team. The club also donated \$500 to the publications department towards the purchase of a word processor.

Besides running the snack bars and selling Arroyo apparel at sports events, the club's biggest fund raiser was the annual crab feed, which brought in about 230 people.

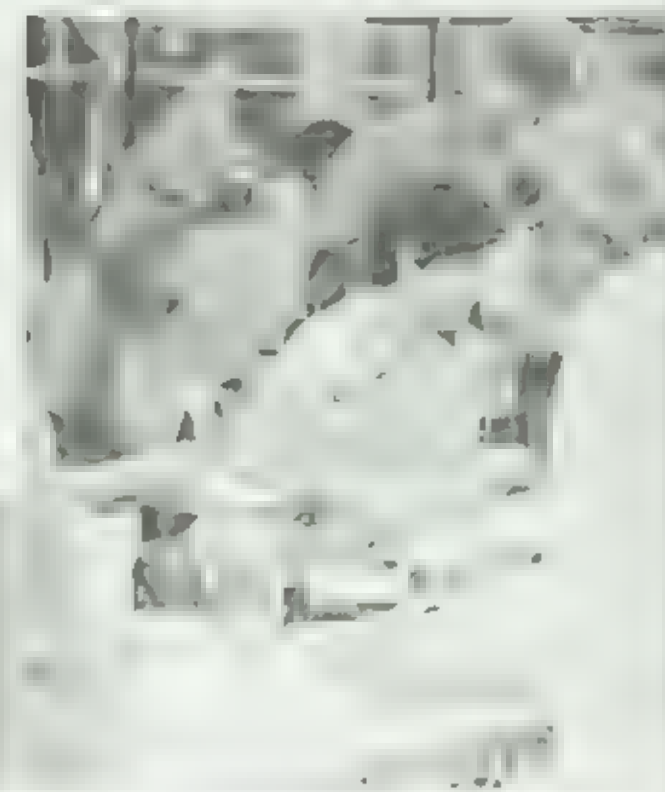
Held every year, the organization is also invited to the Football picnic, held in the Washington Manor Park. This is where the club tries to get other parents to join. Hallert said "I like to see alot of parents join even if they don't have kids that are active in athletics."

Taking a break from cooking hotdogs at the Booster Club picnic, Physical Education teacher Wayne Roberts enjoys a cola while waiting for the hotdogs to get done cooking

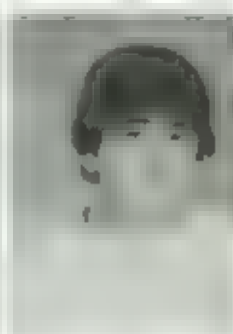
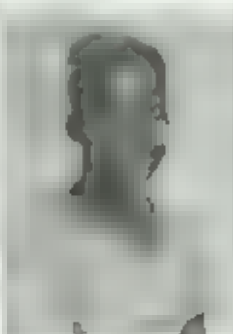
Dishing out food for themselves, some of the Arroyo parents who attended the Booster Club Picnic feast on a wide variety of d-shes while some come back for more

Talking over prospects for the Football season Booster Club member Darlene Santos and Physical Education teacher Nash Piazza enjoy themselves at the Booster Club Picnic

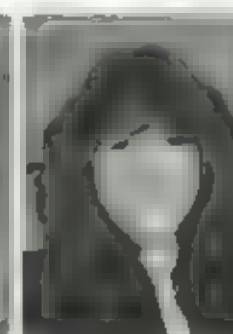
Photos by Fashineli



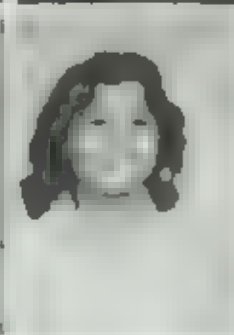
Conde, Jocelyn
Copeland, Tonya
Corral Burt
Correia, Dawn



Cortez, Barbara
Cramer, Rod
Crayvalho, Jill
Crews, Tina
Croley, Denae
Cross, Rochelle



Cuestas, Michelle
Cummings, John
Daly, Denise
Carouze, Mike
Cavis, Christine
Davis, Lisa





Day, Carolyn
Dean, Steve
DeHoyos, Bobby
DeJager, Jeltje
Densmore, Stacy
Denton, Cheryl

Dezotte, Kristy
Dodds, Elizabeth
Dollar, Diane
Dorsey, James
Dovigi, Glenda
Drake, Shannon

Druppel, Christa
Ducey, Erik
Dunbar, Susan
Durning, Brock
Farning, Darin
Easton, Melody

Edwards, Jennifer
Eighmy, Richard
Elenes, Saida
Emery, William
Escalante, Sandra
Etringer, Todd

Evans, Gary
Fahnestock, Lilia
Faria, Janeen
Faria, Manuel
Ferrantino, Jeff
Finato, Crystal

Finato, Renee
Fogarty, David
Fogarty, David
Fogarty, David
Fogarty, David
Gallardo, Lisa

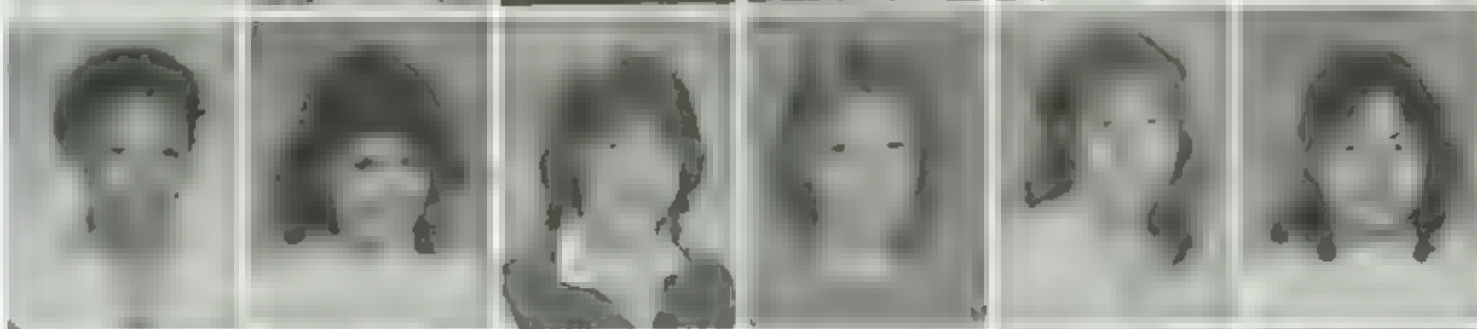
Gallardo, Veronica
Galli, Ann
Garland, Rita
Ghirardelli, Michael
Gilbrech, Dawn
Glossin, Julisa



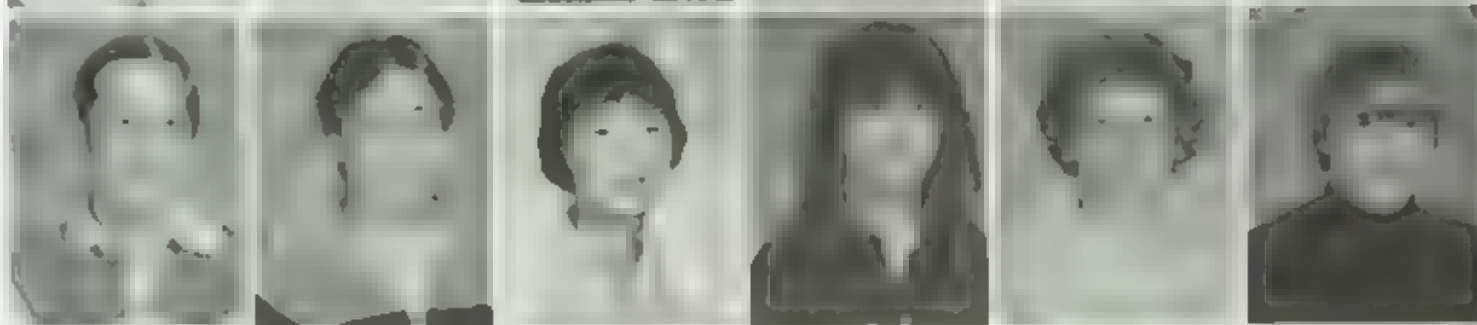
Goetzinger, Diana
Gohke, Becky
Gomes, Gilbert
Gonsalves, Sherry
Gonzalez, Jessie
Graf, Stephen



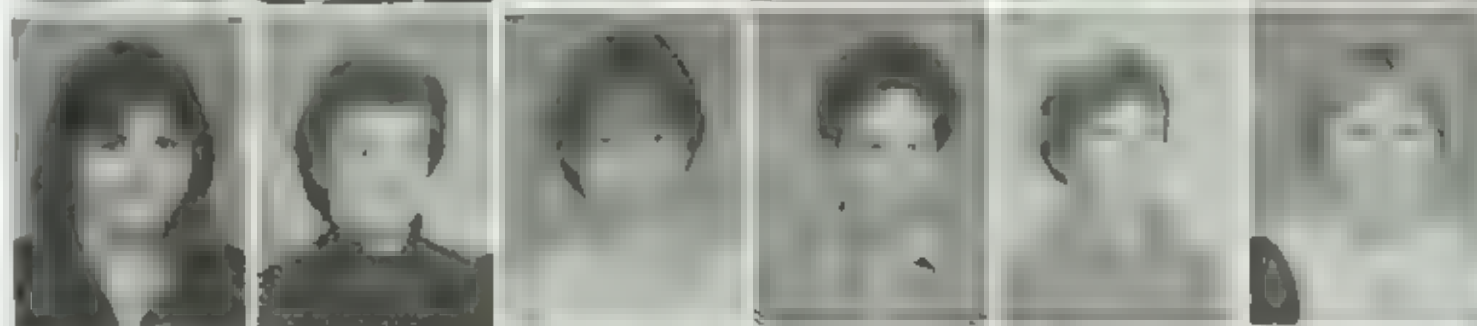
Gragg, Danielle
Green, Jennifer
Gregory, Jennifer
Guardias, Cherie
Guilot, Janet
Gutierrez, Eva



Halbach, Mike
Hankins, Kevin
Hanson, Eddie
Harris, Allison
Hatchett, Rocky
Hatracker, Carl



Heath, Karen
Hendricks, Sherry
Hendrickson, Dawn
Hermann, Paul
Hicks, Eric
Hilder, Troy



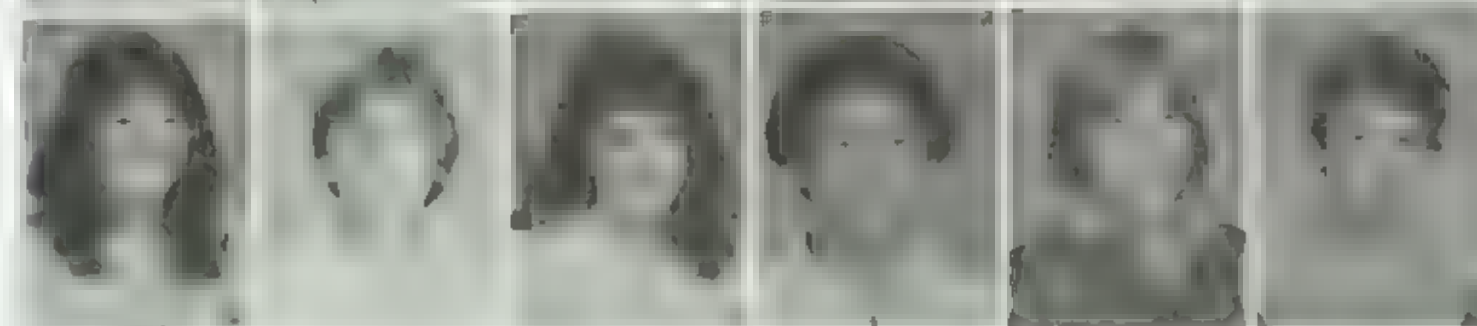
Hill, Rosa
Hitchcock, Robby
Hoffman, Paul
Hlario, Ramil
Hoffman, Matt
Homen, Shawn



House, Cindy
Howell, Suzanne
Hutzar, Marcus
Hunt, Jennie
Imburgia, Raquel
Isola, Laura



Jackson, Terri
Jacoby, Jon
Jesus, Eric
Jew, Brian
Jensen, Chad
Jones, David



New squad named at Ice Cream Social

on April 25 for next year

by Sonya Madeiros

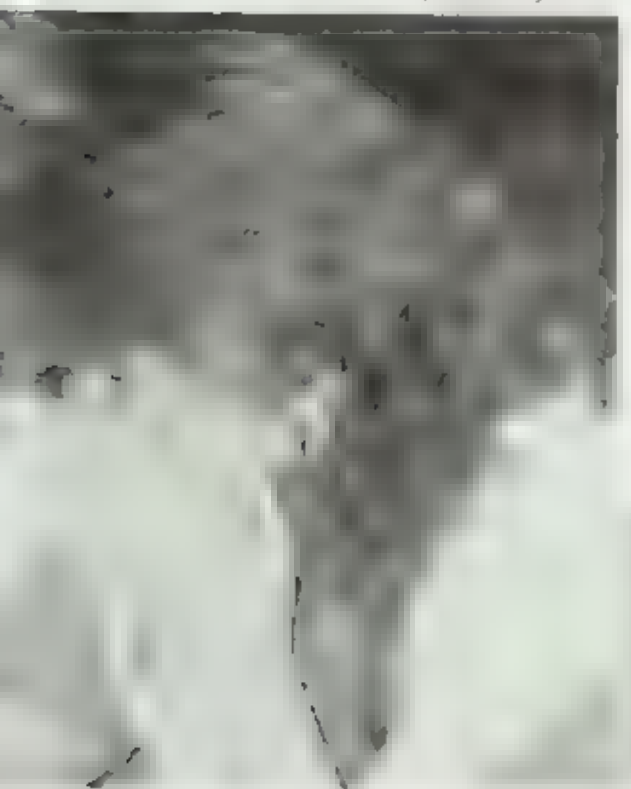
Junior Dyan Dezotte and Sophomore Christine Becerra sit and wait anxiously for the departing Varsity Rally Squad members to announce the new squad

Freshman Elaine Rockowitz gets caught up in the excitement of hearing who made the new Rally Squad for the '84-'85 year, as she again made the Lettergirl squad

Listening to the new squad appointments, Senior Todd Lemke enjoys an ice cream sundae while visiting with friends at the Ice Cream Social



photos by Gurr



Appreciation and gratitude were expressed as Arroyans attending the Ice Cream Social on April 25 and saw the Senior Rally Squad members step down and name the new Rally Squad for the upcoming '84-'85 school year.

The anticipation of the girls waiting to hear the results could be felt and tears from the girls chosen for the new squad

The senior Varsity Rally Squad announced the new lettergirls, and Varsity cheer and song girls.

Approximately 100 people attended the event and it was thought of as successful by those who attended.

"It was sad that the year was ending, but happy for the new Rally Squad," said Senior Sue Witkowski who had spent the past year assisting the Lettergirls. "The girls really made me feel like I was appreciated with their thoughtful roses. The new squad really looks promising."



Jones, Doug
Jones, Pamela
Jones, Patrick
Kelley, Debbie



Keown, Diana
Kim, Danny
Klegman, Shannon
Kolinski, Donald
Krikstein, John
Krippene, Michelle

Kucin, Bobby
Kurtz, Christy
Kwan, Richard
LaCome, Virginia
Larson, Eric
Larson, Troy



Leach, Linda
 Leonis, Josie
 Leopoldo, Jenny
 Leung, Greg
 Livesay, Tracy
 Loaiza, Rudy



Long, Melissa
 Lovell, Debbie
 Lowe, Jeff
 Lucvano, Andy
 Lum, Darlene
 Lumley, Julie



Mass, Wendy
 Maceda, Luisa
 Machado, Joni
 Malone, Janine
 Mark, Daniel
 Marquez, Carmelo



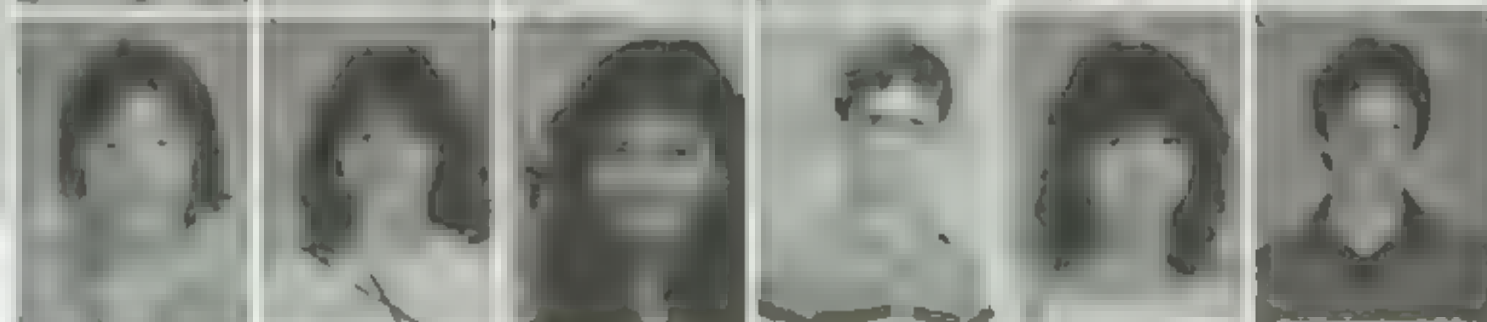
Marroquin, Tina
 Marshall, Kathy
 Martinez, Lori
 Martinez, Michael
 McGuire, Nancy
 McMickle, Greg



McNabb, Mike
 Medeiros, Stacy
 Mendenhall, Guy
 Mendenhall, Tirza
 Mendoza, Elena
 Mendoza, Karen



Mestrow, Mike
 Mitry, Naheda
 Modi, Lena
 Mohr, Greg
 Molina, Monica
 Monroe, Patrick



Montalvo, Dorinda
 Montalvo, Nicole
 Montgomery, Melanie
 Morales, Manuel
 Mose, Cathy
 Motta, Greg



Contest winner brings home second place, \$150 award for spelling

Waiting to see if her spelling is correct, Junior Bridgette Hoffman looks at the judge for his response.



Photos by Fashnell



Carefully checking her answer, Sophomore Cindy Epperson hopes her answer is correct in order to place within the spelling contest.

San Lorenzo contestant and second place winner, Eighth grader Karen Valladon tries hard to get the correct spelling.



by Lynne Sorenson

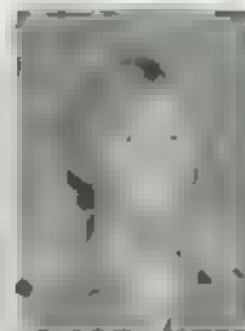
Arroyo's second annual spelling contest took place March 13.

About 15 Arroyo students who placed in up to three eliminations went to San Lorenzo High School to compete for cash prizes.

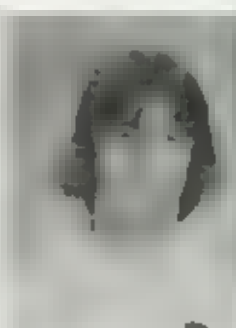
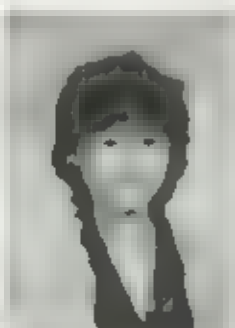
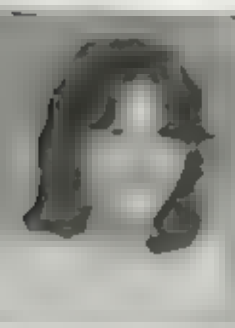
During the competition, each person was put into a category according to his grade. The top three finalists from each grade competed for up to \$200 at San Lorenzo.

English Teacher and organizer of the spelling contest Jerry Wergeland stated, "I enjoy this kind of thing because it gives the kids a chance to participate in their own kind of sport; a mental sport."

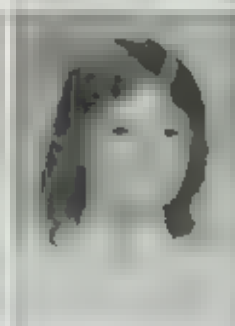
Eighth Grader Karen Valladon took second place at the San Lorenzo competition. Her total winnings were \$150. Other winners were Freshman Kasey O'Leary, Sophomore Cindy Epperson, and Junior Bridgette Hoffman.



Moyers, Scott
Mullane, Charles
Mulock, Suzanne
Murphy, Terri



Nadolsky, Michelle
Nguyen, Kaihe
Noe, Dave
Nordhavn, Tina
O'Leary, Kasey
Oliveira, Carr



O'Malley, Kellie
Paterson, Kevin
Pavao, Jim
Pedranti, Beverly
Peebles, Kim
Pereira, Patricia



Perez, Veronica
 Perry, Erin
 Perry, Paul
 Petersen, Lisa
 Pham, Tuan
 Pierce, Kelley



Pina, Dave
 Pinkler, Scott
 Prie, James
 Ponzo, Joey
 Popovits, Brian
 Pratt, Jason



Pratt, Lisa
 Procter, Jan
 Prytogle, Andy
 Puentes, Tom
 Quizon, Roland
 Ramirez, Willie



Rantz, Tim
 Ratto, Laura
 Reals, Gina
 Reckling, Ursula
 Reschick, Jeff
 Reed, John



Reed, Richard
 Regan, Kristy
 Rennacker, Jeff
 Rennie, Mark
 Richardson, Ruben
 Ridge, Janna



Righton, David
 Ritter, Stephanie
 Rizzo, Neil
 Robinson, Linda
 Rockowitz, Elaine
 Roeber, Tammy



Rogers, Lesley
 Rogers, Steven
 Roloff, Michelle
 Ronchette, Rick
 Saavedra, Juan
 Salcedo, Nina



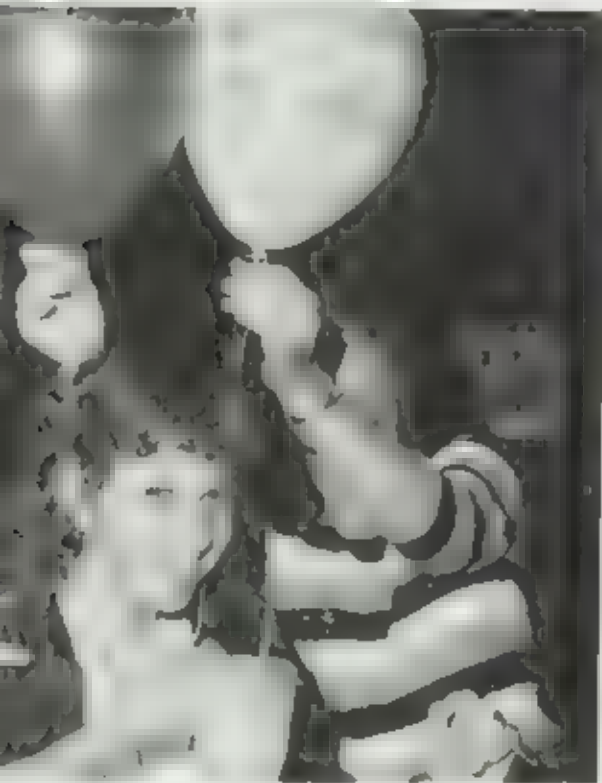
Arroyo students search for entertainment on weekends off campus

Having a blast at Farrells in Southland, Sophomore Jenny Phipps tries to achieve the "Minnie Mouse" look as Sophomore Friend Shawna Quigley attaches balloons to her partner's hair clips

Photo by Gurr



Photo by Gurr



Indulging in one of life's many pleasures, Senior Jojo Lago rewards himself with a sundae after a long week of gruelling practice as a Varsity Track runner

Taking a refreshing thirst quencher with a Farrells "Big Swig," Senior Missy Williams kicks back with a bunch of friends after viewing a movie

Photo by Gurr



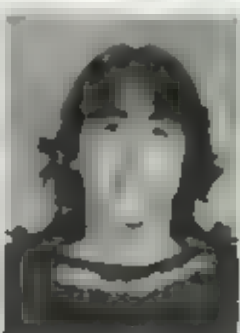
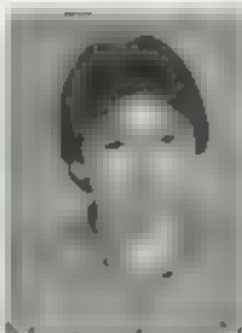
by Staff

For many weekends were the time to take a brief vacation from school and a chance to socialize with friends

For those who like to up-beat action, dance clubs, such as Tiffiny's and Star-gaze, were popular hangouts of the older students

Movies provided a good evenings entertainment for the students from Arroyo. Festival Cinemas as well as Hayward 5, both located on Hesperian Boulevard, played such popular movies as "Friday the Thirteenth: The Final Chapter," "Footloose," and "Terms of Endearment."

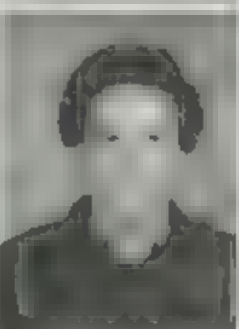
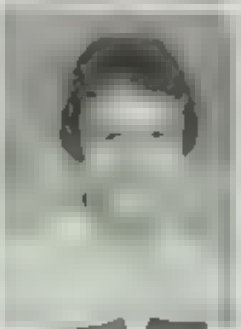
Some students found a clever way of getting rid of spare change while developing eye-hand coordination at the same time. This was done at places like Oakland's Malibu Grand Prix and Castro Valley's Golden Tee where a wide variety of video games could be found. A short drive in a race car or a game of pee-wee golf could also be played, if one had a couple of extra bucks



Samara, James
Sanchez, Allison
Sanchez, Lisa
Santos, Diana



Schneider Richard
Schwarz Susie
Scott, Kathy
Sezar, Stephanie
Shinko, Darcey
Shoptaw, Carrie



Shouts, John
Shulte Tom
Silva, Jorge
Skolfield, Ricky
Slack Katrina
Smith, Duane



Auto renovation fascinates older Dons, cars fill up parking lots

By Sonya Madeiros

Just looking at the cars in the Arroyo High School parking lot, it was apparent that students took pride in fixing up their own cars.

One example of a hot looking car was that of Senior Keith Robertson who owned a 1957 Thunderbird which he purchased from his father who had

owned it for 13 years before he sold it to his son two years ago. Robertson worked on the car to maintain it and was almost fully restored by the end of the year.

Another example of an outstanding car on campus was that of Senior Chris Lozano. He sported around in a red, 1967 Chevy Camaro. Lozano owned the car, which his parents help purchase, for about two years. In that time, he and his brother restored the car. The Camaro, which started out with gold interior and exterior, was completely renovated. "It took a lot of hard

work and long hours, but my brother and I changed the interior to black and the exterior to red," said Lozano.

But the boys did not corner the market on nice cars. Senior Paula Neto could be seen speeding along in her 1967 Mercury Cougar which she bought from her cousin who had restored the car himself.

Senior Nancy Kennedy also drove an exceptionally nice looking 1978 silver-blue Pontiac Firebird which her parents bought for her. The automobile had a T-top and was also fully equipped with a stereo system.

Smith, James
Smith, Julie
So, Betty
Sorenson, Gretchen
Stajkowski, Rose
Stuart, Michelle

Stefani, Ricky
Steiner, Lori
Stone, Chris
Stone, Christy
Strong, Christy
Stuart, Jeff

S. J. ...
...
...
Tang, Kingman
Tang, Stanley

Teich, Lee
Thau, Susie
Thorne, James
Tillotson, Mary
Todd, Mark
Tomicich, Kurt

Tortorelli, Chris
Tortorelli, Joe
Trischan, Jeff
Tupillo, James
Turbay, Lisa
Vaccaro, Deborah





photo by Gurr

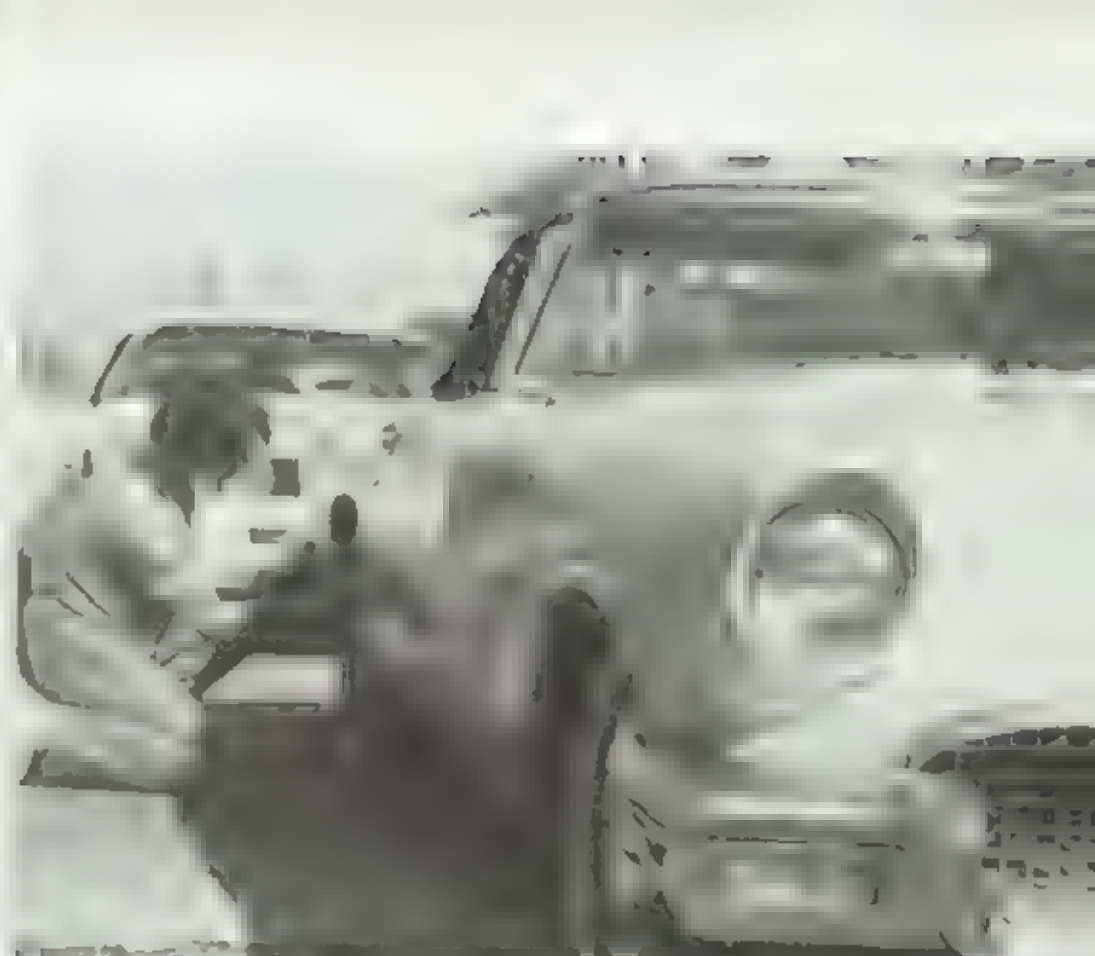


photo by Gurr



Vanderheiden, Connie
Vanderveer, Erick
Varao, Jimmy
Vasquez, Michael
Vaughan, Jason
Vegas, Joey



Victor, Keith
Vierra, Jeff
Vierra, Greg
Vierra, Steve
Vikalobos, Leo
Villamin, Edna



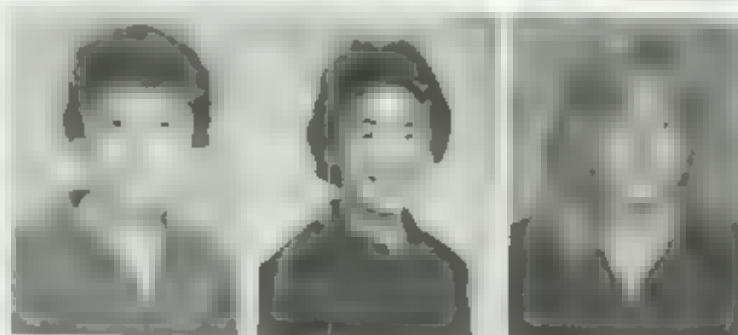
Waage, Randy
Wagner, Greg
Watt, Shereen
Watson, Karla
Weiss, Helena
White, Sherese



Wilk, Monica
Williams, Susan
Willis, Darren
Willis, Daryl
Wong, Nick
Wulf, Glen

...a finishing touch. Senior Keith Robertson checks the tire pressure on his 1961 Ford Thunderbird which is a classic.

...adjusting the volume of his Sanyo stereo system, senior Chris Lozano prepares for a relaxing drive in his dentless and scratchless '67 Chevy Camaro.



Yassin, Jaime
Yee, Mark
Zoggas, Nicole



Sterling leads Class of 1988 to successful moneymaking

Taking time out of their busy schedules are President Julie Sterling, Vice President Lisa Starr, Secretary Caroline McPherson, and Treasurer Lee Ann Borman.

Showing ambition during night rally are Student Leaders Stephanie Witherspoon, Laurie Love, Rachael Rodriguez, Brittni Fancine, Dorella Gragg, and Lisa Perry.

by Vicky Palma

Under the direction of Class Advisor Don Strongman and Class President Julie Sterling, the Eighth Grade class got off to a new beginning.

Kicking off their fundraisers during football season, See's candy suckers were sold throughout the games. This led to quite a surprising profit.

Not many attended the Spirit Week Dance, but a \$400 profit was made. Their theme for the festivities was Mexico, which landed them fifth place in the Night Rally February 8.

The newest activity of the year included a "free-for-all" Air Band. This is where a group of kids dance up on stage acting out motions to pre-recorded music. Personal school bands were encouraged to sign up for the grand prizes of \$75, \$50, and \$25 for the best show.

All of these activities, including Easter Grams sold the second week of April gave the Eighth Grade a head start on their freshman year with approximately \$600.

Many sports were offered this year for the Eighth Grade class, but there is one disadvantage.

"There's so much coverage for Jay-vee and Varsity, but nothing for Eighth Grade. Even the calendar doesn't list the events," claimed Eighth Grader Jason Walling.



Photo by Gurr



Photo by Fashinell

Abelevan, Cindy
Alonso, Mike
Agrella, Donovan
Agarera, Rebecca
Alexander, Edward
Ayalat, Mohamed

Alves, Teresa
Alvea, Davey
Amaral, Amy
Anderson, Kristina
Andrada, Anthony
Andrade, Mike





Andrade, Robert
 Anguiano, Hortencia
 Anguiano, Jorge
 Annastas, Michael
 Archuleta, Jon
 Arnold, Sam

Arterburn, Bill
 Attolini, Cinzia
 Aubert, Denise
 Aviles, Glen
 Balentine, Kevin
 Baptista, Julie

Barnard, Aimee
 Beggs, Debbie
 Belknap, Margorie
 Belshe, Hope
 Berlingert, Miguel
 Berry, Karma

Berryhill, Douglas
 Bertaud, Cosette
 Bird, Kim
 Bjornson, Mark
 Bolesworth, Annette
 Borman, LeeAnn

Bowen, Vicki
 Branca, John
 Branca, Janine
 Briggs, Kevin
 Bristol, Gina
 Brooks, Holly

Brust, Deanna
 Buckingham, Theresa
 Bune, Michelle
 Bustos, Bernadette
 Butler, Colleen
 Butler, Michele

Cabrera, Jose
 Carli, Darlene
 Case, Christine
 Chaves, Susanne
 Chen, Lucy
 Cirmele, Mary



Salt Point trips lure divers for abalone, nature study

by John Aguilera

Arroyo students were involved in many clubs, but none was more unique or interesting than the Diving Club.

Though not really popular on campus and unknown to most students, the club had a lot to offer in adventure.

According to Advisor Fred Hansen, being in the club was a challenge. One had to be able to hike to a suitable spot and then compete against the "unforgiving ocean" while diving for abalone and other types of fish.

Hansen, who has been the club's advisor for 13 years and has been diving since 1960 when he was a sophomore at Arroyo, stated, "You just don't go out in that water if you're not in shape. Also, you better be responsible or you might not come back!"

Unlike other clubs, the Diving Club was an informal group comprised of students who liked to do something different and out of the ordinary.

"When I dive, I never do the same thing twice. There's something new everytime," stated Senior Todd Long. "It's very demanding, and I never know what might happen."

Some found diving rewarding, but had to belong to the National Association of Underwater Instructors.

When out on a dive, club members always practiced with a partner and took all safety precautions which were a large part of the group's activities.

The Club traveled to Salt Point on the Coast for their dives, but also visited Northern and Southern California

Looking into one of the tents, Advisor Fred Hansen awakens while on one of the trips that the diving club went on during Arroyo's '83-'84 school year.

Diving Club Members Todd Long, Fred Hanson, Mitch Cornfield, and Steve Rantz show off abalone shells that they brought back during April 1984 trip to Salt Point State Park.



Photo by Long



Photo by Gurr

Clark, Christine
Cortez, John
Costa, Kathy
Cotta, Jan
Crick, Diana
Croll, Mike



Cuero, Bernadette
Cutteridge, Angelina
Dana, Debbie
Drouze, Sandy
Davis, Dale
DeBettencourt, Christine





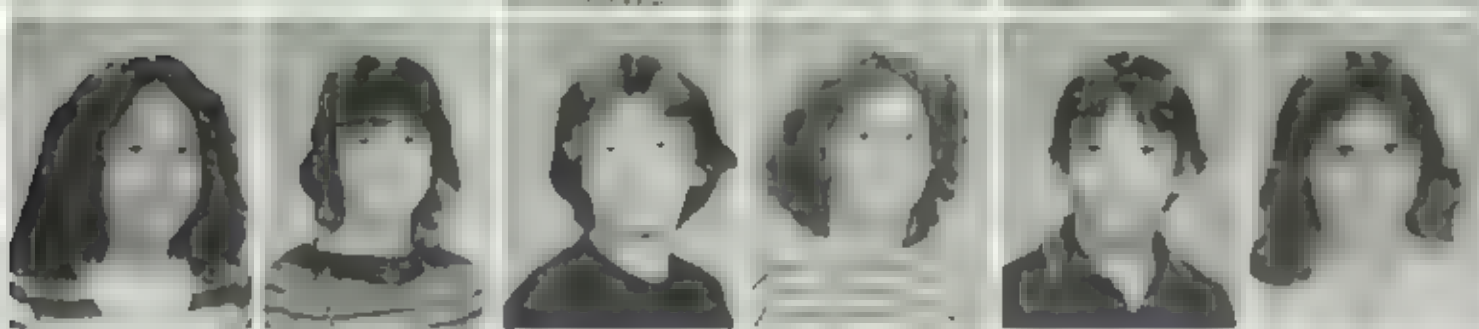
DeBone, Mike
Decker, Kim
Dennis, Lori
Dias, Lisa
Discher, Jason
Dodson, Richard



Dorn, Ronald
Douwes, Scott
Driscoll, Debbie
Dunphy, Jon
Dunster, Keli
Dutra, Mike



Dutrieux, Fred
Edelman, Mark
Ehmke, Stephanie
Elenes, Mario
Engel, Rich
Epperson, Steven



Fanene, Eleitino
Fann, Geraldine
Faria, Joe
Faria, Maria
Ferreira, Chris
Figueroa, Conuelo



Frogge, Stephanie
Galitz, Geoff
Callardo, Heather
Gamble, Roger
Gaylor, Lasena
Gee, Kathy



Gilbert, Jennifer
Gill, Tracy
Gonzalez, Jennifer
Gragg, Dorcilla
Green, Candy
Griggs, Candy



Gunn, Debbie
Ha, Thoi
Hadert, Steven
Hamrol, Cecelia
Hartwig, Steve
Hayes, Kellie



Billings receives top teacher of year titles

Four others top nomination

by Brad Breilein, Chris Becerra

Sociology Teacher Millard Billings received the honor of "Teacher of the Year" in a competition with five other Arroyo instructors.

The runners up were Mary Camezon, Fred Hanson, Michael D'Augelli, and Earl Remington.

The competition was put on for the first time this year by the Publications Department. There were some students and faculty members who were opposed to the competition, but the majority of the people on campus want to see it return.

Billings taught at Arroyo for a total of 14 years. Along with teaching sociology, Billings also teaches family living, and is an alumnus of Arroyo, graduating in 1963.

Billings accredited his success to his ability to "relate to the students and come across as someone they're not afraid of." He tries to "teach the students first, the subject next."

The entire student body and faculty had the opportunity to participate in the competition as well as the teachers.

The teachers were to be judged on six aspects; their personality, involvement in campus activities, instructional technique, how they maintained class control, whether or not they respected the rights of the students, and if they liked students.

Speaking to enthused parents of Arroyo students, Sociology and Family Living Instructor Millard Billings discusses classroom procedure during Back-to-School Night at Arroyo.

Teacher of the Year Nominee Mary Camezon helps out at the Christmas Brunch. Also in attendance were Judy Hackbarth, Nancy Carlson, Gail Drake, Dr. Aiden Badal, and Roy Hanson.



Photos by Fashinell



Haynes, Tammie
Hayward, Dennis
Heath, Monica
Hedemark, Karl
Hemenway, Lauriana
Hernandez, Bertha



Hetrick, Sue
Hilder, Caroly
Hoerber, Kelley
Homen, Lance
Hooper, John
Hove, Cheryl





Howard, Christine
Huerta, Gerome
Jackson, Ken
Jacobson, Jeffrey
Jarte, Ron
James, Jason

Jarata, Maria
Jarman, Todd
Jarrett, Ron
Jensen, Robert
Jimenez, Richard
Johnson, Brian

Johnson, Gregory
Johnson, Jennifer
Juarez, Rodney
Kelsey, Stacy
Kesten, Stephanie
Kirk, Elizabeth

Knippel, Natalie
Knupner, Heidi
Kral, Deanna
Krough, Scott
Kwan, Vickie
LaFabregue, Jeffrey

LaPoint, Robbie
Lester, Philip
Lewin, David
Lewin, David
Lewin, David
Lewin, David

Lewis, Johnny
Lewis, Rhonda
Linn, Bertie
Linton, Dirk
Lu, Weiboon
Livesay, Jess

Lizama, Lorrie
Loaiza, Pedro
Long, Patti
Lovell, Laurie
Lyda, Alicia
Lynch, Jennifer



Lyon, John
 Lytle, Scott
 Marapagal, Rey
 Macentone, Janet
 Mangin, Tom
 Maramonte, Tony

Marlao, Mark
 Marquez, Angelito
 Marshal, Terry
 Martin, Richard
 McCulloch, Jeff
 McGill, Laura

McPherson, Caroline
 Medeiros, Bryan
 Megia, Christy
 Meinberg, Deanne
 Mello, Jay
 Metz, Cheryl

Michalski, Brad
 Miller, Tammy
 Minniz, Marco
 Minniz, Joe
 Moritz, Jason
 Montoya, Joe

Moy, Thomas
 Meyer, Tammy
 Mott, Paul
 Muna, Tim
 Murphy, Chester
 Murphy, Shirley



'Endearment' captures large size audience

By Glenn Stewart, Dean Gurr

Students found satisfaction in some of the year's top books and motion pictures.

A common event for most weekend adventurers was attending the cinema to view popular movies locally.

Winning the Academy Award for Best Actress and Best Supporting Actor and Best Picture, "Terms of Endearment," captured Arroyans interest too.

As far as books were concerned, Stephen King kept his readers in awe with **Pet Cemetery**. Also popular on Arroyans' reading lists were the novels of VC Andrews whose latest, **Seeds of Yesterday** was the subject of many English book reports.

Top Ten Films

Top Ten Films-April 1984

- 1 "Footloose"
- 2 "Friday the 13th: the Final Chapter"
- 3 "Police Academy"
- 4 "Against All Odds"
- 5 "Greystoke"
- 6 "Moscow on the Hudson"
- 7 "Terms of Endearment"
- 8 "Sixteen Candles"
- 9 "Spinal Tap"
- 10 "Splash"

Top Ten Books-April 1984

Fiction

1. **The Aquitaine Progression**-Ludlum
2. **Heretics of Dune**-Herbert
3. **The Haj**-Uris
4. **The Butter Battle Book**-Seuss
5. **Pet Cemetery**-King

Non Fiction

1. **Eat to Win**-Haas
2. **Nothing Down**-Allen
3. **The James Coco Diet Book**-Coco
4. **Tough Times Never Last, But Tough People do**-Schuler
5. **Motherhood**-Bombeck



After completing a book for a class project, Junior Katherine Geine is struggling to finish her review of the latest novel.



Deciding if the book is a good investment for his pocketbook, Senior Al Elpusan skims through the pages of a Top 10 paperback

Photo by Bennett



Photo by Geine



Nagel, Dana
Nevill, Mark
Newborn, Chris
Ng, Sonia
Nguyen, Tran
Nielsen, Christi

Nichols, Craig
Oliver, Danny
Olivera, Rachelle
Olsen, Donelle
Ong, Tiffany
Orlowski, Bob

Owyoung, Steve
Paduveris, Bart
Page, Kimberly
Pangasnan, Charles
Pasalis, Angela
Patrick, Paula

Patterson, Tom
Pebeker, Michele
Peinado, Tony
Perry, Jenny
Perry, Lisa
Pettersen, Lynn



400 parents return to AHS to look at classes, teachers

by Lynne Sorenson

Photos by Fashnell

Over 400 parents attended Back-to-School Night October 5 at 7 p.m.

Parents attended their children's classes (just as the students would do during a normal school day) to meet with teachers in ten minute periods to obtain an overview of course requirements and expectations.

Teachers outlined curriculum plans for the year and talked about strategies which would assist students in covering materials. Classroom policies about grading, homework, and make-up work were also covered.

"It was interesting to see what the kids really do, the halls, and the homework — much more than I ever had," said one parent.

"I have always believed in Back-to-School Night," said History Teacher Earl Remington. "It's a chance for parents to meet and question their children's teachers about the course of study."

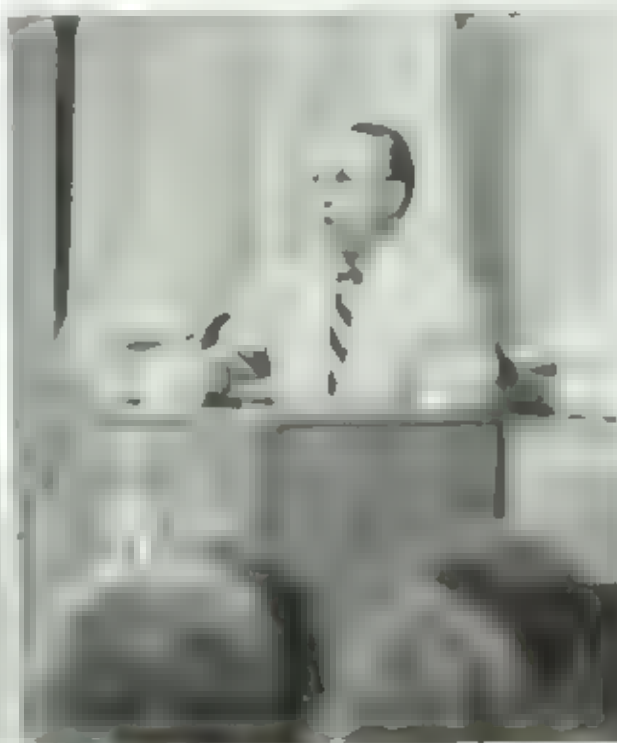
Many parents expressed the fear of getting lost on the 40 acre Arroyo campus, but soon found their way to class, just as new students did.

Following the classroom visitations, parents were invited back to the Cafetorium for a social hour, sponsored by the Arroyo High School PTA. Headed by President Mary Lou Barros, parents were served a variety of cookies and coffees as they discussed the school, its procedures, and policies informally with faculty and members of the school and district administration.

Delivering introductory address, Principal Roy Hanson welcomes parents to annual parents night, October 5

Going over his grading policies, Sociology Instructor Mil Billings addresses parents in Room A-1 on Back-to-School Night

Conversing about her plans to travel to France with students, Foreign Language Chair Suzanne Fogg outlines the trip



Pierce, Sheri
Ploner, Michele
Plumlee, Eva
Preston, Kelly
Profumo, Karen
Pacion, Andy

Puentes, Matthew
Pyle, Nanette
Quilice, Crystal
Quiroz, Nadine
Ramirez, Janice
Reberiego, Dina





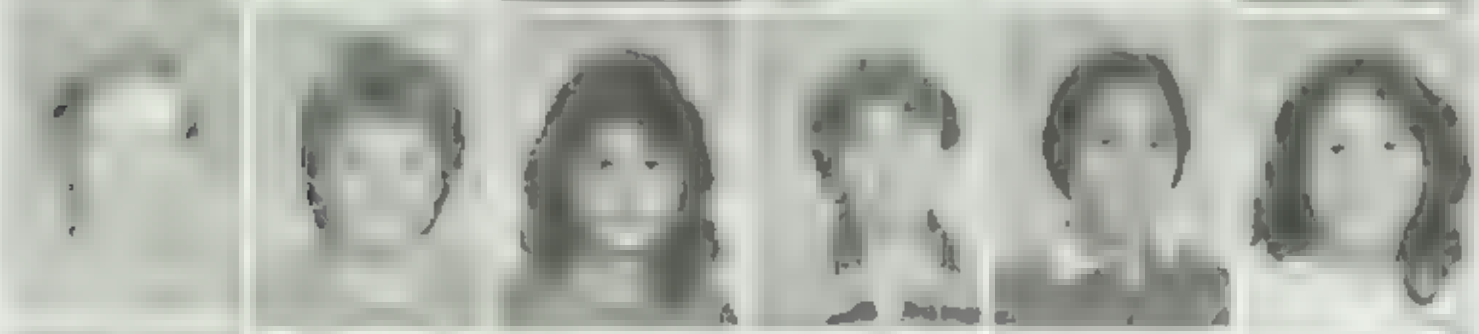
Reed, Matthew
Regan, Jason
Reimers, Beth
Reynolds, Cindy
Rice, Kristine
Richardson, Jenny



Roberts, Mike
Rocco, Greg
Roderick, Laurie
Rodrigues, Rachelle
Rodriguez, Eric
Rodriguez, Sabrina



Rogers, Mike
Romero, Cassie
Rosa, Louis
Rose, Laura
Russell, Clayton
Russin, Gary



Ruth, Jeff
Ryan, Tim
Sakaba, Yvonne
Salvetti, Arthur
Sanchez, Gary
Sanchez, Terri



Sanford, Donald
Santos, Doug
Sasaki, Rik
Sauneuf, William
Say, Sheri
Schulte, Jeanine



Scott, Jennifer
Seach, Steve
Sequeira, Melody
Serranni, Stephen
Shaw, Todd
Shepherd, Jennifer



Singer, Lori
Singhasemanon, Nutthavut
Sloan, Heather
Smith, Amy
Smith, Antoinette
Smith, Linda



Smith, Robert
 Smiya, Reinaldo
 Spivey, Jeremy
 Spotts, Tim
 Spurr, Karen
 Springer, Mark



Stier, Lisa
 Strongman, Aethica
 Stuck, Heidi
 Stueder, Howard
 Sterling, Julie
 Sivers, Julie



Strube, Steve
 Stutz, Gordon
 Tachibana, Lawrence
 Tang, Ralph
 Tavares, Richard
 Taylor, Christy



Taylor, Tim
 Texeira, Wendy
 Thacker, John
 Testa, Jerry
 Thayer, Chris
 Thibault, Shannon



Tressler, Toby
 Truazon, Maria
 Valente, Kristine
 Valadon, Karen
 Vidales, Gary
 Videll, Robert



Vietra, Ernest
 Vierra, Gary
 Vigallon, John
 Villalobos, Joseph
 Villalobos, Regina
 Wachel, Garret



Wadke, Jay
 Wang, Tim
 Wankama, Phil
 Wampler, Robert
 Ware, Jonathan
 Ware, Monica



Challenging dance craze sweeps campus, as breakers exhibit skills

At home perfecting the new craze called break dancing, Freshman Del Bauer practices his technique for his group called Ground Control.

Photographer Kenny Barros catches Del in action on a slab of linoleum in his family room while practicing for an upcoming competition.



Photo by Barros

by Christine Beccera

Break dancing was suddenly the rage on the AHS campus.

"Breaking" was a basic style of dancing that began on playgrounds on slabs of cardboard and involved gymnastic flips, neck spins, back spins, and other variations.

"People like to watch it. That is one of the main reasons why it is so popular," stated Junior Randy Taylor-Weber.

"A popper or breaker really shines when he shows his wit and imagination by combining acrobatic stunts and jerky mechanical moves like a robot," said Taylor-Weber.

Clothes were essential to breaking because of the need for loose movement. Some of the most functional wardrobes were the Nike and Addidas sweatshirts. The sweatshirts were of nylon and that makes them slick, the slipperier the material the better the slide.

Breaking has spread from city to city, street to street, television to television, and Arroyans picked up the craze and began practicing the various styles, such as "moonwalking," "frogging," "spinning," and "waving."

Why do kids break? "It's fun. It's a challenge because it is so physically demanding. There aren't too many Arroyans who break, so I feel good when people admire me on the dancefloor," claimed Gordon Early, one of Arroyo's original breakers.



White, Andrew
Whittaker, Jenny
Woodman, Sean
Wilkinson, Sue
Williams, Chris
Williams, Mike

Wilson, John
Witherspoon, Stephan
Wong, Diane
Wong, Ronald
Woodward, Eric
Wright, Carlos



"To know is nothing at all; to imagine is everything."

Anatole France

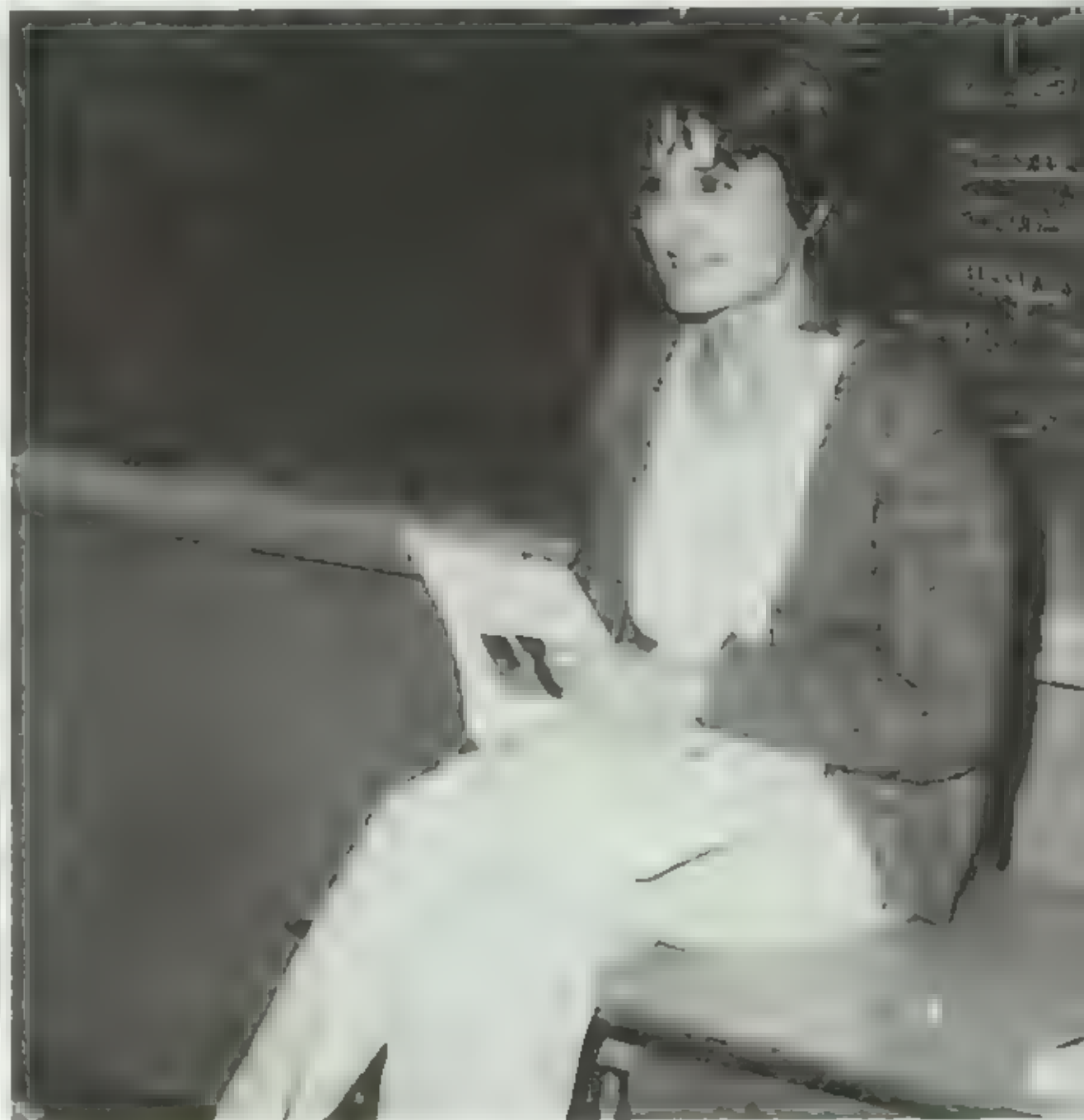
Photos by Gurr



As she goes over some of her student's report, Linda Saul, an smiles to herself when she sees a joke put into one of their reports done by a student.

While quietly correcting a student's work, Mr. Anderson tries to find a way to put all of the students' work home.

Smiling at a pupil who attempts to speak Spanish, Mr. Anderson helps him out by telling the class the proper pronunciation of the word.



Anderson Ron
BA in Education
Wentworth School



Baecher Bill
BA in Education
Physical Education
Administration



Battino Tamara
BA in Education
Physical Education
Physical Education



Bicknese Steven
BA in Education
Physical Education
Physical Education



Billings Mil
BA in Education
Family History



New teachers bring Arroyo original ideas

by Kristy Hanson

Last year nine new teachers walked through the gates here at Arroyo High School. Seven joined the faculty at the beginning of the school year, and two others arrived at the beginning of the second semester.

Elizabeth Marsh and Deborah Knight came to Arroyo in late January following the retirement of two teachers, James McNeill and Albert Fourmey.

Marsh took the place of business Teacher McNeill after he took an early retirement. Before she replaced

McNeill, she went to Cal State for five years and then she taught some classes at Fremont ROP. "I enjoy teaching at Arroyo," stated Marsh. "The students and teachers are all so nice."

Knight took the place of science Teacher Fourmey after he retired because of medical problems. She received her Bachelor of Science degree at the University of Missouri-Columbia.

The Foreign Language Department received two new teachers, Elizabeth Lismer and Melinda Ferreira, who both taught Spanish. "All in all, I think it's a great school with a lot of nice kids," commented Ferreira when she was asked about Arroyo.

Linda Santillan was the new face seen in the English Department. She went to school at Arroyo and she did all of her student teaching here.

Cathy Buccheri was the new addition in the Math Department. She came to teach at Arroyo right after she graduated from Cal State. "I really like it here because the students are all so interesting," said Buccheri with a laugh.

Pam Nadeau, who is the new teacher in the Music Department, has started some new traditions at Arroyo including the Spring Masquerade concert which took place in early April.

Sarah Gaskins was the new addition to the business department last year.



Bissett, Victoria
BA, UC Berkeley
Department Chair,
Introduction to Social
Science, Government
Comprehensive English 10

Blom, Ed
BS, Cal State U. Hayward
Adaptive Physical Education

Brouillette, Mel
BA, Cal State U. Hayward
State Requirements, Human
Biology

Buccheri, Cathy
BA, Cal State U. Hayward
Math 8, Math 1-2

Burnett, Keith
BA, Cal State U. Hayward
Comprehensive English 9
German 1-8

Cameron, Mary
BA, U. of Washington
Comprehensive English 10
Introduction to Social
Science, Career Decisions

Cannon, Frank
MA, U. of Michigan
Department Chairman
Advanced Math, Algebra 1-2
Math 1-2

Clapp, Laura
ME, Central Washington U.
Math 8CP, Math 8, Math 1-2
CP Math 1-2

Cornwell, Lorin
BS, San Francisco State U.
Contemporary
Lit/Composition, English 11
Workshop

D'Angelli, Michael
MRE, Cal State U. Hayward
English 11 Workshop
Remedial Reading 8
American Lit/Composition

Drake, Gail
BA, San Jose State U.
Creative Living, Individual
Living, Gourmet Foods

Dunn, Barbara
BA, San Diego State U.
Counselor

Dunphy, George
MA, San Francisco State U.
Athletic Director, Physical
Education

Ehsan, Annette
BA, San Jose State U.
English as a Second Language

Everitt, Patricia
MS, Northern Illinois U.
Comprehensive English 9
10CP, Senior
Lit/Composition



AHS Social Club's events unite faculty

by Michelle Raney

Photos by Fashinell

All work and no play was not only hazardous to students' health, but to the faculty's as well.

The Faculty Social Club, under the direction of Head Attendance Clerk Judy Hackbarth, broke up the day-to-day routine by planning activities for the Arroyo faculty and staff.

One such activity was the annual Christmas breakfast which took place

December 16 at the Moose Lodge in San Lorenzo. The breakfast was held from 7-9 a.m. which also gave the students a change by deleting first period from the bell schedule. With a mouth watering menu, lots of door prizes, and an appearance by Santa, himself, English Instructor Pat Everitt was still the chosen favorite as she led the faculty in singing carols.

Barbecues for the faculty were planned and held an average of every other month, at which birthdays of the

past and present months were celebrated. Throughout the year, the faculty joined for "liquid refreshments" at the Black Angus for early retirements or events that warranted a get-together.

At the end of the school year in June, the biggest and final party was thrown. Faculty and their spouses attended Crow Canyon Country Club for an extravagant retirement brunch. Those retiring were honored by their colleagues.



Joining in on the festivities, Clerical Workers Ida Rieder, Faye Davis, and Marie Johnson blend their voices in caroling.

Ferreira, Melinda BA San Jose State U Spanish 1-2, 3-4

Fisher, Gerry BA Cal State U Hayward Drama 8 Social Studies 8CP Introduction to Social Science

Fogg, Suzanne BA U of Missouri, Department Chairman, French 1-8

Gaskins, Sarah BA UC Berkeley Job Skills Shortland 1-4, Typing 3-4

Gariano, Joseph BA Bakersfield College Nursing Math 1-4

Gire, Gene MS Bradley U Department Chairman Metals 1-2, 3-4, Wood 1-5, Metals 1-5, Math 1-4

Glenn, Jerome MA Cal State U Hayward Department Chairman Resource Math/Social Studies Administrative Intern

Gorman, Doris MA San Jose State U Art/Craft 8 Crafts 1-4

Greenbaum, Jerry MA U of Iowa Algebra 1-2 2A 2B Intermediate Math

Hansen, Fred MS Brigham Young U Human Biology Earth Science Physiology

Hansen, Thelma BA San Francisco State U Physical Education

Hanson, Roy MA UC Berkeley, Principal

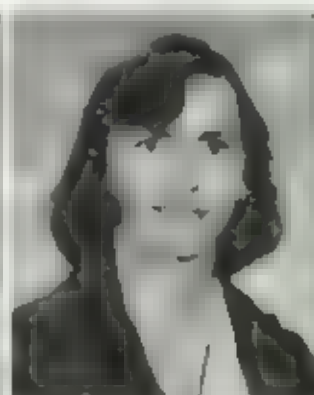


"Perhaps the most valuable result of all education is the ability to make yourself do the thing you have to do, when it ought to be done, whether you like it or not; it is the first lesson that ought to be learned."

Thomas Huxley

After making a smart remark, Social Studies Teacher Mil Billings and Principal Roy Hanson laugh as Dr. David Snider walks away with another prize

Trying to pawn off the apron he won in a drawing, Science Teacher Fred Hansen offers a trade during the Faculty Club Christmas Breakfast



Hirsch, Lois
MA San Francisco State U.
Physically Handicapped
Program

Mitchcock, Robert
BA, San Jose State U.
Physical Education

Hoag, Mitchell
MA U. of Northern
Colorado, ROP Electronics,
Electricity 15

Hopkins, Norman
MS Cal State U. Hayward,
Department Chairman
Senior Lit./Composition
Senior Honors, English 8
Workshop

Hopping, Marian
BA UC Berkeley, US History,
Introduction to Social
Science

Hunt, Jack
MA U. of San Francisco
Director of Student
Activities, Leadership, Social
Studies 8

LaMantia, Ed
BA UC Berkeley, Auto 1-2
ROP Auto

Levin, Myron
MA Cal State U. Fresno
Assistant Principal

Limer, Elizabeth
BA Cal State U. Hayward
Spanish 1-2, 7-10

Lloyd, Richard
BA UC Berkeley
Comprehensive English 10CP
Beginning Journalism
Newspaper Production
Yearbook Production



Residents assist coaches

by Michelle Raney

Lending encouragement in wrestling meet, Coaching Assistant Eddie Xavier, Jeff Johnston, Assistant Coach Rick Hilder, and Coach Fred Indalacio, watch grappling match

"One of the most important advantages for an off-campus coach was that he was able to concentrate strictly on coaching without having the responsi-

bility of teaching other classes," said Wayne Roberts, head varsity football coach

There were ten off-campus coaches employed for the Arroyo staff. One such person was Football Assistant Mike Sobek.

A graduate of Marina High School, Sobek played linebacker for four years and was named all-league guard.

Beginning his career with wrestling and then adding football to his schedule, Sobek continued with the Dons upon the closure of Marina in 1982.

Currently employed by the **Daily Review** in Hayward, Sobek is also studying to become a deputy sheriff for Alameda County. Among his many activities, Sobek was also in charge of the weight room and also taught proper weight training techniques to interested Arroyans after school.

"The biggest advantage for me, being a young off-campus coach, is that I have a better rapport with the players, being so close in age," said Sobek

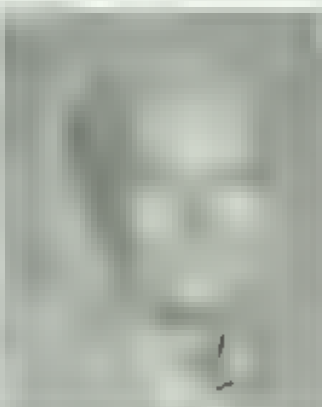
Sobek also stated that he has learned very valuable coaching lessons from both Coach Roberts and Coach Naish Piazza



Macabee, June
MS U of Illinois Math
Workshop, Physical Education



Madrigal, Angelo
BS U of Illinois
Driver Education



Madnen, Robert
MA John F Kennedy U
English 10 Workshop
Mythology American
Lit Comp



Margetis, Jerry
BA Cal State U Chico
Drafting 15, 2-3 4-7 Shop 8



McCadin, Boyd
MA U of California Math 1
ZCP Algebra 1a-1b 1-2



McKillop, Carol
BA Cal State U Fresno
Special Education



McKinnara, Thomas
BA San Francisco State U,
Department Chairman, Director
of Student Finance General
Office



McNeill, James
BS UC Berkeley Personal Law
Personal Typing, Typing 1-2



Metcalf, Jerry
BS Cal State U Hayward
Math 8 Workshop, Geometry



Miller, Kenneth
BS UC Berkeley Department
Chairman Biology
Instruction in Physical
Science

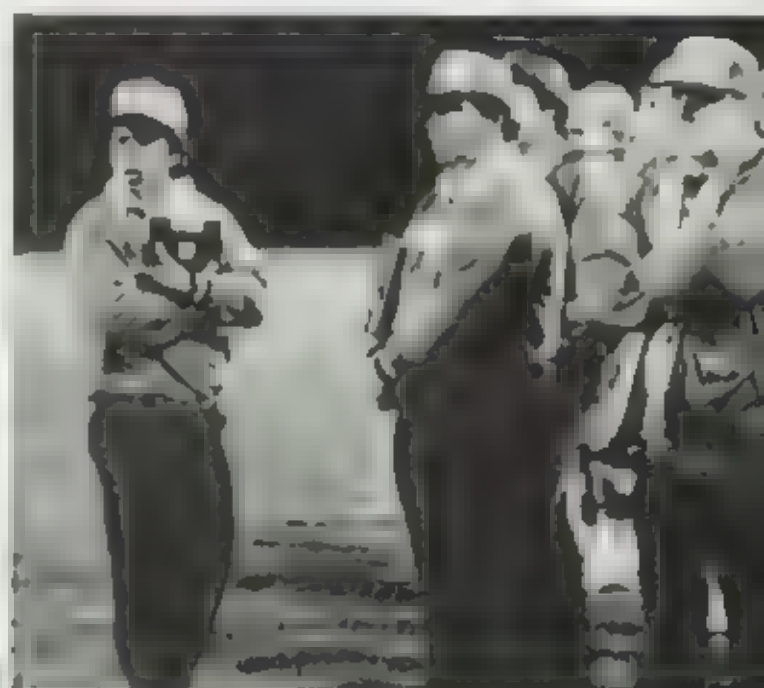




Taking a time out huddle, Soccer Players Paul Marples, Todd Lemke, Coach Tom Hanson, Mark Marples, Sukhwant Grewal, Otto Huizar, and Rob Pandolfo plan attack in second half

Studying referee's call, Off-campus coaching Assistant Mike Sobek ponders penalty with Head Coach Wayne Roberts and Coach Gene Gire

Absorbed in a game, Off-campus Coach Gil DeHoyos scouts plays for frosh-soph football team



Miller, Steve
BA Cal State U. Chico
Social Studies & Western
Civilization, English BCP

Morris, Steven
BA Cal State U. Hayward
Math 3-4 Math 1-2
Workshop, Art 8

Morrow, David
MS Cal State U. Hayward
Math 3-4 Consumer Math
Contemporary Affairs

Nadeau, Pamela
BA Cal State U. Hayward
Jazz Band Orchestra
Instrumental Technique

O'Connell, Sheila
MA San Francisco State U.
English II, Government US
History

Osborne, Diane
BA UC Berkeley Assistant
Principal

Piazza, Mark
BA San Jose State U.
Department Chairman,
Physical Education

Pinkney, Donna
MS San Francisco State U.
Counselor

Powell, Dennis
BA San Jose State U.
Assistant Principal
Personal Typing

Ramstrom, Linda
BA UC Berkeley Spanish 1
&

Remington, Earl
BA, UC, Berkeley, US
History, Social Studies 8

Roach, Lois
BA, San Jose State U.
President San Lorenzo
Education Association
Human Biology Earth
Science



Education reform follows national trends

by Rene Regalmuto

As the 1984 school year came to an end and following a national trend, students looked towards 1985 and the tougher graduation requirements.

The District Task Force, consisting of committee area chairpersons from both Arroyo and San Lorenzo High Schools, met to derive the new graduation

requirements in order to meet the requirements set up by the State Senate.

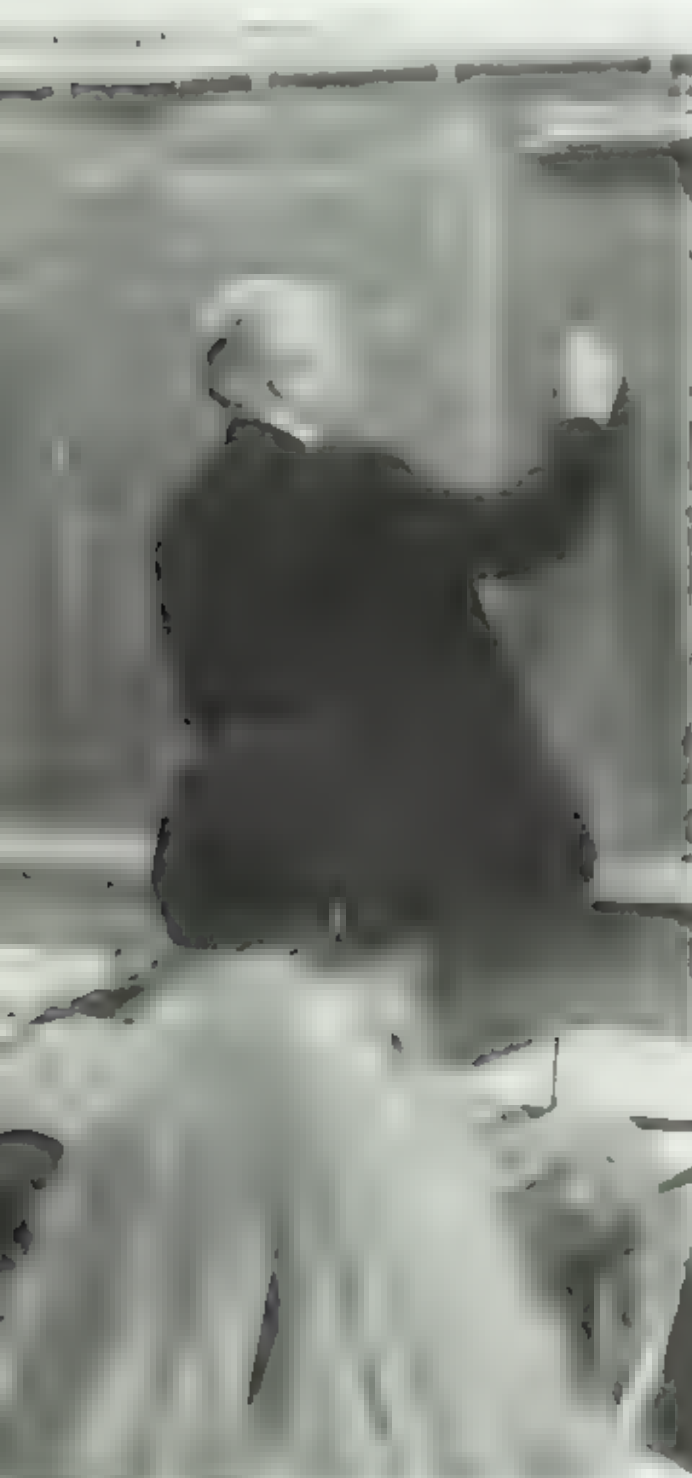
According to Assistant Principal and Task Force Head Myron Levin, the Classes of 1987 and beyond will be facing three years of English, three years of social studies, two years of mathematics, two years of science, two years of physical education and one year of fine arts or foreign language in order to graduate.

Computer courses were also being considered, but were ruled out because of lack of facilities.

The final decision to change graduation requirements came December 20.

Levin favored these higher expectations, "We just have to see if it works for all students."

The fear was that not all students will be able to meet the requirements and there will be less room for electives.



Explaining a complicated problem set, Math Department Chairman Frank Casson, a member of the Faculty Task Force Committee, lectures his Advanced Math class.



Robert, C. Wayne
BS Cal State U. Hayward
Physical Education, Social Studies

Runyon, Charles
BA, UC, Hayward
Chairman Arts, Crafts, B. Art 1-4, Photography 1-4

Santilhan, Linda
BA Cal State U., Hayward
Comprehensive English 10
Principals, Outside Work

Sarahell, Diana
BA
Mathematics

Schultz, Patricia
BA
Mathematics

Scott, Darlene
BA
Mathematics

Selett, Fred
MS, Cal State U. Hayward
Geometry, Intermediate Math

Shepard, Gregg
BA
Mathematics

Simon, Barbara
BA
Mathematics

Skeen, DeWand
MS, Cal State U. Hayward
Rapid Typing 1-2
Workshop

Souza, Thomas
BA, DePaul College
Math

Strongman, Donald
BA, UC Santa Barbara
English B Workshop



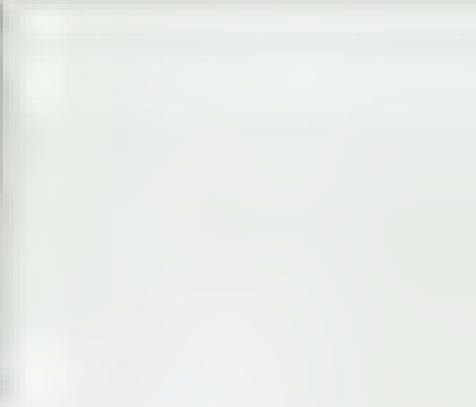
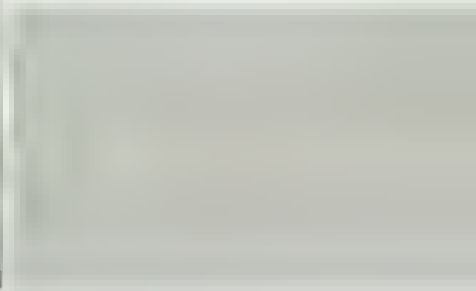
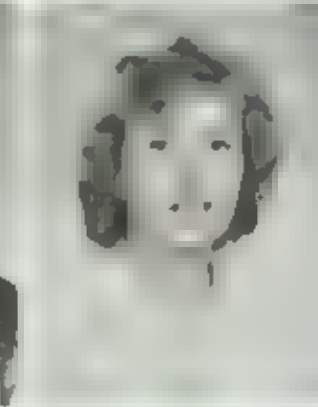


It is the ignorant who despise education.

Publilius Syrus

Observing the presentation of senior awards and honors. Assistant Principal Myron Levin, who led the Task Force on educational standards, listens intently at Senior Recognition Night.

Checking to see if they have fulfilled graduation proficiency requirements, Sean MacGowan and Rod Shinki discuss their achievement with Instructor Linda Santillan.



Tancready, Angelo
BA, San Jose State U., Special Education

Tandowsky, Richard
BA, UC Berkeley
Comprehensive English 9
10th P. American
Composition

Villas, Sally
BA, San Jose State U., Education
Ward, Wayne
BA, San Francisco State
English 9 Workshop, Drama 1-4

Weissenborn, Kenneth
BA, Cal State Hayward
Education, Social Science
Career Decisions, History

Wergeland, Terrold
BA, Univ. Washington
American Literature
Mathematical Comprehension
English 9th P.

Wigand, Robert
BA, Cal State Hayward
Science & Human Biology
Earth Science

Wilber, Jack
BA, Exeter, Maine
Comprehensive English 10, U.S.
History

Wilson, Lorraine
BS, Cal State U. Los Angeles
Education

Woods, Diane
BA, Cal State U. Hayward
Special Education



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You've come a long
way, sis

Congratulations

Love,
Tim



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Congratulations.
We are very proud of
you, and wish you the
best that life can give.
Set your goals high,
we know you can
reach them.
Love always,
Mom, Dad, Kelly and
Karen

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proud of you

Love,
Mom and Dad

Nicole-

Seems like this picture
was made only
yesterday. Now you're
ready to begin
another new chapter
of your life.
Congratulations.
We love you,
Mom and Dad



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Shelley,
Just the other day
we had this picture
taken (or so it seems).
Now, twelve years
later, here we are
again. You've done
well, honey, and we
are so proud of you.
We love you,
Mom and Dad



Congratulations, Tori.
You made it I always
knew you would. Our
family is very proud of
you. May the future
hold all of your
dreams come true.
God bless and keep
you always. You're #1.
I'll love you forever,
Mother





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Cindy.**

**We're proud of you.
May all your dreams
come true.**

**Love,
Mom, Dad, Tim, Lisa,
and Nate**



"Hogman"

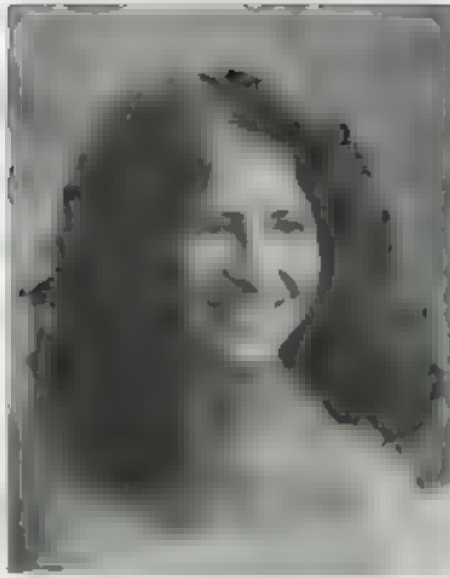
**Congratulations,
you made it!!**

**Love.
Mom, Dad, and Gary**



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Mom, Dad, Gary, Lorrie Jan, and Afei.



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Dear Bob,

Best of luck to you
now and in the
future

Love,
Mom



Congratulations,
Nancy
May the years ahead
of you be as good as
the last eighteen. You
made us so proud and
gave us so much
happiness. We hope
you get the finest
things in life.
Love,
Dad, Mom, and
Matthew



Ana,
Keep on smiling
because the best is
just ahead. May there
be more joys than
sorrows
Love,
Mom



Stacey Racette,
No greater gift were
we given than the day
of your birth. The
warmth of your love,
the understanding in
your touch and the
wisdom of your times
truly are the sunshine
of our lives
Forever love,
Mom and Dad



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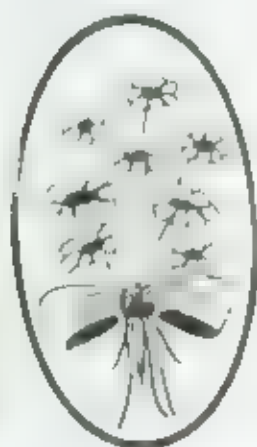
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David Louis Escobar,
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be a very fine young
man. We are very
proud of you. We
wish all the luck and
happiness in the
future
Love always,
Mom, Dad, and
Manuel



Debbie Reyes,
Life will always be rich
and rewarding for you
because of your
generosity and
thoughtfulness
With love always,
Mom, Dad, Valerie,
Rhoda and Victor



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Timothy J. Harris,
Congratulations and
good luck son. We are
proud of you.
Love,
Mom and Dad



Lisa Foy,
Then until now passed
all too quickly.
Congratulations. We
love you and wish you
all the good things in
life
With our love,
Mom, Dad, Larry,
and Jason



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Deana Zoggas,
Goodbye '84; hello
future. We knew
you'd make it. We are
very proud and we all
wish you much
success and a life
filled with love and
friendships.
Congratulations
Love,
Mom, Dad, Nicole,
Rachelle and Janelle



Gwendolyna Dovigi,
You have succeeded
in all your activities
and events both
personal and in
school. Because of
your accomplishments
and for being who
you are, you will have
a great future. We are
very proud of you.
Love,
Mom, Dad, and sisters



Michelle,
Good luck in the future. Con-
gratulations on your gradu-
ation. Happiness always
Love, Dean Williams



Todd,
Congratulations, Son.
Love always,
Mom and Dad



Debera Kimmey Reyes,
Congratulations, Debera. Looks
like you finally made it.
Love,
Uncle Paul, Lou, and Benny



Chris,
Thank you for giving us so
much pleasure. We are
proud of you, son.
Love,
Mom and Dad



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Grandma, and Grandpa

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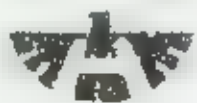
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Stacie Brose,
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proud of you, our first gra-
duate.
Love,
Mom, Dad, Deanna, and
Vanessa



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you since that first day of
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Mom and Dad

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You've made my senior year
the best. You're very special
person to me. Good Luck Al-
ways!
I Love You!
Elizabeth

Michelle Mello,
You were special to us
then, and you're even
more special as time
goes by
Love always,
Dad, Mom, John,
FeeFee, and Dudley



Sean Pierce,
Congratulations.
You've come a long
way- We love you
Mom, Dad, Scott, and
Beth



Rene Regalmuto,
Congratulations, Rene. All your
effort and hard work is about to
be rewarded. We are glad that
we are able to enjoy it with
you!
Dad and Mom



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Corujo Neto,**
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daughter and sister.
We are proud of
you and we love
you.
Love Always,
Mom, Dad, and
Marize



Gregor,
The world out
there is rough but
we know you're
plenty tough. You
can do it! You can
do it! #35 will
always be #1 with
us. Congratulations,
Gregor. We're all
very proud of you
Love,
Mom, Dad, Sharon,
and Vicki

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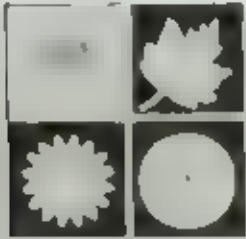
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son with us. You've
made us very
proud
Love, Mom, Dad,
and Cheryl



Elizabeth,
Congratulations
You make us very
proud. We love
you!
Love,
Mom and Ken



Shelli Smith,
#5 Smith makes it
through Arroyo.
We knew you could
do it, Shel.
Welcome to the
real world. With
your sense of
humor, you'll do
just fine.
Love always,
Dad, Mom, Rick
Jeff, Marty, and
Stu



Keith Toon,
A son who turns
out like you makes
parenting
worthwhile. You're
really a special
person. Good luck
in all you do, and
may life be gentle
with you.
We love you a
lot.
Mom and Dad

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Danny LeDoux,
Looks like we made
it. Good luck in the
future Remember,
dreams will never
die!
Love Ya,
Michelle



Debra Reyes,
Congratulations,
Debra.
We Love You,
Debbie and Dawn-
Marie

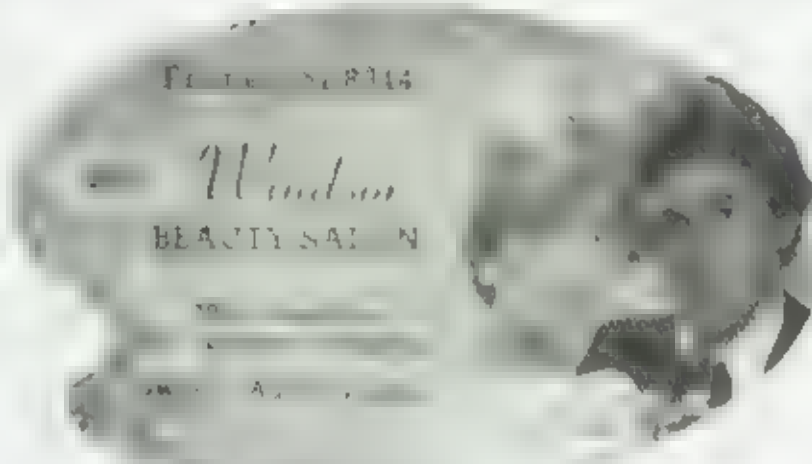


Advertising

Charlene,
Well you finally did
it. Congratulations! I
hope everything
you want in life you
get because you
deserve every bit of
it. Good Luck!
Love always,
Jeff



Jeffrey Johnston,
You have come a
long way and we
know you will
succeed in
whatever you
choose for your
future.
Love,
Mom, Dad, and
Debbie



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Todd,
Thanks for making
us so proud
You will go a long
way
Love,
Grandma and
Grandpa Russell



Arlene,
Best wishes on your
graduation
When are you
coming down to
LA?
Love,
Matthew



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Muffy,
You've made it. Congratulations! Graduation is a great individual achievement and I'm very proud of you. We owe Arroyo for our relationship and enough education for me to know when I love someone I'll never let you go
Dean

Michael James
Witherspoon,
To a special guy who
has brightened our
lives. Good luck in the
future
Love,
Deanna, Pat, Ron,
and Jimmy



Kim,
Our love and best
wishes to you always
Love,
Mom, Dad and Ken

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Tina,
Congratulations. We love you
Love,
Mom, Dad, Mark and Dana



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OFFICE MANAGER

ASSOCIATE BROKER

JOHN SULLIVAN

BROKER

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Charlene,
 Congratulations. We
 love you
 Love,
 Mom, Dad, and Joey



Dan LeDoux,
 Congratulations, Son.
 We are real proud of
 you. Don't let this go
 to your head
 Love,
 Mom and Dad
 LeDoux

Debra Reyes,
 Congratulations Debra
 We love you
 Uncle Eloy, Sue,
 Candy, Steven, Chr
 Chi and Eloy

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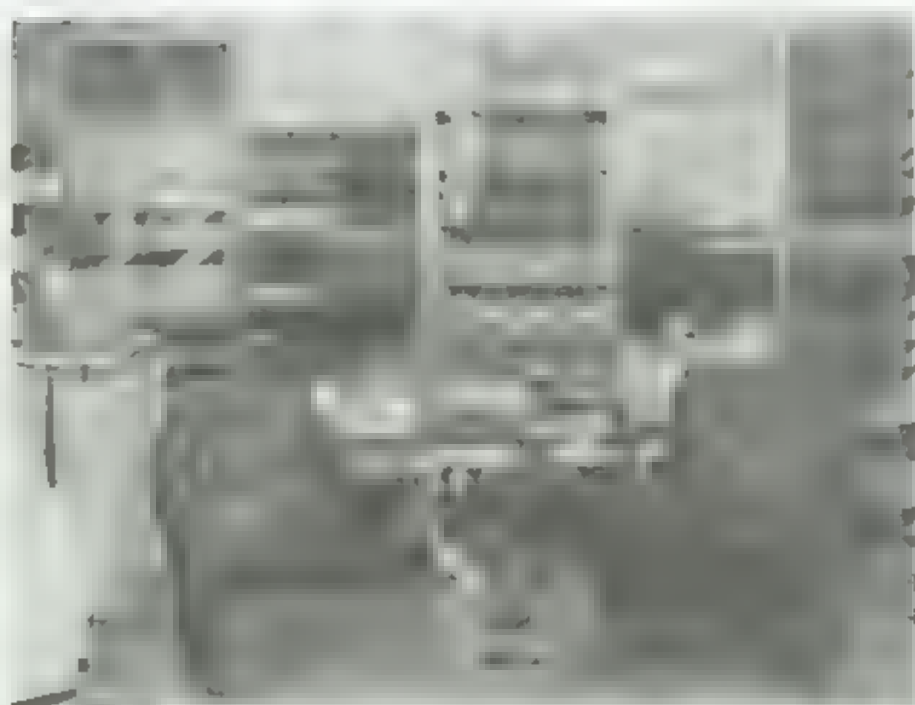
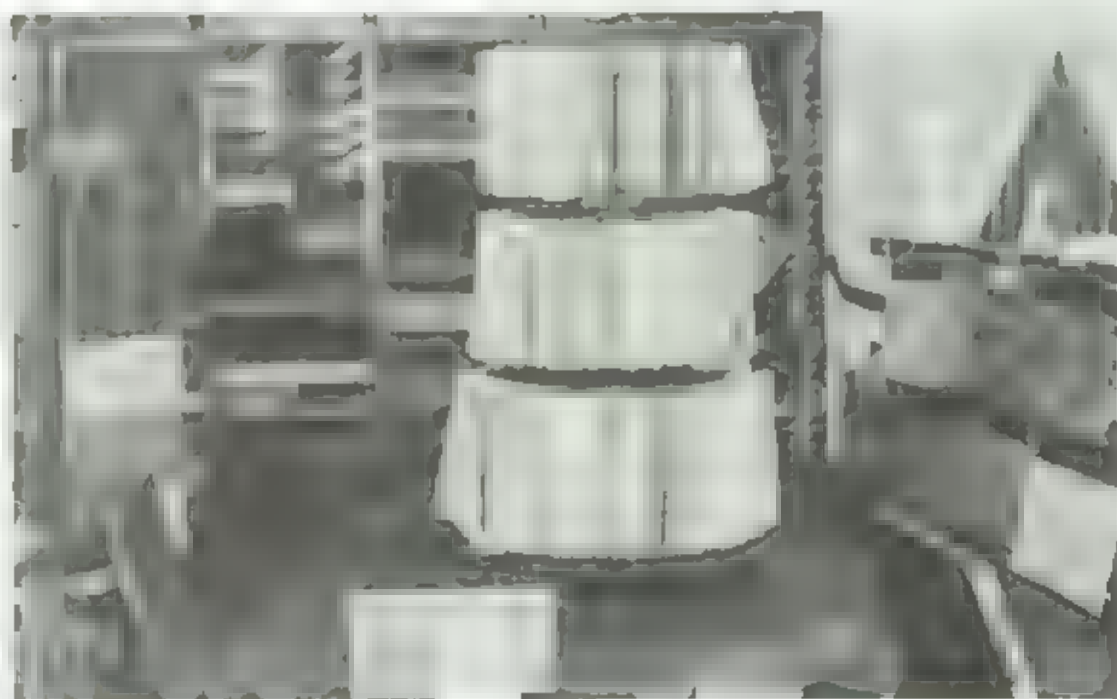
TIM LODER LEAD SINGER
 AGE MANAGER 481-1434 (415)

Arlene,
 Good luck in all your future en-
 deavours
 All my love,
 your brother Kurt





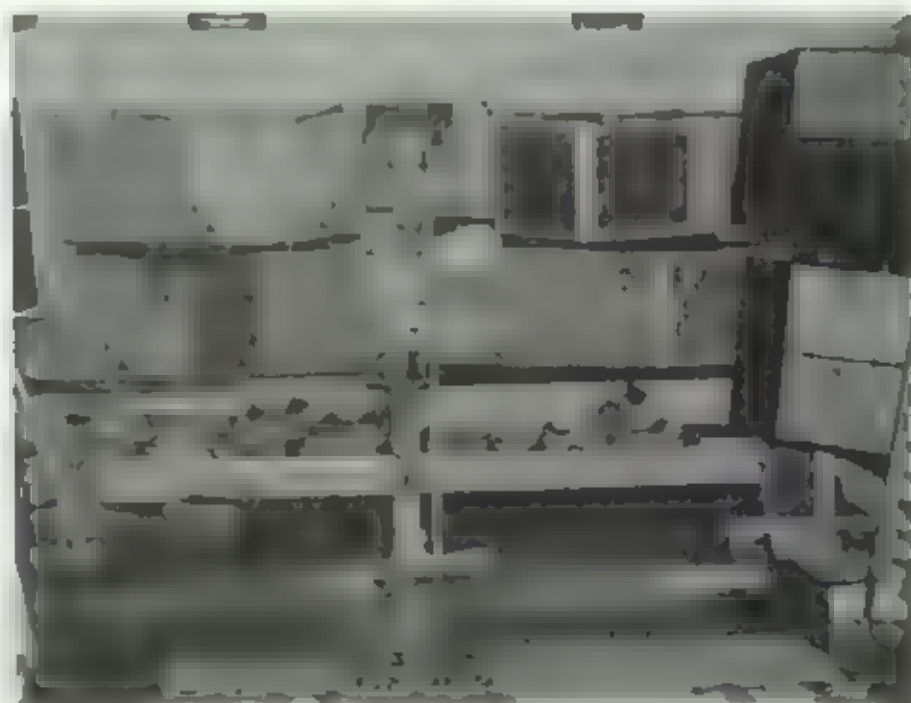
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Susan,
Congratulations.
Wish you the very
best for your
future.
Love Always
Mom, Dad, Walt,
Stephanie



Paula Sanchez,
To our beautiful
child who grew up
to be a beautiful
person and friend
we love!
Congratulations.
Love Mom, Dad,
and Little Sister



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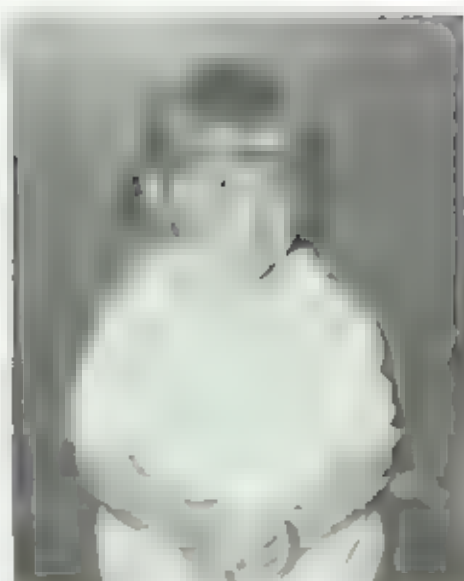
Margaret,
You've been such a
good friend to us.
You're so fun to be
around (given the
opportunity). Good
Luck in the future.
We love you.
Love Janae, Holly,
and Barbara



Sonya,
Congratulations and
good luck in the
future
Love Mom, Dad,
and Collette



Elizabeth,
To our best little girl.
Love,
Pink Grandma and
Da



Kevin J. Heinrich,
Congratulations.
You've made us very
proud.
Love,
Mom, Dad, and
Randy



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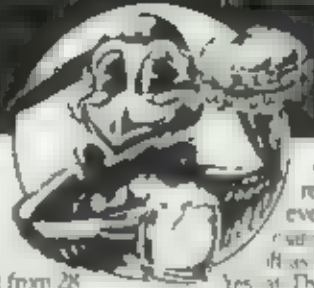
Terri,
To the world's
greatest daughter. You
always make us proud.
Hope you get
everything you want
out of life
Congratulations
Love,
Mom and Dad



Bob, Jojo, Tony, Al,
Glenn, and Dean,
Congratulations, Guys.
You did it! Remember
all your high school
memories and good
luck with whatever
the future holds
Love
Mom and Pop Gurr



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Michele,
Congratulations! May all your dreams come true.
We love you,
Dad, Mom, and Larry

To our gang:
We cherish the moments that we've spent together. You're a very special gang. We're gonna miss you, Love Ya, Lu and Clyde



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MOMENTS, FRANCIS HOOK.

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Janae,
Your first step into the future! Keep climbing.
Love,
Dad and Mom

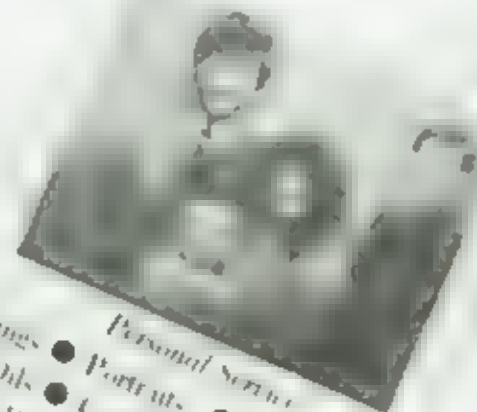


Tricia,
Our third and last Arroyan- How fast the happy days went to produce the beautiful young lady we know and love today
Love,
Mom and Dad



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Jill,
You really out did yourself
this time. Congratulations.
You made it
Love,
Mom



Tammy,
Thanks for being my
friend. I wish the best
of everything for you
in the future.
Love and Friendship
always,
Sue



Advertising

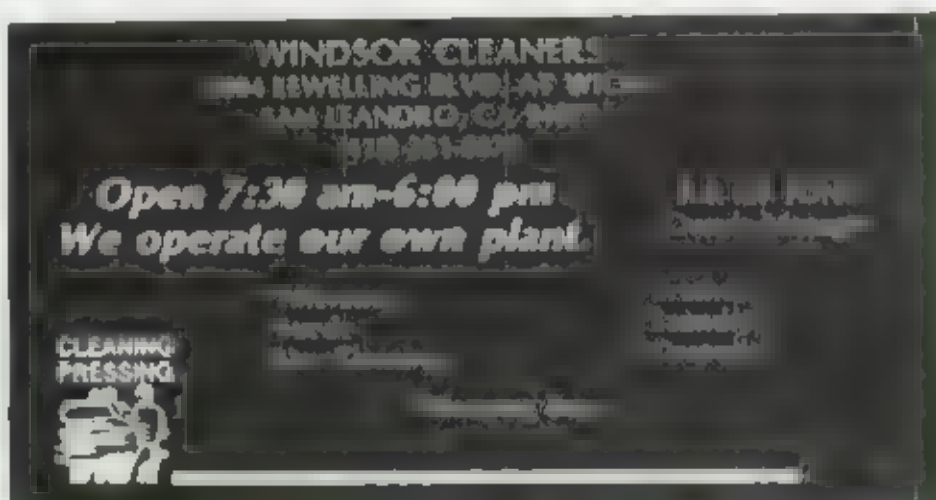


22336 Neekland Avenue Hayward
889-0149

Kim,
Congratulations. We
are proud of you. We
love you and wish you
the very best always.
Love,
Mom, Dad, and
Matthew



Sue,
Well, we finally made it. I
hope the future will be as fun
as the past. Good luck with
what you do in the future.
Love
Big Vic & Little Vic



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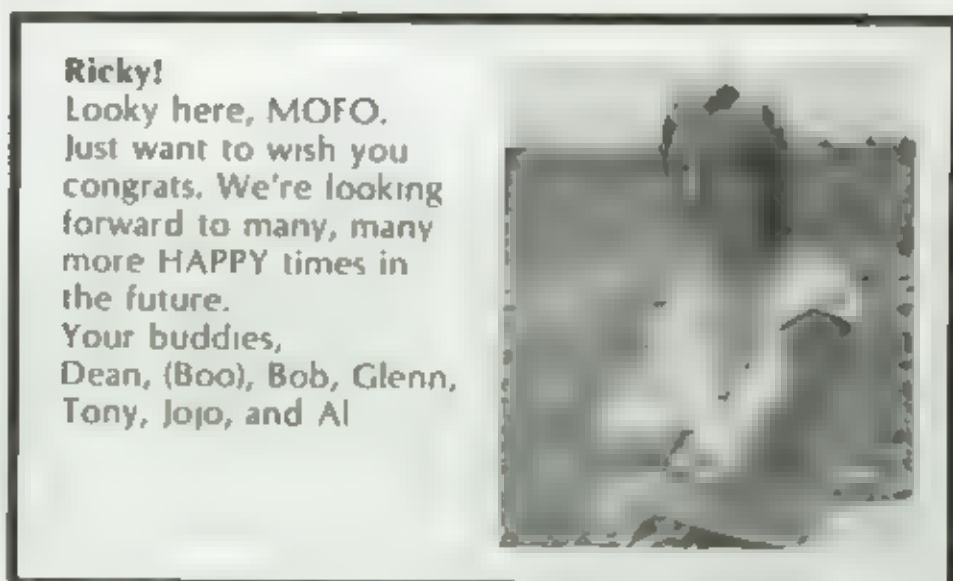
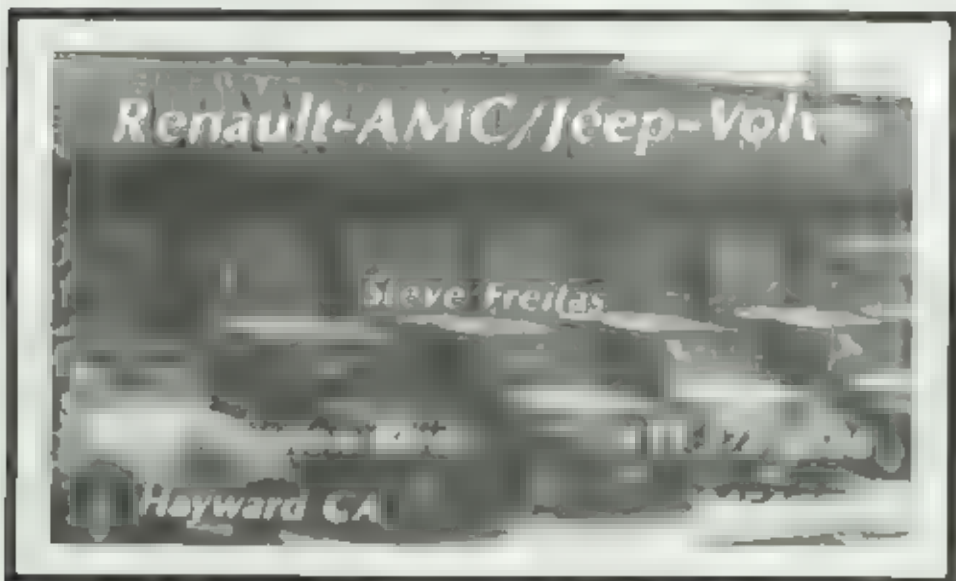
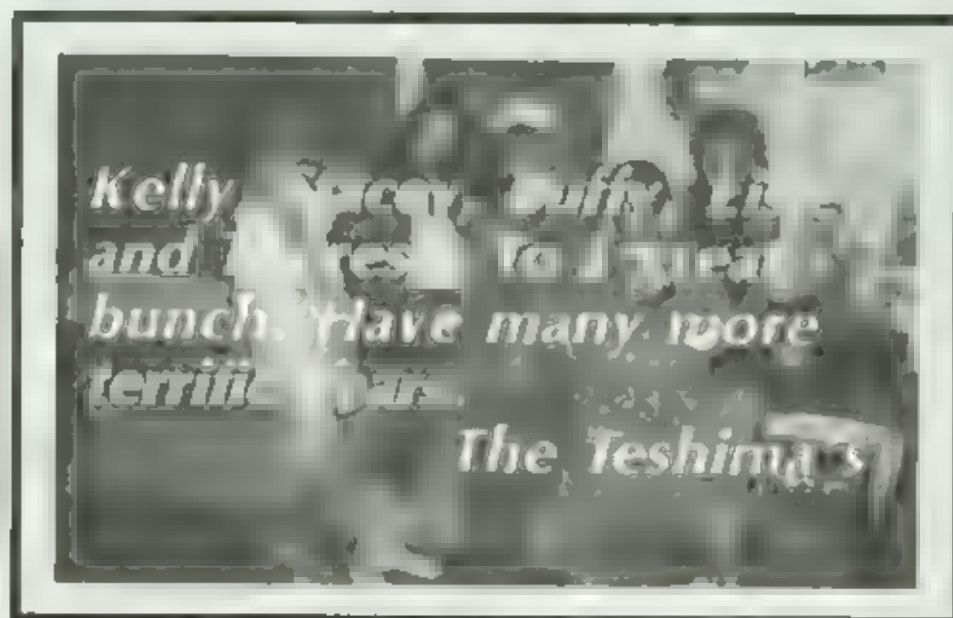
Nothing else covers so much for so long. See us now.

Ed Chandler



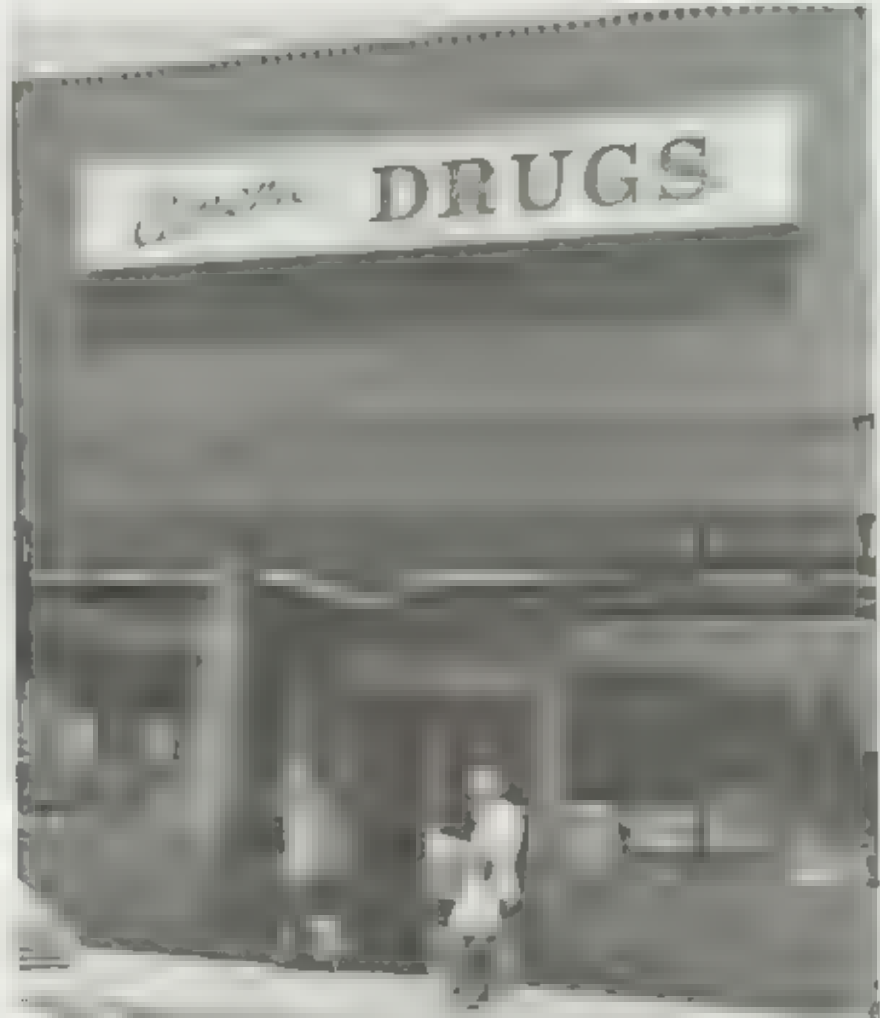
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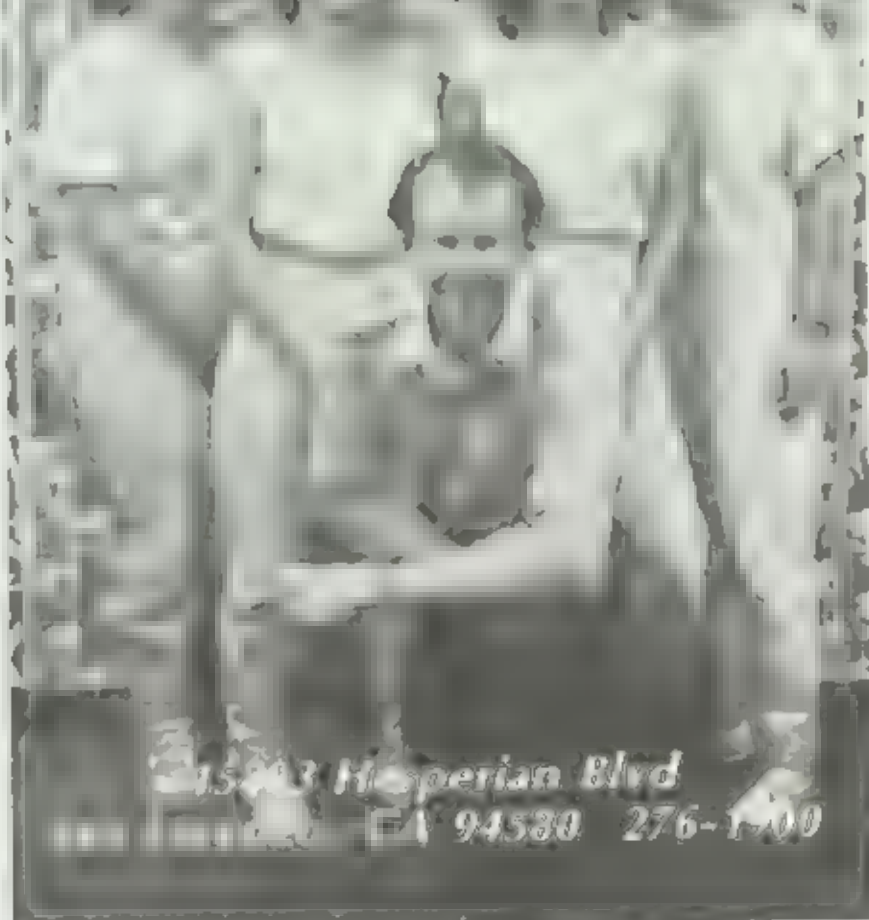


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Class of
1984
From the staff of
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Clinic***

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Randy,
So you've done it in
this "leap year" too,
gone and graduated
We are both proud of
you in this
achievement. Our
sincere wishes for a
successful and Happy
future
Love,
Dad and Mom



Brooke Mingarelli,
Little One- Let
beautiful things
happen today and the
rest of your life. May
you always find your
pot of gold
Love
Mom, Dad,
Midnight, Mandy,
Tinker, Sam, and
ANIMAL



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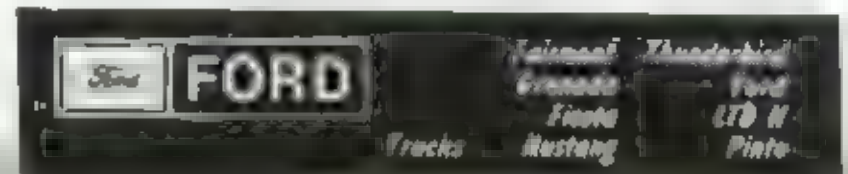
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Arlene Ogata,
With much love and
happiness always,
Mom, Dad, and
Sarah



Shawney,
Were very proud of
you and love you very
much
With love,
Mom and Lynee





Debera,
Here's wishing you a
very bright and happy
future
Uncle Ton, Auntie
Lou, Grandma, and
Kim



Janet Partridge,
We're proud of you
and we love you.
Mom, Dad, Johnny,
Rob, Carol, Dave,
Renee, Sophie, and
Chukka

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Julie Sparrow,
Good Luck and I hope
everyday of the future
is filled with fun and
happiness.
Your friend,
Denise

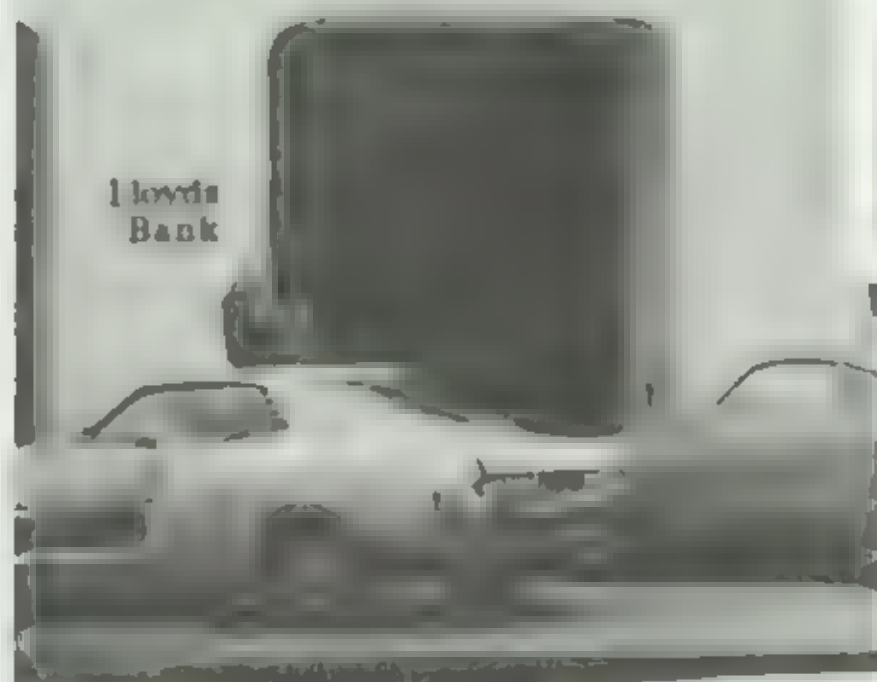


Todd Lemke,
We are proud of your
hard work and
accomplishments, but
mostly we're proud of
who you are
Love,
Dad, Mom, & Scott



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Lloyds
Bank



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San Lorenzo



Kim,
I hope you will always love
me, as much as I love you.
Love ya lots,
Dave

Sue,
The years I've spent
growing up with you
have been great. Best
wishes in the future in
what you do and who
you share it with.
Love ya,
Little Vic



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Mary Ann



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Nicole,
May your future be as
bright as the sunshine
you have brought into
our lives. And may
your memories of the
past years be ever a
part of your future.
Love,
Mom, Dad, and
Dawn



Arlene and Sharlene,
Well, we made it!
Thanks for always
being there, and
thanks for being the
best friends in the
world.
Kim



Advertising



Susan,
Congratulations!
We are proud of you.
Love,
Mom and Dad



Adrianna,
We finally made it! I
could never have
done it without you.
You've been, and
always will be, a great
friend.
Janet



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Michelle,
Congratulations! We
are very proud of you
and love you very
much. We wish you
success and happiness
in everything you do.
Enjoy life and live it to
the fullest.
Love always,
Mom and Dad



Dean,
Congratulations! on a
job well done. Your
accomplishments have
been many, especially
as yearbook editor.
We are very proud to
have you as our son
Love you,
Mom, Dad, and
Darren



*For if you never say hello,
There's no need to ever say goodbye.*

Arroyo Executive Council



Advertising

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Adrianna Aranda,
Congratulations, Adrianna.
You're a winner and we're
proud of you. May all your
dreams come true.
Love Mom & Dad

Evelyn,
We love you. Wish
you luck in the future
and are proud of all of
your accomplishments.
Love,
Mom, Dad, Ozzie, and
Alain



Deana,
This is it, Sweetie. We
finally made it! We
had a crazy senior
year, but we made the
best of it. You're a
great and special
person. Good luck in
your future. Love ya
Friends always
Rhonda



Chad,
Congrats. I'm really happy for
you. It's been great sharing
'our' high school years
together. You're a special
person and I'll cherish our
friendship forever. I'm gonna
miss you. Take care and keep
in touch, love ya lots,
Rhonda



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Jim,
With loving thoughts
and appreciation for
the many qualities that
make you such a
wonderful son
Congratulations!
Love, Mom and Dad



Jill,
Congratulations. You
have always been a
loving and caring
daughter and sister
and brought such joy
and pride in our lives
from the day you
were born. May your
future lie healthy,
successful, and happy
because no one
deserves it more.
Love Mom, Pop, Gary,
Mike, and Tim



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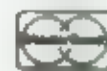
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Rhonda,
Thanks for all the
memories. Good luck
with everything. See
ya in a couple of
years.
Love ya, Deana



Vicky,
Congratulations!
You've finally made it.
Now you're stepping
out into a new world
full of opportunities
and I hope you're
successful. Best of
luck!
Love, Tami D.



Lisa,
May each success be a
prelude to a greater
one following
Love,
Pop



Vicki,
Thanks for being my
best friend and a
great sister. Best of
luck in the future and
who you share it with.
Love ya,
Sue



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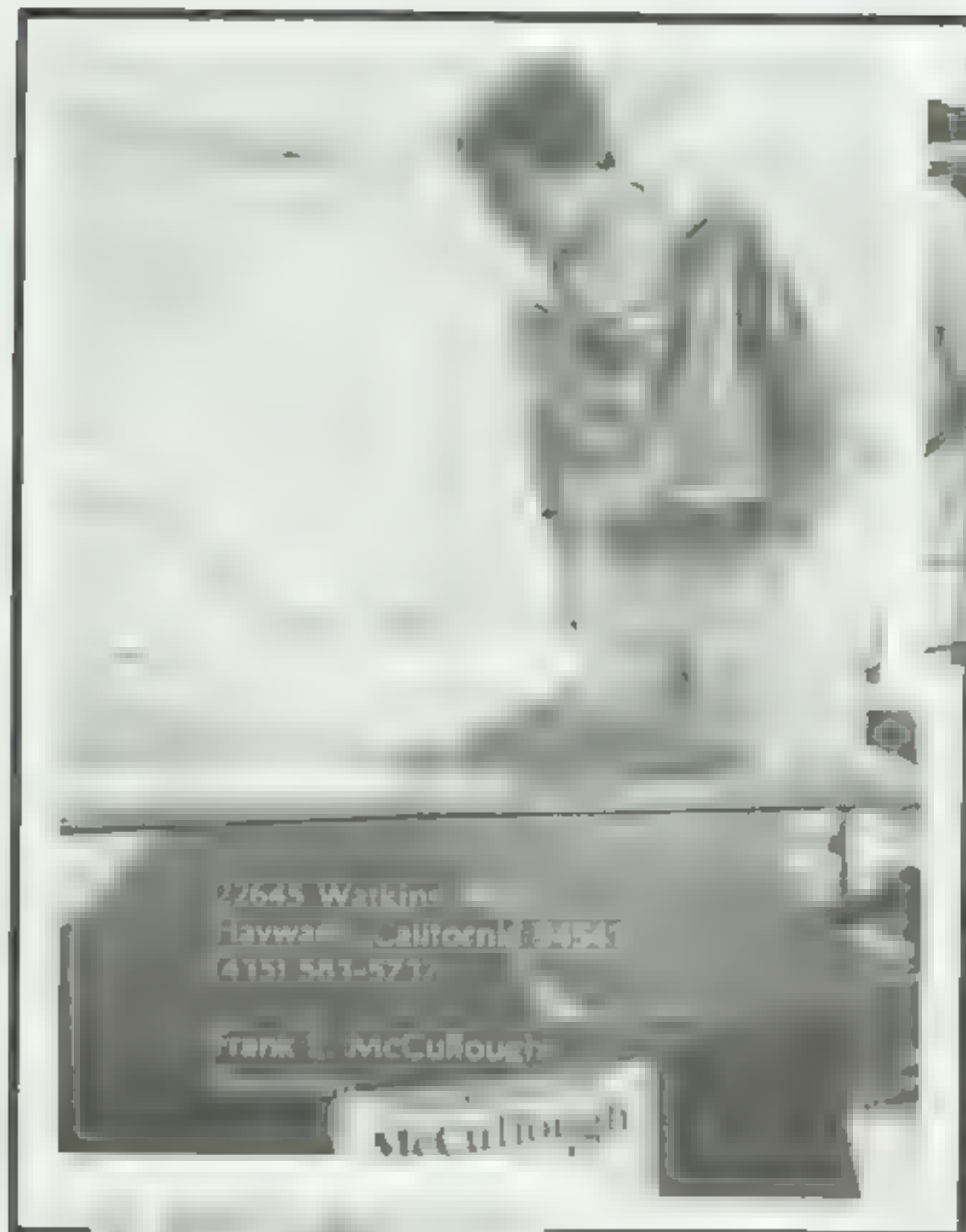


Shawney,
It's finally our turn.
Thanks for making my
school years so much
fun. We have a lot of
memories; some of
which I'll always
treasure. You will
always hold a special
place in my heart.
Love ya,
Friends forever, lu'



Chris,
Congratulations, son.
We are all proud of
you and love you very
much.
Mom, Grandma, and
Grandpa





Brooke,
You're a beautiful person,
loving and caring. May life
always return to you the
happiness you've brought into
your lives.
Much love,
Grams and Gramps

Toni Moore,
God gave us a special
jewel when he gave
you to us so late in
life. You have been
the one that has given
us the desire to go
forward. You were the
No. 1 star in all your
ball games to us. We
love you.
From your No. 1 & 2
fans,
Dad and Mother



Tomi Goding,
Realize your
accomplishments,
there are many. Show
others your patience
it has proven its
worth. Continue to be
an inspiration to bring
the world a smile. You
deserve it all, Tomi.
Always and forever,
Joe



Sheryl,
We want you to know we
love you and are proud of
you. Always keep your bright
smile
Mom and Dad



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HAYWARD CA 94545



Advertising

Bryan,
To a great yearbook
staffer and **Gazette**
writer, also to a top
photographer! Good
luck to you in your
future endeavors.
We love you,
Mom, Dad, and
Jennifer



Carole,
We love you. We're
proud of you. We
hope all your dreams
come true.
Congratulations



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To some of the best
people in the world. I
know I never could
have done it without
you. These were the
best years of our lives
and we made them
great. Good luck in
the future.
Love always,
Lisa



Kari Marie Butcher,
You're our #1!
Loving you always,
Dad and Mom



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Making up for performances for Spirit Week, Erin Looney assists Leshe McCallion with her mascara



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GGG



Strutting down the runway, Juniors Lisa Duncan and Mike Fitzgerald model formal attire at Senior Ball Fashion Show

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Taking a breather, Seniors Susan Witkowski, Deanna Rosoff, Vicky Corral, and Evelyn Fernandez rest at Senior Show rehearsal in the Cafetorium.



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Receiving assistance from Instructor Marian Hopping, Mike Brown asks about a question on a U.S. History assignment as Chad Heiman listens.



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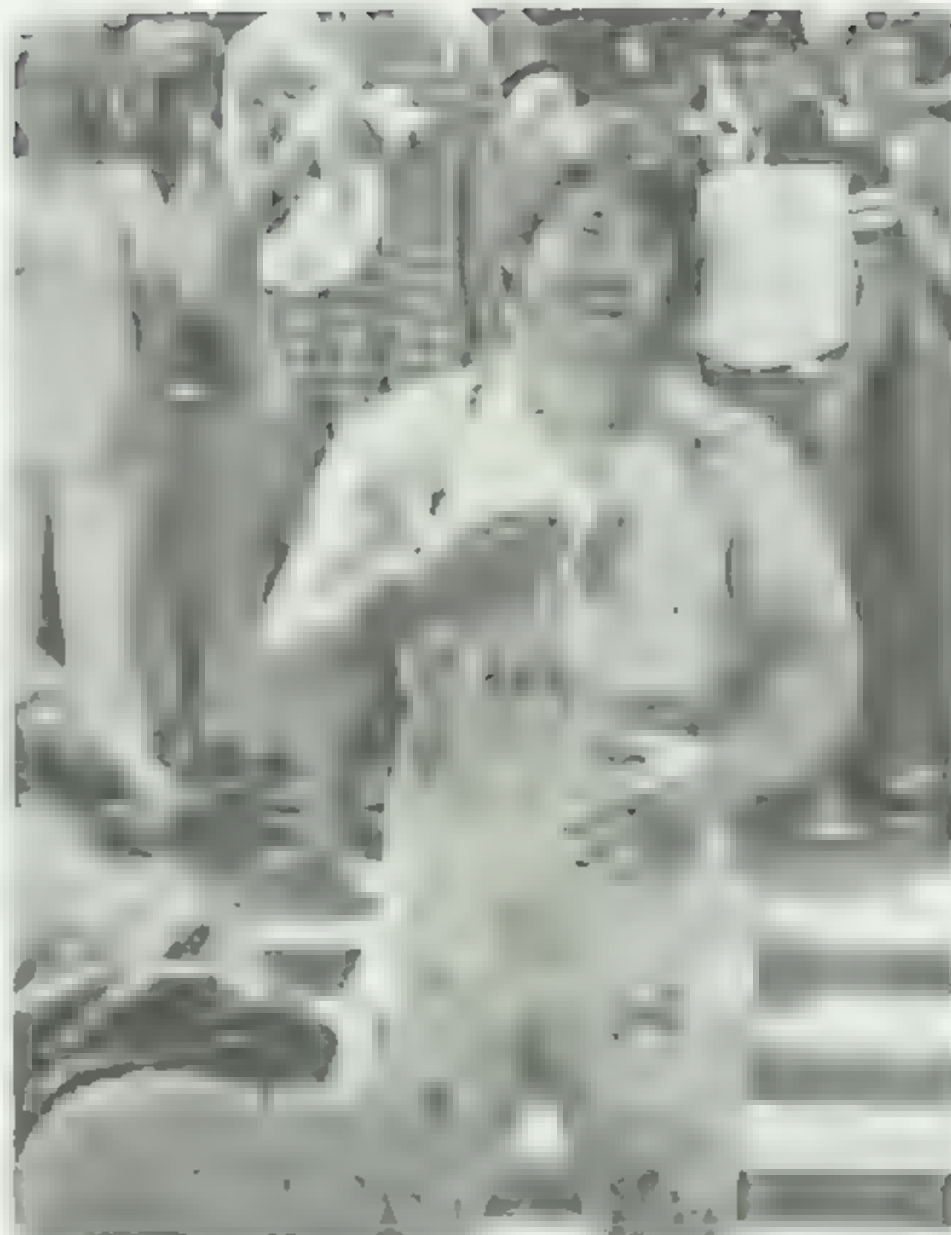
Grinning at his master, Senior Serf Mike Witherspoon begs not to complete a task.

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Looking surprised at being splattered, Senior Joe Oliveira reacts to having been pelted with mud.

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Perusing a tough test question, Sophomore Cindy Rickert ponders her response



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Staring in disbelief, Senior Gina Zoggas reacts to her master's command

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Conversing at lunchtime on the patio, Senior Kathy Gallagher and Assistant Principal Myron Levin share a joke as they walk across campus.



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Expressing his delight, Graduate Vince Merritt tosses his mortar board into the air



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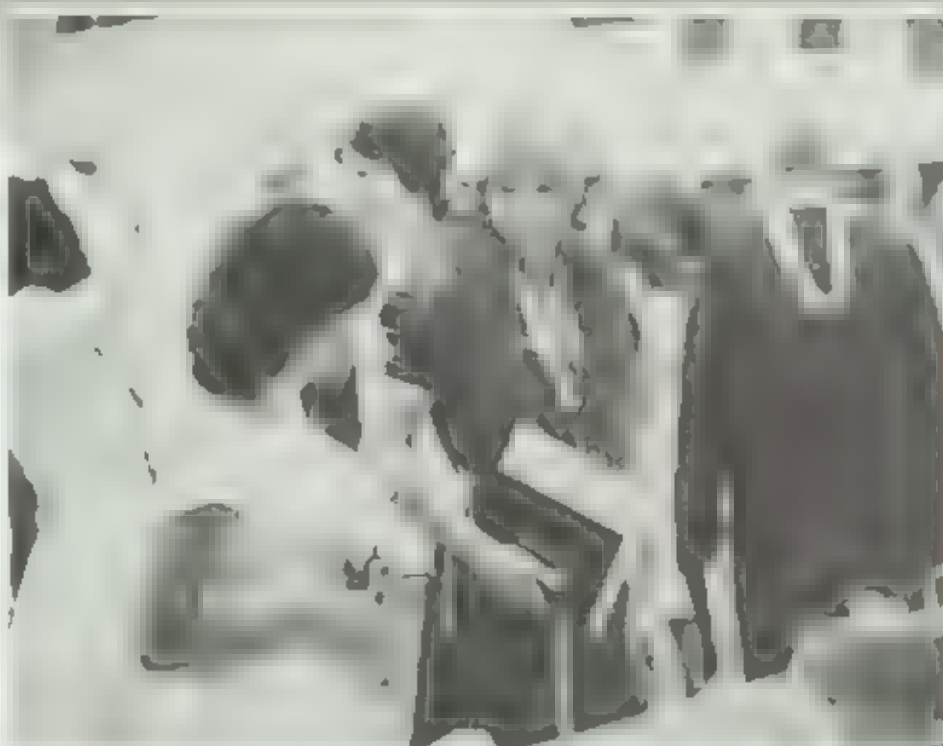
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Smiling broadly, new Graduates Irene Manilay and Jane Partridge accept Instructor Linda Ramstrom's congratulations at their accomplishments.



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Arroyan Staff:

It took us awhile to get on a roll, but we've finally done it (yea!). You have something to be proud of. Congratulations to departing staffers and good luck to returning members.

Dean Gurr
Editor-in-Chief

Richard P. Lloyd
Adviser





Now she is gone
 I never know why
 Anyone would take away
 A young girl's life
 The memory of her kindness is
 deep in my heart

I wait in my class
 and hope she'll appear
 Through the open class door
 The one she had walked through
 So many times before

I know she would not return
 I'd do it with my own way
 To walk away from here
 And hope every day
 That it never happen again.

Kept in her heart,
 Remains in her eyes
 Kept in her this long
 Leaves a print in my mind
 Of a friendly face

Memories are stored away
 And never be forgotten
 Of the smile she once gave
 To everyone

Nancy Van der Linden

Six-day ordeal ends tragically for Senior

by Daniel Pryogle

Arroyo students were allowed to attend the service at San Leandro's St. Felicitas Church Monday, April 29 in memory of Julie Connell, who was found slain early Wednesday, April 25, 1984.

Connell, who had been missing for six days, was found by a rancher 300 feet from Palomares Road in Castro Valley. According to Mike King, a spokesman for the Alameda County Coroner's Office, Connell's parents came in mid-morning that Wednesday and positively identified the body.

Connell's ordeal began Friday, April 20, as she, her mother, and two younger sisters gathered at Festival Cinemas in Hayward. It was decided that the youngest sister Patty, 12, and mother, Kathy, would watch a movie while

Wendy, 15, an Arroyo Sophomore, and Julie, 18, went off on their own. They agreed to all meet at the Connell's car following the movie. Julie went alone across the street to Kennedy Park to do some homework, and that was the last time the family saw her alive.

To no avail, extensive searching began immediately. Under the direction of Pat Cavez, a family acquaintance, friends and concerned citizens of San Lorenzo and Washington Manor communities combed the neighborhoods passing out fliers and posting signs.

Shortly after, the Arroyo Executive Council voted to establish a Scholarship fund in memory of Connell. "She was an active member of the student body and was always willing to help out," stated Student Body President Evelyn Fernandez. "This is an expression of appreciation to show that Julie was a part of us."



Outsider sums up experiences in visitation

by Rick Blaine as recorded
by Dean Gurr

Through my stay here at Arroyo, I've learned about high school life.

I found that there is much more to school than just English, math and science. It also teaches responsibility, involvement, leadership qualities, competitiveness, and just plain fun.

The visit here was memorable. So many things that I had missed by not attending school when I was young; to many things I had missed in Casablanca.

I also learned that it is the people that make a school what it is.

With the great amount of student and faculty members, this was quite evident.

The leaders, the followers, the participants, all made it happen.

Here's looking at You!



Photos by Fashinell



Taking great pride in his work, Social Studies and Drama Teacher Gary Fisher helps Student Shelly Bossi with questions.

Dressed for a Saudi Arabian adventure, Sophomore Teri Norman takes part in the annual Spirit Week festivities.

Trying to gain the advantage on his opponent Varsity Wrestler KC Flanders struggles for a better position.

Supporting the Class of 1984, Seniors Gerald Hohn, Kevin Heinrich, Al Elpusan, Craig Nakashima, Elizabeth Bennett, Gary Ramponi, Sherri Stinnett, and Jill Wurm rally together.

Receiving well-deserved praise, Senior Robert Norris smiles with others after a trying and successful game.



Photo by Fashion

Photo by Fashion



Photo by Fashion

Photo by Fashion



Staff pulls together to finish publication

By Rick Blaine as recorded by
Dean Gurr (Editor-in-chief)

This is where I was helped in summing up my experiences at Arroyo. This is how I get to show you how it was, the 1984 Arroyan.

With the help of the staff, we recapped the year, hoping we have brought back to you memories.

I found that the Arroyan staff was a body that needed to work as a whole. Although having many problems that many staffs encounter, this body came through.

Leading the staff with his high standards and knowledge, Adviser Richard Lloyd, with the help of the staff, made this annual what it is. Thanks to all who made it possible.

Dean Gurr

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Photography
San Leandro, CA

Taking a breather at half time, Frosh-Soph Football player Tom Fashinell, takes drink of water on the side lines.

Photo by Fashinell



Dear Kim
It was Nice meeting
you glad that we are
Freinds. Have a great
year Norman Byboth

Kim
nap girl, I'm really
super glad we met. You
really are sweet, cute, smart etc.
Don't you ever change for
anyone. Good luck always
in the future. Remember your
pet a friend.

Always
(Forever)
Friends
Tatty
Rafes

P.S. really you
and think you
Sweet, your
look like
Keep in touch
887-7435

Kim:

I'm glad I met you,
we're one of my favorite
friends, not only because
you were my friend's, I mean
my brother's boy friend, but
because you're a nice girl
and sweet at the same time.
You've been like a sister in school
all this year and I hope we'll
continue being good friends for
the rest of our lives and I also
wish you the best in your
future and hope you'll find along
with your family forever!

Keep smiling and sweet!
Your friend,
Joe Bernos

Kim

I'm glad I met you
this year. you a real
nice person and I hope
you will have a wonderful
time this year
Love
Joe

Kim

DEAR Kim:
 DON'T BE MAD ME FOR FORGETTING TO SIGN YOUR BOOK BEFORE, BUT WHAT HAPPEN WAS THAT I HAD THREE OTHERS BOOKS THAT I HAD TO SIGN IN MY LOCKER AND I THOUGHT I HAD ALREADY SIGN YOURS. I HOPE YOU ARE NOT MAD NOW THAT I SIGNED IT.

Kim SINCE I MET YOU, YOU HAVE ALWAYS BEEN OPEN TO ME AND I TO YOU AND THAT IS VERY WONDERFUL, BECAUSE I NEVER COULD DO THAT WITH A GIRL AND ALSO THAT'S WHY WE'RE BOTH SPECIAL FRIENDS. RIGHT? IN THE FUTURE I HOPE YOU'LL NEVER FORGET ME BECAUSE I KNOW, I WON'T. AFTER I GRADUATE DON'T FORGET TO KEEP IN TOUCH. WELL, HAVE A WONDERFUL LIFE AND I'M GLAD WE HAD A CHANCE TO KNOW EACH OTHER.

LOVE ALWAYS, YOUR DEAR FRIEND

EDDY ACEVEDO

(P.S) HERE'S MY NUMBER 278-4490

Here's Looking at...

KIM
 Kim you are very
 nice person. I'm happy
 to meet you because you
 are very nice person and I
 never will forget you in my
 life. because you help me in
 the math class. Have a wonderful
 life and be happy.
 Sukhant Grewal.

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